“The group has been my life line. I’m happier and more connected with others than I ever dreamed I would be after learning I had memory loss.”

SPONSORS
Silver Club is part of the U-M Geriatrics Center. While the University provides space, we are challenged to raise our own operating funds. Support comes from:

- Gifts, donations, memorials and fees
- Ann Arbor Area Community Foundation
- Area Agency on Aging 1-B
- Brookdale National Group Respite Program
- Friends of the U-M Hospital
- Medicaid Waiver Program
- Veterans Affairs

GETTING INVOLVED
To obtain more information or schedule an appointment, please contact us at 734-998-9352. In addition, we welcome volunteers to assist us with on-site support, marketing and fundraising. Please contact us if interested.

Silver Club Programs
2401 Plymouth Road, Suite C
Ann Arbor, MI 48105

734-998-9352 phone
734-998-9340 fax
med.umich.edu/geriatrics

Photo credit: Patrick Young, Michigan Imaging, U-M Stamps School of Art & Design, Retaining Identity course, Professor Anne Mondro.

Silver Club is funded in part by the Federal Older Americans Act and Michigan Office of Services to the Aging through the Area Agency on Aging 1-B through the Office of Services to the Aging. Silver Club complies with the terms and regulations of Title V of the Civil Rights Act of 1964 as amended and Section 504 of the Social Rehabilitation Act of 1973.

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WE’RE HERE FOR YOU
Silver Club Programs provide a safe, nurturing environment for older adults with memory loss. We offer a place to make friends and enjoy innovative programs tailored to each person’s individual needs.

“I loved the way we were able to take an idea, collaborate and create a beautiful piece of work.”

Silver Club members produce a variety of art projects, giving them an active, creative outlet which generates lots of enthusiasm.

Visit us at www.med.umich.edu/geriatrics, or www.facebook.com/SilverClub Memory.

PROGRAMS
Silver Club Programs are part of the Geriatrics Center at the University of Michigan Health System. Prescreening is required for prospective members. All programs are held at Turner Senior Resource Center.

Mild Memory Loss: We have several programs designed for people with mild memory loss, mild cognitive impairment, or early stage Alzheimer’s disease. Each of these programs offers members an opportunity to keep their minds active through talking and learning with peers, playing fun and challenging brain games, discussing topical issues, enjoying cultural outings or learning about memory loss and coping strategies.

Moderate Memory Loss: Silver Club Enrichment Program is for older adults with moderate memory loss. On a typical day, members enjoy a variety of stimulating activities to help counter boredom and isolation, including music, fitness, art, gardening, cooking, service projects, simple cognitive games and family-style meals with lively discussions.

At Silver Club, there are examples every day of how a group can come together and create a meaningful experience.

PROGRAM BENEFITS
Staff and volunteers join with members to create a community where people with memory loss can make friends, share joys and fears and participate in fun and meaningful activities.

• Silver Club offers families time to take a break while their relative is at Silver Club as well as educational opportunities.
• Students from many University of Michigan and Eastern Michigan University departments do special projects here.
• Staff members have a variety of backgrounds including social work, fine arts and recreation therapy.
• Cost is based on ability to pay.

We welcome volunteers. Call us at 734-998-9352.