

Cardiac Procedures Unit

Pre- Procedure Instructions

Welcome!

On behalf of the Electrophysiology Team, we welcome you to the Cardiac Procedures Unit (CPU) at the University of Michigan. Thank you for trusting us with your care. We are committed to providing the very best comprehensive care for you and your family.

How do I prepare for my procedure?

A nurse will contact you 2-3 weeks before your procedure to discuss your procedure and pre-operative instructions.

Testing

If required, you will need the following tests 2-4 days before your procedure:

- A COVID-19 test
- Lab work
 - Please visit a University of Michigan facility to have your blood drawn on the date given to you by your nurse.
 - If you go to a non-UofM facility, please fax the results to us at (734) 615-0074.

How do I confirm my arrival and procedure time?

A nurse will call you between **12pm and 5pm** one business day before your procedure to confirm the time you should arrive at the hospital, where to check in and final instructions. The typical arrival time is between the hours of **6:00am and 12:00 noon**.

Who should I call if I have questions or concerns?

Please contact us if you need to cancel or change your procedure date.

- Monday - Friday from 8:00 am to 5:00 pm:
 - Call the Cardiac Procedures Unit: (844) 369-7816.

- after 5:00pm or on weekends or holidays:
 - Call (734) 936-6267. Ask the hospital operator to page the EP Fellow on call.

How can I prepare for my procedure?

- Make a list of all medications you are taking, including the amounts and times you take them and bring them to your appointment.
- **Assign** a driver who is 18 years or older to be present with you at check in and discharge. You will not be able to drive yourself home.
- **Buy antiseptic soap with CHG:**
 - CHG soap can be found in the First Aid section at major drug, grocery, and mass retailers nationwide, including Target, Walmart, Walgreens, CVS, Rite-Aid, etc.

After midnight, the night before your procedure:

- **Do not** drink any fluids or eat food, gum, or candy after midnight the night before your procedure.
- If you must take morning medication, you may have sips of water with your medication up to (2) hours before your arrival time.

What happens when I arrive at the hospital?

- Park in the Cardiovascular Center Visitor Parking Structure (P5).
- Address: 1425 E. Ann St. Ann Arbor, MI 48109
- Valet parking is available Monday-Friday 5:30am to 6:00pm, Saturday and Sunday 8:00am to 5:00pm.
- Follow these instructions to get to the “CPU Check In” area:
 1. Enter the Cardiovascular Center on Level 3 from the parking structure.
 2. Take the Elevators to Level 2A.
 3. “CPU Check In” is on the left after you exit the elevators.

Other resources and information:

- Contact Michigan Medicine Lodging for assistance in making reservations for overnight lodging at (800) 544-8684 or (734) 936-0100.

- Call our Registration Service at **(866) 452-9896** to make sure your health insurance information is updated. Their hours are:
 - Monday-Friday, 7:00 am to 8:00 pm
 - Saturday, 8:00 am to 1:00 pm
- Contact your insurance company if you have questions about:
 - Co-payments and deductibles
 - Specific benefits coverage
 - Prior authorization requirements
- Sign up to use the **MyUofMHealth.org** secure patient portal to communicate with your care team about non-urgent matters. This tool allows you to:
 - Request, view and cancel an appointment
 - Receive laboratory and other test results
 - Send non-urgent message to your care team
 - Review prescription medications and request prescription renewals

If you need further assistance using the Patient Portal, you may email the Health Information Management department at HIM-PatientPortal@med.umich.edu, or you can call **(734) 615-0872** Monday thru Friday 7:30am-4:00 pm.

Disclaimer: This document contains information and/or instructional materials developed by University of Michigan Health for the typical patient with your condition. It may include links to online content that was not created by U-M Health and for which U-M Health does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Author: Cardiac Procedure Unit
Edited by: Bethany Lee-Lehner, NSN,RN, Karelyn Munro BA

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