### Colonoscopy
- **Colon cancer screening:**
  - Average risk man or woman – start age 50, Q10yrs
  - Family History of Colon Polyps/Colon Cancer
    - 1st degree relative colon CA or polyps age <60 – start age 40, Q10yrs
    - Two or more 1st degree relatives with colon cancer – start age 40, Q5yrs
- Personal History of Colon Polyps:
  - Advanced adenomas or ≥3 adenomas – Q3yrs, then Q5yrs if normal
  - 1 or 2 small (<1 cm) adenomas – Q5yrs
  - Personal h/o colorectal cancer – Q3 yrs, then Q5 yrs if normal
- Bleeding: Unexplained iron deficiency, rectal bleeding, or positive fecal immunochemical test (FIT)
- Diarrhea: Chronic (>3 wks)
- IBD: Ulcerative pancolitis or UC left-sided >15 yrs or Crohn’s >8 yrs – Q1–2 yrs
- Other: _________________________

### Exclusions
- Age >80 years
- BMI >50
- COPD with FEV1 <1.0
- Anemia with HCT <18%
- Pregnancy
- Unable to provide consent
- MI/Angina/severe CHF w/in 6 mo
- Treatment with any anticoagulant**
- Coagulopathy, hereditary hemorrhagic disorder, etc. [INR >1.5 &/or Plts <75K]

### Exceptions to the Exclusions
- **The referring provider will manage discontinuation or bridging of the anticoagulant.**
- Chronic high-dose narcotic or suboxone use (order with anesthesia support at Livonia or MPC if no other serious comorbidities).

#### PEG-EL*
- 4 liters PEG 3350 w/ electrolytes: no sulfate (NuLYTELY, TriLyte) or standard (Colyte, GoLYTELY, generic)

#### Suprep*
- Sulfate-based prep (3 liters water)

#### MoviPrep*
- 2 liters PEG w/ electrolytes & citrate solution + 1 liter water

#### OsmoPrep*
- 32 pills phospho-soda + 2 quarts water. See box at right.

#### 2-day prep*
- 6 liters PEG solution: start prep earlier [for pt with past poor prep &/or chronic constipation]

#### 8-liter prep*
- 8 liters PEG solution: 2 days before drink 2 liters; day before drink 2 liters in am, 2 liters in pm; day of drink 2 liters 6 hours prior

* Requires prescription from the referring physician.

**Prep information is also available online:**
https://pteducation.med.umich.edu/MPU

**Note:** The risk of dehydration and renal damage from phospho-soda or sulfate prep is increased if a patient takes medication that impairs renal blood flow (e.g., ACE inhibitor, angiotensin receptor blocker, diuretic, NSAID).

### To Schedule
FAX the completed form to (734) 615-2514. We will contact the patient.

**Questions:** 877-758-2626

**Note:** Patient must be accompanied by a responsible escort who is ≥18 yrs old & able to drive. Patient must not drive for at least 12 hours after a procedure using sedation.