

Pre-Post Heart Transplant & LVAD Support Group

For Patients and Families

Meets the first Monday of the Month
(unless otherwise noted)

10:00 AM - Noon

Via Zoom. Invite by email.

Meetings currently take place virtually on the
HIPPA-aligned
video conferencing platform, zoom for health.



2021 Dates - 1/4, 2/1, 3/1, 4/5, 5/3, 6/7, 7/12*, 8/2, 9/13*, 10/4, 11/1, 12/6

*denotes a second Monday date

Mission

The goal of this group is to offer patients and families a space to learn, share and connect with one another.

Additional Details

- No fees associated.
- Participants must provide their own phone or computer/internet access.
- Video capability is not required.

Topics include:

- physical and emotional wellness
- lifestyle
- coping
- stress management
- family adjustment

For more information please call:

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