



# Patient and Family Life Services



## What is Patient and Family Life Services?

We are a new service in the Frankel Cardiovascular Center that helps patients and families cope with their health care experience. We know life can be hard and our goal is to help make the hospital experience a little easier for you. We take a holistic approach, focusing on the whole person, to provide extra compassion and comfort to your medical care.

## What type of support do we provide?

- Prepare and educate you for your experience in the **Cardiac Procedures Unit (CPU)**
- Help you develop ways to cope with fear and anxiety
- Offer emotional support before, during, and after your procedure
- Teach you different ways to manage pain or discomfort
- Offer support to your family and loved ones
- Provide ways to redirect your thoughts and calm your mind

## How do I request support?

- Send a patient portal message to: **Patient and Family Life Services**
- Call us at **(734) 803-2706**, Monday through Friday 7 a.m. - 4:30 p.m.
- Send us an email at [patientfamilylife@med.umich.edu](mailto:patientfamilylife@med.umich.edu)
- Ask your provider to place a referral for the patient and family life team

## Interested in learning more?

Monday - Friday 7 a.m. - 4:30 p.m.

We are available by phone, video chat, or in-person at the CPU