

UMIM Events!

Updated
10/20/2005

University of Michigan Integrative Medicine

Local Events

- Imagery & Healing: Science and the Imagination
- Healing through Poetry and Flutes from Ecuador
- Healing Touch Workshop
- Concert with Oscar Santillán, "Gemini" and Friends
- Book Signing with Master Iachak Don Alverto Taxo
- Sustainable Futures & Living Democracy
- Women's Health: The Press and Public Policy

Conferences

- Seventh Annual Energy Psychology Conference
- New Beginnings: In End of Life Care

Research Intern & Fellowship Opportunities

- CAM Holistic Medicine Elective in Northern California

Research Grant Opportunities

- The Sick Kids Foundation

Master Program Opportunities

- Master of Applied Positive Psychology Degree Program

Research Participants Needed

- Weight Loss Research Opportunity for Adults
- Reiki Research Opportunity for Adults with Chronic Pain

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UMIM Events carries announcements about integrative medicine oriented public events that are sponsored by area hospitals, medical centers and universities, as well as notices of national conferences, internships, grant opportunities, and research studies in need of participants.

***** Details Below *****

Local Events

DEEP LAKE INSTITUTE and UNIVERSITY OF MICHIGAN INTEGRATIVE MEDICINE

are pleased to present an exciting day-long workshop with:

Jeanne Achterberg, PhD

Imagery and Healing:

Science and the Imagination

Saturday, October 22, 9 am - 5 pm

MCHC Auditorium

C.S. Mott Children's Hospital, Ann Arbor

The image is the world's oldest and greatest healing resource and the foundation for our most ancient healing arts. Current research now shows that the immune system is under the direct control of the central nervous system, particularly those areas of the brain implicated in the transmission of the image to the body.

Imagery is the communication mechanism between perception, emotion and physical change, and therefore the bridge between the body and mind.

The imagination is the vehicle by which mental processes reach deep into the cellular structures, actually altering their DNA. An impressive body of clinical research now supports the use of imagery for many medical disorders.

In this workshop, Dr. Achterberg will explore the biomedical, behavioral and transpersonal dimensions of healing. Participants will increase their understanding of the use of the imagination in the healing process, review research on imagery and immune response, learn new techniques to elicit images for healing and integrate imagery process into practice. This workshop will be instructive and

experiential. Schedule and site directions are available at www.deeplake.info/news_&_events.htm.

About Jeanne Achterberg, PhD: Dr. Achterberg, one of the pre-eminent researchers and contributors in the field of imagery and healing, was featured in Time magazine as one of the six innovators of alternative and complementary medicine for the coming century and is the author of *Imagery in Healing, the mind/body classic*. Among many other honors and awards, she is past president of the Association of Transpersonal Psychology, has co-chaired the mind/body interventions ad-hoc advisory panel and research technology conference for the Office of Alternative Medicine, and has served on a U.S. Congressional advisory board on unconventional cancer treatment.

Continuing Education Credits are available (7.2 contact hours) for a fee of \$10. Contact hours will be provided by University of Michigan Health System's Educational Services for Nursing which is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This workshop is co-sponsored by University of Michigan Integrative Medicine.

Enrollment is limited to 50

Full price • \$125

UM student price • \$63

UMIM faculty and alumni price • \$94

CE Credits (7.2 contact hours), additional fee • \$10

Meals not included.

If you'd like to join Deep Lake's mailing list, please contact us at info@deeplake.info or 877.567.1112.

Oscar Santillán and Elizabeth Alberda Healing through Poetry and Flutes from Ecuador

Sunday October 23, 2005 3 pm - 5 pm

Crazy Wisdom Meeting Room

Elizabeth Alberda will be sharing from her new book, *Changing Woman*, the loon flies counterclockwise, and Oscar Santillan, a Kichwa Indian and a musician in the Sacred Way will be playing various ancient flutes and music that can open doors in the psyche. Donations appreciated.

University of Michigan Integrative Medicine
Clinical Services and Educational Services for
Nursing presents:

HEALING TOUCH

October 28 and 29, 2005

North Campus Administrative Complex

Instructors:

Level 1: Barbara Welcer, RN, BS, HNC,
CHTP/I

Level 2: Janet Tait, RN, BSN, CHTP/I

The Healing Touch Program is for registered nurses, body-oriented therapists, psychotherapists, other health care professional and individuals desiring an in-depth understanding of healing work that uses energy-based concepts.

Pre-registration required U of M employees may register on-line at

<http://www2.med.umich.edu/esn/EdProgr>

FOR WORKSHOP INFORMATION CONTACT:

Contact Janet Tait, RN, BSN, CHTP/I at 248-627-2125 e-mail jtait@voyager.net

Tuition Fees: **Regular** - \$275.00; **U of M employee or AHNA / HTI Member** \$250.00; **Full Time Student with ID** \$175.00; **Repeat Participant** \$175.00

Tuition will be refunded less \$25.00 if cancellation is received one week prior to class.

Registration must be postmarked no later than Oct 20, 2005, check payable to Wellness Enhancement, 35 Rissman Lane, Ortonville, MI 48462.

Concert with Oscar Santillán, "Gemini" and Friends

Saturday, October 29, 2005, 7:30 pm

Unitarian Universalist Church

4001 Ann Arbor-Saline Rd. Ann Arbor

\$10 Admission

Oscar will be playing traditional instruments — panpipes, reed flutes, drums, rainsticks, and seed pod shakers, most of which he makes from plants that grow in his region. Joining Oscar will be San and Laz of the folk duo

"Gemini", Laz's wife, Helen and San's daughter, Emily. They've been studying with Oscar for the past three years, and have written new original songs inspired by the music of both cultures.

This coming together of musicians of the South (the Condor) and the North (the Eagle) fulfills a prophecy from Oscar's Kichwa tradition, that has been passed down for 500 years: that there will come a time when the Condor and the Eagle, the powers of the heart and mind, the peoples of the South and North can come together in balance and harmony. For more information about Oscar and his music please visit:

www.ushai.com/musicians.html

Book Signing with Master Iachak Don Alverto Taxo his only Michigan appearance!

Sunday, October 30, 2005, 1 pm - 3 pm

Crazy Wisdom Meeting Room

For information & reservations 734 665-0409 (The program is free but space is limited. Please call ahead.)

Don Alverto will speak and sign copies of his new book, Friendship with the Elements: Opening the

Channels of Communication. Through accessible and simple daily habits of connecting, Don Alverto invites us into the magical world of intimate friendship with the elements.

The program will also include Ecuadorian and original music by Oscar Santillán, Laz of "Gemini" & Helen Slomovits

FRANCES MOORE LAPPÉ
 Author of *Diet for a Small Planet*
 and 13 other books
 Monday, October 31 at 12:00 pm
 126 East Quad
 will speak on

**SUSTAINABLE FUTURES & LIVING
 DEMOCRACY**

Free and open to the public

Co-sponsored by the Residential College, the Science, Technology, and Society Program, the Program in the Environment, and the New World Agriculture and Ecology Group.

Ms. Lappé will also speak and sign books at the First Unitarian Universalist Church (4001 Ann Arbor-Saline Rd.) on Sunday, Oct. 30, at 2:30 information

For more information about this event, call 734/665-6158.

**Knight-Wallace Fellows and University of
 Michigan Obstetrics and Gynecology
 Department present:**

Women's Health: The Press and Public Policy
 November 7, 2005, 1 pm - 5 pm

Michigan League Ballroom

The expert panel will include: **Susan Wood-Former-** Director Office of Women's Health, FDA; **Marcia Inhorn-**Professor, Health Behavior, and Director, CMENAS, UM; **Cindy**

Pearson-Executive Director, National Women's Health Network; **Vivian Pinn-**Director, Office of Research on Women's Health, NIH; **Frances Visco-**President, National Breast Cancer Coalition; **Kimberlydawn Wisdom-** MI surgeon.

The media panel will include: **Gina Kolata** - Science and Medicine Journalist, New York Times; **Myrna Blyth-**author of *Spin Sisters*; **Dianne Hales** - author of *Invitation to Health*; **Joann Rodgers-**Director of Media Relations at Johns Hopkins; **Joanne Silberner-**Health Policy Correspondent, NPR

Conferences

**Seventh Annual *Energy Psychology
 Conference**

Energy Psychology and the Soul Connection

NEW!

November 10-12, 2005

Toronto, Canada

Pre-Conference Workshops: November 9

Post-Conference Workshops: November 13-16

At this exciting event you will have the opportunity to interact and learn directly from top experts in the field of Comprehensive Energy Psychology
<http://www.torontoepc.com/>

**Wayne State University End-of-Life
 Interdisciplinary Project**
 Sponsored by the National Institute of Health

**New Beginnings: In End of Life Care:
 Integrating Complementary and Alternative
 Medicine Therapies**
 May 5 - 7, 2006

UMIM Events!

Proposal deadline November 21, 2005-sumit
to www.eol.wayne.edu

St. John's Golf and Conference Center
44045 Five Mile Road
Plymouth, Michigan 48170

Keynote speakers: Robert Levine, Ph.D. -
Director of Complementary and Integrative Medicine
Research Henry Ford Health System

Michael Paletta, M.D. - Corporate Medical
Director - Hospice of Michigan

Deforia Lane, Ph.D. - Resident Director of Music
Therapy University Hospitals of Cleveland Ireland

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Cancer Center and Rainbow Babies and Children's
Hospitals

This conference is intended to encourage interaction among a diverse group of practitioners, researchers, educators, students and administrators who are active or interested in incorporating complementary and alternative (CAM) modalities to end-of-life care. CME and CEU's available.

The program will review leading-edge topics related to research, utilization, effectiveness, barriers, resources, and integration of CAM approaches to care for patients and families.

For additional information please contact Dr. Bob Levine at bob-levine@earthlink.net or 248-342-7555.

Research Intern & Fellowship Opportunities

The Global Medicine Education Foundation
University of Florida, College of Medicine

The Ecology of Healing - A Holistic Approach to Living and Practicing Medicine
IONS Retreat Center, Petaluma, California
April 1 - April 28, 2006
Application Deadline: Oct. 31, 2005 or as space is available, Limited to 20 students
Cost \$650 per person towards room and board

The program is designed for fourth-year medical students, as well as nursing and allied health students in their final year of training, to learn about and experience directly a variety of healing traditions from around the globe. This is a four week residential elective, with full-time credit awarded through the University of Florida. For more information please visit website:

http://www.globalmeded.org/programs_gmep_intro.htm.

Research Grant Opportunities

The Sick Kids Foundation

The Sick Kids Foundation is dedicated to the improvement of children's health. As part of this mission, the Foundation offers research grants and scholarships to researchers and clinicians in various fields related to pediatric health. Details on some of our programs are given below. In all cases, applicants from across Canada are welcome to apply. Please pass this message on to anyone who might be interested in this information. For a summary of all grants available please go to:

http://www.sicks.on.ca/foundation/custom/grt_default.asp

Masters Program Opportunity

University of Pennsylvania

Master of Applied Positive Psychology Degree Program

Applications are now being accepted for the Master of Applied Positive Psychology Degree Program at the University of Pennsylvania. This program provides an important opportunity for psychologists, educators, life coaches, and health and business professionals interested in the application of the science of positive psychology. The primary focus of this pioneering degree is to train students in the history,

theory, and basic research methods of positive psychology and to help them apply these aspects of positive psychology in their particular professional settings. The program is also open to recent college graduates interested in studying positive psychology before applying to a Ph.D. program or attending a professional school.

The first class of students in this program will be enrolled in September 2005. For more information, visit www.pennpositivepsych.org.

Research Participants Needed

University of Michigan Integrated Medicine

Weight Loss Research Opportunity for Adults

Are you seeking to lose weight and prevent weight regain? The MPoWR clinical study is an 18-month study that will evaluate the effectiveness of ephedrine/caffeine, diet and activity levels in promoting weight reduction and preventing weight

regain. All participants will receive physician monitoring including an initial nutritional assessment and weekly nutritional counseling. If you are between 18-55 years of age and are not currently on medications other than birth control pills or allergy medications that DO NOT contain a decongestant, please contact 1-877-800-9887, or email Angie at angelamt@med.umich.edu

The Medical College of Ohio School of Nursing and Complementary Medicine Center

Reiki Research Opportunity for Adults with Chronic Pain

Seeking adults with chronic pain for a study of the effects of Reiki energy treatments on persons with chronic pain.

Please contact Susan Pocotte, Ph.D. at 419-383-5883 ([email:spocotte@mco.edu](mailto:spocotte@mco.edu)) or Dianne Smolen, PhD, RN, C, CNS at 419-383-5812 for information.
