



Tim Bodnar

Sample Weekly Schedule – Spring Semester

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6am							
7am	Wake up, get ready	Wake up, get ready	Sleep in!	Wake up, get ready	Sleep in!	Sleep in!	Sleep in!
8am	Lecture	Lecture	Wake up, get ready	Lecture	Wake up, get ready		Wake up, get ready
9am			Lecture		Study at school	Wake up, get ready	Read Sunday Detroit News
10am					Lecture	Study at home	Go to church
11am				Study time at school		Tennis with a friend	
12pm	Lunch, e-mail	Lunch, AMSA mtg.	Career Seminar Lunch	Lunch, e-mail	Lunch with friends	Shower, lunch	Lunch
1pm	Lecture	Small Group session	Lecture	Small Group session	Formal patient presentation	Study at Beaner's	Study at library
2pm							
3pm	Review lectures with streaming video	Pathology lab	Study at school	Pathology lab		Study pathology slides at school	
4pm			Prep for Lab			Naptime!	Relax with fiancée
5pm	Run or work out	Drive to Plymouth	Tennis with a friend	Run or work out	Review at home	Groceries at Kroger	Dinner
6pm	Shower, dinner	Dinner with parents	Shower, dinner	Shower, dinner	Dinner with fiancée	Meet up with old college buddies, grab pizza and beer/watch game	Watch a movie on TV with fiancée
7pm	Study at home	Visit fiancée	Study at home	Fiancée visits me	Meet friends at Dominick's		
8pm	Prep for Lab		Watch the Pistons				AIM chat with friends
9pm	Trivia Night at Conor O'Neill's pub	Head back to A2	Study at halftime		Catch a late movie at the State Theater		Read
10pm		Study at home	Watch the Pistons	Study drugs			Get ready for the week
11pm	Finish up, go home	Relax, read	Relax, read	Make flashcards			
12am				Relax, read			
1am							
2am							
3am							
4am							

Key: AMSA = American Medical Students Association, AIM = AOL Instant Messenger