



MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN

HOUSING BUREAU FOR SENIORS

SENIOR LIVING WEEK 2017

Workshops — Wednesday, May 10

Be a Savvy Health Care Consumer: Save on Prescription Drugs

Time: 10:00 AM - 11:00 AM
Location: Housing Bureau for Seniors
Turner Senior Resource Center
2401 Plymouth Road, Suite C, Ann Arbor, MI
(734) 998-9339



MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN
Geriatrics Center Clinics

Medication costs can be high, even with insurance coverage. This presentation will describe ways to keep out-of-pocket expenses for medications as low as possible.

Speaker: Tami Remington, Clinical Pharmacist, Michigan Medicine Geriatrics Center

Advance Care Planning

Time: 11:15 AM - 12:15 PM
Location: Housing Bureau for Seniors
Turner Senior Resource Center
2401 Plymouth Road, Suite C, Ann Arbor, MI
(734) 998-9339



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Geriatrics Center Clinics

Over the past 100 years, Americans have been living longer lives thanks to advances in medical technology. However, while most Americans are living longer they are living with more chronic diseases than ever before. In this talk, we'll review shifting health demographics in the United States, their impact on how we live and die in America today, and what you can do to stay in control of your body and your health.

Speaker: Dr. Ted Suh, M.D., PhD, Associate Clinical Professor, Michigan Medicine and Medical Director for Huron Valley PACE

Workshop Registration

Registration is encouraged for all Workshops as seating is limited at many locations. REGISTER EARLY.

Thank You Senior Living Week Workshop Sponsors
Geriatrics Center Clinics at Michigan Medicine and Great Lakes Caring Home Health and Hospice!

Thank You Senior Living Week Event Sponsor Walgreens for your support!



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HOUSING BUREAU FOR SENIORS

SENIOR LIVING WEEK 2017

Workshops — Wednesday, May 10

Grief and the Professional Caregiver

Time: 2:00 PM - 3:00 PM
Location: Housing Bureau for Seniors
Turner Senior Resource Center
2401 Plymouth Road, Suite C, Ann Arbor, MI
(734) 998-9339



Professionals, friends, and family that provide services and care to individuals often experience grief and feelings of loss after the death of a client, friend, or loved one. Learn about and be able to describe symptoms of grief related to loss as a caregiver and identify effective coping strategies when dealing with grief.

Speaker: Dave Cornwell, Spiritual Care Coordinator, Great Lakes Caring Home Health and Hospice

Lewy Body Dementia

Time: 3:00 PM - 4:00 PM
Location: Housing Bureau for Seniors
Turner Senior Resource Center
2401 Plymouth Road, Suite C, Ann Arbor, MI
(734) 998-9339



Learn about Lewy Body Dementia (LBD) and the differences between LBD, Dementia and Alzheimer's. Lewy body dementia has been identified as the second most common type of dementia, yet is still often misdiagnosed and underdiagnosed. Attendees will be learn about the various symptoms, treatment options and caregiving implications associated with LBD to assist in increased quality care for those with LBD.

Speaker: Dawn Brandel, Bereavement Coordinator, Great Lakes Caring Home Health and Hospice

Workshop Registration

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