



Silver Messenger



The Silver Club
Turner Senior Resource Center
2401 Plymouth Road, Suite C
Ann Arbor, MI 48105

🍁 October - December 2006 Newsletter, Issue 15

Message from the Director

Fall is upon us! In October we are hosting our first large fund-raising event in collaboration with the Turner Senior Resource Center, the Housing Bureau for Seniors, Learning in Retirement, and Motor Meals. **Join us on October 22nd from 2:00-5:00 pm** at TSRC for our silent basket auction. We have had wonderful participation from volunteers from all programs, helping to solicit donations and gift baskets. There will be entertainment, baskets of all sizes, themes, and for all size pocketbooks. (See enclosed flyer.) Patricia Hall used her internship for her MSW program to get us started and to do a lot of the initial organizing and donation solicitation. Many thanks to her and to other Silver Club staff, families and former families who have helped with this event. We still need volunteers that weekend if you can help.

Upcoming Events

October 22nd - Baskets-O-Plenty, silent auction, 2:00-5:00 pm at TSRC

October 30th - Halloween Party/Parade with Brown Chapel Child Care

November 13th - Thanksgiving Celebration at Ypsilanti Site, 1:00 pm

December 21st - Holiday Family Potluck at Ann Arbor Site, 1:00 pm



Silver Club Happenings

In Ann Arbor:

The Ann Arbor site of Silver Club has been focused on two things: a daily dose of fun is the first priority and second has been watching staff members Laura Oeschger and Amy Leighton approach the births of their babies. Laura delivered her daughter, Jaylee, September 15. Now Amy aims for her delivery date of October 15. Amy, too, will have a girl. She says, "Just so she doesn't come on Halloween!"



A huge pink banner asks the question of the hour: "When will she come?" and club members have signed up to guess the delivery date. Estimates range from September 24 to October 27, but Amy hopes for a punctual arrival date. Emily Reiber has agreed to work more with the SC while Amy is out. Look for her Tuesday, Thursday & Saturdays in the club. Emily will also continue her duties as office assistant. Thanks Emily!

Our Saturday crowd is enjoying the "weekend" day at the Silver Club. On Saturdays we spend time relaxing, getting manicures, shoulder massages and spend time enjoying food we make. We also take time to stretch our bodies and get outdoors as the weather remains pleasant. But if we don't feel up to doing anything we might just stay in our seats and "exercise" our brains with reminiscing and trivia.

Silver Club Photography Club has been snapping photos for a year now and in October, they will be recognized by UMHS Turner Geriatric Clinic's move to a new site. They have selected photos which will be framed and hung in every examination room. Imagine the wise faces and elegant hands, enlarged and beautiful in every room.

Just in time to go on your holiday wish list, Silver Club will be selling calendars using these pictures. Look for them at the October 22 fundraiser and at the Club. Questions? CarolynRose at 734-998-6568.

Silver Club Happenings con't

In Ypsilanti:

And away we go! I scream, you scream, all of Brown Chapel Silver Club screams for ice cream! What a delicious outing we had at Dairy Queen. Everyone enjoyed the treat. Some members even indulged "big-time" with banana splits! We sang Happy Birthday to Margie and smiled for the camera men from Channel 7 Evening News. Our next adventure was to the Farmer's Market and Sweetwater Café in Ann Arbor. We're trying to take advantage of the beautiful weather before the long winter sets in. We plan to visit Lodi Farms again this October and the Ypsilanti District Library in early November. These outings are successful in large part because the van drivers from Brown Chapel show great care and concern for the members. We would all like to take this opportunity to thank them for their wonderful service.

It's Halloween time again! We are looking forward to hosting an intergenerational Halloween party with the Brown Chapel Child Care on Monday, Oct. 30th. The little ones delight in wearing their costumes and parading for the Silver Club. One of the activities the club members participate in is preparing Halloween bags filled with candy for each of the children. **We are expecting about 25 little ghosts and goblins and would appreciate any bags of pre-packaged Halloween candy you could donate. If you send in the candy with your loved one by October 26th, we will have it in time for the bag filling.**

Silver Club is Partnering with Briarwood Rotary Club. Another exciting partnership has opened for Ypsilanti's Silver Club. Pat Hall, a member of the Briarwood Rotary Club, has arranged for our members to prepare several boxes of canned goods to be used by the families staying at the Ronald McDonald's House near Mott Children's Hospital. The Silver Club members always enjoy being of service to those in the community. We would appreciate any canned goods you could donate for this project. **We will begin collecting immediately with a cut off date for donations of October 30th.** Our members will fill the boxes during the first week in November. Your generosity is, as always, gratifying.

As we give thanks. Our own Thanksgiving celebration at Brown Chapel will be held on

Monday, November 13 at 1:00 p.m. We are hoping that many of you will be able to join us on that Monday afternoon. Please bring one of your wonderfully delicious dishes to pass and plan to share in our special Silver Club thanks-giving.

Please contact Pat Hall with any questions or concerns at (734) 998-6554.

In Coffeehouse:

Coffeehouse this fall looks a little different. The group is happily meeting with 10 participants and Laura and Amy, the group facilitators, are out on maternity leave. Barbara Burakoff, Erin Weir, along with Linda Weatherwax are leading the group to an informative, fun-filled term. The group officially started on September 14th and will meet weekly on Thursdays till December 21st. Some of the topics to be covered this term; "Memory Loss 101", "When to ask for Help", "Food for Thought", "Safety in the Home, in your Wallet and Around Town", "Role Changes over the Lifespan" with visits from Laura and Amy with their babies as well as taking the opportunity for outings and . Each Coffeehouse meeting contains discussion of topics, physical & cognitive exercises and lunch. Thank you Barbara, Erin and Linda for helping out while Laura and Amy are out. Both plan to return to Coffeehouse in winter 2007 along with U of M art students for "Year 3" of the intergenerational art collaboration. If you have more questions about Coffeehouse contact Beth Spencer at 734-998-9352.



"Coffeehouse on the Go" Summer 2006

Thanks

Thanks to the following individuals for their generous donations to Silver Club Programs:
Joan & Marc Ross
Wolfgang & Luz May
David Shanley for asking wedding guests to give donations to Silver Club instead of wedding presents.
Chamira Jones – for half of book sales, “Days Forgotten” from her senior art project with a former Coffeehouse member

Silver Club Personnel

Staff:

Barbara Burakoff
Beth Carlson
Janaki Dronamraju
Patricia Hall
Amy Leighton
Emily Reiber
Beth Spencer
CarolynRose Stone
Janet Yo



Consultants:

Lynn Chenoweth
Susan Gannon
Laura Rice-Oeschger
James White

Students doing internships at Silver Club:

Hayley Gravette
Kate Williams
...and many others contributing a varying number of hours

Wish List

Halloween Candy - bagged, pre-packaged individual candy, *cut-off date October 26th*
Canned Goods, *cut-off date October 30th*



Silver Club Closings

November 22, 23 & 25 - Thanksgiving Weekend
December 23, 25, 26, 27, 28 & 30 - Holiday week
January 1, 2007 - New Year's Day
We will re-open January 2nd

Weather Closing Policy

Silver Club will be closed whenever either the Ann Arbor or Ypsilanti schools are closed. We will do our best to reach all families scheduled for that day as soon as we know; we will only call the first number that you have listed on your contact list. Generally the decision to close is made about 7:00am. Please note that van drivers may, on occasion, not be able to pick up some individuals due to road conditions even though Silver Club is open.

Cold & Sick Policy

If your relative has a cold with obviously contagious symptoms - nose streaming, sneezing, coughing, fever, etc. - please keep him/her home. Expect a call to come get your relative, if you send him/her when sick. We are a lot of people in small spaces where viruses can easily be transmitted. **Volunteers also please stay home. But please everyone remember to call the cancellation line at 734-998-9349.**

