



Name  
Reg. #  
Date

**PRESCRIPTION MEDICATIONS - Please list on the table below ALL prescription medication you take or use.**

Name of Medication (Brandname) and Strength	Label Directions for Use: <b>How were you told to take this medication?</b>	<b>How often</b> do you take/use this medication?	<b>How much</b> do you take/use for each dose?	<b>When did you begin taking</b> this medication? (Date: month/year)	<b>Why</b> (for what medical condition) are you taking/using this medication?	<b>When did you stop taking</b> this medication? (Date: month/year)	<b>Why</b> did you stop taking this medication?

**NONPRESCRIPTION MEDICATIONS AND SUPPLEMENTS (Vitamins, Minerals, Herbs, Herbal products, Remedies, and Other health products) -**  
Please list on the table below ALL nonprescription medications and supplements you take or use. \*For products with many ingredients – use page 5/6 of the Intake form.

Brandname of Product and list of <b>Ingredients</b> (Please list each ingredient)	<b>Amount of each Ingredient</b> per tablet or teaspoonful	<b>How often</b> do you take/use this product?	<b>How much</b> do you take/use for each dose?	<b>When did you begin taking</b> this product? (month/year)	<b>Why</b> (medical condition) are you taking or using this product?	<b>When did you stop taking</b> this product? (month/year)	<b>Why did you stop</b> taking this product?
<i>Oscal 500 + D Calcium Vitamin D</i>	<i>500 mg 125 IU</i>	<i>Twice a day</i>	<i>One tablet</i>	<i>January 2000</i>	<i>Bone protection</i>	<i>I am still taking it</i>	n/a



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Product Name: Clinical Nutrients for Joint Health (PhytoPharmica)		Product Name:		Product Name:	
Ingredient (in 4 capsules)	Dose	Ingredient	Dose	Ingredient	Dose
Vitamin C	100 mg				
Niacin	330 mg				
Vitamin B-6	20 mg				
Pantothenic Acid	100 mg				
Magnesium	100 mg				
Zinc	3 mg				
Copper	200 mcg				
Manganese	10 mg				
Glucosamine sulfate	500 mg				
Boswellia serrata	400 mg				
Bio-Min T.R. 8 (trace minerals)	100 mg				
Chlorophyll	10 mg				
Boron	3 mg				

Product Name:		Product Name:		Product Name:	
Ingredient	Dose	Ingredient	Dose	Ingredient	Dose



