

Elizabeth A.R. Robinson

PERSONAL DATA

Mailing address: University of Michigan Addiction Research Center (UMARC)
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EDUCATION

1963 High School, American School of Kinshasa, Democratic Republic of Congo.

1968 B.A., Psychology, University of Maryland, College Park.

1974 M.P.H., Epidemiology, University of Michigan.

1986 M.S.W., Interpersonal Practice, University of Michigan.

1990 Ph.D., Psychology and Social Work, University of Michigan.

FELLOWSHIPS/COMPETITIVE TRAINEESHIPS

Jan. 1986 to Dec. 1988 NIMH Predoctoral Intervention Research Fellow, School of Social Work, U. Michigan.

July 1992 to July 1993 NIMH Social Work Research Development Training, University of Wisconsin, Madison and Rockville, Md.

July 1996 NIMH sponsored workshop. Research Methodology for the Study of Comprehensive Interventions for Severe Mental Illness, Inter-university Consortium for Political and Social Research, University of Michigan, Ann Arbor, Mi.

Oct. 1998 to Oct. 2001 NIAAA Research Fellow, University of Michigan Alcohol Research Center, Ann Arbor, Mi.

Sept. 2003 to June 2004 CAM Faculty Scholar, University of Michigan Complementary and Alternative Medicine Research Center, Ann Arbor, Mi.

ACADEMIC APPOINTMENTS

1990-1992	Assistant Professor, School of Social Work, State University of New York at Buffalo. Appointment to the Graduate Faculty, SUNY-Buffalo. <i>Oct. 1991</i>
1992-1997	Assistant Professor, Mandel School of Applied Social Sciences, Case Western Reserve University.
<i>Fall 1998</i>	Adjunct Instructor, School of Social Work, University of Michigan
1998-1999	Adjunct Lecturer, Department of Social Work, Eastern Michigan University.
2000-2001	
2001-present	Research Assistant Professor, Department of Psychiatry, University of Michigan Medical School

CONSULTING POSITIONS

1997-1998	Consultant on mental health services evaluation and research, Livingston and Washtenaw Counties Community Mental Health Agencies (dual diagnosis units).
1998-1999	Consultant, School of Social Work, University of Michigan.

SCIENTIFIC REVIEWS

Reviewer, American Psychologist
Reviewer, Evaluation and Program Planning
Reviewer, Journal of Applied Social Science
Reviewer, Journal of Studies on Alcohol & Drugs
Reviewer, Geriatric Psychiatry and Neurology
Reviewer: Research on Social Work Practice
Reviewer: Alcoholism: Clinical and Experimental Research
Reviewer: Psychology and Health

GRANT SUPPORT

Current

June 2004 to May 2009	National Institute on Alcohol Abuse and Alcoholism. R01-AA014442 -01A1: "Long-Term Spiritual Changes in Recovery from Alcoholism." Principal Investigator. (\$1,125,000 total direct costs).
January to present	Internal grant from UM Dept Family Medicine. "Changes in the HPA Axis associated with Mindfulness-Based Therapy for Alcohol and Drug Dependence. Principal Investigator. (\$7500 direct costs only).

Past

Nov. 1988	Rackham Dissertation Award, Horace H. Rackham School of Graduate Studies, University of Michigan (\$1800).
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Dec. 1988	Student Research Award, Michigan Department of Mental Health (\$2000).
June 1991	University Teaching Fellowship (Lilly Teaching Fellowships) with Ritsuko W. Green, Ph.D. "Teaching Social Work Practice Approaches and Techniques using Video Technology: Developing Illustrative Video-taped Material." Office of Teaching Effectiveness and School of Social Work, SUNY- Buffalo (\$3000).
Sept. 1991 to Feb. 1993	Grant from Erie County Department of Mental Health to evaluate The Minority Family Support Program of Buffalo General Hospital Community Mental Health Center (\$27,000).
March 2001 to February 2003	Fetzer Institute and National Institute on Alcohol Abuse and Alcoholism. R21-AA13061: "Spiritual and Religious Change in Treated Alcoholics." Co-Investigator with Kirk J. Brower, M.D. \$191,680 total direct costs.
June 2004 to May 2006	Metanexus Institute, Spiritual Transformation Research Program. "Spiritual Transformation in Recovery from Alcoholism." Principal investigator. (\$150,000).

AWARDS

<i>June 2001</i>	Certificate of Appreciation, Department of Psychiatry, University of Michigan.
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PROFESSIONAL ORGANIZATIONS

1973-1980	American Public Health Association
1986-present	National Association of Social Workers
1988-1997	Council on Social Work Education
1989-present	National Alliance for the Mentally Ill
1989-1994 & 2001-present	American Psychological Association (Div. 35, 36, & 50)
1991-1996	American Orthopsychiatric Association
1998-present	Research Society on Alcoholism

TEACHING ACTIVITIES

University of Michigan

Summer 1976	Departments of Psychology and Sociology, Methods of Survey Research: lecture on questionnaire design & content analysis.
April 1978	National Highway Safety Research Center. Seminar: lectures on questionnaire design and content analysis.
Winter 1989 & Winter 1990	School of Social Work. <i>MSW Program</i> : Introduction to Social Work Practice.
Fall 1998	School of Social Work. <i>MSW Program</i> : Research & Evaluation.
1998-2001	Medical School, Department of Psychiatry, Journal Club on substance abuse treatment for addiction psychiatric residents and therapists.

	Faculty for Clinical Research Training in Alcoholism (NIAAA 5 T32 AA 07477).
1999, 2004-2006	Department of Psychology. Psychology 371. Lectures on spirituality and alcoholism.
2003	School of Social Work, <i>MSW Program</i> : Mental Health and Mental Disorders of Adults and the Elderly.
2004 & 2005	Medical School, Psychiatry Residency Program. Lectures to psychiatry residents on meditation and on experiences of spiritual transformation.
2007 & 2008	School of Natural Resources and Environment. Workshop on stress reduction and meditation to 1 st yr graduate students.
2007 & 2008	School of Nursing. Multiple one-hour workshops on meditation to nursing students.
2007	Department of Psychiatry. With Michael Jibson & Ziad Kronfol, developed a training program in mind-body techniques for psychiatry residents for 2007-2008.
2008	Department of Psychiatry. Lecture to Psychosomatic Fellowship Program on Mindfulness-Based Stress Reduction.
2008	Department of Family Medicine. With Rita Benn, workshop on mind-body strategies, including mindfulness skills.

State University of New York at Buffalo

1990-1992	School of Social Work, <i>MSW Program</i>: Interventions II. Basic Practice Skills II Interventions III--Basic Skills for Working with those with Chronic Mental Illnesses Interventions IV--Treatment & Rehabilitation for those with Chronic Mental Illnesses Social Work Practice Evaluation
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Case Western Reserve University

1992-1997	Mandel School of Applied Social Sciences
<i>Ph.D. Program:</i>	Advanced Research Design Social Work Practice Applications <i>Other Ph.D. program activities:</i> Dissertation chair, dissertation committee member, qualifying examination reader
<i>MSSA Program:</i>	Social Work Practice with Clients with Chronic Mental Illnesses Social Research in Direct Practice Social Work with Groups Discrimination and Inequality

Eastern Michigan University, Department of Social Work, *MSW Program*:

1998-1999	Applied Research Methods I and II (fall & winter terms)
2000-2001	

CLINICAL ACTIVITIES

- July 1989 to July 1990* Family Consultant, Harbor Center, Mt. Clemens, MI. (a family psycho-educational program for families of people with major mental illnesses.)
- March to July 1990* Psychiatric Emergency Outreach Worker, University of Michigan Hospital & Washtenaw County Community Mental Health, Ann Arbor, MI.
- Oct. 1998 to May 2006* Therapist (individual and groups), Chelsea Arbor Addiction Treatment Ctr., Ann Arbor.

CLINICAL IN-SERVICES and WORKSHOPS TAUGHT (selected)

- Fall 1993* West Side Alliance for the Mentally Ill, Lakewood, Ohio. Facilitated family groups.
- Fall 1993 & 1994* Psychoeducational Groups for Families of People with Schizophrenia (with Judy B. Carducci). (Continuing Education Seminar at Case Western Reserve University School of Applied Social Sciences)
- Feb. 1995* Pathways, Mentor, Ohio. "Working with families of the mentally ill."
Winter 1998 Michigan Alliance for the Mentally Ill, Family Education Program. Training for family facilitators
- Aug. 2001* Chelsea Arbor Treatment Center. "The Fetzer spirituality project."
May 2002 Chelsea Arbor Treatment Center. "An introduction to Linehan's dialectical behavior therapy with borderline personality disorder."
- April-May 2007* Mindfulness-Based Stress Reduction course. Department of
July-Aug. 2007 Psychiatry staff (faculty, residents, research fellows, nurses,
Oct.-Nov. 2007 social workers), University of Michigan.

SCIENTIFIC PRESENTATIONS & POSTERS

- Robinson, E.A.R. (1986). Issues in research on multi-family groups. (presentation). Symposium on Empirical Group Work, June 12-14, Ann Arbor, MI.
- Robinson, E.A.R. (1987). Research findings on parent involvement in a day treatment center for emotionally impaired children. (presentation). National Association of Social Workers Annual Meeting, Sept. 9-12, New Orleans.
- Robinson, E.A.R. & M. Wedenoja. (1987). Multi-family groups in mental health settings: A tool for support, education and self-help. (presentation). National Association of Social Workers Annual Meeting, Sept. 9-12, New Orleans.
- Robinson, E.A.R., P. Pearson & M. Wedenoja. (1988). Psychoeducational interventions for families of the mentally ill: Theory, implementation and evaluation. (presentation). Program Evaluators Group, Michigan Department of Mental Health, June 24, Lansing.
- Robinson, E.A.R. (1990). Applying a stress and coping model to the families of the chronically mentally ill. (presentation). First International Conference on the McMaster Model of Family Functioning, May 10-11, Providence, RI.

- Doueck, H.J. & Robinson, E.A.R. (1992). Evaluating training groups for caseworkers: A replication of a pre-post-then design. (presentation). Eighth Annual Symposium for Empirical Group Work, May 22-24, Madison, Wisc.
- Robinson, E.A.R. (1992). Applying a stress and coping model to the families of those with chronic mental illness. Transformations and Transactions: Integrating Social Work and Social Science into the 21st Century. (presentation). Conference on the Integration of Social Work and Social Science, October 29-November 1, 1992, Ann Arbor, Mich.
- Gorin, S.S., Robinson, E.A.R., Blakemore, J., Noble, D., Patti, R., and Hernandez, S. (1993). Enhancing services research among social workers: Our experiences with NIMH. (presentation). Annual Program Meeting, Council on Social Work Education, Feb. 28, New York City.
- Robinson, E.A.R. & Doueck, H.J. (1994). Validating a retrospective pretest of a self-report measure: Implications for groups. (presentation). Symposium for the Empirical Foundations of Group Work Practice, May 20-22, Madison, Wisc.
- Robinson, E.A.R. (1995). Blaming people may be bad for your family: Relationship between causal attributions about mental illness and family functioning. (presentation). Annual Conference, American Orthopsychiatric Association, April 26-29, Chicago.
- Robinson, E.A.R. (1996). Causal attributions and family functioning among minority family members involved in the care of a mentally ill relative. (presentation). Annual Conference, American Orthopsychiatric Association, May 1-4, Boston, Mass.
- Brower, K.J., M.S. Aldrich, E.A.R. Robinson, R.A. Zucker. (1999). Do alcoholics drink to self-medicate insomnia? (poster). Scientific Conference, Research Society on Alcoholism, June 26-July 1, Santa Barbara, Ca.
- Robinson, E.A.R., K.J. Brower, & E.S.L. Gomberg. (1999). Gender differences in outpatients' hostility scores. (poster). Scientific Conference, Research Society on Alcoholism, June 26-July 1, Santa Barbara, Ca.
- Robinson, E.A.R. (1999). Treatment staff perceptions of the role of spirituality in recovery. (poster). Conference, NIAAA, "Alcoholism: What can research offer in the 21st Century," December 8-9, Indianapolis, Ind.
- Robinson, E.A.R. (2000). Client and staff perceptions of spirituality and its role in recovery from substance abuse. (presentation). Religion in the Lives of Black and White Americans, June 15, University of Michigan School of Social Work, Ann Arbor, Mi.
- Robinson, E.A.R. & K.J. Brower. (2000). Treatment staff perceptions of the role of spirituality and religion in recovery. (poster). Scientific Conference, Research Society on Alcoholism, June 25-29, Denver, Co.
- Robinson, E.A.R., M.M.V. Cardinez, & K.J. Brower. (2000). Anxiety symptoms predict initial insomnia among alcoholic outpatients. (poster). Scientific Conference, Research Society on Alcoholism, June 25-29, Denver, Co.
- Brower, K.J., E.A.R. Robinson & R.A. Zucker. (2000). Epidemiology of insomnia and alcoholism in the general population. (poster). Scientific Conference, Research Society on Alcoholism, June 25-29, Denver, Co.
- Brower, K.J., Robinson, E.A.R. & Zucker, R.A. (2001). Insomnia and the course of alcoholism in a community sample. (poster). Annual Scientific Meeting, American Academy of Addiction Psychiatry, December 13-15, Amelia, FL.

- Robinson, E.A.R. & Brower, K.J. (2001). Spiritual and religious change in treated alcoholics. (presentation). Workshop for Research Initiatives on Spirituality and Alcohol supported by the NIAAA and Fetzer Institute, May 16-18, Washington, DC.
- Robinson, E.A.R. & Brower, K.J. (2001). Spiritual and religious change in treated alcoholics. (presentation). Religion in the Lives of Black and White Americans, June 14, University of Michigan School of Social Work, Ann Arbor, Mi.
- Robinson, E.A.R. & Brower, K.J. (2002). Spiritual and religious change in treated alcoholics: Preliminary findings. (presentation). NIAAA & Fetzer meeting, May 30-31, Fetzer Institute, Kalamazoo, Mi.
- Robinson, E.A.R. & Brower, K.J. (2002). Spirituality and religiousness of persons entering alcohol treatment. (poster). Scientific Conference, Research Society on Alcoholism, June 29-July 3, San Francisco, CA.
- Robinson, E.A.R. & Brower, K.J. (2003). Spirituality and religiousness of persons entering alcohol treatment. (poster). Society for Social Work Research, Jan. 16-19, Washington, DC.
- Robinson, E.A.R. (2003). Spiritual transformation in recovery from alcoholism: Project presentation. (presentation). Spiritual Transformation Research Program, Works of Love Conference, Metanexus Institute and Templeton Foundation. May 31-June 5, Philadelphia, PA.
- Kaskutas, L.A. & Robinson, E.A.R. (2003). Scientific Research on the Role of Spirituality & Religiosity in Alcohol Abuse & Recovery. (session organizers). Scientific Conference, Research Society on Alcoholism, June 21-26, Ft. Lauderdale, FL.
- Kaskutas, L.A. & Robinson, E.A.R. (2003). Conceptual & measurement issues in studying spirituality. (presentation). Scientific Conference, Research Society on Alcoholism, June 21-26, Ft. Lauderdale, FL.
- Robinson, E.A.R., Brower, K.J. & Kurtz, E. (2003). Are Alcoholics Entering Treatment Spiritually and Religiously Alienated? Comparisons to a National Sample. (poster). Scientific Conference, Research Society on Alcoholism, June 21-26, Ft. Lauderdale, FL.
- Robinson, E.A.R. & Brower, K.J. (2003). Spiritual and Religious Change in Treated Alcoholics. (presentation). NIAAA & Fetzer meeting, July 9-11, Fetzer Institute, Kalamazoo, MI.
- Robinson E.A.R., Brower KJ. (2004). Spiritual and religious change in treated alcoholics: preliminary results from a longitudinal survey. (poster). Scientific Conference, Research Society on Alcoholism, June 26-30, Vancouver, BC.
- Dixon S.J., Brower KJ, Robinson E.A.R. (2004). Ethnic differences in religious coping among individuals entering treatment for alcohol use disorder. (poster). Scientific Conference, Research Society on Alcoholism, June 26-30, Vancouver, BC.
- Webb, J.R., Robinson, E.A.R., Brower, K.J. & Zucker, R.A. (2005). Forgiveness and mental health among people entering substance abuse treatment. (poster). Scientific Conference, Research Society on Alcoholism, June 25-30, Santa Barbara, CA.
- Robinson, E.A.R., Cranford, J.A. & Brower, K.J. (2005). Changes in spirituality and religiousness associated with AA involvement and relapse in a treatment-seeking sample. (presentation & poster). Scientific Conference, Research Society on Alcoholism, June 25-30, Santa Barbara, CA.

- Robinson, E.A.R. & Ammons, J.A. (2006). Recovering Alcoholics: Religiously, but not spiritually, alienated. Mid-year conference, Div. 36, Psychology of Religion, American Psychological Association, March 3-4, Columbia, MD.
- Robinson, E.A.R., Ammons, J.E., Brower, K.J. (2006). Variations in Religiousness and spirituality in alcoholics: Evidence from multiple samples. (poster). Scientific Conference, Research Society on Alcoholism, June 23-29, Baltimore, MD.
- Robinson, E.A.R., Price, A.M., Chermack, S. & Brower, K.J. (2007). Life-changing spiritual/religious experiences in alcoholics and their association with reduced drinking at baseline and 6-month follow-up. (poster). Scientific Conference, Research Society on Alcoholism, July 7-12, Chicago, IL.

Invited Presentations

- Robinson, E.A.R. (1991). Coping strategies of families of those with chronic mental illness. The Social Work Difference--Social Work with the Severely and Persistently Mentally Ill, Nov. 21-22, Albany, NY.
- Robinson, E.A.R., Strobbe, S., Webb, J.R., & Brower, K.J. (2004). Predicting changes in spirituality and religiousness from the AA involvement of a treatment sample. Scientific Conference, Research Society on Alcoholism, June 26-30, Vancouver, BC.
- Robinson, E.A.R. (2004). Some recent findings on alcohol and spirituality. Meeting on Development of Clergy Curriculum on Alcohol and Spirituality. National Association of Children of Alcoholics and National Institute on Alcoholism and Alcohol Abuse, July 14-16, Washington, DC.
- Robinson, E.A.R. & Brower, K.J. (2005). Six-Month Changes in Spirituality and Religiousness in Treated Alcoholics. Addiction and Spirituality: Scientific, Theological, and Clinical Perspectives. Center for the Study of Health, Religion, and Spirituality, March 10-12, 2005, Terre Haute, IN.
- Robinson, E.A.R., Cranford, J.A. & Brower, K.J. (2005). Changes in spirituality and religiousness associated with AA involvement and relapse in a treatment-seeking sample. Scientific Conference, Research Society on Alcoholism, June 25-30, Santa Barbara, CA.
- Robinson, E.A.R. & Ammons, J.A. (2006). Recovering Alcoholics: Religiously, but not spiritually, alienated. Mid-year conference, Div. 36, Psychology of Religion, American Psychological Association, March 3-4, Columbia, MD.
- Robinson, E.A.R. (2006). Life-changing Spiritual and Religious Experiences in Treatment-Seeking Alcoholics: Quantitative and Qualitative Findings. Metanexus Institute Spiritual Transformation Scientific Research Symposium, "Spiritual Transformation: New Frontiers in Scientific Research," April 5-7, Berkeley, CA.
- Robinson, E.A.R. (2006). Recovering alcoholics: Spiritual, but not religious; Six-Month Changes in Spirituality and Heavy Drinking in Treated Alcoholics; Life-Changing Spiritual and Religious Experiences in Treatment-Seeking Alcoholics: Quantitative and Qualitative Findings. The 4th Biennial International Conference on Personal Meaning, "Addiction, Meaning & Spirituality," July 20-23, Vancouver, Canada.
- Robinson, E.A.R. & Price, A.M. (2007). Life-changing spiritual and religious experiences in alcoholics post-treatment entry and their association with drinking outcomes. Mid-

- year conference, Div. 36, Psychology of Religion, American Psychological Association, March 1-3, Columbia, MD.
- Robinson, E.A.R. (2007). Use of Complementary and Alternative Medicine Strategies for Substance Use Disorders. Conference: Update on Integrative Medicine: News You Can Use in Caring for Common Health Conditions. University of Michigan Integrative Medicine, March 29, Ann Arbor, MI.
- Robinson, E.A.R. (2007). Using Complementary and Alternative Medicine to cope with mental disorders. NAMI of Washtenaw County panel on Exploring CAM for Serious Mental Illness, April 9, Ann Arbor, MI.
- Robinson, E.A.R. (2007). Spiritual Growth and Mindfulness Meditation: Potential Contributors to Recovery from Addictions. Conference on Meditation and Spirituality: Scientific, Conceptual, and Applied Perspectives. Center for the Study of Health, Religion and Spirituality, Indiana State University, October 24-28, Terre Haute, IN.
- Robinson, E.A.R. (2008). Six-month changes in spirituality and drinking in alcoholics: A replication with a larger and more diverse sample. Workshop on Mutual Help Strategies, Research Society on Alcoholism, June 28-July 3. Washington, DC.
- Robinson, E.A.R. & Stamatopolous, G. (2008). Shifts in alcoholics' sense of purpose and meaning, life-changing spiritual or religious experiences, and drinking behaviours: A logotherapy interpretation. International Network on Personal Meaning. July 24-27. Toronto, ON., Canada.
- Robinson, E.A.R., Price, A.M. & Brower, K.J. (2008). Life-changing Spiritual and Religious Experiences in Alcoholics: Characteristics and Association with Drinking Behaviors Over Time. American Psychological Association. August 14-17. Boston, MA.

BIBLIOGRAPHY

Peer Reviewed Publications

- Shinn, M., R.D. Caplan, E.A.R. Robinson, J.R. French, Jr., & J.R. Caldwell. (1977). Advances in anti-hypertensive adherence: Social support and patient education. Urban Health, 6, 57-59.
- Ivanoff, A., E.A.R. Robinson & B.J. Blythe. (1987). Empirical clinical practice from a feminist perspective. Social Work, 32(5), Sept.-Oct., 417-423.
- Robinson, E.A.R., D.E. Bronson & B.J. Blythe. (1988). An analysis of the implementation of single-case evaluation by practitioners. Social Service Review, 62(2), June, 285-301.
- Robinson, E.A.R., Jaffe, M. & Edwards, R.L. (1993). A unique collaboration by a community mental health board and a school of social work to train mental health professionals. Innovations & Research, 2(3), 33-38.
- Robinson, E.A.R. & Doueck, H.J. (1994). Implications of the pre/post/then design for evaluating social group work. Research in Social Work Practice, 4(2), 224-239.
- Robinson, E.A.R. (1996). Causal attributions about mental illness: Relationship to family functioning. American Journal of Orthopsychiatry, 66 (2), 282-295.
- Stromwall, L.K. & Robinson, E.A.R.R. (1998). When a family member has a schizophrenic disorder: Practice issues across the family life cycle. American Journal of Orthopsychiatry, 68(4), 580-589.

- Brower, K.J., Aldrich, M.S., Robinson, E.A.R., Zucker, R.A. & Greden, J.S. (2001).
Insomnia, self-medication and relapse to alcohol. American Journal of Psychiatry,
158 (3), 399-404.
- Robinson, E.A.R., Brower, K.J. & Gomberg, E.S.L. Explaining unexpected gender
differences in hostility among treatment seekers. Journal of Studies on Alcohol,
62(5), 667-674.
- Mowbray, C.T., Robinson, E.A.R. & Holter, M.A. (2002). Consumer drop-in centers:
Operations, services, and consumer involvement. Health and Social Work, 27 (4),
248-261.
- Robinson, E.A.R., Brower, K.J., Kurtz, E. (2003). Life-changing experiences, spirituality
and religiousness of persons entering alcohol treatment. Alcoholism Treatment
Quarterly, 21 (4), 3-17.
- Webb, J. R., Robinson, E.A.R., Brower, K.J. & Zucker, R.A. (2006). Forgiveness and
alcohol problems among people entering substance abuse treatment. Journal of
Addictive Diseases, 25 (3), 55-67.
- Robinson, E.A.R., Cranford, J.A., Webb, J.R., & Brower, K.J. (2007). Six-Month Changes
in Spirituality, Religiousness, and Heavy Drinking in a Treatment-Seeking Sample.
Journal of Studies on Alcohol & Drugs, 68 (2), 282-290.

Non-peer reviewed publications:

- Ivanoff, A., E.A.R. Robinson & B.J. Blythe. (1989). Empirical clinical practice from a
feminist perspective: A reply to Davis. Social Work, 34(6), Nov., 558-559.

Books or book chapters:

- Bachman, J.G. & E.[A.R.R.] vanDuien (previous name). (1971). Young Men Look at
National Issues. Ann Arbor, Mi.: Survey Research Center, Institute for Social
Research.
- Caplan, R.D., E.A.R. Robinson, J.R.P. French, Jr., J. Caldwell & M. Shinn. (1976).
Adhering to Medical Regimens: Pilot Experiments in Patient Education and Social
Support. Ann Arbor, Mi.: Research Center for Group Dynamics, Institute for Social
Research.
- Biegel, D.B., Robinson, E.A.R. & Kennedy, M. (2000). A review of empirical studies of
interventions for families of persons with mental illness. In Morrissey, J.P. (Ed.),
Research in Community Mental Health: Social Factors in Mental Health and Illness.
Stamford, Conn: JAI Press, pp. 87-130.
- Robinson, E.A.R., Strobbe, S. & Brower, K.J. (2008). Complementary and alternative
medicine for alcohol misuse, pp. 340-350. In Tyrer, P. & Silk, K.R (Eds.), Cambridge
Textbook of Effective Treatments in Psychiatry, Cambridge University Press,
Cambridge, UK.
- Johnson, T. & Robinson, E.A.R. (in press). Issues in Measuring Spirituality and
Religiousness in Alcohol Research. In Galanter, M. & Kaskutas, L., Recent
Developments in Alcohol, Vol XVIII, Alcoholism Research: Alcoholics Anonymous
and Spirituality. American Society of Addiction Medicine and the Research Society
on Alcoholism. New York: Plenum Press.

Published Abstracts:

- Brower, K.J., M.S. Aldrich, E.A.R. Robinson, R.A. Zucker. (1999). Do alcoholics drink to self-medicate insomnia? (abstract). Alcoholism: Clinical & Experimental Research, supp. 23(5), 81A.
- Robinson, E.A.R., K.J. Brower, & E.S.L. Gomberg. (1999). Gender differences in outpatients' hostility scores (abstract). Alcoholism: Clinical & Experimental Research, supp. to 23(5), 79A.
- Brower, K.J., E.A.R. Robinson & R.A. Zucker. (2000). Epidemiology of insomnia and alcoholism in the general population (abstract). Alcoholism: Clinical & Experimental Research, supp. 24(5).
- Robinson, E.A.R. & K.J. Brower. (2000). Treatment staff perceptions of the role of spirituality and religion in recovery (abstract). Alcoholism: Clinical & Experimental Research, supp. 24(5).
- Robinson, E.A.R., M.M.V. Cardinez, & K.J. Brower. (2000). Anxiety symptoms predict initial insomnia among alcoholic outpatients (abstract). Alcoholism: Clinical & Experimental Research, supp. 24(5).
- Robinson, E.A.R. & Brower, K.J. (2002). Spirituality and religiousness of persons entering alcohol treatment (abstract). Alcoholism: Clinical & Experimental Research, supp. 26 (5).
- Robinson, E.A.R., Webb, J.R., Brower, K.J. & Zucker, R.A. (2003). Spirituality and problematic drinking at treatment entry and six months (abstract). Alcoholism: Clinical & Experimental Research, supp. 27(5), 136.
- Webb, J.R., Robinson, E.A.R., Brower, K.J. & Zucker, R.A. (2003). Forgiveness and spirituality among people entering treatment for alcohol problems. Alcoholism: Clinical & Experimental Research, supp. 27(5), 134.
- Webb, J.R., Robinson, E.A.R., Brower, K.J. & Zucker, R.A. (2003). Gender differences in spirituality and alcohol use at treatment entry: A case match study. Alcoholism: Clinical & Experimental Research, supp. 27(5), 135.
- Kaskutas, L.A. & Robinson, E.A.R. (2003). Conceptual and measurement issues in studying spirituality. Alcoholism: Clinical & Experimental Research, supp. 27(5), 654.
- Robinson, E.A.R., Brower, K.J. & Kurtz, E. (2003). Are alcoholics entering treatment spiritually and religiously alienated? Comparisons to a national sample. Alcoholism: Clinical & Experimental Research, supp. 27(5), 657.
- Robinson E.A.R., Brower KJ. (2004). Spiritual and religious change in treated alcoholics: preliminary results from a longitudinal survey (abstract). Alcoholism: Clinical & Experimental Research, supp. 28(5).
- Dixon S.J., Brower KJ, Robinson E.A.R. (2004). Ethnic differences in religious coping among individuals entering treatment for alcohol use disorder (abstract). Alcoholism: Clinical & Experimental Research, supp. 28 (5).
- Webb, J.R., Robinson, E.A.R., Brower, K.J. & Zucker, R.A. (2005). Forgiveness and mental health among people entering substance abuse treatment. (abstract). Alcoholism: Clinical & Experimental Research, supp 29 (5).
- Robinson, E.A.R., Cranford, J.A. & Brower, K.J. (2005). Changes in spirituality and religiousness associated with AA involvement and relapse in a treatment-seeking sample. (abstract). Alcoholism: Clinical & Experimental Research, supp 29 (5), 390.

Robinson, E.A.R., Ammons, J.E., Brower, K.J. (2006). Variations in Religiousness and spirituality in alcoholics: Evidence from multiple samples. (abstract). Alcoholism: Clinical & Experimental Research, supp. 30 (5).

Robinson, E.A.R., Price, A.M., Chermack, S. & Brower, K.J. (2007). Life-changing spiritual/religious experiences in alcoholics and their association with reduced drinking at baseline and 6-month follow-up. Alcoholism: Clinical & Experimental Research, supp. 31 (6), 907.

Robinson, E.A.R., Pierce, L.K., Webb, J.R., & Brower, K.J. (2008; in press). Six-month changes in spirituality and religiousness in a diverse sample of alcoholics and links to drinking, AA involvement, and abstinence goal. Alcoholism: Clinical & Experimental Research, supp. 32 (6).

Non-peer Reviewed Reports (selected):

Douglass, R.L., E.A.R. Robinson & P.A. Johnston. (1974). Chapter 7, Content analysis of 25 major alcohol safety campaigns. In Use of Mass Media for Highway Safety, Report to the U.S. Congress, U.S. Dept. Transportation, Aug., pp. 30-36. *Note:* Also published by National Highway Safety Research Inst., U. Mich., Ann Arbor, Mi. as Comparative Analysis of 25 Major Campaigns in Alcohol and Highway Safety. (UM-HSRI-AL-74-51).

Johnston, J. with Robinson, E.A.R. (1974). Recreation Behaviors and Attitudes of Residents of Washtenaw County: A Survey Conducted for the Washtenaw County Parks and Recreation Commission. Institute for Social Research, Univ. Michigan.

Robinson, E.A.R. (1976). Immunization Data for Washtenaw County Kindergarten Children. School of Public Health, Univ. Michigan.

Robinson, E.A.R. (1976). Heroin Addiction and Therapeutic Programs: Review of Epidemiology and Program Evaluations. School of Public Health, Univ. Michigan.

Robinson, E.A.R. (1977). Congregate Housing for the Aged in the Tri-County Area. United Community Services. Detroit, Mich.

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Robinson, E.A.R. (1988) Assessing Parental Involvement in a Day-Treatment Center for Disturbed Children. School of Social Work, Univ. Michigan.

Robinson, E.A.R. (1993). Evaluation of the Minority Family Support Project at Buffalo General Hospital Community Mental Health Center and Needs Assessment of Minority Families with a Family Member with Severe and Persistent Mental Illness. Erie County Department of Mental Health, Buffalo, New York. [*Note:* Also published in the Occasional Papers Series, Center for Practice Innovations, MSASS, CWRU, 1993.)

Dissertation:

Applying a Stress and Coping Model to the Families of the Chronically Mentally Ill. January 1990. University of Michigan, Ph.D. Program in Social Work and Psychology. Chairs: Lois W. Hoffman (Psychology), Srinika D. Jayaratne (Social Work).

OTHER RELEVANT EXPERIENCE

7/70-8/72 Research Assistant, Research Center for Group Dynamics (RCGD) and Survey Research Center (SRC), Institute for Social Research (ISR), University of Michigan.

7/74-5/76 Research Associate, Research Center for Group Dynamics (RCGD) and Center for Research on the Utilization of Scientific Knowledge (CRUSK), Institute for Social Research (ISR), University of Michigan.

10/76-12/77 Research Associate, United Community Services, Detroit.

1/78-3/79 Research Assoc., Family Group Homes for Youth, Ann Arbor, Mi.

9/87-6/88 Intern, Division of Research and Evaluation, Michigan Department of Mental Health, Lansing, Mi., under Carol Mowbray, Ph.D.

OTHER PROFESSIONAL ACTIVITIES & TRAINING (selected)

New York Psychiatric Institute, Training in Psychoeducation with Multi-Family Groups, B. Horen & M. Newmark (from W. McFarlane program), New York City, April 1993.

Mindfulness-Based Stress Reduction (Kabat-Zinn et al). Initial training, Omega Institute, Rhinebeck, NY. July 2001.

Conference, Mindfulness-Based Stress Reduction. Worcester, MA. March 2004.

Training in Mindfulness-based Cognitive Therapy of Depression (with Segal & Urbanowski), Omega Institute, Rhinebeck, NY, July 2004.

Conference, Mindfulness-Based Stress Reduction. Worcester, MA. April 2005 & 2008

Teacher Development Intensive in Mindfulness-Based Stress Reduction, Worcester, MA. April 2005.

6/25/08