


Date	Holiday / Event
	<p>Asian Pacific American Heritage Month (APAHM) is celebrated in May to commemorate the contributions of people of Asian and Pacific Islander descent in the United States</p> <p>National Arthritis Month. For more information go to: http://www.arthritis.org/</p> <p>Teen Pregnancy Prevention Month. For more information go to: http://www.advocatesforyouth.org/teenpregnancy.htm</p> <p>National Asthma Awareness Month. For more information go to: http://www.epa.gov/asthma/awm/index.html</p> <p>Mental Health Awareness Month. For more information go to: http://www.nmha.org/index.cfm</p> <p>American Stroke Month. For more information go to: http://www.strokeassociation.org/presenter.jhtml?identifier=1200037 http://www.giveme5forstroke.org/</p> <p>National High Blood Pressure Month. For more information go to: http://hp2010.nhlbihin.net/mission/index.htm</p>
May 1 st	International Labor Day
May 1 st	Ascension (Christian): Observed on the 40 th day after Easter, commemorating the ascension of Jesus Christ into heaven.
May 1 st to 3 rd	Labor Day (China)
May 3 rd	<p>2008 Washtenaw County Start! Heart Walk.</p> <p>Time: 8:00 – 12:00 Location: Washtenaw Community College 4800 E. Huron River Dr. Ann Arbor, MI 48106</p> <p>Heart disease is the leading cause of death for both women and men. Sign-up to walk and raise money for awareness, prevention and treatment. Meet survivors and others who have been affected by heart disease. Not only will you raise money, you will have fun! For more information go to: http://www.kintera.org/htmlcontent.asp?cid=74552</p>
May 3 rd	<p>Health Coverage Forum</p> <p>This is a forum to discuss the issue of healthcare in the United States. It will begin with a showing of the movie SiCKO by Michael Moore. After the forum, there will be a luncheon for all attendees to further discuss the movie and forum.</p>

	<p>Movie starting at 9:30am Panel discussion starting at 11:30am Lunch starting at 1:00pm Location: Eastern Michigan University Student Center Auditorium The event is FREE. RSVP by April 23, 2008</p> <p>Speakers: Susan Wyman, St. Joseph Mercy, EMU health administration alumnus Eric Brown, BC/BS of Michigan, EMU health administration alumnus Joseph Tasse, ACHE regent for Michigan, President St. John Macomb-Oakland Hospital For more information and to RSVP email EMUHASO@gmail.com</p>
May 3 rd	Constitution /Memorial Day (Japan)
May 3 rd	Constitution Day (Poland/South Africa)
May 5 th	Cassinga: (Namibia) Remembrance of the South African troops' victory over Swapo forces in the battle of Cassinga, which allowed people from South West Africa to have free and fair elections.
May 5 th	Cinco de Mayo: (Mexico) Celebrated in Mexico and by Mexican-Americans, commemorates the battle of Guadalupe in 1862, when a small Mexican army defeated a larger French force.
May 5 th	Patriot's Day (Ethiopia)
May 5 th	Children's Day in Japan and Korea
May 5 th	Remembrance Day (Netherlands)
May 6 th	<p>Women's Health Talk: Many shades of lupus: Lupus and African American women</p> <p>Time: 6:30 p.m. Location: the Washtenaw County Library, Learning Resource Center 4135 Washtenaw Avenue, Ann Arbor</p>  <p>Nine out of 10 people who develop lupus are women. African American women are at higher risk. Learn what the latest in research and treatment is doing about the higher incidence of lupus among African American women presented by Joseph McCune, associate chief for Clinical Activities, Division of Rheumatology and professor, Department of Internal Medicine.</p> <p>The event is free. Registration is necessary; seating is limited. To register, call 734-615-3799 or e-mail angejohn@umich.edu. Refreshments will be served. Deadline to register: 05/01/2008</p> <p>This event is Sponsored by the University of Michigan Health System Women's Health Program</p>

May 6 th	World Asthma Day: The theme of this year's event will be "You Can Control Your Asthma." For more information go to http://www.ginasthma.com/WADIndex.asp
May 6 th	Bulgaria's Army Day (Bulgaria)
May 6 th	<p>Celebrate opening day of the Downtown Ypsilanti Farmers' Market on Tuesday, May 6, 2008. <i>Fresh, Local and Healthy for our Community.</i></p> <p>Time: Tuesdays from 2-6 pm (May - October) Location: Key Bank parking lot at Michigan Ave and Hamilton streets in downtown Ypsilanti.</p> <p>The early spring offerings at the market include fresh greens, spinach, eggs, cheese, flowers, veggie & herb plants, and more! Come enjoy the fresh air, pick up something for dinner and welcome back new and returning vendors. We'll be premiering a new market currency in the form of wooden tokens! We gladly accept EBT/Bridge Cards, credit cards and Project Fresh.</p> <p>For more information call Growing Hope at 734-786-8401.</p>
May 6 th	Martyr's Day (Syria/Lebanon)
May 7 th	Labor Day (United Kingdom)
May 8 th	Day of Victory (Burkina Faso)
May 8 th	Liberation Day (Czech Republic)
May 9 th – 18 th	<p>Senior Housing Awareness Week - May 9-18, 2008</p> <p>During Senior Housing Awareness Week the public is invited to explore a wide variety of senior housing and care options. It is an opportunity to learn about the challenges faced by seniors as their housing and care needs change.</p> <p>Go to http://www.med.umich.edu/seniors/ to get link to flyer.</p>
May 10 th	<p>Asthma Screening and Education day</p> <p>Location: Ann Arbor District Library Time: 10:00 a.m. to 1:00 p.m. Cost: Free</p> <p>Talk to U-M specialists, take a simple breathing test, and hear experts speak about asthma related topics.</p> <p>This event is sponsored by the University of Michigan Division of Allergy and Clinical immunology, in partnership with the American College of Allergy, Asthma and immunology. For more information call U-M Allergy at 734.936.5634</p>
May 10 th	Yom HaAtzmaut (Israel's Independence Day) celebrates the establishment of the State of Israel (May 14, 1948).
May 10 th	Proclamation of the Federated States of Micronesia (Micronesia)

May 11 th	Prayer Day (Denmark/Greenland)
May 11 th	Pentecost (Christian) (Whit Sunday): The 7 th Sunday after Easter, and the day when the Holy Spirit is reported to have descended upon the Apostles.
May 11 th	Constitution Day (Laos)
May 12 th	International Nurses Day. For more information go to: http://www.icn.ch/indkit.htm
May 12 th	Independence Day (Kiribati)
May 13 th	Mother's Day (International)
May 14 th	National Unification Day (Liberia)
May 15 th	Independence Day (Paraguay)
May 17 th	<p>Men's Fellowship Breakfast. Learn about prostate cancer as survivors share their stories.</p> <p>Time: 8:30am - 11am; breakfast served from 8:30 - 9am Location: Marriott Conference Center at Eagle Crest 1275 South Huron Street Ypsilanti, MI</p> <p>To register, please contact Catricia Thomas at 734-998-7071 by May 9. This discussion will be facilitated by Dr. Derek Griffith, assistant professor and researcher at the U-M School of Public Health. Dr. Griffith specializes in cancer risk in African American men.</p> <p>This event is sponsored by the University of Michigan Comprehensive Cancer Center.</p>
May 17 th	Constitution Day (Norway)
May 17 th	Constitution Day and Independence Day (Nauru)
May 18 th	Constitution Day (Turkmenistan)
May 20 th	Buddha Purnima (Buddhism): Commemorates the birth, enlightenment and death of the Buddha. The Buddhists consider this day to be more auspicious than any other day of the year.
May 20 th	<p>Relapse Prevention</p> <p>Time: 7:30 pm to 9:00 pm Location: St. Joseph Mercy Hospital Education Center, 5305 Elliott Drive, Ypsilanti, MI. Workshops will be held in the auditorium (on the ground floor.) Ample free parking is available.</p> <p>This presentation will discuss the warning signs that lead the chemically dependent person into a relapse, and cover strategies to help handle high-risk situations. Presented by Kelly Mullins, BS, CAC-M; Dawn Farm Huron Street therapist; and Robin Edison, M.Ed., LPC; Dawn Farm therapist.</p>
May 20 th	National Day (Cameroon)
May 22 nd	Heroes' Day (Sri Lanka)
May 24 th	Pichincha Independence Battle (Ecuador)

May 24 th	Bermuda Day (Bermuda)
May 24 th	Independence Day (Eritrea)
May 24 th	Commonwealth Day (Belize)
May 25 th	Declaration of Fight for Independence (Argentina)
May 25 th	Africa Day: Commemorates the foundation of the Organization of African Unity (1963).
May 25 th	Independence Day (Jordan)
May 26 th	Restoration of Independence (Georgia)
May 26 th	Memorial Day (United States): Originally a day of remembrance for those who died for the Union in the Civil War, now honors those who gave their lives in all wars.
May 26 th	Independence Day (Guyana)
May 27 th	<p>Psychiatric Disorders in Chemically Dependent Individuals: Diagnostic and Treatment Considerations</p> <p>Time: 7:30 pm to 9:00 pm Location: St. Joseph Mercy Hospital Education Center, 5305 Elliott Drive, Ypsilanti, MI. Workshops will be held in the auditorium (on the ground floor.) Ample free parking is available.</p> <p>This presentation will discuss diagnostic criteria, treatment interventions, and the perspectives of both the addict and the treatment provider on addiction and psychiatric illness. Presented by Patrick Gibbons, DO; Addiction Psychiatry Fellow, University of Michigan Medical Center.</p>
May 28 th	Day of the First Republic (Armenia)
May 28 th	Independence Day (Azerbaijan)
May 28 th	End of the Military Regime (Ethiopia)
May 30 th	Mother's Day (Sweden)
May 30 th	Independence Day (Croatia)
May 31 st	Republic Day (South Africa)
May 31 st	World No Tobacco Day. For more information go to http://www.who.int/tobacco/wntd/2008/en/