Almost anyone can make snowflakes, at least in a simple form. All it takes are scissors and a sheet of paper. Use the lightest paper weight available (20 lb), as it will be difficult to cut through all the layers. The most important thing is to learn how to fold the paper. Video: http://umhealth.me/snowflakehowto.

1. First, fold the paper in half. Turn the paper, and fold it in half again (the paper is now in quarters).

2. Hold the corner where all the folds come together at the center of the sheet of paper (point A). From here, fold the paper into THREE EQUAL cone shapes. This will take two folds, one forward and one backward.

2a. The first fold is towards the front and should fall half way to the center of the paper.

2b. The second cone fold goes towards the back. You should now have 3 equal sized cones.

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3. With point A at the bottom of the triangle, cut off the top. The paper can now be cut into a snowflake.

4. Draw a design on this folded triangle. In this case, the design is a fir tree. Cut the snowflake following the lines that you drew. Punch holes to decorate it.

5. As you open the snowflake, take time to fold each crease backwards so that the folds stay open and flat.

Video about Dr. Clark: http://umhealth.me/drsnowflake