

Join **Honorary Chair Dr Darrell Campbell Jr. M.D.**
for the **NATIONAL KIDNEY FOUNDATION OF MICHIGAN**
Ann Arbor/Brighton Kidney Walk



WHAT: The **7th Annual Kidney Walk** is moving to Gallup Park this year!! This walk supports the Peer Mentoring Program of the National Kidney Foundation of Michigan which trains dialysis and transplant patients throughout the state to empower others in living well with kidney failure. Our **goal is to raise \$100,000 with over 1,000 walkers** in attendance.



WHERE: Gallup Park
Ann Arbor, Michigan

WHEN: Sunday, **September 13, 2009**
Registration begins at noon
Walk begins at 1 pm



WHO: **You, your co-workers, your patients and the community. This is a wonderful opportunity for team building and we hope you will consider forming a TEAM!**

WHY: One in eight Michigan adults age 20 and over has chronic kidney disease, but most don't know it. There is a close relationship between diabetes, high blood pressure and kidney failure. Kidney failure from diabetes and high blood pressure can often be prevented or delayed. Peer mentors, through their volunteer work, help the NKFM to improve quality of life and to prevent kidney disease. This program was developed at the University of Michigan and has national recognition. Help the NKFM to bring this critical program to many more people who are in need!

HOW: **It's EASY! If you are forming a team – identify a team captain. Have your team captain go to kidneywalk.org** (Select Michigan from the drop down menu and pick the Ann Arbor Walk and follow the instructions) to register your team. **Once we receive your online registration NKFM will send you information to get you started and provide you support all along the way.** Walkers can also participate as individuals.

Registration forms are available at the Ann Arbor NKFM office. Call (800) 482-1455 to receive yours

FOR MORE INFORMATION PLEASE CONTACT:
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NATIONAL KIDNEY FOUNDATION OF MICHIGAN
(800) 482-1455

Please note: the deadline to pre-register is August 10, 2009 All registered participants are required to turn in pledges. They are then eligible for specified incentive prizes based on their total pledges raised.
Don't delay -- register today!!

**LOG ON TO
NKFM.ORG
FOR MORE INFO**