

## Anti-Arrhythmic Drug Monitoring (AADM) Virtual Clinic

---

Welcome to the Anti-Arrhythmic Drug Monitoring (AADM) Virtual Clinic. **Anti-Arrhythmic Drugs** are medications that work in various ways to change the electrical impulse in your heart and allow it to beat in a regular rhythm. Anti-arrhythmic drugs that require monitoring include:

- Amiodarone (Cordarone<sup>®</sup>, Pacerone<sup>®</sup>)
- Dofetilide (Tikosyn<sup>®</sup>)
- Sotalol (Betapace<sup>®</sup>)
- Dronedarone (Multaq<sup>®</sup>)
- Quinidine Gluconate (Quinidex<sup>®</sup>)
- Disopyramide (Norpace<sup>®</sup>)

Our clinic monitors patients taking anti-arrhythmic medications by alternating in-person visits and video (virtual) visits. Our team considers you a partner in care, and look forward to working with you during your video visit every 6 months. If you are unable to access video technology, we can hold your visit over the phone.

### **How does the AADM Virtual Clinic help me monitor my medications?**

**The goals of the AADM Virtual Clinic are to:**

- Determine the optimal drug dose for your safety
- Identify and limit your side effects from anti-arrhythmic drugs
- Monitor your laboratory tests and other test results
- Provide anti-arrhythmic drug education
- Allow you to take an active role in your anti-arrhythmia drug safety
- Answer your questions

## **What can I expect at my virtual clinic appointment?**

Video visits allow you to interact with your healthcare provider through live video and audio on your own device. You will be able to talk to your provider, similar to an office visit, by using your smartphone, tablet or computer. It will allow us to connect with you at home.

During the visit, we will discuss the following with you:

- The current anti-arrhythmic drug you are taking
- Reason you are taking this drug
- The effectiveness of this drug

If you have any symptoms or side effects related to the medication we can discuss them. We will review the necessary lab work and other tests to evaluate for possible side effects and appropriate dosage.

## **What do I need to know about the clinic?**

- **Hours:** the clinic is open for virtual visits on Tuesday mornings from 8:00am-11:30am.
- **Medication refills:** Allow **2 business days** for medication refills to be called in and filled (notify us before you are out of medication so you do not run out).
- **Returning your calls:** Health care rules (HIPAA) permit us to speak only to you directly or to people you have chosen. Be sure we know the names of those who can take messages on your behalf.

## **What is my role?**

The device team requests for you to take an active role in your care:

- Complete all labs and required tests 1-week before your scheduled video or phone visit.

- Your appointment will be rescheduled if your labs / tests are not completed before your appointment.
- Provide several phone numbers as contacts to be sure we can reach you.
- Return our phone calls.
- Take your medications exactly as prescribed by your provider.
- Keep all of your appointments.
- Call us if you have questions or concerns. Please see chart below for more information.

**What is the number to call?**

Reason for call	Number to call
Emergency situation	<b>9-1-1</b>
<ul style="list-style-type: none"> <li>● Medication side effects:               <ul style="list-style-type: none"> <li>○ Shortness of breath</li> <li>○ Chest pain</li> <li>○ Irregular heartbeats (heart palpitations)</li> <li>○ Dizziness</li> <li>○ Rash</li> <li>○ Nausea</li> <li>○ Vomiting</li> </ul> </li> <li>● Request to speak with a Clinical Nurse Coordinator</li> <li>● Questions regarding required testing</li> <li>● Appointment scheduling/rescheduling</li> <li>● Schedule a test</li> <li>● Prescription refills</li> </ul>	Disease Management Call Center: <b>(844) 369-7816</b> between 8am to 5pm Monday through Friday.

Urgent needs after hours	Hospital Paging: (734) 736-6267 -after 5pm, weekends or holidays. Ask to speak with the EP Fellow on call.
--------------------------	---

We look forward to your future visits. Please don't hesitate to contact our office if you have further questions or concerns.

Sincerely,

The Electrophysiology Device and Arrhythmia Clinic

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Author: Melissa Brown, NP  
Reviewers: Bethany Lee-Lehner, RN, MSN  
CVC Control #1353

Patient Education by [Michigan Medicine](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International Public License](#). Last Revised 02/2021