

UNIVERSITY OF MICHIGAN MEDICAL SCHOOL
Department of Physical Medicine and Rehabilitation
Office of Student Education, Tammie Wiley-Rice, 936-7201

**Guidelines for Senior Year for Students Interested in
Pursuing a Career in Physical Medicine and Rehabilitation (PM&R)**

Subinternship:

Internal Medicine is best. If you are considering pediatric PM&R, then pediatrics is another option.

Electives:

Essential:

One or two months of PM&R, either adult or pediatric

Highly Recommended (adult or pediatric):

Neurology

Neurosurgery

Outpatient Orthopedics

Outpatient Psychiatry (emphasizing the treatment of substance abuse/alcoholism, depression and/or anxiety disorder)

Rheumatology

Developmental Pediatrics

Radiology (Bone, MRI & CT of CNS & Spine)

Recommended:

Pulmonology/ICU

Geriatrics

Emergency Medicine

Pain management

Urology (Uro-dynamics, male fertility)

Health Policy or research, with a focus on disability and/or care of chronic illness

For Additional Courses:

Take those courses that you are not likely to see again.

We support any electives that provide clinical experience, excellent teaching and opportunities to make independent decisions.

Interviews:

Most PM&R programs interview from early November through the end of January, but there is considerable variability. Students also need to interview for a transitional or preliminary year program. There are a few four year PM&R residencies that integrate an internship year as part of the program, however, most programs require matching into a PGY-I program in addition to matching into a PM&R residency (starting PGY-2).

Most students should apply to between 12-15 PM&R programs, and plan to interview with a minimum of 8 programs.

In regards to transition/preliminary programs, students should apply to 6-8 and plan to interview with a minimum of 4-5 programs.