

Make a Difference. Volunteer. Be the One.

I look forward to seeing the volunteers every day.

- Volunteers (drivers 18+) are needed to deliver meals using their own vehicles to the homebound in Ann Arbor. Under 18? You can volunteer if accompanied by an adult.
- You choose the day (Monday-Saturday) and the frequency (weekly, biweekly, monthly, substitute)
- Pick up meals at our office and deliver a route of 10-13 meals, taking 1-2 hours to complete
 - ♦ Monday-Friday at 11:30 a.m.
 - ♦ Saturday at 10:30 a.m. Jan-Aug; & 9:30 a.m. Sept-Dec

Hmm...I can give two hours a month!

For more information or download an application visit www.med.umich.edu/aamealsonwheels



Ann Arbor Meals on Wheels is a community supported program of the University of Michigan Health System

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