

# Guidelines for Being With Your Baby on Another Floor or Unit

---

Both you and your baby will benefit from early and frequent mother-baby bonding. Birth Center staff will work with you and your baby's unit to help you be with your baby safely.

## **When can I be with my baby?**

### **When you are medically stable**

We will let you know as soon as you are safely able to go, based on your vital signs and assessments.

### **When your baby is ready for time with you**

For some procedures on your baby, you may be asked to wait until the procedure is completed.

## **What do I need to do to be with my baby?**

- Make a plan with your nurse and/or provider.
- Call your baby's nurse to arrange visit. This may not be necessary every time. (Sometimes, there may be procedures on other babies that can cause a delay).
  - **Brandon NICU clerk #3-4111.**
  - **PCTU clerk #2-7099.**

## **How do I find my baby?**

Your nurse (or someone else from the Birth Center) will go with you the first time you go to see your baby. We will show you the way, and show you how to check in with the Clerk when leaving or returning to the Birth Center.

You will get a Mother Visiting Infant “Ticket” from your nurse or clerk. This helps us work with your baby’s unit, so that care for both of you can be safe and timely. Give this ticket to your **baby’s** nurse. They can let us know if you need help.

### **What if I have questions about my baby?**

Your baby’s nurse will be able to answer your questions about things like:

- IV lines
- Monitors
- isolettes/incubators
- oxygen

The nurse can also let you know where you can wash your hands, or use the restroom.

### **What if I am ill or weak?**

An RN will go with you and bring you back.

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Author: Gail Blakely, RNC, MSN/Ed

Patient Education by [University of Michigan Health System](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License](#). Last Revised 01/2016