



University of Michigan Health System

Important Information for New Allergy Patients Please read before your scheduled first visit with the Allergy Service

CERTAIN MEDICATIONS WILL INTERFERE WITH ALLERGY SKIN TESTS

During the early evaluation of allergy patients, information gained from skin tests may be essential. It is critical that the patient avoids certain medications that block skin reactions to test materials. Failure to stop taking these drugs can prevent needed testing from being performed at the initial appointment. These medications are mainly antihistamines. Decongestants (drugs used to reduce nasal stuffiness in hayfever and colds) do not need to be stopped unless they contain antihistamines. Many over the counter cold medications may contain antihistamines. If you are unsure about a medication please check with your pharmacist. Some medications taken for anxiety, depression, stomach problems or other health problems unrelated to allergy also may interfere with testing however; medications taken for these disorders should not be discontinued. The following medications should be stopped prior to the appointment:

Antihistamines to be stop 5 days prior to your appointment

Chlopheniramine (Chlortrimeton, Polaramine, Naldecone, Deconamine, Rynatan, Kronofed A, Novafed A)	Brompheniramine (Bromfed, Atrohist, Dimetapp, Drixoral)
Pheniramine (Polyhistine D)	Triprolidine (Actifed)
Hydroxyzine (Atrax, Vistaril, Marax)	Meclizine (Antivert)
Phenindamine (Nolamine, Nolahist)	Cyproheptadine (Periactin)
Cyproheptadine (Periactin)	Azatadine (Optimine, Trinalin)
Diphenhydramine (Benadryl)	Pyrilamine (Kronohist, Rynatan)
Clemastine (Tavist)	Cabinoxamine (Rondec)
Diphenylpyraline (Hispril)	Dimenhydrinate (Dramamine)
Promethazine HCl (Phenegan)	Doxylamine (Bendectin, Nyquil)
Trimeprazine (Temaril)	Methdilazine HCl (Tacaryl)
Cetirizine (Zyrtec, Zyrtec D)	Azelastine (Asteline)
Fexafenadine (Allegra, Allegra D)	Loratadine (Claritin, Claritin D, Alavert)
Levocetirizine (Xyzal)	Desloratidine (Clarinex)

These medications should not be stopped before your visit

Corticosteroids - both oral (Prednisone, Medrol), and inhaled (Beconase, Vancenese, Nasalide, Nascort, Beclovent, Vanceril, Aerobid, Azmacort, Pulmicort, Flovent, Qvar, Advair, Symbicort, Alvesco)	Cromolyn (Intal) and Nedocromil (Tilade), Pseudoephedrine, Theophylline, Singulair, Accolate, Zyflo
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If possible these medications should not be taken by mouth 6 hours prior to your visit but the inhaled forms may be used

Ephedrine	Brethine	Proventil	Ventolin	Alupent
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If you have any questions about the use of these medications before your visit, please feel free to contact the office at (734) 936-5634.