

Bedside Craft Kits

Bedside craft kits contain a craft that patients can do in the comfort of their room. When putting together bedside craft kits, please include instructions and a photo/image of the completed project. Past donations of bedside craft kits include make-your-own puppet, friendship bracelets, and beaded keychains. The materials, instructions, and photo can be placed in a zip-top bag. It would also be helpful to place a label on the bag with the name of the craft.

Below you can find a few bedside craft kit ideas that can be put together for our patients. The needed materials for the craft are listed as well, and the instructions can be printed out and placed in a zip-top bag.

Please print this card and include in a zip-top bag, with materials.

Nail Kits

Place small bottles of nail polish, nail decals, emery boards, cotton balls, and a small bottle of nail polish remover into a zip-top bag for patients.

Store-bought bedside craft kits are also appreciated. Store-bought bedside craft kits come with the materials and instructions for a craft. This is a great option for community members who would like to donate bedside craft kits, but may not have the time to gather the materials and put them together themselves.

Please print this card and include in a zip-top bag, with materials.

Friendship Bracelets

Materials:

- 12 inches of fishing line, jewelry thread, or string
- assortment of beads

Instructions:

Use your creativity!

When you have your bracelet to the desired length, ask an adult for assistance in cutting and tying the string.

Please print this card and include in a zip-top bag, with materials.

Photo Frames

Materials:

- foam/cardboard photo frames (can be found at craft stores)
- stickers
- foam shape cut-outs with sticky backing
- crayons
- markers

Instructions (to be printed out and included with the materials for this craft in a zip-top bag):

Use your creativity and decorate your photo frame!

Light Switch Plates

- white light switch plate (from any home improvement store)
- assortment of permanent markers

Instructions (to be printed out and included with the materials for this craft in a zip-top bag):

- 1) Use the permanent markers provided to decorate the light switch plate however you wish.
- 2) When you are done, you can take your switch plate home and put it in your room or over any other light switch in your house.

Pony Bead Snake

- 2 black pony beads
- assorted pony beads of any color
- string

Instructions (to be printed out and included with the materials for this craft in a zip-top bag):

- 1) String beads for the first row onto the right side of the string, and slide to the center. Weave left cord from left to right, through the beads. Continue this throughout the project.
- 2) Look at diagram to the right to know how many beads to put on each set.

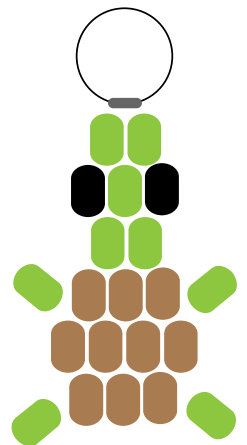


Pony Bead Turtle

- 2 black pony beads
- 9 light green pony beads
- 10 brown pony beads
- string
- keychain ring

Instructions (to be printed out and included with the materials for this craft in a zip-top bag):

- 1) Tie the string onto the keychain ring.
- 2) Thread two beads on one string, and tuck the other end of the string through the opposite way.
- 3) Pull both ends tight so the bead moves up to the keychain ring.
- 4) When you get to the legs, thread the string through the leg bead and back through the beads the string came out of.
- 5) Start the next row of beads. See the picture to the right to see what color beads go in each row.
- 6) At the end, tie off the two strings in a double knot.



Pony Bead Fish

- 1 black pony bead
- 18 orange pony beads
- string
- keychain ring

Instructions (to be printed out and included with the materials for this craft in a zip-top bag):

- 1) Tie the string onto the keychain ring.
- 2) Thread two beads on one string, and tuck the other end of the string through the opposite way.
- 3) Pull both ends tight so the bead moves up to the keychain ring.
- 4) Start the next row of beads. See the picture to the right to see what color beads go in each row.
- 5) At the end, tie off the two strings in a double knot.

