

# VCUG



Your doctor has ordered a voiding cystourethrogram (VCUG) because you had a urinary tract infection or someone in your family had reflux.



On the day of the test you will go to the radiology department and sign in.



They will give you a gown.  
In the changing room take off all your clothes, even your underwear!  
The ties to the gown go in the back.



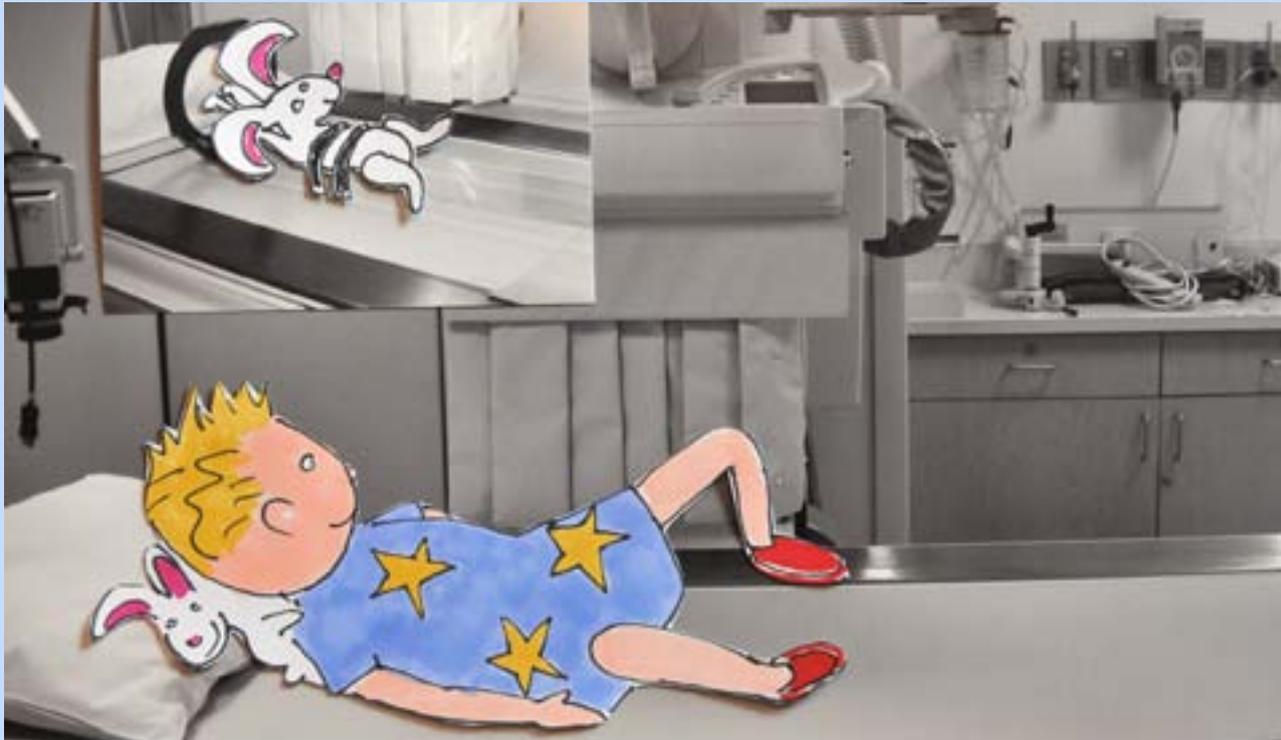
A technologist will call your name and ask  
“When’s your birthday?”



He or she will show you into the x-ray room.  
One of your parents or adult companion can come with you.

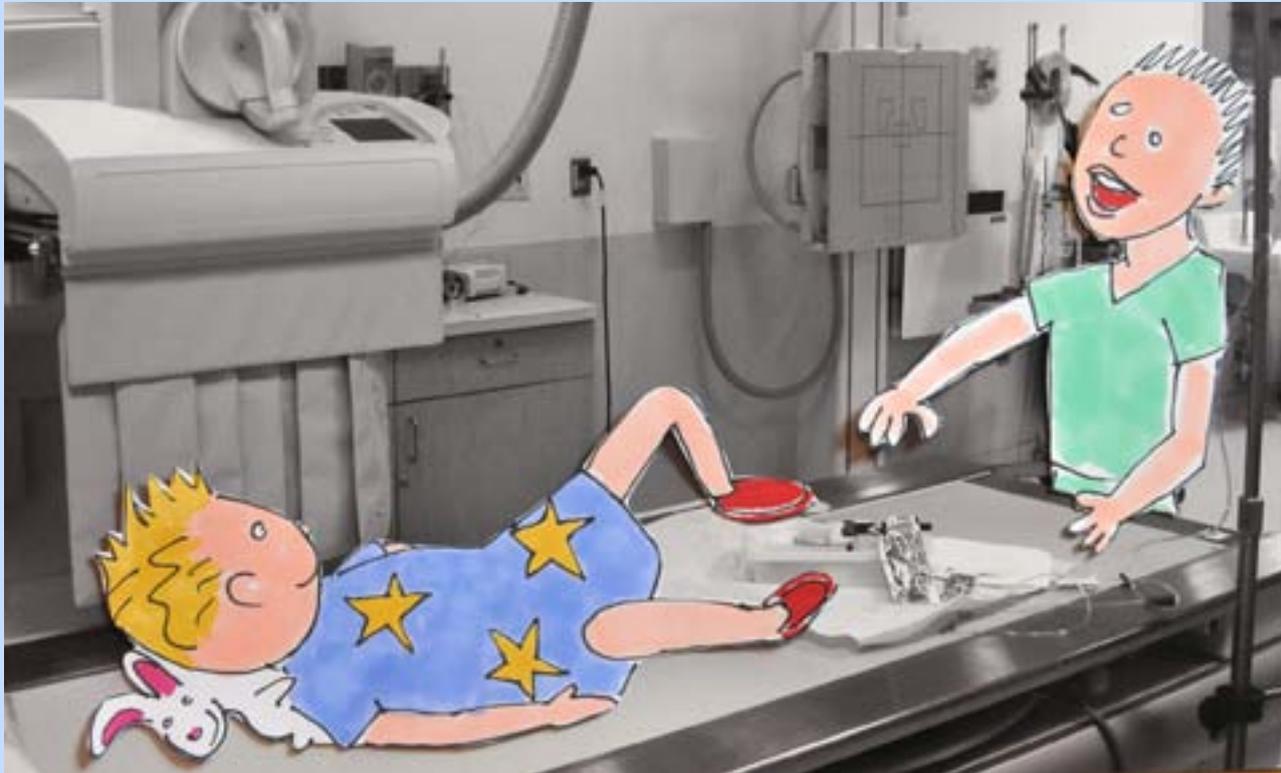


There will be a big table to lie down on. Babies lie on a movable space table with Velcro to keep them snug and safe.

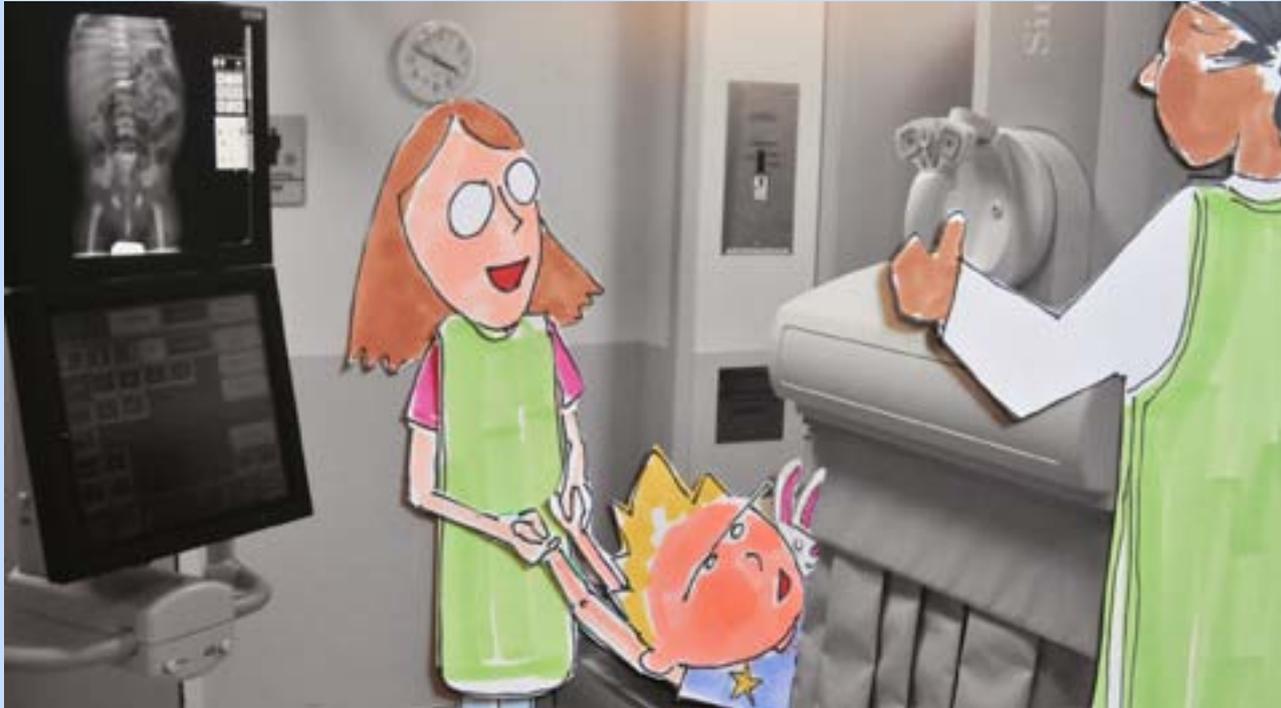


The technologist will take your picture with the x-ray camera on the ceiling which will show your bones. Be sure to smile.

He or she will wash your bottom with special brown soap and put a tiny tube (catheter) in where your pee (urine) comes out. A piece of tape on your leg will keep it from falling out.



The radiologist will move the table camera in place to begin the test.  
The camera comes close, but it will not touch you.



Your parent can stand at the head of the table and hold your hands.  
Everyone but you has to wear a heavy, protective apron  
because only your picture is being taken.

If you look to the right, you will see a TV screen.  
You can watch your bladder fill with the special water (contrast).



When it's full the radiologist will ask you to roll a little to the left and then right to look behind the bladder.

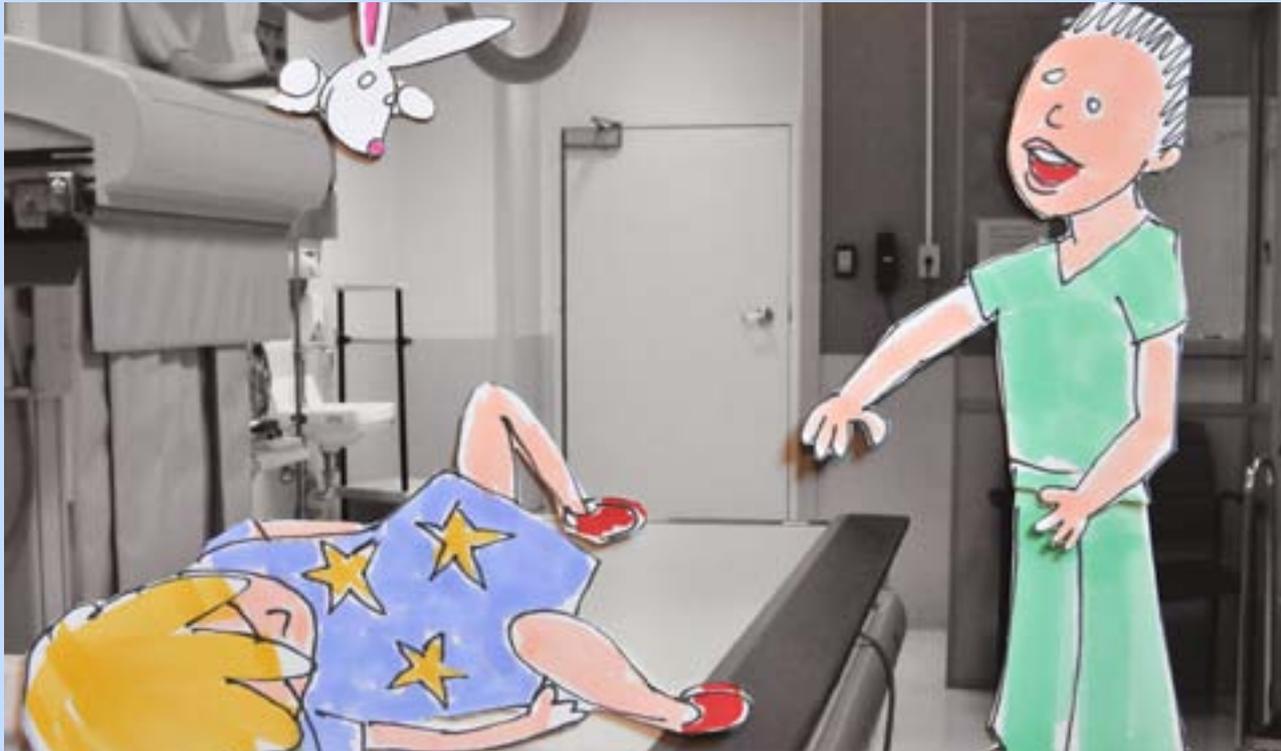


**This is the most important part of the test.** They will ask you to pee in a special towel or container. The tube is so tiny it won't be in the way.



The trick is to relax and think of water flowing. Keep peeing until you are completely empty. The radiologist will take pictures.

When you have finished, the test is done! Often the little tube in your bladder has already come out while you were peeing.



The technologist will remove the tape from your leg.  
It feels like taking off a bandage.

Remind your parent to take off the heavy apron and get your clothes.  
It's time to go!



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You should drink lots of fluid for the rest of the day.





For additional information:

[www.radiologyinfo.org/en/info.cfm?pg=voidcysto&bhcp=1](http://www.radiologyinfo.org/en/info.cfm?pg=voidcysto&bhcp=1)