



# ***Housing Bureau for Seniors***

## **RETIREMENT RESIDENCES**

**2012**

**independent living**

**assisted living care**

**nursing care**

HOUSING BUREAU FOR SENIORS

2401 PLYMOUTH ROAD, SUITE C

ANN ARBOR MI, 48105

TELEPHONE (734) 998-9339

**To talk to the Housing Counselor call 734-998-9346**

<http://www.med.umich.edu/seniors/>

## Retirement Residences and Care Levels

**Retirement Communities** included in this guide offer descriptions of different senior housing and care options that may include one or more of the following living arrangements such as independent living, assisted living care and nursing home care. Additionally, some communities offer adult day care programs as well. The consumer has to look closely at what each community offers and make a choice based upon their care needs, values and preferences, as well as what is affordable.

**Independent living** is for active seniors who want support services and amenities to live more comfortably. The amenities and services for independent living may include “concierge services” for transportation, pet care or other needs, one or more meals in a central dining room, social activities, housekeeping and maintenance. Communities that offer condos or villas as a part of their senior living options may provide for a range of services, amenities and activities that residents can enjoy as a part of “a package” or at an additional cost. In most retirement communities, it is possible to add support and personal care services so residents can remain in their same independent living arrangement. This often begins a transition to assisted living care services.

**Housing with Services** offers independent living with hotel-like services such as housekeeping and meals. On-site and optional personal care services are available at an additional price. These communities are not licensed.

**Assisted Living Care** in Michigan has no single definition. It is a marketing term with no regulatory or statutory significance. Assisted living care residences vary in philosophy, practices, levels of care and have variable costs. Some assisted living facilities also have memory care units for people with varying degrees of memory impairment who need assistance with daily living to around the clock care.

### Licensed Assisted Living

There are two types of assisted living care residences, which are licensed, inspected and regulated by the State of Michigan Department of Human Services. State licensure means that the facility meets minimal health and safety standards and the state can take enforcement action for failure to maintain these levels of care.

- **Adult Foster Care (AFC)** facilities may be small group homes (1-6), medium size homes (7-12) or large group homes (13-20). AFCs offer 24-hour supervision, room, board and personal care for people who do not need continuous nursing care. AFCs may restrict occupancy to certain health conditions or abilities and may only offer residence to either men or women. After a license is issued, inspections are made every two years to ensure standards continue to be met.
- **Homes for Aged (HFA)** facilities offer room, board, 24-hour supervision and personal care to 21 or more people who are 60 years of age or older. HFAs must have a written resident admission contract, program statement, admission and discharge policy, as well as individual service plan for each resident. At the time of admission, the home must document the needs of each individual seeking admission. This is the basis for developing the resident’s service plan. A home should only accept individuals when able to provide adequate and appropriate care. HFAs are inspected annually to determine whether they meet state standards. There is an investigation of all written and oral complaints about resident care and treatment, staffing, sanitation, and other conditions and services.

**AFC and HFA Complaints:** To make a complaint go to the website below for tips.  
[http://www.michigan.gov/documents/miseniors/HomeAgeComlaint\\_194198\\_7.pdf](http://www.michigan.gov/documents/miseniors/HomeAgeComlaint_194198_7.pdf)

If you have access to the Internet, a complaint can be submitted online by going to the DHS website at [www.michigan.gov/dhs](http://www.michigan.gov/dhs) and clicking on Inside DHS in the left hand corner and then once again on the left hand corner, clicking on Doing Business with the DHS, Licensing, and then Complaints in the Contact Us box. You may also file a complaint by calling toll free **1-866-856-0126**.

For information on inspection reports, go to <http://www.michigan.gov/dhs> and go to the box that says Online Lookups.

**What you should expect:**

1) 24-hour supervised care, that is, guidance or assistance with ADLs including:

- Reminding a resident to maintain his or her medication schedule.
- Reminding a resident of important activities.
- Assisting a resident in keeping appointments.
- Being aware of a resident's general whereabouts.
- Supporting a resident's personal and social skills.

2) Service plan — a written statement prepared jointly by the home care operator, resident or the resident's authorized representative that identifies the specific care and maintenance services. This includes appropriate activities for each resident's physical, social, and behavioral needs and well-being and the methods of providing the care and services while taking into account the preferences and competency of the resident.

**Housing and care communities offering independent living, assisted living and nursing home care with special contacts**

**Continuing Care Retirement Community (CCRC)** is housing planned and operated to provide a continuum of accommodations and services for seniors including, but not limited to, independent living, congregate housing, assisted living, and skilled nursing care. A CCRC resident contract often involves either an entry fee or buy-in fee in addition to the monthly service charges, which may change according to the medical services required. Entry fees may be partially or fully refundable. The fee is used as a method of privately financing the development of the project and for the payment for future healthcare. CCRCs are typically licensed by the state. **The Continuing Care Accreditation Commission (CCAC)** is the nation's only accrediting body for continuing care retirement communities (CCRCs) and other types of continuums of care that are referred to as aging services networks. Check out their web site at <http://www.carf.org/>

**Life Care Community is a CCRC** offering an insurance type contract and provides all levels of care with three general types of contracts for provision of skilled nursing care: (A) extensive care, (B) modified care and (C) fee for service. All three contracts guarantee members access to skilled nursing care when needed, but they vary in whether members must pay additional charges when they receive skilled nursing care. For example, contract type C offers a fee-for-service, which means that the higher the care level, the higher the monthly fee. The Life Care Guide web site at <http://www.lifecareguide.com/> offers more information.

## Medical Facility offering Long -Term Care and Skilled Care

**Nursing Homes** are certified by State and Federal government agencies to provide levels of care, ranging from custodial care to skilled nursing care that can only be delivered by trained professionals. Nursing Homes provide:

- *long term care* for patients who have chronic conditions that result in long-term stays. Payment can be private pay or covered by Medicaid.
- *short term stays* for those receiving after care following hospital stays and needing rehabilitation that is covered by Medicare or Medicaid.

Patients receive a room, meals, 24-hour skilled nursing and rehabilitative care, medical services, protective supervision, help with daily living and recreational activities. Many nursing home patients have physical, emotional or mental impairments and keep them from living independently. Nursing homes are one-step below acute hospital care. **Medicaid** pays for both skilled and basic care; **Medicare** pays only for skilled care. There are eligibility requirements for both Medicare and Medicaid. Go to Medicare.gov for more information.

### Payment Options in Retirement Residences

The senior residences included in this guide offer a range of housing and care options at “**market rate rents**”. There is limited government assistance for those who meet eligibility requirements. Medicare does not pay for assisted living care and Medicaid provides very limited opportunity. If you are a wartime veteran, you may check your eligibility for benefits by calling the Washtenaw County Veteran Services at 734-971-2195.

For more information on other payment options, go to the Housing Bureau for Seniors website at <http://www.med.umich.edu/seniors/index.htm> Once there click on Program and Services, again on the left hand click Housing Counseling Program. Then click on Resources and scroll down until you see:

- Long-Term Care Options for Low Income Older Adults
- Paying for Long-Term Care Yourself

## Retirement Residences in Washtenaw County

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- **Independent Living, Assisted Living, Memory Care and Nursing Care** (Pages 7-12)
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\* Provide Adult Day Care Services

## Housing with Services

### **American House Senior Living Residence** 3470 Carpenter Rd Ypsilanti 48197

**Phone:** (734) 677-0071  
**Fax:** (734) 677-0113  
**Website:** www.americanhouse.com  
**Contact:** Debbie Adams, Manager  
**Eligibility:** 55 and older  
**Respite Care:** Based on availability  
**Capacity:** 102 apartments  
**License:** None  
**Payment Source:** Private pay, My Choice (Medicaid Waiver), if eligible & veteran benefits  
**Pets Allowed:** Small pets (\$250 onetime fee)  
**Updated:** January 2012

**American House** offers independent living with onsite services for personal care. Efficiencies, 1, and 2 bedroom apartments are available. There are 5 handicap-equipped units. American House also offers respite apartments, shared apartments, and home health care in the community 24-hours per day. American House is also located on bus route and in the service area of an Ann Arbor cab company.

Room and board includes: daily housekeeping, maid service, and weekly housekeeping service; continental breakfast, dinner at noon and supper; complimentary van service; activity programs; 24-hour staffing; and all utilities (except phone and cable).

#### **Monthly Apartment Rent:**

Efficiencies	\$1,950
One Bedroom	\$2,200
Two bedroom	\$2,450
2 <sup>nd</sup> person fee	\$400
Shared Living (based on availability)	\$1,450

\*A \$500 nonrefundable deposit is required up front. Lease is month-to-month.

#### **Supportive Living Services**

American House offers a physician onsite one day per week, as well as a podiatrist. There is a Medicare certified physical/occupational therapy room on site, which is available two days per week.

Patient Support Home Care Services offers a range of non-medical services, including assistance with activities of daily living such as bathing and dressing as well as AM/PM assistance, incontinence assistance, laundry service and customized packages of care to meet resident needs. Call 734-477-9906 for price information.

**Brookhaven Manor Retirement Community** 401 West Oakbrook Dr. Ann Arbor, 48103

**Phone:** (734) 747-8800  
**Fax:** (734) 747-9288  
**Website:** [www.fourmidable.com](http://www.fourmidable.com)  
**Contact:** Elaine Davidge, Residential Manager  
Judith Keene-Ashcraft, Leasing Agent  
**Eligibility:** 55 and older  
**Respite Care:** Not Available  
**Capacity:** 139 apartments  
**License:** None  
**Payment Source:** Private pay, veteran benefits  
**Pets Allowed:** (25 lbs. and below-- \$300 pet deposit required)  
**Updated:** January 2012

**Brookhaven Manor** offers independent living in 1 and 2 bedroom apartments. Apartments have full size kitchens, air-conditioning, private bathrooms, patios or balconies. Washer/dryer is available on each floor.

Monthly rent includes 1 main meal daily (lunch is at an additional cost), weekly housekeeping and linen services, utilities (except telephone and cable), and a 24-hour emergency call system in every apartment. Six barrier free units for handicap accessibility are available.

Scheduled van transportation, a fitness and activity program, and laundry facilities are offered as a part of the monthly rate. Brookhaven has full-time activity director. There is a library, computer lounge, and a great room with a flat screen TV. Carports are available for an additional \$20.00 per month.

Personal care assistance is available, for an additional cost, through Innovations Home Care "Share the Care" Program, located on site. Contact Colleen Creyts at (734) 662-1725 for more information.

**Cost Per Month:**

1 Bedroom	\$2,000-\$2,100
2 bedroom, 1 bath	\$2,935-\$3,035 (\$410 for an additional person)
2 bedroom, 2 bath, with	\$3,560 (no cost for a second person, only one unit available with personal laundry facilities )

**Communities offering  
Independent Living, Assisted Living Care, Memory and Nursing Care**

**Brecon Village Retirement Community – Evangelical Homes of Michigan**

200 Brecon Drive Saline, MI 48176

**Phone:** (734) 429-1155  
**Fax:** (734) 944-2235  
**Website:** [www.emhchoices.org](http://www.emhchoices.org)  
**Contact:** Sula Jeffers, Director of Marketing  
Bernita Lee, Marketing Coordinator  
**Eligibility:** 55 and older for condominiums, 60 and older for apartments  
**Capacity:** 36 independently owned condominiums, 32 assisted living apartments,  
and 76 independent living apartments (Rates below)

**Adult Day Care:** Available 7 days per week, Two hour minimum at \$16.75 an hour,  
overnight respite available

**Payment Source:** Independent Living — Private pay  
Assisted Living - Private pay and veteran benefits (Rates below)

**Pets Allowed:** Small dogs and cats (onetime non-refundable fee of \$300)

**Updated:** January 2012

**Brecon Village Retirement Community** is in the Evangelical Homes of Michigan services family. Brecon Village is a continuing care retirement campus made up of a community of condominiums, independent, assisted living private apartments, memory support center and library and resource center. The Brecon Village campus offers a variety of lifestyle options plus a full spectrum of activities and services. Residents have priority access to Evangelical Homes of Michigan's full continuum of care (Including assisted living and skilled nursing).

**Condominiums:** All 2 and 3 bedroom condominiums have eat-in-kitchens with appliances, laundry rooms and attached garages. All community buildings and activities are available to condominium residents. Daily continental breakfast is available as is a 24 hour emergency response system. Inquire for Purchase Prices.

**Independent Living Apartments:** Have a full kitchen, washer/dryer (in 2 bedrooms only), air conditioning, and private bath equipped with safety features. Services include continental breakfast and 1 additional meal daily, biweekly housekeeping and linen service, a variety of activities, scheduled transportation, access to services in the wellness center (including massage and personal training), and 24 hour emergency assistance.

**Cost per month:** \$2,310 studio, \$2,990 1-bedroom, \$3,280 1-bedroom deluxe, \$3,750 2-bedroom, \$3,950 2-bedroom deluxe (\$500 additional for 2nd occupant)

**Assisted Living Apartments:** Have a kitchenette, air conditioning, and private bathroom. Services include breakfast and 1 additional meal daily, (an enhanced dining package is an additional \$125/month), weekly housekeeping and linen services, personal laundry service, activities, scheduled transportation, access to health services at the wellness center, an extensive wellness program, a variety of activities and 24-hour assistance. Base rate includes 45 minutes of care per day.

**Cost per month:** \$3,990 studio, \$4,800 1-bedroom, \$4,975 1-bedroom deluxe (\$800 additional for 2nd occupant)

**Other Services: Care Management, Medicare-Certified Home Care & Private Duty Home Health**

Shared Care Services – Evangelical Homes of Michigan Private Duty Home Health Care  
Phone: (734) 222-4000 Fax: (734) 222-4004

**Chelsea Retirement Community 805 West Middle St Chelsea 48118**

**Phone:** (734) 433-1000 ext. 7324  
**Fax:** (734) 475-4421  
**Website:** [www.chelsearetirementcommunity.com](http://www.chelsearetirementcommunity.com)  
**Contact:** Stacey Olson, Marketing Coordinator  
**Eligibility:** 62 and older  
**Respite Care:** Available  
**Capacity:** Accommodates 365 residents  
**License/Certification:** Accredited Continuing Care Retirement Community Home for Aged licensing for Assisted Living, Skilled Nursing Facility with Medicare and Medicaid Certification  
**Payment Source:** Independent Living private pay only  
Assisted Living may include private pay, long term care insurance and veteran benefits  
**Pets Allowed:** Cats and small dogs in Garden Apt; cats in Dancey  
**Updated:** January 2012

**Chelsea Retirement Community** was established in 1906 is owned and managed by the non-profit United Methodist Retirement Communities, Inc. It provides a full range of living options: Independent Living, Assisted Living, Special Memory Care, Nursing Care and a skilled Medicare short-term rehabilitation unit. If interested, please call to request an application and schedule a visit.

**INDEPENDENT LIVING:**

**Cottages:** There are 4 cottages, with two floor plans - 2 bedroom/2 bath and 2 bedroom +den/2bath. The rate includes 1 meal daily and weekly housekeeping, as well as maintenance, utilities, activities and access to all CRC amenities.

**Garden Apartments:** There are 22 apartments with a variety of styles. Residents are a part of a continuum of fellowship, which includes activities and meals. Rate includes silver meal plan and weekly housekeeping plus maintenance, utilities, activities and access to all CRC amenities. **Cost per month: \$1,014 - \$4,101 (\$512 per month for second occupant).**

**Dancey House Apartments:** 92 apartments (90 apartments and 2 studio apartments). The rate includes silver meal plan and weekly housekeeping, as well as maintenance, utilities, activities and access to all CRC amenities. **Cost per month: \$2090 - \$3571 (\$512 per month for second occupant).**

Campus Care Program assists residents with activities of daily living (ADLs) (e.g. bathing, dressing) & medication management. Hourly rate begins at \$21.50.

**24-Hour ASSISTED LIVING: Glazier Hall:**

The rate includes 3 meals daily in dining area of choice, nurse call system, health care assessments, activities, room checks, administering of medications, weekly personal laundry & housekeeping, linens, utilities & maintenance. **Daily rate: \$166-\$209**

**24-HOUR CARE: Skilled Nursing ( Kresge Health Care Center)**

Rehabilitation after hospitalization. Discharge planning is provided.

Private Room \$271/ day - \$322 / day                      Semi Private Room \$244 / day

## **Chelsea Retirement Community continued**

**Special Care Unit for Memory Loss (Towsley Village)** 102-bed unit designed to accommodate all stages of Alzheimer's disease or other dementia disorders. Rate includes cueing, activities, 3 meals per daily, snacks, administering medications, linens, housekeeping & laundry, assistance with ADLs and 24-hour care. **Cost per day: \$199 - \$243**

### **Independent Living — The Cedars of Dexter**

The Cedars of Dexter, a UMRC Senior Living Community, is located at 411 Cedars Lane in Dexter, Michigan. The campus features 60 cottages for those 60 years and over. Amenities include modern craftsman style architecture, spacious open floor plans with high ceilings and covered porches, patios and "four –season" sunrooms. The Cedars offers maintained landscaped yards, a versatile clubhouse with fine and casual dining, life learning studio, paved walking paths, and spacious spa area including fitness center, saunas, pool and hot tub.

For more information about The Cedars of Dexter call Kate Collins at (734) 433-1210), or stop by the information center open from 9-5 p.m. Monday –Friday. The web site is at [www.cedarsofdexter.com](http://www.cedarsofdexter.com)

**Gilbert Residence** 203 South Huron, Ypsilanti 48197  
**Phone:** (734) 482-9498  
**Fax:** (734) 482-1848  
**Website:** <http://www.gilbertresidence.com/>  
**Contact:** Wilma Rossbach, Admissions Director

**E-mail:** [wilmar@gilbertresidence.com](mailto:wilmar@gilbertresidence.com)  
**Eligibility:** 60 and older  
**Respite Care:** None  
**Capacity:** 40 in Home for Aged/32 bed LTC Nursing  
**License:** Home for the Aged licensing for Assisted Living and Medicaid Certified LTC Nursing Home  
**Payment Source:** Supportive Living — Private pay only  
 Assisted living may include private pay, long-term care insurance & veteran benefits.  
 LTC Nursing Home may include private pay, Medicaid, long-term care insurance & veteran benefits  
**Pets Allowed:** Community pets  
**Updated:** January 2012

**SUPPORTIVE LIVING (SL) :** For persons who do not require personal care services.

Offered are 3 meals/day and nutritious snacks; 24 hr/day support staffing; emergency call system; activities program; weekly housekeeping/linen services; cable and all utilities (excluding telephone)

A person may request the following additional services: Medication Management = \$250/month; Personal Laundry = \$5 /load; Wireless Call System = \$25/mo.; shower or bath = \$10/each time; extra housekeeping \$5/each time

**ASSISTED LIVING (AL) :** Personal care services needed on a regular or intermittent basis \$1,173/month.

All of the amenities of SL (+) assistance with activities of daily living such as dressing, grooming, hygiene, incontinence management, bathing, medication management, memory care, laundry, bed making, and wireless call system.

**SPECIALIZED DEMENTIA CARE:** (SDC)

All of the amenities of AL plus SDC programming with specially trained staff, higher staffing ratio, and small, secured living.

**RATES AND PAYMENT OPTIONS :**

Option A = Monthly fee, no entrance fee required

Option B = A onetime entrance fee of \$20,000 (\$30,000 for couple) receive a discount of \$620/mo (\$992/mo for couples) as long as he/she resides in the Home for the Aged (Supportive, Assisted Living, Specialized Care)

<b>Single room</b>	<b><u>Option A</u></b>			<b><u>Option B</u></b>		
	<b><u>Supportive</u></b>	<b><u>Assisted</u></b>	<b><u>Specialized</u></b>	<b><u>Supportive</u></b>	<b><u>Assisted</u></b>	<b><u>Specialized</u></b>
Standard	\$2,617	\$3,790	\$4,945	\$1,997	\$3,170	\$4,325
Bay	\$2,758	\$3,931	\$5,086	\$2,138	\$3,311	\$4,466
Court	\$2,793	\$3,966	\$5,120	\$2,173	\$3,346	\$4,500
<b>#49</b>	\$2,868	\$4,041		\$2,248	\$3,421	
<b><u>Double room</u></b>	Couple \$8,904			Couple \$7,912		
One person	\$4,452 (semi)			\$3,632 (semi)		
Two person	\$5,207 couple + \$1,173 AL care each			\$4,215 couple		

**Glacier Hills Retirement Community** 1200 Earhart Road, Ann Arbor 48105

**Phone:** (734) 913-0730  
**Fax:** (734) 769-3092  
**Email:** [jenbar@glacierhills.org](mailto:jenbar@glacierhills.org)  
**Website:** [www.glacierhills.org](http://www.glacierhills.org)  
**Contacts:** Jennifer Bartscht, Marketing Manager  
Julia Wellings, Executive Director, Residential & Home Care Services  
**Eligibility:** 62 and older  
**Respite Care:** Based on Availability  
**Capacity:** The Manor: 70 independent apt., 60 assisted living apt.  
The Meadows: 64 independent apt and 26 villas  
The Care & Rehabilitation Center: 161 skilled nursing beds  
**License:** Home for the Aged  
Skilled Nursing Facility is Medicare and Medicaid Certified  
Registered as a Life-Care Community  
**Payment Source:** Apartments and Villas -Private pay only  
Assisted Living may include private pay, long term care insurance and veteran benefits.  
**Pets Allowed:** Yes-certain restrictions apply  
**Updated:** January 2012

**Glacier Hills** is a Life-Care, continuing care retirement community. Residents pay an entrance fee upon move-in which can be 90% refundable, and are then assured of a place to live for the rest of their lives and care at the Care and Rehabilitation Center at a reduced fee. Residents enter into a Resident Agreement Contract upon entry.

**THE MANOR AT GLACIER HILLS Independent-with support services:**

Life-care fees range from \$38,100-\$260,600 dependent upon size of the apartment. 1-3 meals a day, linen and bi-weekly housekeeping services, utilities, 24 hour emergency call system, in-home safety devices and scheduled van transportation are included in monthly fee, among other services and amenities. Units are equipped for handicapped access. Off-street parking with handicapped access is also available.

Supportive services program means assistance with some personal tasks and care needs on an as-needed basis, as well as daily personal checks.

For an additional fee carports, beauty and barber shop, personal shopping or escort service, use of guestrooms, guest meals, laundry and dry cleaning services are available. The Manor employs a skilled nurse available 24 hours/day with additional nursing services available through the Nursing Center.

Amenities include private dining room, library, gift shop, chapel, Wellness Center and personal storage space. On-site optional services include podiatry, dentistry, and optometry .

**Monthly Service Fees Cost per month:** Studio, 1 and 2 bedroom- Range from \$1,781-\$4,584 (\$625-\$1,125 additional monthly fee for 2<sup>nd</sup> person)

## Glacier Hills Retirement Community continued

**Assisted Living:** Life-care fees range from \$34,800- \$260,600: 3 meals/day, linen and weekly housekeeping services, personal laundry service, utilities, emergency call system, 24-hour nurse and nurse aide staffing, medication management, assistance with activities of daily living, bathing, dressing and incontinence care are included in monthly fee.

**Cost per month:** Studio, and 1 bedroom units-range from \$3,973-\$6,998 (\$3,340 additional monthly fee for 2<sup>nd</sup> person).

### **The Meadows At Glacier Hills:**

The Meadows neighborhood has one and two bedroom apartments for independent living, some with studies. These apartment homes are located in a 3-story building with heated underground parking. Elegant dining rooms, an outdoor dining terrace and a café, activity rooms, fireside lounges and Wellness Center are part of the premises.

Also, as part of The Meadows neighborhood are 26, 2-bedroom villas, some with studies and basements. Each villa has a separate private entrance, 2-car attached garage and beautiful maintenance-free landscaping. Access to all Glacier Hills services and continuum of care is part of residency.

Life-care fees, dependent upon the size of the housing unit selected and 90% refundable upon leaving Glacier Hills range from:

Housing Unit	Cost	Monthly service fees
Villas:	\$346,000-\$481,800	\$2,446-\$3,069
Apartment Homes	\$230,100-\$475,900	\$1,973-\$4,351

Second Person Fee (Apartments): \$625 per month

Second Person Fee (Villas): \$310 per month

### **Care and Rehabilitation Center:**

Multilevel, 24-hour skilled nursing is provided whenever needed, in addition to physical, occupational and speech therapy on site by certified therapists. There also is a sub-acute unit to help bridge the recovery gap between hospital and home. The center is Medicare and Medicaid certified.

**Life-Care Resident Cost Per Day:** Private room from : \$357.75; Semi-Private room from \$279.75

**Non-Life-Care Resident Cost Per Day:** Private room: \$372.75; Semi-Private room- \$294.75

### **OTHER SERVICES: HOME HEALTH CARE**

Glacier Hills Home Care is a full service, Medicare certified and CHAP (Community Health Accreditation Program) accredited home health care agency that provides a comprehensive range of quality care services.

Fee: Medicare, some insurances, private pay.

## COMMUNITIES OFFERING INDEPENDENT LIVING AND ASSISTED LIVING

### **Silver Maples of Chelsea Senior Retirement Community**

100 Silver Maples Dr., Chelsea, 48118

**Phone:** (734) 475-4111  
**Fax:** (734) 475-4112  
**Website:** [www.silvermaples.org](http://www.silvermaples.org)  
**Contact:** Christina Kim,  
Director of Marketing  
**Eligibility:** 62 and older  
**Respite Care:** Available  
**Adult Day Care:** Monday-Friday  
8 a.m.-4 p.m. (\$12.25/hr. or \$92/day)  
**Capacity:** 77 Independent Living Apartments  
17 Independent Living Villas  
58 Assisted Living Apartments  
**License:** Home for the Aged  
**Payment Source:** Private pay  
**Pets Allowed:** Small-medium in size with one-time,  
\$750 refundable deposit  
**Updated:** January 2012

**Silver Maples of Chelsea** – Founded in 1997, Silver Maples of Chelsea is a well-designed, comfortably sized and carefully planned community that offers independent residential styling living and licensed Assisted Living accommodations. The community provides the opportunity for each person to continue building their life on their own terms –growing, aging well and connecting with our community. Silver Maples is nestled in serene woods on 17.5 acres with a variety of wildlife, yet we're just minutes from Chelsea's quaint downtown area. We're also conveniently located next to Chelsea Community Hospital, Chelsea Wellness Center and an array of retail establishments. Silver Maples of Chelsea is a locally owned not-for-profit tax exempt corporation that is jointly sponsored by the Chelsea-Area Wellness Foundation and United Methodist Retirement Communities, Inc.

#### **Independent Apartments (The Maples):**

Our independent options offer 77 apartments. Homes include spacious kitchens with appliances, washer & dryer. Amenities include all utilities (except phone and cable), meal plans, maintenance, housekeeping, free local transportation, pendant-style in-house call system, and an array of multi-faceted and dynamic event and activity programs with an emphasis on overall wellness. Residents are provided a FREE Wellness Center membership. Pets are welcome.

#### Monthly Fees

1-bedroom (550-600 sq. ft.)	\$2,180- \$2,350
2-bedroom (980-1,315 sq. ft.)	\$2,690- \$3,390

#### Other fees:

- Entrance fee: \$49,900-\$232,900 based on apartment size and contract chosen. Contracts include either a 90%, 50% or Zero refundable option.
- Covered parking available for \$35 per month
- 2<sup>nd</sup> person monthly fee is \$700

Maples residents have priority access to assisted living in the Meadows and have the benefit of a \$400/month deduction from the applicable Meadows' monthly service fee for up to 3 years. Also offer a continuum of care on a priority basis for Skilled Nursing and Memory Care through one of our Sponsors.

#### **Independent Villas:**

There are 17 detached villas offering 3 different floor plans with 1 1/2 or 2 car garages. Homes include spacious kitchens with appliances, washer & dryer. Amenities include all utilities (except phone and cable), meal plans, maintenance, and array of multi-faceted and dynamic event and activity programs with an emphasis on overall wellness. Residents are provided a FREE Wellness Center membership at the Chelsea Wellness Center. Pets are welcome.

## Silver Maples of Chelsea continued

### Monthly Fees

Maplewood (1,700 sq. ft.)	\$2,460
Wildwood (1,820 sq. ft.)	\$2,675
Rosewood (2,000 sq. ft.)	\$2,960

### Other fees:

- Entrance fee: \$117,100-\$327,400 based on villa size and contract chosen. Contracts include a 90%, 50% or Zero refundable option.
- 2<sup>nd</sup> person monthly fee is \$595

Villa residents have priority access to independent living apartments in The Maples or assisted living in The Meadows and have the benefit of a \$400/month deduction from the applicable Meadows' monthly service fee for up to 3 years. Also offer a continuum of care on a priority basis for Skilled Nursing and Memory Care through one of our Sponsors.

### Assisted Living Apartments (The Meadows):

The Meadows apartments are a perfect living option for those who find independent living to be a challenge, but are not in need of 24-hour nursing care. Apartments are all private, offering studio, one and two bedroom floor plans that include kitchenettes with refrigerator, freezer and microwave.

**Services Include:** Four levels of personal assistance including medication management, bathing, dressing, grooming, verbal cueing, etc. Amenities include all utilities (except phone and cable), 3 meals per day, maintenance, weekly housekeeping, and laundry, free local transportation, pendant-style in-house call system, and an array of multi-faceted and dynamic event and activity programs with an emphasis on overall wellness. Pets are welcome. Also offer a continuum of care on a priority basis for Skilled Nursing and Memory Care through one of our Sponsors.

**Monthly Cost Ranges:** \$4,265- \$7,150 depending on apartment size and personal assistance needs.

### Other fees:

- Deposit equal to one month's service fee. This is refundable upon leaving the community.
- 2<sup>nd</sup> person monthly fee is \$1,500.
- Covered parking available for \$35 per month

### Respite Services (short term stays ranging from 1 week to several months):

A short-term stay in a beautifully furnished, private apartment. Provides relief by extending the same high quality assistance and services enjoyed by our permanent residents, but on a short-term basis. Allowing you to recover from a brief illness or to allow caregiver's temporary or occasional relief. Apartments are furnished and include phone, cable, and kitchenettes with refrigerator, freezer and microwave.

**Services include:** Four levels of personal assistance including medication management, bathing, dressing, grooming, verbal cueing, etc. Amenities include all utilities (except phone and cable), 3 meals per day, maintenance, housekeeping, laundry, free local transportation, pendant-style in-house call system, and array of multi-faceted and dynamic event and activity programs with an emphasis on overall wellness.

**Monthly Cost Range:** \$178- \$253/day depending on personal assistance needs.

### Maples Club Adult Day Services:

Our day program provides a variety of dynamic activities that involve art, music, lectures, recreation and exercise. Activities are designed for members looking for more social and intellectual opportunities, as well as those with memory loss. The Maples Club is fully integrated with our on-going activities, so there's always something to do. Our goal is to provide a welcoming and interesting place for our club members to visit and enjoy their day.

**Hours: Monday – Friday 8am-4pm**

**Cost: \$12.25/hr., \$92/day (based on 8 hr. day)**

## **The Sanctuary at St. Joseph's Village 5341 McAuley Drive Ypsilanti 48107**

**Phone:** (734) 712-1600  
**Fax:** (734) 712-1601  
**Contact:** Sarah Kassube, Community Sales Consultant  
**Eligibility:** 55 and older  
**Respite Care:** Available  
**Capacity:** 66 independent living apartments and 27 assisted living apartments  
**License:** Adult Foster Care  
**Payment Source:** Private pay, long term care insurance and veteran benefits  
**Pets Allowed:** Small pets in independent and assisted living  
**Updated:** January 2012

**The Village** is a nonprofit retirement community located on the campus of St. Joseph Hospital. The community is affiliated with the hospital. Independent and assisted living apartments are offered with a variety of programs and amenities. Community common areas include a meditation room, a library with internet, as well as wireless internet throughout the building, barber/beauty shop, hydrotherapy spa, exercise and physical therapy and two dining rooms. A wide variety of social programs are available as well as weekly outings. There is a complimentary shuttle service to all appointments on the St. Joe's campus. Each resident is provided with an emergency pendant, which notifies our care staff. Supportive services are available such as medication reminders and light assistance with bathing and dressing.

### **Independent Living Apartments:**

There is a variety of one-and two-bedroom floor plans to choose from. Independent living apartments range from \$2280 for a studio with a kitchenette to \$3,827 for a 2 bedrooms with a full kitchen. All monthly rates include weekly housekeeping, linen service, and all utilities except telephone. Depending upon the selected plan, 1 meal or 3 meals per day will be included. Each resident is provided with an emergency pendant that notifies staff when necessary. Supportive services, such as medication reminders and light assistance with bathing and dressing are available.

#### **Independent unit cost per month for one person:**

1-bedroom (563 sq. ft.)	\$2,482
1-bedroom deluxe (695 sq. ft.)	\$3,187
2-bedroom (770 sq. ft)	\$3,827

2<sup>nd</sup> person fee is an additional \$650 / month

### **Assisted Living Apartments:**

There are efficiency, one and two bedroom floor plans to choose from. Each apartment is equipped with kitchenette including refrigerator and sink. Monthly rates include 3 meals per day, weekly housekeeping and linen service and all utilities except for telephone. Care is provided 24 hours per day and assistance with bathing, dressing, medication, and incontinence are available. Cost of care: \$450-\$1200/month (in addition to monthly rent).

#### **Assisted Living Unit Cost :**

Companion suite (200 sq. ft.)	\$2,250
Efficiency (385 sq. ft.)	\$3,350
1-bedroom (442 sq. ft.)	\$4,070
2-bedroom (580-769 sq. ft)	\$4,320-\$4,670

2<sup>nd</sup> person fee is an additional \$750 / month

**COMMUNITIES OFFERING INDEPENDENT LIVING,  
ASSISTED LIVING AND MEMORY CARE**

**Hillside Terrace Retirement Community** 1939 Jackson Ave Ann Arbor 48103

**Phone:** (734)-761-4451  
**Fax:** (734)-761-7047  
**Contact:** Nanya Litz , Chief Operating Officer  
**Eligibility:** 60 and older  
**Respite Care:** Available (\$175 per day + a non-refundable community fee of \$2000)  
**Capacity:** 74 assisted living apartments and Dementia Community  
**License:** Home for the Aged  
**Payment Source:** Private pay, long-term care insurance & veteran benefits.  
**Pets Allowed:** Yes, 25lbs, or less. \$300 pet fee at move-in, plus an additional \$25 a month  
**Updated:** January 2012

**HILLSIDE TERRACE RETIREMENT COMMUNITY** provides a broad range of care: independent living, assisted living, and, a dementia neighborhood. On-site services include: occupational therapy, physical therapy, speech therapy, vision, podiatry, dentistry and a hair salon. Amenities include: recreational activities, community outings with an accessible van, ecumenical chapel services every Thursday and Sunday, and daily pet visits from Hillside’s House Labrador “Maddie”.

**INDEPENDENT LIVING APARTMENT COMPLEX** – For seniors 55 + who will enjoy a small community within Hillside Terrace that opens to a beautiful landscaped garden and apple orchard. Room & board includes a daily continental breakfast and a choice of lunch or dinner, satellite TV, carports, housekeeping & linens weekly, all utilities except phone or cable TV. Monthly rates range from \$1,750.00 - \$2,950.00 (2<sup>nd</sup> person is \$600). A one year lease is required. Move in rates are:

first & last months rent	\$500 non-refundable community fee
\$1,000 security deposit	

**ASSISTED LIVING APARTMENTS** – offers 3 meals daily, minimal assistance with morning and night care and bathing 1x weekly, weekly housekeeping & laundry, refrigerator, mini blinds, satellite TV & utilities (not phone or cable TV), covered carports, storage bins, and wellness and fitness center. There is a month-to-month agreement. Monthly fees ranges are:

Room & board - 4 studio apartments & one bedroom suites	\$1,994 - \$4,072 (2 <sup>nd</sup> person fee is \$1,295)
Care Level (3 levels) fees	\$695 - \$1,295
Medication administration by licensed nurse (2 levels)	\$395- \$495

Move in fee is:

- Onetime \$2,000 non-refundable community fee

**MEMORY LANE** is designed for those with different types of dementia, Alzheimer’s and Parkinson’s, offering a small living community with 8 apartments and 24/7 individualized care, medication management and other services from licensed nurses. Other services include massage therapy and a life skill program. Monthly fees ranges are:

Room & board - 4 studio apartments	\$4,660 - \$5,449
Care Level (3 levels) fees	\$695 - \$1,295
Medication Administration (2 levels) <sub>16</sub>	\$395- \$495

**University Living** 2865 South Main St., Ann Arbor 48104  
**Phone:** (734) 669-3030  
**Fax:** (734) 665-2819  
**Website:** [www.univliving.com](http://www.univliving.com)  
**Email:** [lindsayk@univliving.com](mailto:lindsayk@univliving.com)  
**Contact:** Lindsay Krzyzaniak, Marketing Director  
**Eligibility:** 60 and older (university affiliation not required)  
**Respite Care:** Subject to room availability.  
**Capacity:** 54 independent and assisted living units, 12 units for memory impaired  
**License:** Home for the Aged  
**Payment Source:** Private pay, long term care insurance and veteran benefits.  
**Pets Allowed:** Evaluated on a case-by-case basis – 25 lbs. and under.  
**Updated:** January 2012

**University Living** offers the opportunity to be part of a community dedicated to life-long learning. Residents have opportunities to participate in many intergenerational learning programs, instructor led fitness and frequent social, cultural and devotional activities, all offered on-site.

All suites have private bathrooms, resident-controlled heating/cooling, a kitchenette with a counter-high refrigerator, sink and space for a microwave, and emergency call system.

**Basic services for all residents include:** daily/weekly housekeeping, weekly linen service, all meals & snacks, trained staff on site 24 hrs. a day, nurse on call 24/7, all utilities including cable TV, fully equipped Fitness Center, Certified Fitness Director on staff, a minimum of 5 exercise classes a week., onsite Beauty/Barber Salon, scheduled shopping and banking trips weekly, frequent community outings, nationally recognized lifelong learning programs taught on site by U of M faculty. Phone/internet services costs not included.

**Monthly Room Rates** range from \$2,957-\$5,985 for studios of various sizes and one-bedroom apartments; these costs include all of the basic services listed above. A 2<sup>nd</sup> person fee is \$750 per month.

**Assisted Living** includes all the above listed services and offers 3 levels of assistance to meet a wide range of individual needs. **Assisted Living Care and Medication Management** rates range from \$900-\$2,000 monthly.

**Respite Care for Assisted Living:** includes all of the listed services, rates are based on length of stay.

**Memory Care** includes all basic services and offers specialized programs designed to meet the needs of residents with memory impairment and individualized care and a non-intrusive security system. Staff participates in dementia-specific training. **Monthly Rates for Room, Care and Services** begin at \$4,700 and higher.

#### **FEES**

## COMMUNITIES OFFERING ASSISTED LIVING AND MEMORY CARE

### **Brookdale Place of Ann Arbor**

2190 Ann Arbor-Saline Road Ann Arbor 48103

**Phone:** (734) 327-1350

**Fax:** (734) 327-1351

**Website:** [www.Brookdaleliving.com](http://www.Brookdaleliving.com)

Contact: Sales & Marketing Manager

Eligibility: 60 years old and older

Capacity: 82 residents

License: Home for the Aged

Payment Source: Private pay, long term care insurance, and veteran benefits

Pets Allowed: Community pets/Individual pets welcome

Updated: January 2012

Brookdale Place of Ann Arbor offers one or two room suites, with a private bathroom and shower and small refrigerator in the kitchenette.

**Personalized Assisted Living and Clare Bridge Program** offers 3 meals a day and snacks are available 24 hours a day, reminders and supervision with activities of daily living, weekly housekeeping, trash removal, laundry service, social activities, scheduled transportation and monthly health monitoring and one shower per week.

**Personalized Assisted Living** includes all assisted living service plus additional services for more extensive care needs. An incontinence program and medication program and low vision program are available for an additional fee.

**Clare Bridge Program** serves residents with memory loss. Services include all Assisted Living and Living Plus services with specially trained staff to work closely with these residents. An incontinence program is available for an additional fee. Medication program is included.

### **Monthly Fee Ranges for One Person**

<b>Basic Room &amp; Board</b>	
Semi-private rooms	Beginning at \$3135
Private rooms	Beginning at \$4075
<b>Personal Care Monthly Charges</b>	Based on level of need
<b>Other Fees</b>	
-cable basic package -One-time Community Fee charged when the residential agreement is signed.	Prices based on Comcast package Equal to one month's room and board rate

Telephones- Local, Long Distance and out of country are included in Basic fee.

**Sunrise Senior Living of Ann Arbor North** 1901 Plymouth Road

Ann Arbor 48105

**Phone:** (734) 741-9500  
**Fax:** (734) 741-9800  
**Website:** [www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)  
**Email:** [annarbornorth.dcr@sunriseseniorliving.com](mailto:annarbornorth.dcr@sunriseseniorliving.com)  
**Contact:** Patricia Stopes, Director of Community Relations  
**Eligibility:** 60 and older (some exceptions)  
**Capacity:** 72 units with a total of 86 beds  
**License:** Home for the Aged  
**Payment Source:** Private Pay, Veteran Benefits, Long Term Care Insurance  
**Pets Allowed:** Community and personal pets  
**Updated:** January 2012

**Sunrise of North Ann Arbor** offers one, two, three room suites and companion living is available with a private bathroom and small kitchenette with a refrigerator. Tours are available upon request. Weekend and evening appointments are available. Walk-ins are welcome.

**Assisted Living** offers 3 meals a day and snacks are available 24 hours a day, reminders and supervision with activities of daily living, weekly housekeeping, trash removal, laundry service, activities and transportation plus a wellness plan and an onsite care staff 24 hours a day. A Healthy Living Program offers rehabilitative services and exercises to maintain good health.

**Assisted Living Plus Program** includes all assisted living service plus additional services for more extensive care needs.

**Reminiscence Neighborhood** serves residents with memory related disorders. Services include all Assisted Living and Living Plus services with specially trained staff to work closely with these residents. (Also includes medication administration.)

**Rates and Fees**

- Assisted Living starting at \$3,000 a day
- Reminiscence Care starting at \$4,800 a month
- Additional fees for higher levels of care starting at \$33 a day
- Medication Care starting at \$12 a day

\* Respite stays available- \$15 per day in addition to care level and medication management if needed

A **onetime Community Fee** for each new resident is typical.

## A COMMUNITY OFFERING ASSISTED LIVING AND NURSING HOME

### **Superior Woods Health Care Center, Assisted Living & Adult Day Program**

8380 Geddes Road Ypsilanti 48198

**Phone:** (734) 547-7605

**Fax:** (734) 547-7779

**Contact:** Jennifer Delano, Assisted Living Director

**Eligibility:** 60 years or older

**Respite Care:** Available

**Capacity:** 26 assisted living rooms

**License:** Home for the Aged

**Payment Source:** Private pay, some long term Insurance and veteran benefits

**Pets Allowed:** Individual pets if owner maintains care

**Updated:** January 2012

Additional Service Evaluation determines the need for **physical assistance** for the following areas: showering, dressing, toileting, bowel and/or bladder incontinence (including supplies), transferring, walking and wheelchair propelling, eating or behavior intervention requiring close observation and redirection.

#### **Level I - \$4,002.50 per month**

A private room with full bath and shower is available. Basic service includes three meals per day, assistance with Activities of Daily Living (ADLs), including verbal cueing, reminders, and observing. ADLs include showering, dressing, toileting, transferring, ambulating, and eating. **Physical assistance is offered in two areas** as well as daily spot cleaning, weekly housekeeping, weekly linen and personal laundry service. Request an Amenities Sheet for more information.

#### **Level II - \$4,798 per month**

Includes Level I amenities and services and offers **physical assistance in 4 areas**.

#### **Level III - \$5,211.50 per month**

Includes Level 11 amenities and services and offers **physical assistance in more than four areas**.

#### **Other Services Available:**

**Respite Stay:** \$150 per day

**Nursing Care:** 94 bed skilled nursing care facility, Medicare and Medicaid certified. The cost of a semi-private room is \$261 per day. For more information call (734) 547-7604).

**Outpatient Rehabilitation Clinic** skilled rehabilitation department offers physical and occupational therapy on an outpatient basis. For more information call (734) 547-7604.

## COMMUNITIES OFFERING INDEPENDENT HOUSING

### University Commons –A Condo Community

Located off Huron Parkway, near Glazier Way  
**Phone:** (734) 332-1221  
**Fax:** (734) 332-1222  
**Website:** [www.universitycommons.org](http://www.universitycommons.org)  
Contact: Community Director  
Eligibility: Purchaser of unit must be 55 years of age or older, and be present or former faculty, staff or degreed alumni of the University of Michigan; or degreed alumni of another accredited 4-year college or university. If a couple, only one person must satisfy the age and degree requirements.  
A unit must be occupied by at least one qualified owner. The second person in the unit must be a qualified occupant. Call 734-332-1221 for explanation or details.

Capacity: 92 units- Floor plans range from 1,000 to over 3,000 square feet.  
Payment Source: Private only  
Pets Allowed: Yes  
Updated: January 2012

There are 17,000 square feet of common facilities for resident learning and interaction, including a dining hall, recital hall, full commercial-style kitchen, indoor café area, fully equipped fitness center, library, workshop and crafts room, and seminar rooms. A full-time Community Director facilitates and coordinates concerts, lectures, seminars, and events.

## COMMUNITIES OFFERING INDEPENDENT HOUSING

### Woodbury Gardens Apartments and Townhouses

Address 1245 Astor Ann Arbor, MI 48104  
**Phone:** (734) 663-7633  
**Fax:** (734) 663-8700  
**Website:** [www.woodburygardens.com](http://www.woodburygardens.com)  
Contact: Jenny Hill  
Eligibility: All ages  
Payment Source: Private only  
Pets Allowed: Yes, with a \$200 non-refundable fee. Monthly fees: Dogs- \$30/month and cats \$15/month  
2 pets per address –Breed restrictions apply.  
Updated: January 2012

One bedroom apartment (760 sq. ft.) is \$919/month and 2 bedrooms (960 sq. ft.) is \$1059/month. A two bedroom townhouse is \$1429 and a three bedroom townhouse is \$1579. All residents have access to optional concierge services available such as housekeeping, dry cleaning pickup and delivery, pet and plant care, coordination of delivery services for medications and groceries. Other amenities include pool, common room, business center, health club, garden club and van transportation to downtown Ann Arbor.