

Parkinson's Movement & Dance Class

Join us for this six week class exploring music and movement in enjoyable, creative, and stimulating ways.

Modeled after the Mark Morris Dance Group and the Brooklyn Parkinson Group's "Dance for PD®" program

Appropriate for all levels of PD and no dance experience required.
Care partners welcome!

Spring 2019
6 classes per session
Mondays, March 4-April 15
Wednesdays, April 17-May 22
4-5pm



Fee: \$30 per person; \$50 per couple/pair*

Support for this patient education activity provided by the Movement Disorders Group & Udall Center of Excellence for Parkinson's Disease Research and MHealthy

Call (734) 998-9353 for more info or to register.

**scholarships available*