Cardiac Loop Recorder Information Sheet
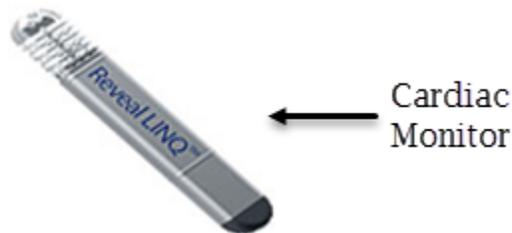
What is a Cardiac Loop Recorder?

A cardiac loop recorder, is a small insertable device that continuously monitors your heart's electrical activity and records it either automatically or when you use a hand-held Patient Assistant. It is also referred to as an insertable loop recorder (ILR).
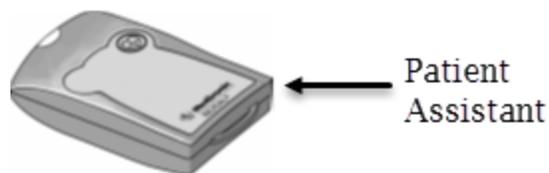
You have been implanted with a Medtronic Reveal LINQ insertable Cardiac Monitoring System.
This system will help you and your doctor diagnose and treat irregular heartbeats.

Cardiac Monitor

What is a Patient Assistant?

A Patient Assistant is a small, handheld device about the size of a pager. You need to carry your Patient Assistant with you at all times so that you can use it if you experience symptoms such as palpitations, dizziness, or fainting.
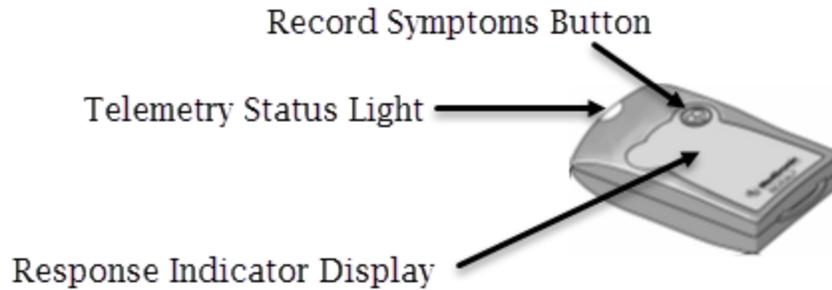

Patient Assistant

Record Symptoms Button

Telemetry Status Light

Response Indicator Display

Figure 1.0

How do I use the Patient Assistant?

Follow these instructions if you have symptoms:

1) Press and release the **Record Symptoms button**. You should hear a beep and see the **Telemetry Status light** flashing green. (See Figure 1.0)

2) While the Telemetry Status light is flashing, hold the Patient Assistant up to your cardiac monitor, holding the side with the button away from you.

   • The Telemetry Status light will change from a flashing to a solid light and you will hear a long beep.

3) Quickly look at the **Response Indicator Display** area to see if one or both indicators are lit. An indicator stays lit for only a few seconds. (See Figure 1.0)

   a. ✅ Indicates a successfully recorded heart rhythm in the cardiac monitor memory.

   b. 🔋 Indicates the Patient Assistant batteries are low and must be replaced. Refer to your Medtronic Reveal LINQ Patient Manual for instructions.

4) Keep a list of your activity and symptoms to review with your health care worker.

When will I have a follow-up visit in the Device Clinic?

- We will see you in the Device Clinic one week after you receive your LINQ monitor by a Device Nurse for a wound check.
- The Device Technicians will give your Carelink Patient Monitor. This device allows you to transmit data from home.
- The Technician will instruct you on how to use the monitor and give you a transmission schedule.
- Your implanting doctor's Clinical Care Coordinator will review your Carelink transmissions.

Carelink Patient Monitor

How do I contact Medtronic?

- To speak directly with a Patient Services Specialist, call 1(800) 551-5544
- Staff is available Monday through Friday from 8:00 AM to 5:00 PM (Central Time).
- Website information is available 24 hours a day.
    - Medtronic website: www.medtronic.com
    - Patient Services website: www.medtronic.com/rhythms

Who are the members of my Care Team?

As a patient, it is important to know the members of your care team. We have provided a list of people you may have contact with prior to, during or after your device implantation.

Clinical Coordinator	Phone	Doctor	Nurse Practitioner
Sally Greenless	(734) 615-3927	Dr. Oral	Jennifer El Aile/ Eryn Smith
		Dr. Latchamsetty	Pat Sovitch
Ruth Scheller	(734) 647-3520	Dr. Morday	
		Dr. Ghanbari	Kathleen Fasing
		Dr. Crawford	Pat Sovitch
Carol Dunlap	(734) 936-8962	Dr. Pelosi	Kathleen Fasing Susan Walthall
Dave Kaczmarek	(734) 936-8962	Dr. Good	Emmeline
		Dr. Krit Jongnarangsin	Mocorro-Ma
Greg Fasing	(734) 232-4541	Dr. Chugh	Jennifer El Aile