Infusion Center Menu (Arabic)

Grains of carbohydrate is listed as “g” next to the food items for your use.

Qasmat al-ta’am li-mukhtara al-tisall

جرامات الكربوهيدرات مجدولة (كجم) إلى جانب عناصر الفطور لاستعمالاتك

Are you ordering for a patient or guest?

هل تطلب لمريض أو لزائر؟

□ زائر
□ مريض

Do you have any food allergies?

هل لديك حساسية لأي نوع طعام?

______________________________________________

All Day Breakfast

الافطار طوال اليوم

Bagel (28g)
Cream of Wheat (18g)
Cheerios® (20g)
Blueberry Muffin (30g)
Frosted Flakes® (25g)
Oatmeal (17g)
Brown sugar (12g)

Condiments

توابل

Sugar (3g)
Coffee Creamer (1g)
Splenda®
Fresh Lemon Wedge (2g)
Salt
Margarine
Pepper
Whole Berry Cranberry Sauce (17g)
Salsa (4g)
McCormick® Seasoning
Brown Sugar (12g)
BBQ Sauce Packet (5g)

Sour Cream (2g)

Contain Lactose

تحتوي اللاكتوز

Food services provided by the Patient Food and Nutrition Services.

خدمات الطعام مقدمة من خلال خدمات تغذية و طعام المريض

www.mhealthy.umich.edu
### Infusion Center Menu (Arabic)

Grams of carbohydrate is listed as “g” next to the food items for your use.

قائمة الطعام لمركز التسييل
جرامات الكربوهيدرات مجدولة (كجم) إلى جانب عناصر الغذاء لاستعمالاتك

<table>
<thead>
<tr>
<th>Food Item</th>
<th>Carbohydrates (g)</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cream Cheese</td>
<td></td>
<td>- Lite (1g)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Strawberry (4g)</td>
</tr>
<tr>
<td>Chive and Onion</td>
<td>(2g)</td>
<td></td>
</tr>
</tbody>
</table>

**Entrée Selections (Please limit entrée selections to 2 per order.)**

الاطباق الرئيسية (الرجاء تحديد خيارات الاطباق الرئيسية إلى عدد 2 فقط لكل طلب)

- Grilled Chicken Breast
- Grilled Turkey Breast
- Cranberry Sauce
- Chicken Gravy
- Home-Style Macaroni and Cheese
- Hamburger Served on a multigrain bun
- Gardenburger® Malibu Burger (Vegan)

Prepared with organic whole grains, corn and carrots, and served on a multigrain bun

<table>
<thead>
<tr>
<th>Sandwich</th>
<th>Carbohydrates (g)</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grilled Cheese Sandwich</td>
<td>(42g)</td>
<td></td>
</tr>
</tbody>
</table>

Sanwich جبنة مشوية

جبنة سويسرية وأمريكية، مشوية قليلا على توست تكساس، متوفرة مع شرائح الدجاج الرومي

Swiss and American Cheese, lightly grilled on Texas toast, available with Sliced Turkey Breast

<table>
<thead>
<tr>
<th>Add chicken</th>
<th></th>
</tr>
</thead>
</table>

**Quesadillas (22g) Grilled flour tortilla filled with cheddar cheese**

Add chicken

**Made-to-Order Sandwiches**

الديك الرومي المشوي

- Roast Turkey
- White Bread (16g per slice)
- Wheat Bread (14g per slice)
- Sliced Tomatoes (2g)

**Contains Lactose**

خدمات الطعام مقدمة من خلال خدمات تغذية وطعام المريض

- Contains lactose
- لحتوي اللاكتوز
Infusion Center Menu (Arabic)
Grams of carbohydrate is listed as “g” next to the food items for your use.

<table>
<thead>
<tr>
<th>Food Item</th>
<th>Carbohydrate Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sliced Swiss Cheese</td>
<td>1g</td>
</tr>
<tr>
<td>Sliced Cheddar Cheese</td>
<td>1g</td>
</tr>
<tr>
<td>Pickle Slices</td>
<td></td>
</tr>
<tr>
<td>Sliced American Cheese</td>
<td>1g</td>
</tr>
<tr>
<td>Ketchup</td>
<td>2g</td>
</tr>
<tr>
<td>Leaf Lettuce</td>
<td>1g</td>
</tr>
<tr>
<td>Hellman’s® Light Mayonnaise</td>
<td></td>
</tr>
<tr>
<td>String Cheese</td>
<td>1g</td>
</tr>
<tr>
<td>Banana</td>
<td>28g</td>
</tr>
<tr>
<td>Dinner Roll</td>
<td>17g</td>
</tr>
<tr>
<td>Mandarin Oranges</td>
<td>14g</td>
</tr>
<tr>
<td>Cottage Cheese</td>
<td>3g</td>
</tr>
<tr>
<td>Applesauce</td>
<td>13g</td>
</tr>
<tr>
<td>Hard Cooked Egg - served chilled</td>
<td>1g</td>
</tr>
<tr>
<td>Peanut Butter packet</td>
<td>4g</td>
</tr>
<tr>
<td>Graham Crackers</td>
<td>11g</td>
</tr>
<tr>
<td>Harvest Cheddar® Sun Chips</td>
<td>19g</td>
</tr>
<tr>
<td>Better Made® Original Potato Chips</td>
<td>24g</td>
</tr>
<tr>
<td>Rold Gold® Pretzels</td>
<td>23g</td>
</tr>
<tr>
<td>Smartfood® Popcorn</td>
<td>9g</td>
</tr>
<tr>
<td>Rice Krispies Treat</td>
<td>17g</td>
</tr>
<tr>
<td>Locally made Lowfat Yogurt</td>
<td></td>
</tr>
<tr>
<td>Vanilla</td>
<td>24g</td>
</tr>
<tr>
<td>Mixed Berry</td>
<td>25g</td>
</tr>
<tr>
<td>Blueberry</td>
<td>24g</td>
</tr>
<tr>
<td>Greek Strawberry Yogurt</td>
<td>17g</td>
</tr>
</tbody>
</table>

Only available after 11:45AM

- Corn (19g)
- Garlic Green Beans (6g)
- Mashed Potatoes (21g)

Contains Lactose

Food services provided by the Patient Food and Nutrition Services.
### Infusion Center Menu (Arabic)

Grains of carbohydrate is listed as “g” next to the food items for your use.

<table>
<thead>
<tr>
<th>Dish</th>
<th>Carbohydrate (g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Gravy</td>
<td>(2g)</td>
</tr>
<tr>
<td>Baked Potato</td>
<td>(41g)</td>
</tr>
<tr>
<td>Broccoli</td>
<td>(4g)</td>
</tr>
<tr>
<td>Chicken Noodle Soup</td>
<td>(11g)</td>
</tr>
<tr>
<td>Cream of Tomato Soup</td>
<td>(17g)</td>
</tr>
<tr>
<td>Orange Juice</td>
<td>(9g)</td>
</tr>
<tr>
<td>Skim Milk</td>
<td>(11g)</td>
</tr>
<tr>
<td>2% Milk</td>
<td>(11g)</td>
</tr>
<tr>
<td>Cranberry Juice</td>
<td>(10g)</td>
</tr>
<tr>
<td>Silk® Vanilla Soy Milk</td>
<td>(18g)</td>
</tr>
<tr>
<td>Lowfat Chocolate Milk</td>
<td>(26g)</td>
</tr>
<tr>
<td>Lipton® Tea</td>
<td></td>
</tr>
<tr>
<td>Orange Jello</td>
<td></td>
</tr>
<tr>
<td>Sherbet</td>
<td>(24g)</td>
</tr>
</tbody>
</table>

### Desserts (Please limit dessert selections to 2 per order)

<table>
<thead>
<tr>
<th>Dessert</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orange Jello</td>
<td></td>
</tr>
<tr>
<td>Sherbet</td>
<td>(24g)</td>
</tr>
</tbody>
</table>

### Beverages

<table>
<thead>
<tr>
<th>Drink</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apple Juice</td>
<td>(9g)</td>
</tr>
<tr>
<td>Skim Milk</td>
<td>(11g)</td>
</tr>
<tr>
<td>Orange Juice</td>
<td>(10g)</td>
</tr>
<tr>
<td>2% Milk</td>
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*Contains lactose* (Arabic: تحتوي اللاكتوز)

Services provided by the Patient Food and Nutrition Services.
Infusion Center Menu (Arabic)

Grams of carbohydrate is listed as “g” next to the food items for your use.

Identifies healthier items.

For more information, visit www.mhealthy.umich.edu

Note: Patient and guest tray fees are charged directly to the patient’s hospital account.

$5.00 (9PM – 10:59AM) $8.00 (11AM-8:59PM)

Only available after 11:45AM

Chocolate Layer Cake w/choc Icing (31g)

Note: Patient and guest tray fees are charged directly to the patient’s hospital account.

$5.00 (9PM – 10:59AM) $8.00 (11AM-8:59PM)

Please limit guest selections to 1 entrée, 3 additional items, 2 beverages.

Return this menu to your Medical Assistant

Last update: September 2020

Contains Lactose

Grilled Lemon

Ice Cream Cup

Strawberry

Chocolate Chip Cookies

Lemon Ice

Pudding

Chocolate

Vanilla

Chocolate Layer Cake w/choc Icing

Cappuccino

Milkshakes:

Chocolate (30g) Vanilla (31g)

Orange

Chocolate (22g)

Vanilla (20g)

Orange

Chocolate (17g)

Vanilla (16g)

Chocolate (17g)

Chocolate

Vanilla (31g) Chocolate (30g)

Cappuccino (30g)

Orange

Chocolate (22g)

Vanilla (20g)

Grilled Lemon

Ice Cream Cup

Strawberry

Chocolate Chip Cookies

Lemon Ice

Pudding

Chocolate

Vanilla

Chocolate Layer Cake w/choc Icing

Cappuccino

Milkshakes:

Chocolate (30g) Vanilla (31g)

Orange

Chocolate (22g)

Vanilla (20g)

Orange

Chocolate (17g)

Vanilla (16g)

Chocolate (17g)

Chocolate

Vanilla (31g) Chocolate (30g)

Cappuccino (30g)

Orange

Chocolate (22g)

Vanilla (20g)

Grilled Lemon

Ice Cream Cup

Strawberry

Chocolate Chip Cookies

Lemon Ice

Pudding

Chocolate

Vanilla

Chocolate Layer Cake w/choc Icing

Cappuccino

Milkshakes:

Chocolate (30g) Vanilla (31g)

Orange

Chocolate (22g)

Vanilla (20g)

Orange

Chocolate (17g)

Vanilla (16g)

Chocolate (17g)

Chocolate

Vanilla (31g) Chocolate (30g)

Cappuccino (30g)

Orange

Chocolate (22g)

Vanilla (20g)