

Table 2. Epidemiologic studies identifying the prevalence of IC/PBS symptoms

Reference	Sample	Definition	Prevalence
Leppilahti ⁵¹	Mailed questionnaire to 1331 Finnish women aged 18-71 (mean not reported)	Interstitial Cystitis Symptom Index and Problem Index scores of 12+, including nocturia ≥ 2 and pain ≥ 2	0.45%
Clemens ¹⁷	Mailed questionnaire to 3504 enrollees aged 25-80 (mean age 59 in men and 55 in women) in a managed care plan in the Portland, OR metropolitan area	1) Pelvic pain of ≥ 3 months duration plus urgency or frequency ≥ 3 months duration 2) Same criteria plus pain increasing as the bladder fills or pain relieved by urination	6.2-11.2% in women; 2.3-4.6% in men
Clemens ³⁰	Direct interviews in a sample of 5506 Black, Hispanic and white women aged 30-79 (mean 49.2) in the Boston metropolitan area	Multiple	0.8- 2.7% in women; 0.3 - 1.2% in men
Lifford ⁵²	Female participants in the Nurses Health Study, aged 58-83 (mean not reported)	“In the last 10 years, have you experienced pain, discomfort or burning in your pelvis or bladder for more than 3 months in a row and accompanied by urinary frequency?”	2.3%
Temml ⁵³	In-person questionnaire completed by 981 women aged 19-89 (mean 49.1) attending a voluntary health screening project in Vienna, Austria	Interstitial Cystitis Symptom Index and Problem Index scores of 12+, including nocturia ≥ 2 and pain ≥ 2	0.3%

References

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