

利伐沙班 (Xarelto®)

Rivaroxaban (Xarelto®) (Chinese)

什么是利伐沙班 (Xarelto®)?

What is rivaroxaban (Xarelto®)?

- 利伐沙班是个血液稀释药物。 这药物的商品名也称为 Xarelto®
- Rivaroxaban is a blood thinner medication. This medication is also called by its brand name, Xarelto®.
- 利伐沙班 (Xarelto®) 用于降低患有异常心律 (称为心房纤颤)、曾出现血栓或做过骨科手术的人,或有冠心病或周围动脉疾病的人出现血栓和中风的风险。
- Rivaroxaban (Xarelto®) is used to reduce the risk of blood clots and stroke in people with an abnormal heart rhythm (called atrial fibrillation), people who have had a blood clot, people who have had orthopedic surgery, or who have a history of coronary or peripheral artery disease.
 - 血栓能堵塞血管, 切断该区域的血液供应。
 - Blood clots can block a blood vessel, cutting off blood supply to the area.
 - 在极少数的情况下, 血栓会破裂成片并进入血液循环。这些碎片可能会卡在心脏部位 (导致心脏病发作)、肺部 (导致肺栓塞) 或脑部 (导致中风)。
 - Rarely, clots can break into pieces and travel in the bloodstream. Those pieces may get stuck in the heart (causing a heart attack), the lungs (causing a pulmonary embolus), or in the brain (causing a stroke).

- **如果您之前在使用过华法林/Coumadin® 且现在开始使用利伐沙班 (Xarelto®), 请勿继续使用华法林。利伐沙班 (Xarelto®) 是替代华法林。**
- **If you were taking warfarin (Coumadin®) and you are starting to take rivaroxaban (Xarelto®), do not continue taking warfarin. Rivaroxaban (Xarelto®) replaces warfarin.**



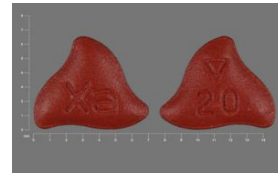
利伐沙班 10 毫克药片

Xarelto® 10 mg tablet



利伐沙班 15 毫克药片

Xarelto® 15 mg tablet



利伐沙班 20 毫克药片

Xarelto® 20 mg tablet

我应该如何服用利伐沙班 (Xarelto®)?

How should I take rivaroxaban (Xarelto®)?

- 请准确按照医生规定的方式服用利伐沙班 (Xarelto®)。
- Take rivaroxaban (Xarelto®) exactly as prescribed by your doctor.
- 利伐沙班 (Xarelto®) 应与食物一起服用。
- Take rivaroxaban (Xarelto®) with food.
- 如果您忘记服药, 在当天能记起此事的话, 则请尽快补服。
- If you miss a dose, take it as soon as you remember on the same day.
- 请勿在未告知您医生的情况下突然停止服用利伐沙班(Xarelto®)。否则您将可能出现中风或形成血栓。

- Do not stop taking rivaroxaban (Xarelto®) suddenly without telling your doctor. This can put you at risk of having a stroke or a blood clot.
- 如果您过量服用利伐沙班，请致电您的医生或抗凝诊所。出现了无法止住的出血，请前往最近的急诊室(ER)。
- If you take too much rivaroxaban (Xarelto®), call your doctor or the Anticoagulation Clinic. If you are experiencing any bleeding which you cannot get to stop, go to the nearest emergency room (ER).

我应如何存放利伐沙班 (Xarelto®)?

How should I store rivaroxaban (Xarelto®)?

请将它存放于常温干燥处（避免存放于卫生间）。

Store this medication at room temperature in a dry area. Avoid storing it in the bathroom.

我该怎么知道服用利伐沙班 (Xarelto®) 有哪些风险?

What should I know about the risks of taking rivaroxaban (Xarelto®)?

- 利伐沙班 (Xarelto®) 可能增加您出血的风险，因为它可减弱您身体的凝血功能。在服用利伐沙班 (Xarelto®) 的期间，您可能更容易瘀血并可能需要更长时间才能止血。

- Rivaroxaban (Xarelto®) can increase your risk of bleeding because it reduces your blood's ability to clot. While you take rivaroxaban (Xarelto®), you may bruise more easily and it may take longer for bleeding to stop.
- 利伐沙班 (Xarelto®) 造成的出血可能会是严重的。如果您服用利伐沙班 (Xarelto®) 并且符合以下情况，则您出血的风险可能更高：
- Rivaroxaban (Xarelto®) can cause bleeding which can be serious. You may have a higher risk of bleeding if you take rivaroxaban (Xarelto®) and:
 - 年满 75 岁以上
 - You are over 75 years old.
 - 患有肾脏疾病
 - You have kidney problems.
 - 最近出现或复发(消失了然后又出现)胃或肠道出血
 - You have stomach or intestine bleeding that is recent or recurs (goes away and then comes back).
 - 您患有胃溃疡
 - You have a stomach ulcer.
 - 您服用其他药物可能导致出血几率升高，包括：
 - You take other medications that increase your risk of bleeding, including:
 - 阿司匹林或含阿司匹林的药物。
 - Aspirin or products that contain aspirin
 - 长期服用非甾体抗炎药 (Non-steroidal Anti-inflammatory Drugs, NSAIDs), 包括布洛芬及萘普生。

- Long-term use of non-steroidal anti-inflammatory drugs (NSAIDs), including ibuprofen and naproxen
- 氯吡格雷 (Plavix®)、普拉格雷 (Effient®) 或替格瑞洛 (Brilinta®)
- Clopidogrel (Plavix®), prasugrel (Effient®), or ticagrelor (Brilinta®)
- 所有含肝素的药物
- Any medication that contains heparin

服用利伐沙班 (Xarelto®) 后可能出现哪些不良反应?

What are the possible side effects of rivaroxaban (Xarelto®)?

- 利伐沙班 (Xarelto®) 可能增加您出血的风险，因为它可减弱您身体的凝血功能。在服用利伐沙班的期间，您可能更容易瘀血并需要更长时间才能止血。
- Rivaroxaban (Xarelto®) can increase your risk of bleeding because it reduces your blood's ability to clot. While you take rivaroxaban (Xarelto®), you may bruise more easily and it may take longer for bleeding to stop.
- 部分人群服用利伐沙班 (Xarelto®) 后可能出现过敏反应，包括荨麻疹、皮疹和瘙痒。如果您出现以下任一严重过敏反应，请立即寻求医疗救助：
 - 胸痛或胸闷
 - Chest pain or chest tightness

- 面部或舌头肿胀
- Swelling of your face or tongue
- 呼吸困难或气喘
- Trouble breathing, or wheezing
- 感到头晕或即将晕厥
- Feeling dizzy or faint

我应该何时致电我的医生或抗凝诊所？

When should I call my doctor or the Anticoagulation Clinic?

Call your doctor, or call us, if:

- 在您开始或停止使用任何药物的时候（包括非处方药物或草药补品）。因为它可能影响利伐沙班 (Xarelto®) 的服用效果。
- You start or stop any medications, including over-the-counter medications or herbal supplements. These may affect the way rivaroxaban (Xarelto®) works.
- 您因即将进行外科手术或医疗程序时，因为您需在手术前暂时停止服用利伐沙班 (Xarelto®)。请勿在未告知您医生的情况下停止服用利伐沙班 (Xarelto®)。
- You are having a surgery or a procedure, as you may need to stop taking rivaroxaban (Xarelto®) for a short period of time before your procedure. Do not stop taking rivaroxaban (Xarelto®) without talking with your doctor first.
- 在您需要补购药物的时候（在您快要服用完利伐沙班 (Xarelto®) 之前告知医生，以避免药量不足）。

- You need a medication refill. Try to tell your doctor before you are out of rivaroxaban (Xarelto®) so you do not run out.
- 在您意外出血或长时间出血的时候，例如：
- You have any unexpected bleeding or bleeding that lasts a long time, such as:
 - 牙龈异常出血
 - Unusual bleeding from the gums
 - 频繁流鼻血
 - Nose bleeds that happen often
 - 月经(经期)或阴道出血量异常多
 - Menstrual (period) or vaginal bleeding that is heavier than normal
 - 尿中有血(尿液呈红色或咖啡或可乐的颜色)
 - Blood in your urine (pee that is red or the color of coffee or cola)
 - 出现未知原因的淤血或淤血范围增大
 - Bruises that happen without a known cause, or bruises that get larger

我应该何时寻求紧急医疗救助？

When should I get emergency help?

如果您出现以下任一严重情况，请立即致电 911：

Call 911 immediately if you have any of the following serious conditions:

- 如果您出现以下任何严重出血的体征和症状：
- You have any signs or symptoms of serious bleeding:

- 出血情况严重或您无法止血
- Severe bleeding, or bleeding you can't control
- 大便呈红色或黑色（大便如沥青状）
- Red or black stools (poop that looks like tar)
- 咳血或咳血块
- Coughing up blood or blood clots
- 呕吐出血或您的呕吐物看起来像咖啡渣
- Vomiting up blood, or if your vomit looks like coffee grounds
- 鼻子或牙龈流血不止
- Uncontrolled bleeding from your nose or gums
- 割伤不能止血
- Cuts that will not stop bleeding
- 如果您出现以下任一中风体征和症状：
 - 头晕、突发性视力丧失或突发性严重头疼
 - Dizziness, sudden loss of vision, or a sudden severe headache
 - 任何一个手臂或腿麻木或无力
 - Numbness or weakness in any arm or leg
 - 说话困难或口齿不清
 - Trouble speaking, or slurred speech
 - 面部一侧下垂
 - Drooping on one side of your face

- 如果您出现以下任一血栓体征和症状：
 - You have signs or symptoms of blood clots:
 - 突发性严重呼吸短促
 - Sudden severe shortness of breath
 - 胸痛
 - Chest pain
 - 任何一个手臂或腿肿胀、泛红、发热或疼痛
 - Swelling, redness, heat or pain in any arm or leg

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翻译：密西根医学部翻译服务

Translation: Michigan Medicine Interpreter Services

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