

COPD Transitional Care Management Clinic

PROGRAM DETAILS

What to expect during your visit?

Our entire team will be available to assist you with the following issues:

Severity of COPD and appropriate treatment:

- We will review with you use of your inhalers and other COPD medications.

Other medical conditions:

- Our tobacco cessation specialist can assist.

Review your need for oxygen or respiratory assist devices:

- If you are using oxygen or a CPAP or BIPAP machine, we will review your needs and assist with any equipment issues that you may have.

Review your ability to exercise:

- We will review your needs and options for physical activity, including need for pulmonary rehabilitation.

Review your emotional and social needs:

- We want to provide the best support possible for you to achieve your overall wellness goals.



COPD Transitional Care Management Clinic

3rd Floor Taubman Center, Reception C
1500 E. Medical Center Dr.
Ann Arbor, MI 48109-5360

Phone: 1-888-284-5864 8am – 5pm
Fax: 734-936-3494

Clinic Appointments: Friday: 7:30 am – Noon

A Program to Keep You
Healthy and Safe at Home



HEALTH SYSTEM
UNIVERSITY OF MICHIGAN

DESIGNED WITH YOU IN MIND

You are being referred to this clinic because you have chronic obstructive pulmonary disease (COPD) and you have recently been discharged from the hospital.

At the University of Michigan we are working to help you control your COPD.

Our goals are to:

- Reduce and control your symptoms
- Increase your physical activity and exercise tolerance
- Educate you about COPD
- Prevent future complications
- Help you breathe easier and be more active

**For More Information About the
COPD Transitional Care
Management Clinic
at the University of Michigan
Call 888-284-5864**

WE WANT TO HELP

READMISSIONS AFTER DISCHARGE WITH COPD ARE FREQUENT

One of five hospitalized patients with COPD is readmitted within 30 days of their hospital discharge.

Transitioning in and out of the hospital can be a stressful experience. COPD patients face additional challenges:

- COPD patients often use several inhaled medications that may have unique devices for proper medication use.
- COPD patients frequently have other medical problems including including cardiac and renal disease.
- COPD patients often have special nutritional, psychological and physical activity needs.
- When appointments are required with multiple specialists, care coordination can be challenging.

GETTING STARTED

We have designed a new resource, only for COPD patients:

The COPD Transitional Care Management Clinic

In this new Clinic you will be seen by an experienced healthcare team, with participation of Pulmonary Physicians, Nurses, Dietitians, Social Workers, Tobacco Cessations Specialists, and Respiratory Therapists.

After you leave the hospital some things could change. Your treatment may include new drugs, new equipment or even new doctors. We want to help you to navigate that complex environment.

WHAT TO BRING TO OUR CLINIC?

Please bring to our clinic:

- Medications including inhalers
- Friends or family that are part of your support team
- Most importantly, bring us your questions and we will do our best to answer them.

A PROGRAM TO KEEP YOU
HEALTHY AND SAFE AT HOME