GETTING INVOLVED

To obtain more information or schedule an appointment, please contact us at 734-998-9352. In addition, we welcome volunteers to assist us with on-site support, marketing and fundraising. Please contact us if interested.

SPONSORS

Silver Club Programs are part of the U-M Geriatrics Center. While space is provided by the University, we are challenged to raise our own operating funds. Support is provided by:

- Gifts, donations, memorials, and fees
- Ann Arbor Area Community Foundation
- Area Agency on Aging 1-B
- Brookdale National Group Respite Program
- FRIENDS of the U-M Hospital
- Macomb-Oakland Regional Center
- Medicaid Waiver Program
- Veterans Affairs

“I enjoy going to Silver Club. Everyone is nice there. We do interesting projects.”
Silver Club member
WE'RE HERE FOR YOU

Silver Club Programs provide a safe, nurturing environment for older adults with memory loss. We offer a place to make friends and enjoy innovative programs tailored to each person’s individual needs.

We welcome volunteers. Call us at 734-998-9352.

“Being here is a huge gift to me. It’s wonderful to get out in the community and be with others. You all get an A+ from me.” Mild Memory Loss member

PROGRAMS

Silver Club Programs are part of the Geriatrics Center at the University of Michigan Health System. Prescreening is required for prospective members.

**Mild Memory Loss:** Several programs are designed for people with mild memory loss, mild cognitive impairment, or early stage Alzheimer’s disease. The activities offered range from education, support and reminiscence to playing fun and challenging cognitive games. Each of the early stage programs offers members an opportunity to keep their minds active through talking and learning with peers, playing challenging brain games, discussing topical issues, enjoying cultural outings or learning about memory loss and coping strategies. These programs are held at Turner Senior Resource Center.

**Moderate Memory Loss:** Silver Club Enrichment Program is for older adults with moderate memory loss. On a typical day, members enjoy a variety of activities including coffee and friends, music, fitness, lunch, art, and simple cognitive games. At the Silver Club, members are actively involved in gardening, cooking, photography, service projects and other stimulating activities to help counter boredom and isolation.

**Silver Club members produce a variety of art projects, giving them an active, creative outlet which generates lots of enthusiasm.**

PROGRAM BENEFITS

Staff and volunteers join with members to create a community where people with memory loss can make friends, share joys and fears, and participate in fun and meaningful activities.

- Silver Club offers families time to take a break while their relative is at Silver Club as well as educational opportunities.
- Students from many University of Michigan and Eastern Michigan University departments do special projects with Silver Club Programs.
- Staff members have a variety of backgrounds including social work, fine arts, and recreation therapy.
- *Cost is based on ability to pay.*