

## *General Information*



Holden  
Newborn Intensive  
Care Unit

Your baby and your family's well-being are central to all we do. While your baby is in the NICU, you need to take care of yourself and your loved ones. Please use these links to help you stay healthy and well-rested:

*Visiting Policies:* <http://www.med.umich.edu/nicu/geninfo/visiting.shtml>

*Maps & Directions:* <http://www.med.umich.edu/nicu/geninfo/maps.shtml>

*Food:* <http://www.med.umich.edu/nicu/geninfo/food.shtml>

*Accommodations:* <http://www.med.umich.edu/nicu/geninfo/food.shtml>