




Health Education  
Resource  
Center

*Health Promotion Division*

# Discipline: Making it Positive



**When:** Thursday, June 28, 2007  
6:00<sup>PM</sup> - 8:00<sup>PM</sup>

**Where:** East Ann Arbor Health  
& Geriatrics Center

**Cost:** \$15 per person, \$20 per couple

Learn how to positively discipline your child or children age 2-6 in this helpful class.

## **Parents will learn:**

- How to use positive reinforcement
- Tips to increase the effectiveness of parent commands
- Intervention strategies
- Rules to remember when using punishment
- Key concepts underlying behavior management
- How to start a token economy
- Other discipline resources

## **Registration/Contact Info/Questions:**

**Call:** (734) 647-5645

**Email:** [HERC@med.umich.edu](mailto:HERC@med.umich.edu)

**Visit:** [www.med.umich.edu/mfit/herc](http://www.med.umich.edu/mfit/herc)

