

Pre-Post Heart Transplant & LVAD Support Group

For Patients and Families

Meets the first Monday of the Month
(unless otherwise noted)

10:00 AM - Noon

Via Zoom. Invite by email.

Meetings currently take place virtually on the
HIPAA-aligned
video conferencing platform, zoom for health.



2025 Dates - 1/6*, 2/3, 3/3, 4/7, 5/5, 6/2, 7/7, 8/4, 9/8*, 10/6, 11/3, 12/1

*denotes a second Monday date

Mission

The goal of this group is to offer patients and families a space to learn, share and connect with one another.

Additional Details

- No fees associated.
- Participants must provide their own phone or computer/internet access.
- Video capability is not required.

Topics include:

- physical and emotional wellness
- lifestyle
- coping
- stress management
- family adjustment

For more information please call:
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