APPENDIX A: The Scope of Obesity
Where is obesity most common in the US?
Obesity is especially common in the South. It has 10 out of the 12 states with the highest obesity rates, including Mississippi along with Alabama and Tennessee, which tied for second place.
Obesity Rates: United States

MICHIGAN is one of 12 states with a prevalence of obesity greater than 30%.
Other Sources of Information:

- **Documentary:** [https://www.hbo.com/documentaries.the-weight-of-the-nation](https://www.hbo.com/documentaries.the-weight-of-the-nation)

- **CDC website:** [https://www.cdc.gov/obesity/data/adult.html](https://www.cdc.gov/obesity/data/adult.html)