

How to use your Bevespi Aerosphere

9 mcg/4.8 mcg



What is my prescription?	Special Instructions
	Take every day to control your symptoms.

What can I expect while I take this medication?

Brevespi Aerosphere is a long-acting anti-cholinergic plus a long-acting beta-agonist that relaxes and opens your airways.

Brevespi Aerosphere will not provide relief at once, but you can expect to breathe easier.

How to prime your Bevespi Aerosphere:

1. Prime inhaler when it is new, and after you clean it each week.
2. Remove cap, shake inhaler for 5 seconds.
3. Spray it once away from you.
4. When your inhaler is new, repeat this for a total of 4 sprays. The counter will point to the right of “120” and your inhaler is ready to use.
5. When your inhaler is not new (you just finished the weekly cleaning), repeat this for a total of 2 sprays.

How to use your Bevespi Aerosphere:

1. Remove the cap.
2. Shake inhaler for 5-10 seconds.
3. Place middle or index finger on top of canister and thumb underneath the mouthpiece of the inhaler.
4. Breathe out fully (in preparation to breathe in medication).
5. Put the mouthpiece in your mouth and close your lips around it. Do not block the mouthpiece with your teeth or tongue.
6. Tilt your head slightly back.
7. Push the center of the dose indicator all the way down one time while breathing in deeply and slowly through your mouth.
8. When you finish breathing in, remove the mouthpiece from your mouth.
9. Hold your breath for 5-10 seconds, and then breathe out.
10. If your doctor has prescribed more than one dose (puff), repeat the above steps.

How to clean your Bevespi Aerosphere:

Clean your inhaler 1 time per week to prevent medicine from building up and blocking the spray.

1. Take the canister out of the actuator (plastic sleeve). Do not clean the canister or let it get wet.

2. Take the cap off the mouthpiece
3. Run the actuator under warm water for about 30 seconds, then turn it upside down and run warm water through the mouthpiece.
4. Look inside to make sure any medicine build-up has been washed away.
5. Let it air-dry completely.
6. Put the canister back in and the cap back over the mouthpiece after it has dried.
7. Re-prime the inhaler (see above).

How to use a Spacer: (If recommended for use with your inhaler)

1. Remove mouthpiece cap from your inhaler and shake inhaler for 5-10 seconds.
2. Attach inhaler to spacer and then remove mouthpiece cap from spacer.
3. Hold spacer with the inhaler canister upright.
4. Breathe out fully (in preparation to inhale medication).
5. Tilt head back slightly and put spacer to mouth and close lips around the mouthpiece (tongue and teeth should not block the mouthpiece opening).
6. Release medicine into spacer; squeeze down canister **one** time.
7. Breathe the medication slowly and steadily. Continue to breathe in deeply until lungs are full (do not breathe out).
8. Hold your breath for 5-10 seconds, and then breathe out. (Repeat as directed).

Do not use Bevespi Aerosphere to treat sudden symptoms of your health condition. Always carry a rescue inhaler with you.

- To learn more about your health condition visit:
<http://www.med.umich.edu/careguides>.
- To learn more about the Bevespi Aerosphere inhaler visit:

<http://www.bevespi.com>

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