



Health Education
Resource
Center

Health Promotion Division

MFit Grandparenting Making it Grand!



There will be some surprises in store when you become a grandparent. Learn the latest trends in childcare, child-rearing practices, safety and much more. We'll also discuss the joys (and challenges) of being a grandparent, how you can support your child, and take care of yourself.

Fee: \$10.00

Location: Turner Resource Center

Phone: 734-998-9353

Date: June 14, 2008 10:00am - 12:00 noon

Questions/Registration:

Phone: 734-998-9353

Email: HERC@med.umich.edu

Visit: www.med.umich.edu/mfit/herc

