

Infection Precautions for BMT and Hem/Onc Patients

If your doctor or nurse says that you are at risk for infection, please use the following precautions:

- Wash hands when leaving or re-entering your room
- Avoid sick family members or visitors
- Do not wear contact lenses
- Avoid rubbing eyes, touching face
- Have your nurse or tech help cover your central line or IV site with plastic wrap and tape to prevent it from getting wet
- Shower daily using chlorhexidine liquid soap. Do not use bar soap.
- Perform peri-care after each bathroom use. Clean thoroughly using a foam cleanser or baby wipe.
- Use protective ointment when having diarrhea
- Nothing per rectum or vagina
- If ordered, use salt and soda mouth rinses four times daily after meals and before bed
- Brush your teeth with a soft toothbrush twice a day (minimally)
- After 2 hours, food should be discarded or stored in the refrigerator.
- Discard refrigerated food items after 4 days
- Use an alcohol swab to clean off tops of cans
- Remember to wear a mask as directed

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