



Directions to Beginning Meditation at Cardiovascular Medicine at Domino's Farms (1st Floor)

From I-94, take US-23 north. From M-14, take US-23 south.

From US-23, exit at Plymouth Road (Exit #41).

- Go east on Plymouth Road to Earhart Road.
- Go north on Earhart Road into the Domino's Farms Complex.
- Turn at the first left, Ave Maria Drive. This takes you around to the back of the building.
- Park in Lobby A parking lot.
- Enter Lobby A doors. Cardiovascular Medicine clinic is behind the elevator/restroom block that is right in front of you when you first enter the doors. Walk around the block (past Progressive Dental and UM Plastic Surgery) and you will see the glass walls of our lobby.
- There will be signs up to follow—walk to the far hallway and turn right, and the class is in the conference room at the end of the hall.
- Welcome to Beginning Meditation class!

For more information, please call 734-998-5679.

No refund after class starts.