

**Senior Living & Housing Awareness Week 2009
Workshop Registration**

Registration Deadline: Friday, April 24, 2009

Your Name (s): _____

Mailing Address: _____

City _____ State _____ Zip Code _____

Phone: _____ Email Address: _____

Check the box for each session you plan to attend. Please do not double book. Thanks!

Friday, May 8*

Morris Lawrence Building, Washtenaw Community College
4800 East Huron River Drive, Ann Arbor

9:30 – 9:45 a.m. Welcome and Introductions

9:45 – 11:30 a.m. How to Successfully Detect and Avoid the Deadly Estate Planning Mistakes

11:30 a.m. – 1:30 p.m. Lunch & Expo Exhibits

1:30 – 2:30 p.m. Well Balanced

**2:45 – 4:30 p.m. Knowing Your Senior Living and Care Options:
Making the Best Choices for You and Your Loved Ones**

**For May 8 only, box lunches are available for purchase with this registration form.*

Monday, May 11

Saline Senior Center, 7605 North Maple, Saline, 429-9274

1:30 – 3:00 p.m. Assisted Living: Tools for Decision Making for Care and Costs

Tuesday, May 12

Brookhaven Manor Retirement Community, 401 West Oakbrook, Ann Arbor, 747-8800

1:30 – 2:30 p.m. Aging Skin and Your Appearance

Wednesday, May 13

Sunrise at North Ann Arbor, 1901 Plymouth Road, Ann Arbor, 741-9500

**9:30-10:30 a.m. Dental Health and Aging: Causes, Implications,
and Management of Dry Mouth**

10:30 – 11:30 a.m. Tours of Sunrise Senior Living - North Ann Arbor

Wednesday, May 13

Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor, 998-9336

11:30 a.m. – 12:30 p.m.

Exhibits by Platinum Plus and Platinum Sponsors

1:00 – 1:45 p.m. Villages vs. Neighborhoods: Developing a Supportive Community

**1:45 – 2:30 p.m. Promoting a Healthy, Active Lifestyle at
One Area Senior Housing Community**

2:30 – 2:45 p.m. Questions & Answers

Wednesday, May 13

Turner Senior Resource Center, 2401 Plymouth Road, Suite C, Ann Arbor, 998-9336

3:00 – 4:00 p.m. **Local Public Transportation:**

Maintaining Your Independence and Mobility

4:30 – 6:00 p.m. **Reverse Mortgage: What is it? How does it work?**

Is it right for me?

Thursday, May 14

Hillside Terrace Retirement Community, 1939 Jackson Avenue, Ann Arbor, 761-4451

2:00 – 4:00 p.m. **Brain Health: What can you do?**

Friday, May 15 Morning Session

Silver Maples of Chelsea, 100 Silver Maples Drive, Chelsea, 475-4111

9:00 – 11:00 a.m. **Tours of Silver Maples**

11:00 a.m. – Noon **Older Adults and Income Taxes**

Noon - 1:00 p.m. **Lunch at Silver Maples may be purchased at the Silver Maples Cafe**

Friday, May 15 Afternoon Session

Chelsea Retirement Community, 805 West Middle Street, Chelsea, 475-8633

1:30 – 3:00 p.m. **The New Economic Reality and Retirement Community Living**

3:30 – 5:00 p.m. **Tours of Chelsea Retirement Community**

Payment Information

Lunch for May 8, \$8.50 per box lunch. *Lunch payment must be included with your registration.*

Box lunch includes: sandwich, fresh whole fruit, cookies, chips and soda or bottled water.

Number of lunches _____

Sandwich Choice(s): Turkey Ham Tuna Vegetarian

Total payment for lunches \$ _____

'Give a Gift of Home' donation \$ _____

Total \$ _____

Method of Payment

Check made payable to **Housing Bureau for Seniors**

Mail to: Housing Bureau for Seniors
2401 Plymouth Road, Suite C
Ann Arbor, MI 48105

University of Michigan Short Code for UM personnel Short Code # _____

May we share your name and contact information with Senior Living & Housing Awareness Week:

Sponsors Yes No Expo Exhibitors Yes No

Senior Housing Communities hosting open houses Yes No

Please help us keep costs down. If you cannot attend a workshop, don't be a "no-show" – Call ahead to cancel your reservation: 998-9336. Thanks!!

If you have questions, please contact Laura Nathan by phone, 998-9336 or email, lnathan@umich.edu . Thank you.