



Visit Options:

The Michigan Plan for Appropriate and Tailored Healthcare in Pregnancy (MiPATH)

What are my MiPATH visit options?

We look forward to designing your prenatal care PATH together! There are 3 models available for receiving your prenatal care:

1. Hybrid prenatal care-a mix of in-person and virtual (telemedicine) visits
2. In-person prenatal care: in-person visits only
3. Group prenatal care: in-person visits and virtual group visits only

Why are you offering different models?

Studies suggest all 3 models of care are safe for people without pregnancy complications, so you can choose the plan that fits best with your preferences. You can use this grid to think about how you would like to complete your prenatal visits. You can bring this to talk to your doctor or midwife at your first visit.

	Hybrid prenatal care	In-person prenatal care	Group prenatal care
How many prenatal visits will I have?	You will have at least 8 total prenatal visits. Your doctor or midwife may recommend more based on your medical and pregnancy history.		
How many in-person and virtual visits will I have?	This model includes 5 in-person visits and 3 virtual visits with your doctor or midwife. For virtual visits, you will have a home blood pressure cuff.	This model includes 8 in-person visits with your doctor or midwife. You will not need a home blood pressure cuff for your visits.	This model includes 1-on-1 in-person visits with your doctor or midwife as well as virtual group sessions for education.

	Hybrid prenatal care	In-person prenatal care	Group prenatal care
What are the potential benefits of this model?	Virtual visits can decrease your travel time and make care more convenient. Some people feel more ownership over their care with home devices.	Some people prefer to come to the clinic for all of their appointments to see their doctor or midwife in person.	Some people like the extra education, peer support, and sense of community with group care.
What are the potential downsides of this model?	Some people, especially first-time moms, may not feel comfortable checking their blood pressure at home.	Some people find traveling to the clinic burdensome and inconvenient.	Some people find the group appointments are too long, and have trouble with set appointment times.
Will I need to have a home blood pressure cuff to participate in this model?	Yes, to complete virtual visits you will need a home blood pressure cuff.	No, for routine care you will not need a blood pressure cuff, unless your doctor or midwife recommends it.	You will discuss this with your Centering doctor or midwife.
What happens if I change my mind?	You can modify your prenatal care plan at any time.		
What if I want extra education or support in pregnancy?	There are many options for additional education and support! View the MiPATH Education and Social Support Resources list to discover more.		

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