

Pre-Post Heart Transplant & LVAD Support Group

For Patients and Families

Meets the first Monday of the Month
(unless otherwise noted)

10:00 AM - Noon

Via Zoom. Invite by email.

Meetings currently take place virtually on the
HIPPA-aligned
video conferencing platform, zoom for health.



2024 Dates - 1/8*, 2/5, 3/4, 4/8*, 5/6, 6/3, 7/1, 8/5, 9/9*, 10/7, 11/4, 12/2

*denotes a second Monday date

Mission

The goal of this group is to offer patients and families a space to learn, share and connect with one another.

Additional Details

- No fees associated.
- Participants must provide their own phone or computer/internet access.
- Video capability is not required.

Topics include:

- physical and emotional wellness
- lifestyle
- coping
- stress management
- family adjustment

For more information please call:
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