RETIREMENT RESIDENCES

2015

Independent living
Assisted living care
Nursing home care

All information is provided by the senior communities. Their rates and services may change without giving notice to the Housing Bureau for Seniors.

The Housing Bureau for Seniors is a community supported program of University of Michigan Health System
Retirement Residences and Care Levels

Retirement Communities included in this guide offer descriptions of different senior housing and care options that may include one or more of the following living arrangements: independent living, assisted living care and nursing home care. Additionally, some communities offer adult day care programs as well. Consumers have to look closely at what each community offers and make a choice based upon their care needs, values and preferences, as well as what is affordable.

Independent living is for active seniors who want support services and amenities to live more comfortably. The amenities and services for independent living may include “concierge services” for transportation, pet care or other needs, one or more meals in a central dining room, social activities, housekeeping and maintenance. Communities that offer condos or villas as a part of their senior living options may provide a range of services, amenities and activities that residents can enjoy as a part of “a package” or at an additional cost. In most retirement communities, if residents begin to experience health challenges, it is possible to add support and personal care services so residents can remain in their same independent living arrangement. This often begins a transition to assisted living care services.

Housing with Services offer independent living with hotel-like services such as housekeeping and meals. On-site and optional personal care services are available at an additional price. These communities are not licensed.

Assisted Living Care in Michigan has no single definition. It is a marketing term with no regulatory or statutory significance. Assisted living care residences vary in philosophy, practices, and levels of care with variable costs. Some assisted living facilities also have memory care units for people with varying degrees of memory impairment who need assistance with daily living a little or around the clock care.

Licensed Assisted Living

The State of Michigan Department of Human Services licenses two types of assisted living residences. State licensure means that the facility meets minimal health and safety standards and the state can take enforcement action for failure to maintain these levels of care.

Adult Foster Care (AFC) facilities may be small group homes (1-6 people), medium size homes (7-12 people) or large group homes (13-20 people). AFCs offer 24-hour supervision, room, board and personal care for people who do not need continuous nursing care. AFCs may restrict occupancy to certain health conditions or abilities and may only offer residence to either men or women. After a license is issued, inspections are made every two years to ensure standards are met.

Homes for Aged (HFA) facilities offer room, board, 24-hour supervision and personal care to 21 or more people who are 60 years of age or older. HFAs must have a written resident admission contract, program statement, admission and discharge policy, as well as individual service plan for each resident. At the time of admission, the home must document the needs of each individual seeking admission.
This is the basis for developing the resident’s service plan. A home should only accept individuals when able to provide adequate and appropriate care. HFAs are inspected annually to determine whether they meet state standards.

**AFC and HFA Investigation Reports**

If standards are not met, there is an investigation of all written and oral complaints about resident care and treatment, staffing, sanitation, and other conditions and services. Specific information on violations, complaints, and recommendations are available on the Michigan Department of Human Services website at [http://www.dleg.state.mi.us/brs_afc/sr_afc.asp](http://www.dleg.state.mi.us/brs_afc/sr_afc.asp)

The State of Michigan has information about assisted living violations dating back two years. Records older than two years must be requested through a Freedom of Information Act request.

**What you should expect:**

1) 24-hour supervised care with assistance in activities of daily living includes:
   - Reminding a resident to maintain his or her medication schedule.
   - Reminding a resident of important activities.
   - Assisting a resident in keeping appointments.
   - Being aware of a resident’s general whereabouts.
   - Supporting a resident’s personal and social skills.

2) **Service plan** — a written statement prepared jointly by the home care operator, resident or the resident’s authorized representative that identifies the specific care and maintenance services. This includes appropriate activities for each resident’s physical, social, behavioral needs & well-being and the methods of providing the care and services while taking into account the preferences and competency of the resident.

**Housing and care communities offering independent living, assisted living and nursing home care with special contacts**

**Continuing Care Retirement Community (CCRC)** is housing planned and operated to provide a continuum of accommodations and services for seniors including, but not limited to, independent living, congregate (shared) housing, assisted living, and skilled nursing care. A CCRC resident contract often involves either an entry fee or buy-in fee in addition to the monthly service charges, which may change according to the medical services required. Entry fees may be partially or fully refundable. The fee is used as a method of privately financing the development of the project and for the payment for future healthcare. CCRCs are typically licensed by the state. The **Continuing Care Accreditation Commission (CCAC)** is the nation’s only accrediting body for continuing care retirement communities (CCRCs) and other types of continuums of care that are referred to as aging services networks. Check out their web site at [http://www.carf.org](http://www.carf.org)
Life Care Community is a CCRC offering an insurance type contract and provides all levels of care with three general types of contracts for provision of skilled nursing care: (A) extensive care, (B) modified care and (C) fee for service. All three contracts guarantee members access to skilled nursing care when needed, but they vary in whether members must pay additional charges when they receive skilled nursing care. For example, contract type C offers a fee-for-service, which means that the higher the care level, the higher the monthly fee.

Medical Facility Offering Long-Term Care and Skilled Care

Nursing Homes are certified by State and Federal government agencies to provide levels of care, ranging from custodial care to skilled nursing care that can only be delivered by trained professionals.

Nursing Homes provide:
- *Long term care* for patients who have chronic conditions that result in long-term stays. Payment can be private pay or covered by Medicaid.
- *Short-term stays* for those receiving after care following hospital stays and needing rehabilitation that is covered by Medicare or Medicaid.

Patients receive a room, meals, 24-hour skilled nursing and rehabilitative care, medical services, protective supervision, help with daily living and recreational activities. Many nursing home patients have physical, emotional or mental impairments that keep them from living independently. Nursing homes are one-step below acute hospital care. Medicaid pays for both skilled and basic care; Medicare pays only for skilled care. There are eligibility requirements for both Medicare and Medicaid. Go to Medicare.gov [http://www.medicare.gov](http://www.medicare.gov) for more information.

Payment Options in Retirement Residences

The senior residences included in this guide offer a range of housing and care options at “market rate rents”. There is limited government assistance for those who meet eligibility requirements.

Medicare does not pay for assisted living care and Medicaid provides very limited opportunity.

If you are a wartime veteran, you may check your eligibility for benefits by calling the Washtenaw County Department of Veteran Affairs at 734-973-4540.
INDEX

Retirement Residences in Washtenaw County

- **Independent Living, Assisted Living, Memory Care and Nursing Care** (Pages 6-10)
  - Brecon Village Retirement Community*
  - Chelsea Retirement Community
  - Gilbert Residence
  - Glacier Hills Life-Care Retirement Community

- **Independent Living, Assisted Living, and Memory Care** (Pages 11-13)
  - Hillside Terrace Retirement Center
  - University Living
  - StoryPoint

- **Independent Living and Assisted Living** (Pages 14-18)
  - Silver Maples of Chelsea –Senior Retirement Community*
  - The Sanctuary at St. Joseph’s Village

- **Independent Living** (Pages 19-20)
  - Lurie Terrace
  - University Commons
  - Woodbury Gardens

- **Assisted Living and Memory Care** (Pages 21-23)
  - Atria Ann Arbor
  - Brookdale Place of Ann Arbor
  - Linden Square Assisted Living Center

- **Assisted Living and Nursing Home Care** (Page 24)
  - Superior Woods Health Care Center and Assisted Living*

- **Housing with Services** (Pages 25-26)
  - American House Senior Living
  - Brookhaven Manor Retirement Community

* Provides Adult Day Care Services
Brecon Village Retirement Community – Evangelical Homes of Michigan

Brecon Village Retirement Community is in the Evangelical Homes of Michigan services family. Brecon Village is a continuing care retirement campus made up of a community of condominiums, independent, assisted living private apartments, memory support center and library and resource center. Residents have priority access to Evangelical Homes of Michigan’s full continuum of care (Including assisted living, memory support, short-term rehabilitation, skilled nursing, and home care services).

Condominiums: All 2 and 3 bedroom condominiums have eat-in-kitchens with appliances, laundry rooms and attached garages. All community buildings and activities are available to condominium residents. Daily continental breakfast is available as is a 24 hour emergency response system.

Independent Living Apartments: Independent living apartments have a full kitchen, washer/dryer (in 2 bedrooms only), air conditioning, and private bath equipped with safety features. Services include continental breakfast and 1 additional meal daily, biweekly housekeeping and linen service, a variety of activities, scheduled transportation, access to services in the wellness center (including massage and personal training), and 24 hour emergency assistance. A one-time Entrance Fee is $1,500. Cost per month: $2,650 studio, $3,335 1-bedroom, $3,640 1-bedroom deluxe, $4,160 2-bedroom, $4,370 2-bedroom deluxe ($900 additional for 2nd occupant).

Assisted Living Apartments: Assisted living apartments have a kitchenette, air conditioning, and private bathroom. Services include 3 daily meals, weekly housekeeping and linen services, personal laundry service, activities, scheduled transportation, access to health services at the wellness center, an extensive wellness program, a variety of activities and 24-hour assistance. Base rate includes 45 minutes of care per day. A one-time Entrance Fee is $1,500. Cost per month: $4,425 studio, $5,255 1-bdrm, $5,345 1-bdrm deluxe; ($1000 for 2nd person).

Other Services: Care Management, Medicare-Certified Home Care & Private Duty Home Health/Shared Care Services – Private Duty Home Health Care Phone: 734-222-4000.
Chelsea Retirement Community

805 West Middle St Chelsea 48118

Phone: (734) 433-1000 ext. 7324
Fax: (734) 475-4421
Website: www.chelsearetirementcommunity.com
Contact: Stacey Olson, Marketing Coordinator
Eligibility: 62 and older (60+ for Cedars of Dexter)
Respite Care: Available
Capacity: Accommodates 365 residents
License/Certification: Accredited Continuing Care Retirement Community Home for Aged licensing for Assisted Living, Skilled Nursing Facility with Medicare/Medicaid Certification
Payment Source: Independent Living is private pay only. Assisted Living may include private pay, LTC insurance and VA benefits
Pets Allowed: Garden Apts: cats/small dogs; Dancey House Apts: cats
Updated: January 2014

Chelsea Retirement Community, established in 1906, is owned and managed by the non-profit United Methodist Retirement Communities, Inc. It provides a full range of living options:

INDEPENDENT LIVING:
Cottages: There are 4 cottages, with two floor plans - 2 bedroom/2 bath and 2 bedroom +den/2bath. Rate includes $200 dining allowance, weekly housekeeping, as well as maintenance, utilities, activities and access to all Chelsea Retirement Community amenities.

Garden Apartments: There are 22 apartments with a variety of styles. Residents are a part of a continuum of fellowship, which includes activities and meals. Rate includes $200 meal plan and weekly housekeeping plus maintenance, utilities, activities and access to all CRC amenities. Cost per month: $2,159- $3,462 ($522 per month for second occupant). Month to month

Dancey House Apartments: 92 apartments (90 apartments and 2 studios). Rate includes $200 meal plan, weekly housekeeping, as well as maintenance, utilities, activities and access to all CRC amenities. Cost per month: $2,061- $3,011 ($522 per month for second occupant).

Campus Care Program assists residents with activities of daily living (ADLs) (e.g. bathing, dressing) & medication management. Hourly rate begins at $21.50.

GLAZIER ASSISTED LIVING:
The rate includes 3 meals daily in dining area of choice, nurse call system, health care assessments, activities, room checks, administering of medications, weekly personal laundry & housekeeping, linens, utilities & maintenance, 24 hour care. Daily rate: $176-$221

24-HOUR CARE: Skilled Nursing (Kresge Health Care Center)
Rehabilitation after hospitalization. Discharge planning is provided. Deluxe Private room $352; Private Room $298/ day; Semi Private Room $254/day
Special Care Unit for Memory Loss (Towsley Village): 102-bed unit designed for all stages of Alzheimer’s disease or other dementia disorders. Rate includes cueing, activities, 3 meals per daily, snacks, administering medications, linens, housekeeping & laundry, assistance with ADLs and 24-hour care. Cost per day: $199 - $243.

Independent Living: The Cedars of Dexter at 411 Cedars Lane, Dexter, MI 60 cottages for those 60 +. Amenities include modern craftsman style architecture, spacious open floor plans with high ceilings and covered porches, patios and “four-season” sunrooms. The Cedars offers maintained landscaped yards, a versatile clubhouse with fine and casual dining, life learning studio, paved walking paths, and spacious spa area including fitness center, saunas, pool and hot tub. Contact Kate Collins at 734-431210 or go to www.cedarsofdexter.com

Gilbert Residence
203 South Huron, Ypsilanti 48197
Phone: (734) 482-9498
Fax: (734) 482-1848
Website: http://www.gilbertresidence.com/
Contact: Lindsay Mann-Shanahan, Director of Community Relations
Eligibility: 60 and older
Respite Care: None
Capacity: 58 private rooms in Home for Aged/32 bed LTC Nursing
License: Home for the Aged licensing for Assisted Living
LTC Nursing Home
Payment Source: Assisted Living/Memory Unit may include private pay, long-term care insurance & Veteran benefits.
LTC Nursing Home may include private pay, Medicaid, long-term care insurance & Veteran benefits
Pets Allowed: Pets are allowed to visit
Updated: January 2015

The Main Street area is designed to provide ordinary day-to-day experiences for residents and their families in a setting that is easily accessible and familiar. The enhanced amenities, adding opportunities for social engagement, are both expected and considered best practice in senior living communities and include a Library, 22 Seat Movie Theater, Bistro and Wellness Center and Game Room

ASSISTED LIVING: Provides Personal care services needed on a regular or intermittent basis. All of the amenities of SL plus assistance with activities of daily living such as dressing, grooming, hygiene, incontinence management, bathing, medication management, memory care, laundry, bed making, and wireless call system.

<table>
<thead>
<tr>
<th></th>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3 *</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard</td>
<td>$3,200</td>
<td>$4,300</td>
<td>$8,000</td>
</tr>
<tr>
<td>Bay</td>
<td>$3,400</td>
<td>$4,210</td>
<td>$8,200</td>
</tr>
<tr>
<td>Court</td>
<td>$3,500</td>
<td>$4,248</td>
<td>$8,300</td>
</tr>
<tr>
<td>Couple 1st Person</td>
<td>$3,000</td>
<td>$4,000</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Couple 2nd Person</td>
<td>$3,000</td>
<td>$4,000</td>
</tr>
<tr>
<td>----------------</td>
<td>-------------------</td>
<td>----------</td>
<td>----------</td>
</tr>
<tr>
<td></td>
<td>Suite – 1 Person</td>
<td>$4,500</td>
<td>$5,500</td>
</tr>
</tbody>
</table>

* Please see Assisted Living Director for additional information regarding level 3.

**SPECIALIZED DEMENTIA CARE:** All of the amenities of AL plus SMC programming with specially trained staff, higher staffing ratio, and a home-like, secured setting.

**NURSING HOME:** 32 Medicaid Certified beds; private ($260) and semi-private ($235).

---

**Glacier Hills Life-Care Retirement Community**

1200 Earhart Road, Ann Arbor 48105

**Phone:** (734) 913-0730  
**Fax:** (734) 769-3092  
**Email:** info@glacierhills.org  
**Website:** www.glacierhills.org  
**Contacts:** Residential Living Specialist (734) 913-0730

**Eligibility:** 62 and older  
**Respite Care:** Based on Availability  
**Capacity:**  
- The Manor: 59 independent apt., 70 assisted living apt.  
- The Meadows: 64 independent apt and 26 villas  
- The Care & Rehabilitation Center: 161 skilled nursing beds  
**License:** Home for the Aged, Skilled Nursing Facility is Medicare/Medicaid Certified  
Registered as a Life-Care Community  
**Payment Source:** Apartments and Villas - Private pay only  
Assisted Living may include private pay, long term care insurance and veteran benefits.  
**Pets Allowed:** Yes - certain restrictions apply  
**Updated:** January 2015

**Glacier Hills** is a Life-Care, continuing care retirement community. Residents pay an entrance fee upon move-in which can be 90% refundable. They are then assured of a place to live for the rest of their lives, and care at the Care and Rehabilitation Center at a reduced fee. Residents enter into a Resident Agreement Contract upon entry.

**THE MANOR AT GLACIER HILLS Independent-with support services:**
Life-care fees range from $40,000 - $260,600 dependent upon size of the apartment. 1-3 meals a day, linen and bi-weekly housekeeping services, utilities, 24 hour emergency call system, in-home safety devices and scheduled van transportation are included in monthly fee, among other services and amenities. Units are equipped for handicapped access. For an additional fee, beauty/barber shop, personal shopping or escort service, use of guestrooms, guest meals, laundry and dry cleaning services are available. The Manor employs a skilled nurse available 24 hours/day with additional nursing services available through the Nursing Center. Amenities include private dining room, library, gift shop, chapel, Wellness Center and personal storage space. On-site optional services include podiatry, dentistry, and optometry.
Monthly Service Fees Cost per month: Studio, 1 and 2 bedroom - Range from $1,883-$5,157 ($670-$1,255 additional monthly fee for 2nd person)

Assisted Living: Life-care fees range from $34,800 - $260,600: includes 3 meals/day, linen and weekly housekeeping services, personal laundry service, utilities, emergency call system, 24-hour nurse and nurse aide staffing, medication management, assistance with activities of daily living, bathing, dressing and incontinence care are included in monthly fee.

Cost per month: Three levels of care. Pricing for Level 1 - Studio, and 1 bedroom units-range from $4,466-$7,867 ($3,370 additional monthly fee for 2nd person). Additional fees apply for care level 2 & 3.

The Meadows:
The Meadows neighborhood features both apartments and villas for independent living. 64 one and two bedroom apartments (some available with a study) are located in a 3-story building with heated underground parking. Elegant dining rooms, an outdoor dining terrace and a café, activity rooms, fireside lounges and Wellness Center are part of this community. There are 26, 2-bedroom villas on our campus, some with studies and basements. Each villa has a separate private entrance, 2-car attached garage and beautiful maintenance-free landscaping. Access to all Glacier Hills’ services and continuum of care is part of residency. Life-care fees, dependent upon the size of the housing unit selected are 90% refundable upon leaving Glacier Hills. They range from:

<table>
<thead>
<tr>
<th>Housing Unit</th>
<th>Cost</th>
<th>Monthly service fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Villas:</td>
<td>$364,000 - $481,800</td>
<td>$2,672-$3,352</td>
</tr>
<tr>
<td>Apartment Homes</td>
<td>$230,100 - $475,900</td>
<td>$2,155-$4,284</td>
</tr>
</tbody>
</table>

2nd Person Fee (Apts.): $670 per month; 2nd Person Fee (Villas): $330 per month.

Care and Rehabilitation Center:
Multilevel, 24-hour skilled nursing is provided whenever needed, in addition to physical, occupational and speech therapy on site by certified therapists. There also is a sub-acute unit to help bridge the recovery gap between hospital and home. The center is Medicare and Medicaid certified.

Non-Life-Care Resident Cost Per Day: Private room from: $460 (large) or $435 (small); Semi-Private room from $385

OTHER SERVICES: CARING PARTNERS HOME HEALTH

Glacier Hills has recently partnered with United Methodist Retirement Communities (UMRC) to expand our home care services. Combining these two non-profit organizations has increased the comprehensive range of quality services available for seniors in and around Washtenaw County.

Full service, Medicare certified, some insurance accepted, private pay

Contact: www.cphomehealth.org

Phone (734) 769-5758 or (877) 971-4200 Fax (734)994-3376
Hillside Terrace Retirement Community

1939 Jackson Ave Ann Arbor 48103
Phone: (734)-761-4451
Fax: (734)-761-7047
Contact: Nanya Litz, Chief Operating Owner
Eligibility: 60 and older
Respite Care: Available ($250-$350 per day + a non-refundable community fee).
Capacity: 72 assisted living apartments and Dementia Community
License: Home for the Aged
Payment Source: Private pay, long-term care insurance & veteran benefits.
Pets Allowed: Yes, 25lbs, or less. $300 pet fee at move-in; plus an additional $25/month
Updated: January 2015

Hillside Terrace Retirement Community provides a broad range of care: independent living, assisted living, and, a dementia care. On-site services include: occupational therapy, physical therapy, speech therapy, vision, podiatry, dentistry. Amenities include: recreational activities, community outings with an accessible van, ecumenical chapel, free wifi, wellness fitness center, movie theater, nails and hair salon, and daily pet visits. There is a nonrefundable Community fee of $2,000 prior to residence.

The Orchards Independent Living Community: 9 apartments for seniors 60+. Room & board includes a daily continental breakfast and a choice of lunch or dinner, satellite TV, carports, housekeeping weekly, all utilities except phone or cable TV. Monthly rates begin at $1,860 for a studio - $3,130 Grand Empire floor plan (2nd person is $618). A one year lease is required. Appliances such as microwaves, conventional ovens, washers, dryers are available with suites.

Assisted Living Gardens Community: Offers 3 meals daily, minimal-maximum assistance with morning and night care. Offers bathing 1-3 times weekly, weekly housekeeping & laundry, refrigerator, satellite TV & utilities (not phone or cable TV), covered carports, storage bins, and wellness and fitness center. There is a month-to-month agreement. Monthly rates: all inclusive fees range from $2,740 - $5,800 (2nd person fee: $1,334). Medication management fees by a licensed nurse 24 hours per day range from $395-495 per month.

Specialized/Memory Care
- Palms Care Community offers sixteen (16) apartments for varying levels of specialized care needs with palliative care needs and different types of dementia, Alzheimer’s, and Parkinson’s. Monthly all inclusive fees for room and board, medication management and 4 levels of personal care. Costs range from $5,995-$6,800.

- The Vineyard Neighborhood’s Enhanced Memory Care offers eight (8) apartments for those who are physically well and need close observation due to memory impairment. Monthly all inclusive fees for room and board, medication management and 3 levels of personal care. Costs range from $5,000-$6,000.
University Living – Retirement Community

2865 South Main St., Ann Arbor 48104
Phone: (734) 669-3030
Fax: (734) 533-6033
Website: www.univliving.com
Email: lindsayk@provisionliving.com
Contact: Lindsay Krzyzaniak, Community Relations Director
Eligibility: 62 and older (university affiliation not required)
Respite Care: Subject to room availability.
Capacity: 54 independent and assisted living units, 12 units for memory impaired
License: Home for the Aged
Payment Source: Private pay, long term care insurance and veteran benefits.
Pets Allowed: Evaluated on a case-by-case basis – 25 lbs. and under.
Updated: January 2015

University Living offers the opportunity to be part of a community dedicated to life-long learning. Residents have opportunities to participate in many intergenerational learning programs, instructor led fitness and frequent social, cultural and devotional activities, all offered on-site. All suites have private bathrooms, resident-controlled heating/cooling, a kitchenette with a counter-high refrigerator, sink and space for a microwave, and emergency call system.

Basic services for all residents include daily/weekly housekeeping, weekly linen service, all meals & snacks, trained staff on site 24 hrs. a day, nurse on call 24/7, all utilities including cable TV, fully equipped Fitness Center, Certified Fitness Director on staff, a minimum of 5 exercise classes a week, onsite Beauty/Barber Salon, scheduled shopping and banking trips weekly, frequent community outings, nationally recognized lifelong learning programs taught on site by U of M faculty. Phone/internet services costs not included.

Monthly Room Rates range from $3,800-$5,985 for studios of various sizes and one-bedroom apartments; these costs include all of the basic services listed above. A 2nd person fee is $1000 per month.

Assisted Living includes all the above listed services and offers 3 levels of assistance to meet a wide range of individual needs. Assisted Living Care and Medication Management rates range from $950-$2,100 monthly.

Respite Care for Assisted Living includes all of the listed services; rates are based on length of stay.

Memory Care includes all basic services and offers specialized programs designed to meet the needs of residents with memory impairment and individualized care and a non-intrusive security system. Staff participates in dementia-specific training. Monthly Rates for Room, Care and Services begin at $4,900 and higher.
StoryPoint

6230 S. State Street, Saline, MI 48176  (Opening November 2015)
Phone: 1-855-407-8679
Website: www.seniorvillages.com / www.storypoint.com
Contact: Christina Failla, Director of Sales
Apartments: 92 Independent Living Units, 30 Enhanced Living Units, and
36 Assisted Living & Memory Care Units
Respite Care: Subject to room availability
License: Assisted Living and Memory Care
Payment Source: Private Pay, Long Term Care Insurance, Veterans Benefits
Pets Allowed: Yes, evaluated on a case by case basis
Updated: January 2015

Story Point is a senior life connection company that elevates the quality of life for resident, family, and community. Independent Living, Enhanced Living, Assisted Living and Memory Care apartments will be available to residents. Various apartments will offer fireplaces, a balcony, and washer/dryer. Residents will be able to socialize in unique, food centered common areas such as The Pub, The Bistro as well as their community dining area.

Basic Services will include: Shuttle Bus Services, all utilities and basic cable, bi-weekly housekeeping and weekly linen services, business center and library, media room, therapy and fitness rooms. ATM/Banking options will be available for residents and guests on campus. Safety and Security system installed throughout the community along with emergency call system offered to each resident.

Story Point Monthly Rate will range from $2,500 - $5,800 based on size of the apartment and level of care needs. *Pre-Leasing available for 2015.*

**StoryPoint scheduled to open November 2015**
INDEPENDENT LIVING AND ASSISTED LIVING

Silver Maples Retirement Neighborhood

100 Silver Maples Dr., Chelsea, 48118

Phone: (734) 475-4111
Fax: (734) 475-4112
Website: www.silvermaples.org
Contact: Christina Kim, Director of Marketing
Eligibility: 62 and older
Respite Care: Available

Adult Day Care: Monday / Wednesday / Friday
9 a.m.-4 p.m. ($14/hr. or $104/day)

Capacity:
77 Independent Living Apartments
17 Independent Living Villas
58 Assisted Living Apartments

License: Home for the Aged
Payment Source: Private pay
Pets Allowed: Small-medium in size with one-time, $750 refundable deposit
Updated: January 2015

Silver Maples Retirement Neighborhood – Founded in 1997, Silver Maples Retirement Neighborhood is a well-designed, comfortably sized and carefully planned community that offers independent residential styling living and licensed assisted living accommodations and is quite simply a feel good place. From the moment you walk in the front door you can see, feel, hear and touch the warmth and friendship. It’s a place where residents and staff experience life together and create the essence of Silver Maples. Getting older is not about fighting time, but embracing it….it’s a lifestyle choice. This attitude, embracing life to age well, is the essence of Silver Maples’ mission, one that supports and encourages residents to stay creative, connected and engaged with friends, family and the greater community. Silver Maples is nestled in serene woods on 17.5 acres with a variety of wildlife, yet it’s just minutes from Chelsea’s quaint downtown area. It’s also conveniently located next to Chelsea Community Hospital, the Chelsea Wellness Center and an array of retail establishments. Silver Maples is a locally owned not-for-profit tax exempt corporation that is jointly sponsored by the Chelsea-Area Wellness Foundation and United Methodist Retirement Communities, Inc.

Independent Villas:
There are 17 detached villas offering 3 different floor plans with 1 1/2 or 2 car garages. Homes include spacious kitchens with appliances, washer & dryer. Amenities include all utilities (except phone and cable), meal plans, maintenance, and array of multi-faceted and dynamic event and activity programs with an emphasis on overall wellness. Residents are provided a FREE Wellness Center membership at the Chelsea Wellness Center. Pets are welcome.
Monthly Fees:

<table>
<thead>
<tr>
<th>Villa Name</th>
<th>Size (sq. ft.)</th>
<th>Monthly Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maplewood</td>
<td>1,700</td>
<td>$2,635</td>
</tr>
<tr>
<td>Wildwood</td>
<td>1,820</td>
<td>$2,865</td>
</tr>
<tr>
<td>Rosewood</td>
<td>2,000</td>
<td>$3,170</td>
</tr>
</tbody>
</table>

Other fees:
- Entrance fee: $129,400-$353,600 based on villa size and contract chosen. Contracts include either a 90%, 50%, or Zero refundable option.
- 2nd person monthly fee is $610

Villa residents have priority access to independent living apartments in The Maples or assisted living in The Meadows and have the benefit of a $400/month deduction from the applicable Meadows’ monthly service fee for up to 3 years. Also offer a continuum of care on a priority basis for Skilled Nursing and Memory Care through one of our Sponsors.

**Independent Apartments (The Maples):**
Our independent options offer 77 apartments. Homes include spacious kitchens with appliances, washer & dryer. Amenities include all utilities (except phone and cable), meal plans, maintenance, housekeeping, free local transportation, pendant-style in-house call system, and an array of multi-faceted and dynamic event and activity programs with an emphasis on overall wellness. Residents are provided a FREE Wellness Center membership. Pets are welcome.

**Monthly Fees**

<table>
<thead>
<tr>
<th>Bedroom Type</th>
<th>Size (sq. ft.)</th>
<th>Monthly Fee Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-bedroom</td>
<td>550-600</td>
<td>$2,335 - $2,525</td>
</tr>
<tr>
<td>2-bedroom</td>
<td>980-1,315</td>
<td>$2,880 - $3,635</td>
</tr>
</tbody>
</table>

Other fees:
- Entrance fee: $51,900-$242,200 based on apartment size and contract chosen. Contracts include either a 90%, 50%, or Zero refundable option.
- 2nd person monthly fee is $720.
- Covered parking available for $35 per month.

Maples residents have priority access to assisted living in the Meadows and have the benefit of a $400/month deduction from the applicable Meadows’ monthly service fee for up to 3 years. Also offer a continuum of care on a priority basis for Skilled Nursing and Memory Care through one of our Sponsors.

**Assisted Living Apartments (The Meadows):**
The Meadows apartments are a perfect living option for those who find independent living to be a challenge, but are not in need of 24-hour nursing care. Apartments are all private, offering studio, one and two bedroom floor plans that include kitchenettes with refrigerator, freezer and microwave.
Services Include: Four levels of personal assistance including medication management, bathing, dressing, grooming, verbal cueing, etc. Amenities include all utilities (except phone and cable), 3 meals per day, maintenance, weekly housekeeping, and laundry, free local transportation, pendant-style in-house call system, and an array of multi-faceted and dynamic event and activity programs with an emphasis on overall wellness. Pets are welcome. Also offer a continuum of care on a priority basis for Skilled Nursing and Memory Care through one of our Sponsors.
Monthly Cost Ranges: $4,565 - $7,660 depending on apartment size and personal assistance needs.

Other fees: Deposit equal to one month’s service fee. This is refundable upon leaving the community. 2nd person monthly fee is $1,540. Covered parking available for $35 per month.

Respite Services (short term stays ranging from 1 week to several months): A short-term stay in a beautifully furnished private apartment that provides relief by extending the same high quality assistance and services enjoyed by our permanent residents, but on a short-term basis. Allowing you to recover from a brief illness or allowing caregiver’s temporary or occasional relief. Apartments are furnished and include phone, cable, and kitchenettes with refrigerator, freezer and microwave.

Services include: Four levels of personal assistance including medication management, bathing, dressing, grooming, verbal cueing, etc. Amenities include all utilities (except phone and cable), 3 meals per day, maintenance, housekeeping, laundry, free local transportation, pendant-style in-house call system, and array of multi-faceted and dynamic event and activity programs with an emphasis on overall wellness.

Monthly Cost Range: $195 - $270/day depending on personal assistance needs.

The Maples Club (Adult Day Program): Our day program provides a variety of dynamic activities that involve art, music, lectures, recreation and exercise. Activities are designed for members looking for more social and intellectual opportunities, as well as those with memory loss. The Maples Club is fully integrated with our on-going activities, so there’s always something to do. Our goal is to provide a welcoming and interesting place for our club members to visit and enjoy their day.

Hours: Monday / Wednesday / Friday 9am-4pm
Cost: $14/hr., $104/day (based on 8 hr. day)

Sanctuary at St. Joseph’s Village

5341 McAuley Drive, Ypsilanti 48197
Phone: (734) 712-1600
Fax: (734) 712-1601
Website: SanctuaryatStJosephsVillage.org
Contact: Jaci Schacht, Community Sales Consultant
Eligibility: 55 and older
Respite Care: Please inquire for rates
Capacity: 66 Independent Living apartments and 28 Assisted Living apartments
License: Adult Foster Care
Payment Source: Private pay, long term care insurance and veteran aid and attendance
Pets Allowed: Small pets
Updated: January 2015
What is Sanctuary?
Sanctuary represents our distinct approach to senior care. Creating loving homes where residents enjoy self-directed, purposeful, invigorating lives. Sanctuary at St. Joseph's Village is a place where residents set their own schedules and make their own decisions, know that our staff is ready to help if needed. Hospitality is a mantra for us – we meet resident's needs before a request is made. Senior communities are common, but the real difference lies in our Sanctuary culture. For our residents and caregivers alike, we understand that every life is sacred. Sanctuary at St. Joseph’s Village is a non-profit retirement community located on the campus of St. Joseph Mercy Ann Arbor, and is affiliated with the hospital and Trinity Senior Living Communities.

Amenities and Attractions
Attractions- two spacious dining rooms with restaurant style dining, healthy choice options in our bistro, sundry for resident conveniences, large activity room, salon services, luxurious spa, community chapel, resident run library with computer lounge, exercise room, sun room with aviary.
Amenities - weekly housekeeping, weekly flat linen, all utilities, satellite TV, WiFi; 24-hour emergency alert system, daily continental breakfast, 1 or 3 hot meals per day depending on apartment style, complimentary scheduled van service, monthly podiatrist on site, daily, weekly and monthly activities and outings, 24-hour staffing and endless hospitality.

Independent Living
Independent living is for those who want to enjoy life to the fullest. Residents choose independent living for many different reasons including: those tired of the upkeep of a home and those who want more socialization with other seniors. Independent living apartments have a full kitchen, air conditioning, spacious bathrooms and patios on the ground floor. Rent includes 1 meal per day in our dining room and continental breakfast. Additional meals can be added at a nominal cost. Apartments range from $2,746-$4,222 per month and a second person fee of $650.

Healthy Living
Healthy living is for those who need additional support services but aren't quite ready for assisted living. Healthy living apartments have a kitchenette that includes a sink, stove and refrigerator/freezer, air conditioning and spacious bathrooms. Rent includes 3 meals per day in our dining room. Additional support services are charged on an a la carte basis and include, but are not limited to: medication reminders, minimum or maximum shower assistance, trash removal, bed making, washing dishes, personal laundry, wake up or turn down services, wheelchair or walking escorts, glucometer checks, dressing changes, wellness checks, blood pressure, weight check, assistance with ted hose, incontinence clean-up, on campus escorts. Apartments range from $2,517-$3,869 per month and a second person fee of $650

Assisted Living
Assisted living is the perfect option for those who find independent living too challenging. Services are scheduled on a regular or intermittent basis depending on individual needs. Prior to move in, our nurse will do an assessment to determine the resident's needs. Based on this assessment, the resident will fall into one of four levels of services ranging from $450-$1,200/month in addition to rent. The care plan is
individualized and can include services such as: assistance with activities of daily living, hygiene, dressing, bathing, incontinence care, laundry, bed making, medication management and transportation around community. All assisted living apartments have a kitchenette that includes a sink, stove and refrigerator/freezer, air conditioning and spacious bathrooms. Rent includes 3 meals per day in our dining room. Apartments range from $2,527-$5,242 per month and a second person fee of $750

**Respite**
Respite is a short-term stay in which offers the opportunity to try it out or to provide temporary relieve to those who are caring for family members. Our private respite apartments are furnished and include a bed with linens, nightstand, couch and TV. Bathroom toiletries and towels. We also include three hot meals in our dining room. Please inquire for respite fee rates.
INDEPENDENT LIVING

Lurie Terrace

600 W. Huron Ann Arbor, MI 48103

Telephone: (734) 665-0695
Fax: (734) 665-1580
Contact: Sue Buday, Director / Bill Camp, Leasing
Website: www.lurieterrace.org
Email: director@lurieterrace.org
Lease terms: 1 year lease and then month-to-month
Update: January 2015

Lurie Terrace - 132 apartments, 8 story tower with dining room upstairs. Rent is $552-1284/month (includes all utilities except phone and cable). Eligibility is for those 62 and older. 15 dinners per month are included with rent as well.

Parkview Building (adjacent to Lurie Terrace)
(4) one-bedroom units with tiled, walk-in showers. Rent is $707-760/month (includes all utilities except phone). Eligibility is for those 62 and older.

University Commons: A Condo Community

817 Asa Gray Drive, Ann Arbor, MI 48105

Phone: (734) 332-1221
Fax: (734) 332-1222
Website:: www.universitycommons.org
Contact: Margaret Stephenson, Community Director
Eligibility: Purchaser of unit must be 55 years of age or older, or degreed alumni of another accredited 4-year college or university.
Capacity: 92 units- 1st floor plans: 1,000 to 3,000 sq. ft.
Payment Source: Private only
Pets Allowed: Yes
Updated: January 2015

A dining and recital hall, full commercial-style kitchen, outdoor patio and walking trails, fully equipped fitness center, library, workshop and crafts room, and seminar rooms are available to residents. Community Director facilitates and coordinates concerts, lectures, seminars, and events.
Woodbury Gardens Apartments and Townhomes

1245 Astor, Ann Arbor, MI 48104  
Phone: (734) 663-7633  
Fax: (734) 663-8700  
Website: www.woodburygardens.com  
Contact: Jenny Hill  
Eligibility: All ages  
Payment Source: Private only  
Pets Allowed: Yes, with restrictions.  
Updated: January 2015

Apartments: 1 BR apt (860 sq. ft.) is $1,050-1,220/month. 2 BR apt (960 sq. ft.) is $1,224-1,425/month.

Townhomes: A 2 BR townhome is $1,699-1,825/month and a 3 BR townhome is $1,725-2,000, each have a private entrance, patio, and a full carpeted basement. There is a free continental breakfast every weekday. There is access to optional concierge services available such as housekeeping, dry cleaning pickup and delivery. Other amenities include pool, common room, business center, health club, garden club and van transportation to downtown Ann Arbor. All new windows & furnaces installed in 2014. The business center has computers & printers. The Clubhouse and Fitness Center has been renovated as of this year.
Atria Ann Arbor

1901 Plymouth Road, Ann Arbor 48105
Phone: (734) 741-9500
Fax: (734) 741-9800
Website: www.atriaseniorliving.com
Contact: Jody Thompson, Executive Director
Eligibility: 60 and older (some exceptions)
Capacity: 72 units with a total of 89 beds
License: Home for the Aged
Payment Source: Private Pay, Veteran Benefits, Long Term Care Insurance
Pets Allowed: Community and personal pets
Updated: January 2015

Atria Ann Arbor offers one, two, three room suites and companion living with a private bathroom and kitchenette with a refrigerator. Tours are available upon request. Weekend and evening appointments are available. Walk-ins are welcome.

Assisted Living offers 3 meals a day and snacks are available 24 hours a day, reminders and supervision with activities of daily living, weekly housekeeping, trash removal, laundry service, activities and transportation plus a wellness plan and an onsite care staff 24 hours a day. Nurse is on staff 24 hours a day. A Healthy Living Program offers rehabilitative services and exercises to maintain good health.

Enhanced Assisted Living includes all assisted living service plus additional services for more extensive care needs.

Life Guidance Neighborhood (memory care) serves residents with memory related needs. Services include all Assisted Living services with specially trained staff to work closely with these residents in a safe and secure neighborhood.

Rates and Fees:
- Assisted Living starting at $3,555 a month
- Life Guidance Care (memory care) starting at $5,105 a month (includes Level 1 care)
- Additional fees for higher levels of care starting at $350 a month
- Medication Care starting at $350 a month

* Respite stays available - $125 per day in addition to care level and medication management, if needed.
Brookdale Place of Ann Arbor

2190 Ann Arbor-Saline Road Ann Arbor 48103

Phone: (734) 327-1350
Fax: (734) 327-1351
Website: www.Brookdale.com
Contact: Joe Trackwell, Sales & Marketing Manager

Eligibility: 60 years old and older
Capacity: 82 residents
License: Home for the Aged
Payment Source: Private pay, long term care insurance, and veteran benefits
Pets Allowed: Community pets/Individual pets welcome
Updated: January 2015

Brookdale Place of Ann Arbor offers one or two room suites, with a private bathroom and shower and small refrigerator in the kitchenette.

**Personalized Assisted Living and Clare Bridge Program** offers 3 meals a day and snacks are available 24 hours a day, reminders and supervision with activities of daily living, weekly housekeeping, trash removal, laundry service, social activities, scheduled transportation and monthly health monitoring and two shower per week. Personal Care Monthly Charges are level of need.

**Personalized Assisted Living** includes all assisted living service plus additional services for more extensive care needs. An incontinence program and medication program and low vision program are available for an additional fee.

**Clare Bridge Program** serves residents with memory loss. Services include all Assisted Living and Living Plus services with specially trained staff to work closely with residents. An incontinence program is available for an additional fee. Medication program is included.

**Monthly Fee Ranges for One Person** (Telephones- Local, Long Distance and out of country are included in Basic fee)

**Basic Room & Board Fees for Brookdale Place of Ann Arbor:**

<table>
<thead>
<tr>
<th>Private rooms</th>
<th>Beginning at $3,535</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other Fees:</td>
<td>- One-time Community Fee <strong>equal to one monthly rent</strong> charged when the residential agreement is signed</td>
</tr>
<tr>
<td></td>
<td>- Cable basic package</td>
</tr>
</tbody>
</table>
Linden Square Assisted Living Center is managed by Heritage Property +Management, a Michigan based company and is designed for older adults, age 60 years and older, who require assistance with activities of daily living.

In a home-like environment residents are treated with dignity and respect and are encouraged to attain and maintain maximum independence. A pleasant physical environment is offered with an abundance of planned and spontaneous activities enabling residents to pursue their interests.

Assistance with personal care, which includes activities of daily living and medication management, is offered to individuals without, or with, low to moderate level of dementia.

For those with more advanced Alzheimer’s or other dementias, The Terrace offers specialized memory care. Please request our dementia housing book for more details.

Special Features:
The monthly base rate of care is $3,900. A Personal Needs Assessment determines higher levels of care. Each increase in level of care adds $300 additional to the monthly fee.

Our base rate (level 1) includes the following:

- Various studio, one bedroom and two bedroom style apartments with private bath including shower in the General Assisted Living Neighborhood
- Utilities – except telephone
- Basic cable television (upgrades service are at an additional charge)
- 3 home cooked meals each day served in our dining room
- Snacks and assorted beverages throughout the day
- Weekly housekeeping service and weekly personal laundry service
- Weekly bed linen change and bi-weekly bath linen change
- Administration of most medications at standard times
- Full life enrichment program, including specialized programs for our residents with Alzheimer's disease and dementia.
ASSISTED LIVING AND NURSING HOME CARE

Superior Woods Health Care Center, Assisted Living & Adult Day Program

8380 Geddes Road, Ypsilanti, MI 48198
Phone: (734) 547-7605
Fax: (734) 547-7779
Contact: Jennifer Delano, Assisted Living Director
Eligibility: 60 years or older
Respite Care: Available
Capacity: 26 assisted living rooms
License: Home for the Aged
Payment Source: Private pay, some long term Insurance and veteran benefits
Pets Allowed: Individual pets, if owner maintains care
Updated: January 2015

Additional Service Evaluation determines the need for physical assistance for the following areas: showering, dressing, toileting, bowel and/or bladder incontinence (including supplies), transferring, walking and wheelchair propelling, eating or behavior intervention requiring close observation and redirection.

Level I: $4,330.50 per month. A private room with full bath and shower is available. Basic service includes three meals per day, assistance with Activities of Daily Living (ADLs), including verbal cueing, reminders, and observing. ADLs include showering, dressing, toileting, transferring, ambulating, and eating. Physical assistance is offered in two areas as well as daily spot cleaning, daily housekeeping, linen and personal laundry service twice a week or as needed. Request an Amenities Sheet for more information.

Level II: $5,190 per month. Includes Level I amenities and services and offers physical assistance in 3-4 areas.

Level III: $5,637 per month: Includes Level II amenities and services and offers physical assistance in more than five areas.

Other Services Available:

Respite Stay: $163 per day.

Nursing Care: 94 bed skilled nursing care facility, Medicare and Medicaid certified. The cost of a semi-private room is $277 per day. For more information call (734) 547-7604.

Outpatient Rehabilitation Clinic: Skilled rehabilitation department offers physical and occupational therapy on an outpatient basis. For more information call (734) 547-7604.
American House Senior Living Residence

3470 Carpenter Road, Ypsilanti 48197

**Phone:** (734) 677-0071  
Fax: (734) 677-0113  
Website: www.americanhouse.com  
Contact: Debbie Adams, Manager  
Eligibility: 55 and older  
Respite Care: Based on availability  
Capacity: 102 apartments  
License: None  
Payment Source: Private pay, My Choice (Medicaid Waiver), if eligible & veteran benefits  
Pets Allowed: Small pets ($250 one-time fee)  
Updated: January 2015

**American House** offers independent living with onsite services for personal care. Efficiencies, 1, and 2 bedroom apartments are available. There are 5 handicap-equipped units. American House also offers respite apartments, shared apartments, and home health care in the community 24-hours per day. American House is also located on a bus route and in the service area of an Ann Arbor cab company.

Room and board includes: daily housekeeping, maid service, and weekly housekeeping service; continental breakfast, dinner at noon and supper; complimentary van service; activity programs; 24-hour staffing; and all utilities (except phone and cable).

**Monthly Apartment Rent:**

<table>
<thead>
<tr>
<th>Type</th>
<th>Rent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Efficiencies</td>
<td>$2,275</td>
</tr>
<tr>
<td>One Bedroom</td>
<td>$2,600</td>
</tr>
<tr>
<td>Two Bedroom</td>
<td>$2,850</td>
</tr>
<tr>
<td>2nd person fee</td>
<td>$400</td>
</tr>
<tr>
<td>Shared Living (based on availability)</td>
<td>$1,625</td>
</tr>
</tbody>
</table>

*A $500 refundable security deposit is required up front. Lease is month-to-month; resident must give a 30 day notice upon leave.

**Supportive Living Services**

American House offers a physician onsite one day per week, as well as a podiatrist. There is a Medicare certified physical/occupational therapy room on site, which is available two days per week. "The Medical Team" offers a range of non-medical services, including assistance with activities of daily living such as bathing and dressing as well as AM/PM assistance, incontinence assistance, laundry...
service and customized packages of care to meet resident needs. Call 734-477-9906 for price information.

Brookhaven Manor Retirement Community

401 West Oakbrook Dr. Ann Arbor, 48103
Phone: (734) 747-8800
Fax: (734) 747-9288
Website: www.fourmidable.com
Contact: Holly Springs-McMurray, Executive Director
        Brandi Tobe, Leasing Agent
Eligibility: 55 and older
Respite Care: Not Available
Capacity: 139 apartments
License: None
Payment Source: Private pay
Pets Allowed: (25 lbs. and below-- $300 pet deposit required)

Updated: January 2015

Brookhaven Manor offers independent living in 1 and 2 bedroom apartments. Apartments have full size kitchens, air-conditioning, private bathrooms, patios or balconies. Washer/dryer is available on each floor.

Monthly rent includes 1 main meal daily (lunch is at an additional cost), weekly housekeeping and linen services, utilities (except telephone and cable), and a 24-hour emergency call system in every apartment. Six barrier free units for handicap accessibility are available.

Scheduled van transportation, a fitness and activity program, and laundry facilities are offered as a part of the monthly rate. Brookhaven has a full-time activity director. There is a library, computer lounge, and a great room with a flat screen TV. Carports are available for an additional $20.00 per month.

Personal care assistance is available, for an additional cost, through Innovations Home Care “Share the Care” Program, located on site. Contact Colleen Creyts at (734) 662-1725 for more information.

Cost Per Month:

<table>
<thead>
<tr>
<th>Type of Apartment</th>
<th>Cost Per Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-bedroom, 1 bath</td>
<td>$2,250</td>
</tr>
<tr>
<td>2-bedroom, 1 bath</td>
<td>$3,085 - $3,235 ($410 for an additional person)</td>
</tr>
<tr>
<td>2 bedroom, 2 bath</td>
<td>$3,560 (no cost for a second person; only one unit available with personal laundry facilities)</td>
</tr>
</tbody>
</table>