ALZHEIMER’S AND MEMORY CARE
ASSISTED LIVING COMMUNITIES
2018

Memory Loss and Dementia Resources
University of Michigan Memory Loss and Dementia Services at (734) 936-8803
www.med.umich.edu/alzheimers

Michigan Great Lakes Chapter of the Alzheimer’s Association at (734) 369-2716

HOUSING BUREAU FOR SENIORS
2401 PLYMOUTH ROAD, SUITE C
ANN ARBOR, MI 48105

For more information, call 734-998-9346

http://www.med.umich.edu/seniors/

All information is provided by the senior communities. Their rates and services may change without giving notice to the Housing Bureau for Seniors.

The Housing Bureau for Seniors is a community supported program of the University of Michigan Health System
The Memory Support Center at Brecon Village – EHM Senior Solutions

101 Brecon Drive, Saline, MI 48176
Phone: (734) 429-1155
Website: www.ehmchoices.org or www.evangelicalhomes.org
Contacts: Michelle Abbey, abbeym@evangelicalhomes.org
Eligibility: 60 and older
License: Adult Foster Care
Fees: Starting rates - $315/day
Adult Day Care: Available 7 Days Per Week ($17.50/hr.)
Payment Source: Private pay
Updated: April, 2018

The Memory Support Center at Brecon Village is in the EHM Senior Solutions services family. The Memory Support Center at Brecon Village encompasses various levels of services in households – living spaces designed to support the resident and their loved ones through the many stages of memory loss.

Private suites, companion suites, and cottages that offer residents safe and secure living environment utilizing innovative technologies. Services includes 3 daily meals, utilities, weekly housekeeping, personal laundry services, personal care needs, personal care supplies, activities, scheduled transportation, access to fitness center and spa, marketplace café, and 24 hour assistance. The facility also features a library and resources center to provide education, information and support to anyone in the surrounding area. Cost: $315 per day single suite, $504 per day companion suite, $4,933 per month cottage. One time $500 administration fee.

Features of the Memory Support Center include:
Memory Support Center Residence: provides 24-hour care and activities to enhance functional ability and improve quality of life. Residents have private apartment suites with bathing facilities and share common living areas. There is a $500 one-time entrance fee.

Day Program: provides daily recreation, social support and activities for persons with memory loss. In a secure home-like setting, participants will engage in meaningful experiences that promote their self-esteem and dignity. Caregivers will have the comfort of knowing that while away from home their loved one is safe and active. There is a two-hour minimum at $17.50 an hour, and overnight respite is also available.

Library & Resource Center: provides education, information and support to persons with memory loss, their caregivers and families. Materials are available for loan. The resource center will also coordinate support groups, educational programs and seminars.

Cottage Homes: In addition to the assisted living residence, we have several homes designed for individuals who desire to utilize the technologies and connectedness of our resources, but prefer to live in a small cottage setting. Adjacent to the Memory Support Center, the cottages allow the resident to live with a loved one or friend and still receive our non-intrusive security and support. Call for rates.
Brookdale Place of Ann Arbor – Memory Care

2190 Ann Arbor-Saline Road, Ann Arbor, MI 48103
Phone: 877-885-2426
Website: www.brookdale.com
Contact: Jennifer Coleman, Sales Manager
Eligibility: 60 years old and older, unless age waiver
License: Home for the Aged
Capacity: 50 residents
Payment Source: Private Pay, Veterans Benefit, and Long Term Care Insurance
Pets Allowed: Community pets / Individual pets welcome
Updated: August, 2018

Brookdale Place of Ann Arbor offers a secure environment and program for seniors with Alzheimer’s and dementia. Highly trained associates provide dementia care services and individualized activity programming to ensure “daily moments of success.” Services include care assistance, meals and snacks, housekeeping, laundry, medication assistance, safety monitoring, health checks and activity programming. Incontinence supplies are available for an additional fee.

**Monthly Fee Ranges for One Person** (Local, Long Distance and out of country are included in Basic fee)

<table>
<thead>
<tr>
<th>Basic Room &amp; Board Fees</th>
<th>Other Fees:</th>
</tr>
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<tbody>
<tr>
<td>Companion Room</td>
<td>Beginning at $3,895</td>
</tr>
<tr>
<td>Private rooms</td>
<td>Beginning at $5,595</td>
</tr>
<tr>
<td><strong>Other Fees:</strong></td>
<td>One-time Community Fee <strong>equal to one monthly rent</strong> charged when the residential agreement is signed</td>
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<td></td>
<td>- Cable and Phone not included.</td>
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Clare Bridge Ann Arbor
**A Brookdale Community**

750 West Eisenhower Parkway, Ann Arbor, MI 48103
Phone: 734-213-1708
Website: www.brookdale.com
Eligibility: 60 years old and older, unless age waiver
License: Home for the Aged
Contacts: Elise Cabello, Executive Director
Capacity: 36
Respite Care: Available at ~$155-$185/day plus care, with a 14-day minimum
Payment Source: Private Pay, Veterans Benefits, and Long Term Care Insurance
Pets Allowed: Yes, with additional fee
Updated: January, 2018
Clare Bridge of Ann Arbor provides a comfortable, home-like setting with programs and services designed specifically for 36 individuals with Alzheimer's disease or other memory impairments. Serves residents with memory loss. Services include all Assisted Living and Living Plus services with specially trained 24hr staff to work closely with residents to provide personal assistance that promotes independence, dignity, and choice. An incontinence program is available for an additional fee. Medication program is included. With each resident.

Chelsea Retirement Community–Towsley Village Memory Loss Care Center

805 West Middle Street, Chelsea, MI 48118
Phone: (734) 433-1000
Website: www.umrc.com
Contact: Stacey Olson, Marketing Director
Eligibility: 62 and older
License: Home for the Aged
Capacity: 102 bed unit – memory care
Respite Care: Available
Payment Source: Private pay, Long Term Care Insurance, and Veteran Benefits
Pets Allowed: Only community pets (cats) are allowed.
Updated: January, 2017

Towsley Village offers individualized care for each resident. Residents have on-site access to a variety of health care professionals as well as physical, speech and occupational therapists. In addition to medical care, Towsley residents enjoy a variety of programs and opportunities to socialize. Daily programs and regular supervised outings and activities are designed to stimulate thought, provide enjoyment, and encourage residents to live in the moment. Support groups are provided for family members.

92-bed unit designed for all stages of Alzheimer’s disease or other dementia disorders. Rate includes cueing, activities, 3 meals per day, snacks, administering medications, linens, housekeeping & laundry, TV & internet, assistance with ADLs (assistance with bathing, assistance with dressing, grooming) and 24-hour care. Cost per day: $285 per day private room.
Glacier Hills Senior Living Community – Eva’s House

1200 Earhart Road, Ann Arbor, MI 48105
Phone: (734) 769-6410
Website: www.glacierhills.org
Contacts: Residential Living Specialist: info@glacierhills.org
Eligibility: 62 and older
License: Home for the Aged
Units: 36
Fees: Starting rates - $6,000/month - $8,000/month
Payment Source: Private pay
Updated: August, 2018

The Life Enrichment Center is the hub for activities designed for residents with memory loss. This 3,700 square foot Center is funded through the Campaign for Memory Care Excellence and it is the first of its kind in Michigan. The Center has abundant natural light and special spaces designed for cooking, crafts and art, indoor gardening, aviary enjoyment and music appreciation.

Eva’s House provides a peer-to-peer living environment with households specially designed to meet the individual needs of its residents. Residents can easily move through each household as their support needs change. This allows residents to stay within the same nurturing Glacier Hills Community, in a household specially designed for them at every step of the way. Each household provides both the feeling and the place – a home where residents can engage in meaningful activities in a loving, supportive and protected environment. This is a home where residents are surrounded by peers, loved ones and specially trained care partners.
The Gilbert Residence

203 South Huron Street, Ypsilanti, MI 48197
Phone: (734) 482-9498
Website: www.gilbertresidence.com
Contact: Lindsay Mann-Shanahan, Director of Community Relations
Eligibility: 60 and older
License: Home for the Aged
Respite Care: None
Capacity: 28-person memory care unit, 30 person assisted living, 32 bed nursing unit
Payment Source: Private pay, Long Term Care Insurance & Veterans Benefits
Updated: August, 2018

The Gilbert Residence is a retirement community offering a continuum of care. It has a 32 person licensed Nursing Unit and a 58 person licensed Home for the Aged; 30 private rooms in Assisted Living and 28 private rooms in their Memory Care Unit “Grace Hall”. Grace Hall is a secure unit for residents whose dementia is more progressed.

SPECIALIZED MEMORY CARE: Assistance comes in the form of a helping hand with daily activities such as taking medication, bathing, dressing and toileting. Residents benefit from specially created social and recreational events that are designed to help them feel successful, maintain their physical abilities, spark memories, and participate in conversations that connect the residents with others. Life is structured to be engaging, yet relaxed. A sense of normalcy is created when residents are asked to participate in everyday activities like sweeping the deck or snapping beans. Grace Hall has a beautiful deck overlooking the Huron River, and two secured courtyards. Support groups and educational programs are offered for family members.

<table>
<thead>
<tr>
<th>Gilbert Residence Memory Care - RATES:</th>
<th>Level 1</th>
<th>Level 2</th>
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<tbody>
<tr>
<td>Standard</td>
<td>$6,075</td>
<td>$7,105</td>
</tr>
<tr>
<td>Bay</td>
<td>$6,175</td>
<td>$7,205</td>
</tr>
<tr>
<td>Standard WC</td>
<td>$6,373</td>
<td>$7,405</td>
</tr>
<tr>
<td>Bay WC</td>
<td>$6,475</td>
<td>$7,505</td>
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NURSING HOME: 32 Medicaid Certified beds (based on income); private pay beds - private ($281) and semi-private ($254).
Hillside Terrace Retirement Community – Specialized/ Memory Care

1939 Jackson Ave, Ann Arbor MI 48103
Phone: (734)-761-4451
Website: www.hillsideterrace.net
Contact: Nanya Litz, Chief Operating Owner, marketing@hillsideterrace.net
Eligibility: 60 and older
License: Home for the Aged
Respite Care: Begins at $250-$350 per day, all-inclusive
Capacity: The Palms- 16-unit apartment home community
The Vineyard-8-unit apartment community
Payment Source: Private Pay, Long Term Care Insurance, and Veteran Benefits
Pets Allowed: Yes – 25 lbs. or less; $300 pet fee at move-in, plus an additional $25/month
Updated: August, 2018

Hillside Terrace Retirement Community provides a broad range of care: independent living, assisted living, and a dementia neighborhood. On-site services include: occupational therapy, physical therapy, speech therapy, vision, podiatry, dentistry and a hair salon. Amenities include recreational activities, community outings with an accessible van, ecumenical chapel services, and daily pet visits. **There is a nonrefundable Community fee of $2,000 prior to residence.**

Wellness Fitness Center: Special Features
- Full time Life Enrichment Director offering enhanced programming, including: daily exercise program, music programs, socials, and a brain fitness computer class.
- Nurse on-site 24/7 to coordinate care and security for each resident.
- Individual programming is available for those who prefer one-on one activity.
- Serenity Court yards and walking paths.

There are two memory care neighborhoods that offer three meals a day, weekly housekeeping, laundry services, medication administration, 1:1 life enrichment and memory programming, assistance with activities of daily living and include amenities such as Wi-Fi internet, all utilities (except phone), 30 TV channels.

There is an onsite 24/7 nurse for wellness visits and urgent medical concerns.

**The Palms** offers sixteen (16) apartments for varying levels of specialized care needs with palliative care needs and different types of dementia, Alzheimer’s, and Parkinson’s with monthly all-inclusive fees for room and board, medication management, and 4 levels of personal care. **Costs** range from $5,995-$6,800.

**The Vineyard Neighborhood’s Enhanced Memory Care Apartment Homes** offers care for those who are physically well and need close observation due to memory impairment. All-inclusive fees for room and board, medication management and 3 levels of personal care range from $5,000-$6,000.
Huron Woods

5361 McAuley Drive, Ann Arbor, MI 48106
Phone: (734) 712-4051
Website: www.huronwoods.org
Contact: William C. Scott, Marketing Director
          Susan Pettis, Marketing Coordinator
Eligibility: 60 and older with memory loss
License: Home for the Aged
Capacity: 73
Respite Care: Available
Payment Source: Private Pay, Long Term Care Insurance, and Veterans Benefits
Pets Allowed: No
Updated: January, 2018

Huron Woods is located on the campus of St. Joseph Mercy Hospital in the Senior Health Building. Individuals with all forms of memory loss are served. There are 73 private rooms with bath and all are handicap accessible.

The facility is divided into five individual homes, complete with private rooms, kitchen, dining, and living areas. Residents receive around-the-clock care. There are resident care assistants, a social worker, an activity director, and 24-hour a day nursing staff available to help residents.

Rates: $212-$237/day depending on size of room and the level of care needed.
Linden Square Assisted Living Center - Terrace

650 Woodland Drive East, Saline, MI 48176  
Phone: 734-429-7600  
Email: lindensquarealc@heritageseniorcommunities.com  
Contact: Jill Fischer, Administrator  
Eligibility: 60 and older  
License: Home for the Aged  
Apartments: 19  
Respite Care: Available starting at $155/day - no minimum length of stay. Payment  
Source: Private Pay, Long Term Care Insurance, Veterans Benefits  
Pets Allowed: Yes, please call for additional information.  
Dated: January, 2018

Linden Square Assisted Living Center is managed by Heritage Property Management, a Michigan-based company and is designed for older adults, age 60 years and older, who require assistance with activities of daily living.

In a home-like environment residents are treated with dignity and respect and are encouraged to attain and maintain maximum independence. A pleasant physical environment is offered with an abundance of planned and spontaneous activities enabling residents to pursue their interests.

The Terrace is our secured memory care residence and is for residents with Alzheimer's, dementia, or other memory deficits and provides a controlled environment for the care of residents suffering from memory impairments. Memory impairment often causes a decline in communication and social skills in the sufferer, as well as decline in the ability for the individual to perform many tasks they face in daily life. The Terrace has been designed to reduce situations and obstacles that may cause stress in residents, enhancing their quality of life. We also control access to The Terrace for the safety of our residents and the peace of mind of residents’ family members.

Rates and Fees:
The monthly base rate of care starts at $2,450 for a shared suite and $4,500 for a private suite. Assessment determines levels of care. Each increase in level of care has an additional $300 monthly fee.

Our base rate (level 1) includes all the following:
- Utilities – except telephone
- Basic cable television (you may upgrade service if you choose for an additional charge)
- 3 home cooked meals each day served in our dining room
- Snacks and assorted beverages throughout the day
- Weekly housekeeping service and weekly personal laundry service
- Weekly bed linen change and bi-weekly bath linen change
- Full life enrichment program, specialized for our residents with Alzheimer’s disease and dementia
Atria Ann Arbor

1901 Plymouth Road, Ann Arbor, MI 48105
Phone: (734) 741-9500
Website: www.atriaseniorkliving.com
Contact: Jody Thompson, Executive Director
Eligibility: 60 and older (some exceptions)
License: Home for the Aged
Capacity: 72 units with a total of 89 beds
Respite Care: Available
Payment Source: Private Pay, Long Term Care Insurance, and Veterans Benefits
Pets Allowed: Community and personal pets
Updated: January, 2018

Atria Ann Arbor offers companion, one, two, and three room suites with a private bathroom and small kitchenette with a refrigerator. Tours are available upon request. Weekend and evening appointments are available. Walk-ins are welcome.

Assisted Living offers 3 meals a day and snacks are available 24 hours a day, reminders, and supervision with activities of daily living, weekly housekeeping, trash removal, laundry service, activities, and transportation plus a wellness plan and an onsite care staff 24 hours a day. Nurses are on staff 24 hours a day. A Healthy Living Program offers rehabilitative services and exercises to maintain good health.

Enhanced Assisted Living Care includes all assisted living service plus additional services for more extensive care needs.

Life Guidance Neighborhood serves residents with memory related needs. Services include all Assisted Living services with specially trained staff to work closely with these residents in a safe and secure neighborhood.

Rates and Fees:
Assisted Living starting at $4,255 a month

Life Guidance Care (memory care) starting at $5,105 a month (includes Level 1 care)

Additional fees for higher levels of care starting at $425 a month

Medication Care starting at $400 a month

* Respite stays available- $225 per day in addition to care level and medication management, if needed.
University Living

2865 South Main Street, Ann Arbor, MI
48104 Phone: (734) 669-3030
Website: www.univliving.com
Contact: Tanum Ollila, Community Relations
Director Email: tollila@provisionliving.com
Eligibility: 62 and older (university affiliation not required) License: Home for the Aged
Respite Care: Subject to room availability.
Capacity: 54 independent and assisted living units, 12 units for memory impaired
Payment Source: Private Pay, Long Term Care Insurance, and Veterans Benefits
Pets Allowed: Evaluated on a case-by-case basis - 25lbs and under. Updated: January, 2018

University Living offers the opportunity to be part of a community dedicated to life-long learning. Residents have opportunities to participate in many intergenerational learning programs, instructor led fitness and frequent social, cultural and devotional activities, all offered on-site.

All suites have private handicap accessible bathrooms, resident-controlled heating/cooling, a kitchenette with a counter-high refrigerator, sink and space for a microwave, and emergency call system.

Basic services for all residents include: daily/weekly housekeeping, weekly linen service, all meals & snacks, trained staff on-site 24 hours a day, nurse on call 24/7, all utilities including Direct TV, fully equipped Fitness Center, Certified Fitness Director on staff, a minimum of 5 exercise classes a week, on-site Beauty/Barber Salon, scheduled shopping and banking trips weekly, frequent community outings, and nationally recognized lifelong learning programs by U of M faculty. Phone/internet services are included.

Rates and Fees:
- Monthly Room Rates range from $3,800 - $5,375 for studios of various sizes. These costs include all of the basic services listed above. A second person fee is $1,000 per month.
- Assisted Living includes all the above listed services and offers 3 levels of assistance to meet a wide range of individual needs.
- Assisted Living Care & Medication Management rates range from $1,000-$2,225/mo.
- **Memory Care** includes all basic services and offers specialized programs designed to meet the needs of residents with memory impairment and individualized care and a non-intrusive security system. Staff participates in dementia-specific training. Monthly rates for Room, Care and Services begin at $6,100.