

What risks will I face by participating in the study? What will be done to reduce or monitor these risks?

- During the course of this study, blood will be drawn 3-5 times. Blood draws carry the risk of pain, discomfort, bruising and/or infection. To minimize these risks, we will use only trained personnel, local anesthetic and aseptic technique.
- The questionnaires, structured interviews and videotaping that will be performed may be time consuming and may create some emotional discomfort. To minimize these risks, trained professionals (i.e. research assistants with psychology training) may conduct structured interviews in the privacy of your own home at your convenience.

If, at any time, you are upset by any of the questions or procedures, you can refuse to answer or to participate in that portion of the study. You can feel free to talk with our trained clinical research staff about any of your concerns at any time.

Can I expect any benefit from participating in the study?

We cannot promise that you personally will receive any benefits from being in this study, but the following benefits have been reported.

- You may gain personal benefit from frequent monitoring and thorough psychological and psychiatric evaluations. These evaluations may help with early detection of depressive symptoms and prompt referral and treatment.
- There are neurobehavioral exams performed by trained professionals at two weeks and eight months of age. There is no cost associated with the examinations and you will receive all results.
- There are other benefits which may help many mothers and babies in the future. Studying communication and interaction between mothers and babies, and stress hormone patterns early in life is a first step that will eventually allow researchers to develop programs and techniques which may help both the mother's mood problems and allow for the baby to develop physically and emotionally in a healthy way.