

Cardiac Surgery: Ticket to Discharge

Target discharge date:	Name of driver to take me home:
	Name: Phone number:

What is my “ticket” to discharge?

Completing the checklist below is your ticket to discharge. This list will keep us on track to discharge you safely.

- My chest tubes have been removed
- If I had a temporary pacemaker, my pacing wires have been removed
- My incision is clean and dry (no new signs of infection)
- I do not have a fever
- My pain is under control
- My nausea is gone or under control
- I can urinate without difficulty
- I had a bowel movement
- I am walking
- I feel like I can return to doing daily activities in the next few weeks
- I have a ride home

Please see the next page >>>>

Before leaving, I confirm:

- Someone has reviewed my medications with me and I understand how to take them. My pharmacy is:

Pharmacy name:	Pharmacy location and phone number:
	Location:
	Phone number:

- I understand my post-discharge care plan (if not, please confirm with your doctor or nurse before leaving). My plan details will be located in my After Visit Summary (AVS).
- I understand who to call when I have issues or questions:**
 - Call (888) 287-1082 Monday through Friday from 8am-5pm
 - Call (734) 936-6267 after 5pm or on weekends or holidays

If you have any other questions, please ask your nurse or doctor before discharge.

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Author: Bethany Lee-Lehner, MSN, RN, Ian Perry, Melina Darby, MPH
Reviewers: Karelyn Munro, BA, Ruti Volk, MSI, AHIP

Patient Education by [Michigan Medicine](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International Public License](#). Last Revised 12/2018