

Table 1. Discipline Strategies Parents Are Very Likely To Use

	All Children Age 2-17	Age 2-5	Age 6-12	Age 13-17
Explain or reason	88%	88%	89%	87%
Take away a privilege or something the child enjoys	70%	53%	75%	81%
Time out or grounding	59%	62%	46%	72%
Spank	22%	30%	24%	13%
Paddle	10%	8%	10%	12%

Source: C.S. Mott Children's Hospital National Poll on Children's Health, 2010