

艾多沙班 (Savaysa®)

Edoxaban (Savaysa®)

什么是艾多沙班 (Savaysa®)?

What is edoxaban (Savaysa®)?



- 艾多沙班是个血液稀释药物。 这药物的商品名也称为 Savaysa®.
- Edoxaban is a blood thinner medication. This medication is also called by its brand name, Savaysa®.
- 艾多沙班 (Savaysa®) 用于降低患有异常心律 (称为心房纤颤) 的人发生血栓和中风的风险。
- Edoxaban (Savaysa®) is used to reduce the risk of blood clots and stroke in people with an abnormal heart rhythm (called atrial fibrillation).
 - 血栓能堵塞血管，切断该区域的血液供应。
 - Blood clots can block a blood vessel, cutting off blood supply to the area.
 - 在极少数的情况下，血栓会破裂成片并进入血液循环，这些碎片可能会卡在心脏 (导致心脏病发作)、肺部 (导致肺栓塞) 或脑部 (导致中风)。
 - Rarely, clots can break into pieces and travel in the bloodstream. Those pieces may get stuck in the heart (causing a heart attack), the

lungs (causing a pulmonary embolus), or in the brain (causing a stroke).

- 如果您之前在用华法林 (warfarin) 且现在开始用艾多沙班 (Savaysa®), **请勿**继续使用华法林 (Coumadin®)。艾多沙班 (Savaysa®) 是替代华法林/Coumadin®的。
- **If you were taking warfarin (Coumadin®) and you are starting to take edoxaban (Savaysa®), do not continue taking warfarin.** Edoxaban (Savaysa®) replaces warfarin.

我应该如何服用艾多沙班 (Savaysa®)?

How should I take edoxaban (Savaysa®)?

- 请准确按照医生规定的方式服用艾多沙班 (Savaysa®)。
- Take edoxaban (Savaysa®) exactly as prescribed by your doctor.
- 艾多沙班 (Savaysa®) 可与食物一起服用, 亦可单独服用。
- You can take edoxaban (Savaysa®) with or without food.
- 如果您忘记服药, 在当天想起此事请尽快补服。请勿为了弥补忘记服的药而服用双倍剂量。
- If you miss a dose, take the dose as soon as you remember on the same day. Do not take a double dose to make up for missing a dose.

- 请勿在未告知您医生的情况下突然停止服用艾多沙班 (Savaysa®)。否则您将可能有中风或血栓的风险。
- Do not stop taking edoxaban (Savaysa®) suddenly without telling your doctor. This can put you at risk of having a stroke or a blood clot.
- 如果您过量服用艾多沙班 (Savaysa®)，请致电您医生或抗凝诊所。如果您出现了无法止住的出血，请前往最近的急诊室。
- If you take too much edoxaban (Savaysa®), call your doctor or the Anticoagulation Clinic. If you are experiencing any bleeding which you cannot get to stop, go to the nearest emergency room (ER).

我应该如何存放艾多沙班 (Savaysa®)?

How should I store apixaban (Eliquis®)?

请将它存放于常温干燥处。避免存放于卫生间。

Store this medication at room temperature in a dry area. Avoid storing it in the bathroom.

我该怎么知道服用艾多沙班 (Savaysa®) 有哪些风险?

What should I know about the risks of taking edoxaban (Savaysa®)?

- 艾多沙班 (Savaysa®) 能增加您出血的风险, 因为它可减弱您身体的凝血功能。在服用艾多沙班的期间, 您可能更容易瘀伤并可能需要更长时间才能止血。
- Edoxaban (Savaysa®) can increase your risk of bleeding because it reduces your blood' s ability to clot. While you take edoxaban (Savaysa®), you may bruise more easily and it may take longer for bleeding to stop.
- 如果您服用艾多沙班 (Savaysa®), 且符合以下情况, 则您出血的风险可能更高:
- You may have a higher risk of bleeding if you take edoxaban (Savaysa®) and:
 - 年满 75 岁 以上
 - You are over 75 years old.
 - 患有肾脏疾病
 - You have kidney problems.
 - 最近出现或复发(消失了然后又出现)胃或肠道出血
 - You have stomach or intestine bleeding that is recent or recurs (goes away and then comes back).
 - 或患有胃溃疡
 - You have a stomach ulcer.
 - 您服用其他药物可能导致出血几率升高, 包括:
 - You take other medications that increase your risk of bleeding, including:
 - 阿司匹林或含阿司匹林的药物。

- Aspirin or products that contain aspirin
- 长期服用非甾体抗炎药 (Non-steroidal Anti-inflammatory Drugs, NSAIDs), 包括布洛芬及萘普生。
- Long-term use of non-steroidal anti-inflammatory drugs (NSAIDs), including ibuprofen and naproxen
- 氯吡格雷 (Plavix®)、普拉格雷 (Effient®) 或替格瑞洛 (Brilinta®)
- Clopidogrel (Plavix®), prasugrel (Effient®), or ticagrelor (Brilinta®)
- 所有含肝素的药物
- Any medication that contains heparin

艾多沙班 (Savaysa®) 有哪些潜在的副作用?

What are the possible side effects of edoxaban (Savaysa®)?

- 艾多沙班 (Savaysa®) 能增加您出血的风险, 因为它可减弱您身体的凝血功能。在服用艾多沙班的期间, 您可能更容易瘀血并需要更长时间才能止血。
- Edoxaban (Savaysa®) can increase your risk of bleeding because it reduces your blood's ability to clot. While you take edoxaban (Savaysa®), you may bruise more easily and it may take longer for bleeding to stop.
- 部分人群服用艾多沙班 (Savaysa®) 后可能出现过敏反应, 包括荨麻疹、皮疹和瘙痒。如果您出现以下任一严重过敏反应, 请立即寻求医疗救助:

- For some people, edoxaban (Savaysa®) can cause symptoms of an allergic reaction, including hives, rash, and itching. Get medical help immediately if you get any of these symptoms of a serious allergic reaction:
 - 胸痛或胸闷
 - Chest pain or chest tightness
 - 面部或舌头肿胀
 - Swelling of your face or tongue
 - 呼吸困难或气喘
 - Trouble breathing, or wheezing
 - 感到头晕或即将晕厥
 - Feeling dizzy or faint

我应该何时致电我的医生或抗凝诊所?

When should I call my doctor or the Anticoagulation Clinic?

如果有下列状况, 打电话给您的医生或打给我们

Call your doctor, or call us, if:

- 在您开始或停止使用任何药物的时候 (包括非处方药物或草药补品)。因为它可能影响艾多沙班 (Savaysa®) 的服用效果。
- You start or stop any medications, including over-the-counter medications or herbal supplements. These may affect the way edoxaban (Savaysa®) works.

- 您将进行外科手术或其他医疗程序时，因为您可能会需要了解如何服用艾多沙班 (Savaysa®) 的特别指示。
- You are having a surgery or a procedure, as you may have special instructions on how to take your edoxaban (Savaysa®).
- 在您需要补购药物的时候。在您快要服用完艾多沙班 (Savaysa®) 之前告知您的医生，以避免药量不足) 。
- You need a medication refill. Try to tell your doctor before you are out of edoxaban (Savaysa®) so you do not run out.
- 在您意外出血或长时间出血的时候，例如：
- You have any unexpected bleeding or bleeding that lasts a long time, such as:
 - 牙龈异常出血
 - Unusual bleeding from the gums
 - 频繁流鼻血
 - Nose bleeds that happen often
 - 月经(经期)或阴道出血量异常多
 - Menstrual (period) or vaginal bleeding that is heavier than normal
 - 尿中有血(尿液呈红色或咖啡或可乐的颜色)
 - Blood in your urine (pee that is red or the color of coffee or cola)
 - 出现未知原因的瘀血或瘀血范围增大

- Bruises that happen without a known cause, or bruises that get larger

我应该何时寻求紧急医疗救助?

When should I get emergency help?

如果您出现以下任一严重情况，请立即致电 911：

Call 911 immediately if you have any of the following serious conditions:

- 如果您出现以下任何严重出血的体征和症状：
 - You have any signs or symptoms of serious bleeding:
 - 出血情况严重或您无法止血
 - Severe bleeding, or bleeding you can't control
 - 大便呈红色或黑色（大便如沥青一样）
 - Red or black stools (poop that looks like tar)
 - 咳血或咳血块
 - Coughing up blood or blood clots
 - 呕吐出血或您的呕吐物看起来像咖啡渣
 - Vomiting up blood, or if your vomit looks like coffee grounds
 - 鼻子或牙龈流血不止
 - Uncontrolled bleeding from your nose or gums
 - 割伤不能止血

- Cuts that will not stop bleeding
- 如果您出现以下任一中风体征和症状：
 - 头晕、突发性视力丧失或突发性严重头疼
 - Dizziness, sudden loss of vision, or a sudden severe headache
 - 任何一个手臂或腿麻木或无力
 - Numbness or weakness in any arm or leg
 - 说话困难或口齿不清
 - Trouble speaking, or slurred speech
 - 面部一侧下垂
 - Drooping on one side of your face
- You have any signs or symptoms of a stroke:
 - 头晕、突发性视力丧失或突发性严重头疼
 - Dizziness, sudden loss of vision, or a sudden severe headache
 - 任何一个手臂或腿麻木或无力
 - Numbness or weakness in any arm or leg
 - 说话困难或口齿不清
 - Trouble speaking, or slurred speech
 - 面部一侧下垂
 - Drooping on one side of your face
- 如果您出现以下任一血栓体征和症状：
 - 突发性严重呼吸短促
 - Sudden severe shortness of breath
 - 胸痛
 - Chest pain
 - 任何一个手臂或腿发生肿胀、泛红、发热或疼痛
 - Swelling, redness, heat or pain in any arm or leg
- You have signs or symptoms of blood clots:
 - 突发性严重呼吸短促
 - Sudden severe shortness of breath
 - 胸痛
 - Chest pain
 - 任何一个手臂或腿发生肿胀、泛红、发热或疼痛
 - Swelling, redness, heat or pain in any arm or leg

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