Resources for Older Adults in Washtenaw County

This resource database provides a list and description of services available in Washtenaw County to older adults and their families. It is organized by types of assistance.

If you do not see the category you are looking for, use the Find function (CTRL+F) to search for keywords.

The University of Michigan Geriatrics Center does not endorse any of the services listed on this website. It is intended to be as comprehensive as possible. We apologize in advance for any omissions or errors. Please contact us at (734) 998-9353 to suggest changes.

Types of Assistance:

- Adult Day Care/Respite Services
- Counseling/Mental Health
- Education
- Emergency Services
- Financial Assistance
- Health Services – Alzheimer's Disease/Memory Loss
- Health Services – Dental
- Health Services – Geriatric Health Assessment
- Health Services – Health Care Organizations
- Health Services – Hearing and Speech Impairment
- Health Services – Hospice
- Health Services – Hospitals
- Health Services – Low Vision and Blindness
- Health Services – Outpatient Services
- Home Care
- Home Maintenance
- Housing – Independent/Assisted Living/Alzheimer’s
- Housing – Nursing Homes
- Information/Referral/Advocacy
- Insurance Assistance
- Legal Assistance
- Meals
- Physical Fitness
- Senior Centers
- Support Groups
- Transportation
- Volunteer and Employment Opportunities

Updated November 2015
Adult Day Care/Respite Services

Adult Day Center at Preferred Providers
Address: 4261 Park Rd., Ann Arbor, MI  48103  
Phone: (734) 213-7072  
Website: www.adcpp.com  
Services: Adult day care with a range of therapeutic, social, and health activities and services.  
Hours: Monday - Friday 8 a.m. - 6 p.m.  
Fees: Call for current rates

Area Agency on Aging 1B  
Address: 29100 Northwestern Highway, Suite 400, Southfield, MI  48034  
Phone: 800-852-7795  
TTY: 1-800-649-3777  
Fax: 248-262-9971  
Website: www.aaa1b.com  
Services: In Home: Respite can be regularly scheduled on a weekly basis or can be used from time to time as needed by the caregiver.  
Hours: Information and assistance: Monday - Friday, 8 a.m. - 5 p.m.  
Fees: Call for current rates. Discounts may be available.

Brecon Village/Evangelical Homes of Michigan
Address: 101 Brecon Drive, Saline, MI 48176  
Phone: 734-429-1155  
Fax: 734-295-9822  
Website: www.evangelicalhomes.org  
Services: Housed in the Memory Support Center at Brecon Village, Adult Day Services provides a secure environment with specially trained staff to offer individually-based activities. Overnight respite is available.  
Hours: Adult Day Care – Monday – Friday; Overnight Respite Care – 7 days a week.  
Fees: Call for current rates

Fairfax Manor
Address: 1900 N. Prospect Rd. Superior Township, MI 48198  
Phone: (734) 483-6662  
Fax: (734) 483-8494  
Website: www.fairfaxassistedliving.com  
Services: Dementia Specialty: day care and overnight respite if a room is available, social and recreational activities, companionship, memory stimulation, and nutritional snacks and meals.  
Hours: 7 days a week, flexible daytime hours.  
Fees: Call for current fees.

Contact Information:  
Barbara Zaret  
E-mail: barbaraz@umich.edu  
Phone: (734) 998-9354
Interfaith Volunteer Caregiver Program,
Catholic Social Services of Washtenaw
Address: 5361 McAuley Drive, Towsley Health Bldg. P.O. Box 995, Ann Arbor, MI 48106
Phone: (734) 712-5730
Fax: (734) 712-7765
Website: www.csswashtenaw.org
Services: Trained volunteers provide in-home companionship visits for home-bound Washtenaw County older adults, 2-4 hours per week. Client must be at least 60 years old. No medical attention or assistance with toileting available.
Hours: Scheduled visits 2 to 4 hours per week.
Fees: No fee; donations accepted

Hillside Terrace
Address: 1939 Jackson Avenue, Ann Arbor MI 48103
Phone: (734) 761-4451
Website: www.hillsideterrace.net
Services: Respite care in independent, assisted-living, and enhanced memory apartments.
Hours: One week minimum. Based on availability.
Fees: Call for current rates

Huron Woods
Address: 5361 McAuley Drive, P.O. Box 995, Ann Arbor, MI 48106
Phone: (734) 712-4051
Website: www.stjoesannarbor.org/huron-woods
Services: Respite care for seniors with mild, moderate, and advanced dementia, based on availability
Hours: Generally 7-10 days.
Fees: Call for current rates

PACE
Address: 2940 Ellsworth Rd., Ypsilanti, MI 48197
Phone: (734) 572-5777; 1-855-483-7223
Website: www.HuronValleyPACE.org
Services: Adult Day program and home care, plus comprehensive medical care. Eligibility is based on medical criteria. Must be 55 or older with disabilities and live in the service area. Transportation provided.
Hours: Varies according to services provided
Fees: No cost if on Medicare/Medicaid. Call for additional information.

Silver Maples of Chelsea
Address: 100 Silver Maples Drive Chelsea, MI 48118
Phone: (734) 475-4111
Website: www.silvermaples.org/accommodations/daycare/respite-care
Services: Overnight respite including social and recreational activities, art, musical and intellectual interests. Based on availability.
Hours: Monday - Friday 6 a.m. - 7 p.m. for day care. One week minimum for overnight respite.
Fees: Call for current rates.
Superior Woods  
**Address:** 8380 Geddes Rd., Ypsilanti, MI 48198  
**Phone:** (734) 547-7600  
**Services:** 24 hour respite care. Medications can be monitored.  
**Fees:** Call for current rates

The Oaks Adult Day Care, Catholic Social Services of Washtenaw  
**Addresses:** Ann Arbor Church of Christ, 2500 S. Main St., Ann Arbor, MI 48103; Peace Lutheran Church, 8260 Jackson Rd., Ann Arbor, MI 48103  
**Phone:** (734) 662-4001  
**Fax:** (734) 926-4649  
**Website:** [www.csswashtenaw.org](http://www.csswashtenaw.org)  
**Services:** Recreational and therapeutic programs and activities for older adults with cognitive, physical, or mental disabilities.  
**Hours:** Monday - Friday 7:30 a.m. - 4:30 p.m.  
**Fees:** Hourly rate, sliding scale fee

The Sanctuary at St. Joseph's Village  
**Address:** 5341 McAuley Drive, Ypsilanti, MI 48197  
**Phone:** (734) 712-1616  
**Website:** [www.trinityseniorssanctuary.org/](http://www.trinityseniorssanctuary.org/)  
**Services:** Short-term respite care in independent living residence.  
**Hours:** Based on availability.  
**Fees:** Call for current rates

University of Michigan Geriatrics Center-Silver Club Memory Programs  
**Address:** Turner Senior Resource Center, 2401 Plymouth Rd., Ann Arbor, MI 48105  
**Phone:** (734) 998-9352  
**Fax:** (734) 998-9340  
**Website:** [www.med.umich.edu/geriatrics/](http://www.med.umich.edu/geriatrics/)  
**Services:** Recreational and therapeutic day care services for older adults with mild and moderate memory loss. Activities include exercise, music, gardening, art and socialization. Interview required to determine eligibility. Early stage memory loss programs also available.  
**Hours:** Monday through Friday, 10 a.m. - 3 p.m. Early stage memory loss programs meet one day a week: call for information.  
**Fees:** Hourly rates based on ability to pay
Counseling/Mental Health

Ann Arbor Center for Independent Living
Address: 3941 Research Park Drive, Ann Arbor, MI 48108
Phone: (734) 971-0277
Fax: (734) 971-0826
Website: www.aacil.org
Services: The Center provides short-term individual counseling, skill-building classes, and independent living coaching for people with disabilities. Serves Washtenaw, Lenawee and Monroe Counties.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: None, donations are accepted

Ann Arbor Center for the Family
Address: 2395 Oak Valley Dr. Suite #100, Ann Arbor, MI 48103
Phone: (734) 995-5181 (Service/Intake), (734) 995-9010 (Alternate)
Fax: (734) 995-9011
Website: www.annarborcenter.com
Services: Psychotherapy for individuals, couples, families, and groups.
Hours: Varies according to therapist.
Fees: Varies. Some insurances accepted.

Catholic Social Services
Address: 4925 Packard Rd., Ann Arbor, MI 48108
Phone: (734) 971-9781,
Fax: (734) 971-2730
Website: www.csswashtenaw.org
Services: Licensed social workers and psychologists provide assessment and short-term, solution focused therapy for individuals, couples, and families. Substance abuse assessment and treatment is also available.
Hours: Monday - Thursday 8:30 a.m. - 9:00 p.m., Friday 8:30 a.m. - 5:00 p.m.
Saturday 9:00 a.m. - 3:00 p.m.
Fees: Most insurance policies accepted, sliding scale available

Catholic Social Services of Washtenaw-Senior Services
Address: Towsley Health Building: 5361 McAuley Dr., P.O. Box 995, Ann Arbor, MI 48106
Phone: (734) 712-7775
Fax: (734) 712-7833
Website: www.csswashtenaw.org
Services: Specialized information and referral for 60+. Serves as the “point of entry” for seniors and/or caregivers to discuss concerns by telephone and an in-home assessment to determine what supports are needed to continue to live independently at home.
Hours: Monday - Friday 8:30 a.m. - 5 p.m.
Fees: Based on ability to pay.
EMU Psychology Clinic
Address: Eastern Michigan University, Psychology Clinic, 611 W. Cross St., Ypsilanti, MI 48197
Phone: (734) 487-4987
Fax: (734) 487-4989
Website: www.emich.edu/psychology/clinic.php
Services: Comprehensive psychological evaluations, individual and group therapy for adults, adolescents, and children, family and couples therapy, consultations with physicians, allied health personnel, and community treatment programs.
Hours: Monday - Thursday, 8:30 a.m. – 7:00 p.m., Friday, 8:30 a.m. – 4 p.m.
Fees: $5 per group hour, $10 per individual therapy hour; $200 for a full psychological assessment. Fees due at time of service.

Jewish Family Services of Washtenaw County
Address: 2245 S. State Street, Suite 200, Ann Arbor, MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Website: www.jfsannarbor.org/
Services: Comprehensive assessments, individual, and family counseling, some in-home counseling.
Hours: Call for hours.
Fees: Many insurances, including Medicare, accepted. Sliding scale available for uninsured.

Psychiatric Emergency Services – 24 Hour Crisis Center
Address: University of Michigan Hospital, 1500 East Medical Drive, Ann Arbor, MI 48109
Phone: (734) 936-5900
Fax: (734) 763-7204
Website: www.psych.med.umich.edu
Services: Psychiatric Emergency Services (PES) provides crisis phone services and emergency/urgent walk-in evaluations resulting in treatment recommendations; crisis intervention; screening for inpatient psychiatric hospitalization; mental health and substance abuse treatment referral information.
Hours: 24 hours/7 days a week.
Fees: Charges are same as an ER Visit.

Senior Counseling Services
Address: 37899 W. 12 Mile Road Suite 130, Farmington Hills, MI 48334
Phone: (248) 476-2229
Fax: (248) 476-4434
Website: www.seniorcounseling.info
Services: In- home mental health counseling for seniors 65+, homebound, and disabled individuals on SSI. Provides supportive counseling for family members and caregivers. Assists with resources and referrals.
Hours: Monday - Friday 9 a.m. – 5 p.m.
Fees: Medicare, some insurances, private pay.
St. Joseph Mercy Chelsea – Behavioral Health Services
Address: 350 N. Main St., Chelsea, MI 48118
Phone: (734) 593-5251 or (800) 328-6261
Fax: (734) 475-4031
Website: http://www.stjoeschelsea.org/behavioralhealthservices
Services: Inpatient, outpatient, and day treatment programs are available. Services include individual and family counseling
Hours: Monday, Tuesday, Thursday 8:30 a.m. - 6 p.m., Wednesday, Friday 8:30 a.m. - 5 p.m.
Fees: Most insurance policies accepted.

St. Joseph Mercy Chelsea - Older Adult Recovery Center
Address: 350 N. Main Street Suite 120, Chelsea, MI 48118
Phone: (734) 593-5262
Website: http://www.stjoeschelsea.org/olderadultrecoverycenter
Services: Outpatient/inpatient detoxification, intensive outpatient treatment, and standard outpatient treatment, including recovery groups and family treatment.
Hours: Monday - Thursday 8 a.m. - 6 p.m., Friday 8 a.m. - 5 p.m.
Fees: Accepts Medicare and many commercial insurances.

St. Joseph Mercy Health System - Huron Oaks Adult Partial Hospitalization
Address: 5401 McAuley Dr., Ann Arbor, MI 48106
Phone: (734) 712-5850
Fax: (734) 712-5692
Website: http://www.stjoesannarbor.org/adultpartialhospitalizationprogram
Services: Mental health services for all age groups, psychiatric day services, and treatment facility
Hours: Monday - Friday 8:00 a.m. - 4:30 p.m.
Fees: Insurance plans and Medicare.

St. Joseph Mercy Senior Health Services
Address: Senior Health Building: 5361 McAuley Drive, Ann Arbor, MI 48106
Phone: (734) 712-5189
Fax: (734) 712-5302
Website: http://www.stjoesannarbor.org/senior-health-clinic
Services: Cognitive evaluation; mood, memory and behavior testing; social work counseling and assistance. Support to family members who are caregivers. Serves people 65+.
Hours: Monday - Friday 8:30 a.m. – 4 p.m.
Fees: Covered by Medicare and most insurances.

St. Mary Outpatient Psychiatric Services
Address: 2006 Hogback Rd., Suite. #1, Ann Arbor, MI 48105
Phone: (734) 786-2301
Fax: (734) 786-2350
Website: http://www.stjoesannarbor.org/outpatient-psychiatric-services
Services: Psychiatric evaluation and medication management; outpatient psychotherapy (individual, couple & family); psychological testing and evaluation; specialty psychotherapy & psycho-educational groups.
Hours: Monday - Friday 8:00 a.m. - 8:00 p.m. Friday evening and Saturday by appointment.
Fees: Medicare, private pay and some insurance programs.
University of Michigan Geriatrics Center Social Work and Community Programs
Address: 4260 Plymouth Road, Ann Arbor, MI 48109
Phone: (734) 764-2556
Fax: (734) 936-4120
Website: www.med.umich.edu/geriatrics
Services: Various therapy groups available, individual counseling available to Turner Clinic patients.
Hours: Monday - Friday 8 a.m. – 5 p.m.
Fees: Services reimbursed by Medicare and most insurances.

Washtenaw County Community Mental Health
Address: Health Service Access: 555 Towner Street, Ypsilanti, MI 48198
Phone: (734) 544-3050, 1-800-440-7548 (24 hours)
Fax: (734) 544-6732
Website: http://www.ewashtenaw.org/government/departments/community_mental_health
Services: Access-intake, assessments, substance abuse treatment, referral. Access/Screening is the single entry point for adults seeking mental health services for Washtenaw County. This site also houses services for the Livingston/Washtenaw Substance Abuse Coordinating Agency.
Hours: Monday - Friday 8 a.m. – 5 p.m.
Fees: Some insurances and based on ability to pay.

Washtenaw County Community Mental Health: Adult Services
Address: 2140 E. Ellsworth, Ann Arbor, MI 48108 or 555 Towner, Ypsilanti, MI 48198
Phone: (734) 544-3050, 1-800-440-7548
Fax: (734) 544-6726
Website: http://www.ewashtenaw.org/government/departments/community_mental_health
Services: Counselors available any time day or night for emergency assistance over the phone or in person. Older adult counseling is available by appointment in home or in the office. Group homes for the chronically mentally ill are available. Screening process to determine eligibility.
Hours: Monday - Friday 8:30 a.m. - 5 p.m., Psychiatric emergency service 24/7
Fees: Based on ability to pay.

Women’s Center of Southeastern Michigan
Address: 510 S. Maple Rd., Ann Arbor, MI 48103
Phone: 734-973-6779
Fax: 734-973-6609
Website: www.womenscentersemi.org
Services: Personal counseling, job coaching, divorce support, tax assistance, and community resource information.
Hours: Monday - Friday, 9 a.m. - 5 p.m.
Fees: Based on ability to pay.
Education

American Association of Retired Persons (AARP)
Address: 309 N Washington Square, Suite 110 Lansing, MI 48933
Phone: 1-866-227-7448
Fax: (517) 482-2794
TTY: (877) 434-7598
Website: www.aarp.org/
Services: Driver Safety Program—8 hour classroom course for drivers 50+ offered at many locations around the state throughout the year. Call for dates, time and location.
Hours: Monday – Friday 9 a.m. – 5 p.m.
Fees: $15.00 AARP members, $20.00 Non-members.

Ann Arbor Public Schools - Community Education and Recreation Department
Address: 1515 South Seventh Street, Ann Arbor, MI 48103
Phone: (734) 994-2300
Fax: (734) 944-1454
Website: www.reced.aaps.k12.mi.us/
Services: Education, recreation, adult enrichment, and foreign language classes. Generally, residents of the Ann Arbor Public Schools district age 65 and over may take one class per term for 50% discount.
Hours: Monday – Friday 8 a.m. – 5 p.m. Summer office hours 8 a.m. – 4:30 p.m.
Fees: Varies according to program.

Elderwise (Southeast Michigan)
Address: 4624 Packard Rd., Ann Arbor MI 48108 (Red Cross Building)
Phone: (734) 929-9097
Fax: (734) 332-4646
Website: www.elderwiselearning.org/
Services: In-depth courses and interactive learning with peer teaching, plus social activities. Program may include art, music, literature, history, gardening, and travelogues and presentations on medical, financial, and legal issues.
Hours: Monday – Friday 9 a.m. – 5 p.m.
Fees: Varies according to program, $30/year membership fee entitles member to 50% discount on course fees; membership is not required for class enrollment.

Jewish Family Services of Washtenaw County
Address: 2245 S. State St., Ann Arbor, MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Website: www.jfsannarbor.org/
Services: English as a Second Language classes.
Hours: Daytime, call for schedule.
Fees: No fee.
Osher Lifelong Learning Institute at the University of Michigan
Address: 2401 Plymouth Rd, Suite C, Ann Arbor, MI 48105
Phone: (734) 998-9351
Fax: (734) 998-9340
Website: www.OLLUmich.org/
Services: Lectures, study groups, mini classes, offered at various locations, plus trips. Age 50 and older.
Hours: Monday – Friday 9 a.m. – 5 p.m.
Fees: $20 annual membership fee. Fees vary according to program. Scholarships available.

Road Scholar (formerly Elderhostel)
Address: 11 Avenue de Lafayette, Boston, MA 02111
Phone: 1-800-454-5768
Fax: (617) 426-8351
TTY: (877) 426-2167
Website: www.roadscholar.org
Services: Learning experiences around the world, through educational field trips, excursions, and a variety of activities.
Hours: Monday – Friday 9 a.m. – 6 p.m.
Fees: Varies according to program, no membership fees.

University of Michigan – Center for Education of Women
Address: 330 E Liberty St., Ann Arbor, MI 48104
Phone: (734) 764-6005
Fax: (734) 998-6203
Website: www.cew.umich.edu
Services: Workshop and programs: career development, building your financial future, work/life balance. Job search assistance: members of surrounding community, men and women, students, faculty, and staff of University of Michigan.
Hours: September – June: Monday - 8 a.m. - 7 p.m., Tuesday – Friday 8 a.m. – 5 p.m.
Fees: Fees apply to some programs.

University of Michigan Turner Senior Wellness Program
Address: 2401 Plymouth Rd, Ann Arbor, MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Website: www.med.umich.edu/geriatrics/community/turner.html
Services Provided: Community and caregiver resources, health lectures, exercise classes, computer mentoring, cooking demonstrations, Gallery 55+ (art of artists 55 and older).
Hours: Monday – Friday 9 a.m. – 5 p.m.
Fees: Varies according to the program. Scholarships available.
Washtenaw Community College - Emeritus Scholarship Program
Address: 4800 E Huron River Drive, Ann Arbor, MI 48105-4800
Phone: (734) 677-5027
Fax: (734) 973-5045
Website: wccnet.edu/
Services: Educational and cultural programs at Washtenaw Community College for Washtenaw County residents who are 65 or older at no charge.
Hours: Monday – Friday 8 a.m. – 5 p.m.
Fees: No fee or tuition for most classes, if space available.

Washtenaw Community College – LifeLong Learning
Address: 4800 E Huron River Dr., Ann Arbor, MI 48105
Phone: (734) 677-5027
Fax: (734) 973-5045
Website: www3.wccnet.edu/lifelong-learning
Services: Classes offered: art and photography, computers and technology, fitness and recreation, health, wellness, and languages. Residents of Washtenaw County 65 years + pay lower or no fees.
Hours: Monday – Friday 8 a.m. – 5 p.m.
Fees: Varies according to program.

Washtenaw County MSU Extension
Address: 705 N. Zeeb Road, P.O Box 8645, Ann Arbor, MI 48107
Phone: (734) 997-1678
Fax: (734) 222-3990
Website: www.ewashtenaw.org/government/departments/extension/
Services: Outreach programs of Michigan State University. Free educational programs in Washtenaw County: Food and nutrition, agriculture, horticulture, and natural resources, master gardener training. Open to Washtenaw County residents.
Hours: Monday – Thursday 8 a.m. – 6 p.m.
Fees: Varies according to program; some have no fee.

Washtenaw Literacy
Address: 5577 Whittaker Road, Ypsilanti, MI 48197
Phone: (734) 879-1320
Fax: (734) 879-1319
Website: www.washtenawliteracy.org
Services: One-on-one and group tutoring for adults in various locations, basic reading skills, and English as a second language. Available to Washtenaw county adults who live, work, or volunteer in Washtenaw County.
Hours: Monday – Friday 9 a.m. – 5 p.m.
Fees: No fee.
Emergency Services

Aid in Milan
Address: 89 W Main Street, Milan, MI 48160
Phone: (734) 439-8420
Services: Services include: utility assistance program, help with prescriptions; emergency food pantry; rent money (occasionally); chore services for seniors. Generally reserved for residents of Milan School District, with proof of residency and proof of income.
Hours: Monday - Friday 9 a.m. - 3 p.m.
Fees: No fee.

American Red Cross - Washtenaw County Chapter
Address: 4624 Packard Road, Ann Arbor, MI 48108
Phone: (734) 971-5300
Fax: (734) 971-5303
Toll Free: (866) 971-5300
Website: www.wc-redcross.org or www.redcross.org
Services: The Red Cross works to meet people's immediate needs after an emergency or disaster; provides shelter, food, replacement items, health and mental health services. In addition, serves as communication liaison between the military and soldier's family in event of an emergency. Emergency response services provided 24 hours a day, 7 days a week.
Hours: Monday - Thursday 8:30 a.m. - 5 p.m. Friday 8:30 a.m. - 3:00 p.m.
Fees: No fee.

Ann Arbor Thrift Shop
Address: 3530 Washtenaw Avenue, Ann Arbor, MI 48104
Phone: (734) 662-6771
Website: www.annarborthriftshop.org
Services: Thrift Shop takes referrals from social service case workers on behalf of local residents who need emergency aid for clothing, housing, utility bills, medical or dental care, car repair or transportation
Hours: Monday – Saturday 10 a.m. - 4 p.m.
Fees: No fee.

Catholic Social Services - Emergency Food Program
Address: 815 Taylor, Ann Arbor, MI 48105
Phone: (734) 662-4462
Website: www.csswashtenaw.org
Services: Distributes groceries and personal care items to low-income families and individuals on a monthly and/or emergency basis. Referrals to other agencies for clothing and other critical services are provided as needed. Must live in Washtenaw County and meet the low-income poverty levels; can use services one time per month. Must have driver’s license or state ID.
Hours: Tuesday 3 p.m. - 7 p.m., Thursday 9 a.m. - 3 p.m., Saturday, 1 p.m. - 4 p.m.
Fees: No fee. Food donations are accepted.
Emmanuel Lutheran Church
Address: 201 N. River, Ypsilanti, MI 48198
Phone: (734) 482-7121
Fax: (734) 482-7122
Website: www.emmanuelypsi.org
Services: Medical equipment loan closet and clothing are available (must call in advance for equipment) Wednesdays, 9 – 11 a.m. A 3-day supply of food is distributed Mondays, Wednesdays, and Thursdays, 3 – 3:45 p.m. Picture ID required. May only be used once every 3 months.
Hours: Varies according to service needed.
Fees: No Fee.

Faith in Action
Address: 603 S Main Street, Chelsea, MI 48118
Phone: (734) 475-3305
Fax: (734) 475-3136
Website: www.faithinaction1.org
Services: Clothing and durable medical equipment available: no residency requirement. Food for 3 – 5 days, household and other supplies not purchasable with food stamps, and financial assistance available: must be low income and live within the Dexter and Chelsea School Districts. Dexter also has a food pantry.
Hours: Chelsea: Monday – Friday 9 a.m. - 4 p.m., Wednesday 9 a.m. - 7 p.m. Dexter: Wednesday 12 p.m. - 7 p.m.
Fees: No fee.

Friends in Deed
Address: 1196 Ecorse Road, Ypsilanti, MI 48198
Phone: (734) 484-4357
Fax: (734) 484-5335
Furniture Line: (734) 484-7607
Website: www.friendsindeed.info/
Services: Financial help for unmet needs for Washtenaw County residents, such as housing, utility bills, health and employment-related needs, transportation, childcare, clothing, prescriptions, and medical needs. Needs should be those that other humans service agencies cannot meet.
Hours: Monday - Friday 9:30 a.m. - 12 p.m.
Fees: No fee.

House by the Side of the Road
Address: 824 Phoenix, Ann Arbor, MI 48108
Phone: (734) 971-2550
Services: Free clothing and small household items available to people in need. Clients need to bring a letter or voucher from a place of worship or a social service agency to qualify.
Hours: Monday - Friday 10 am - 2 pm
Fees: No fee.
Ken and Marianna Staples Family Center  
**Address:** 3660 Packard Road, Ann Arbor, MI  
**Phone:** (734) 761-7750  
**Website:** [www.usc.salvationarmy.org](http://www.usc.salvationarmy.org)  
**Services:** A drug-free homeless shelter operated by The Salvation Army of Washtenaw County. Phone screening required.  
**Hours:** 24 hours a day/7 days a week.  
**Fees:** No fee.

Kiwanis - Ann Arbor  
**Address:** 200 S First Street, Ann Arbor, MI 48103  
**Phone:** (734) 665-0450  
**Website:** [www.a2kiwanis.org](http://www.a2kiwanis.org)  
**Services:** Ann Arbor Kiwanis sells discounted men, women, and children/teen clothing to the public. Voucher program services from agencies are accepted.  
**Hours:** Voucher Services: every Thursday 9:30 a.m. - 10:30 a.m. Open to the public: Saturdays 9 a.m. - 12 noon.  
**Fees:** No fee.

Manchester Family Services, Inc.  
**Address:** PO Box 471, Manchester, MI 48158  
**Phone:** (734) 428-7183  
**Services:** Offers food distribution on the third Wednesday of each month. Vouchers are given any time for food, rent, and utility assistance. Location for food pick up: 110 E Madison, St. Mary's Parish Center in Manchester. Must call in advance to participate in the food program and live in the Manchester School District. Other services are also available to the following townships: Freedom, Manchester, Bridgewater, and Sharon Township. Based on need.  
**Hours:** Food pantry available for pickup third Wednesday each month 1 p.m. - 3 p.m.  
**Fees:** No fee.

Peace Neighborhood Center  
**Address:** 1111 N. Maple Road, Ann Arbor, MI 48103  
**Phone:** (734) 662-3564  
**Fax:** (734) 662-8589  
**Website:** [www.peaceneighborhoodcenter.org](http://www.peaceneighborhoodcenter.org)  
**Services:** Provides food assistance and coordinates with other agencies to provide services.  
**Hours:** Monday - Friday 9:30 a.m. - 5 p.m.  
**Fees:** No fee.
Poison Control Center (Listed as National Capital Poison Center)
Address: 3201 New Mexico Avenue, Ste 310, Washington, DC 20016
Phone: (800) 222-1222
Website: www.poison.org
Services: 24 hour telephone guidance for poisoning emergencies.
Hours: 24 hours a day 7 days a week.
Fees: No fee.

S.O.S. Community Services, Housing Crisis Center
Address: 114 N. River Street, Ypsilanti, MI 48198
Phone: (734) 961-1999
Fax: (734) 484-5413
Website: www.soscsc.org
Services: Information and referral services, short-term crisis counseling, financial assistance (when funds available), eviction prevention, utility assistance (based on shut-off notification). Food provided only on Tuesday 10 a.m. - 12:45 p.m. and Wednesday 6 - 7:45 p.m. (can only be used 4 times a year). Must be a Washtenaw County resident or moving into Washtenaw County. All persons in the household must have IDs. Personal items available once a month with valid ID.
Hours: Monday - Friday, 9 a.m. - 5 p.m., Tuesday, 9:00 a.m. - 6:30 p.m.
Fees: No fee.

SafeHouse Center
Address: 4100 Clark Road, Ann Arbor, MI 48105
Phone: 24-Hour Helpline: (734) 995-5444, Business Office: (734) 973-0242
Fax: (734) 973-7817
TTY: (734) 973-2227
Website: www.safehousecenter.org
Services: Provides safety, support, advocacy, and resources for survivors of sexual assault and domestic violence and their children. Must be a survivor of an intimate partner of domestic violence to use the services.
Hours: Monday - Friday, 8 a.m. - 5:00 p.m. for counseling, legal advocacy, and counseling for sexual assault. 24 hour domestic violence hotline
Fees: Fees for service are assessed over the phone per case.

Saline Area Social Services
Address: 131 E Michigan Avenue, Saline, MI 48176
Phone: (734) 429-4570
Fax: (734) 429-9500
Website: www.salinesocialservice.com
Services: Provides services to residents of Saline School District only. Income guidelines determine assistance. Can provide temporary emergency financial aid, food, clothing, fuel, Christmas baskets, transportation, and friendly neighborhood visitors for shut-ins.
Hours: Monday 10:00 a.m. - 5:30 p.m., Tuesday, Wednesday, Thursday 10 a.m. - 3 p.m.
Fees: No fee.
Salvation Army - Ann Arbor, MI
Address: 100 Arbana, Ann Arbor, MI 48103
Phone: (734) 668-8353
Fax: (734) 668-0908
Website: www.sawashtenaw.org
Services: Food, fuel, clothing, and shelter provided during an emergency. Call to make appointment: application must be picked up in person. Eligibility determined on individual basis. Must be Washtenaw County resident. Ypsilanti and Willis residents should use Ypsilanti office.
Hours: Monday - Friday 9 a.m. - 4 p.m.
Fees: No fee.

Salvation Army - Ypsilanti, MI
Address: 9 South Park, Ypsilanti, MI 48198
Phone: (734) 482-4700
Fax: (734) 482-2689
Website: www.sawashtenaw.org
Services: Client services done by appointment only for emergency services. Primarily serves Ypsilanti area residents.
Hours: Monday - Friday 8:30 a.m. - 4 p.m.
Fees: No fee.

Shelter Association of Washtenaw County - Delonis Center
Address: 312 W Huron, Ann Arbor, MI 48103
Phone: (734) 662-2829
Fax: (734) 996-3022
Website: www.annarborshelter.org
Services: The Shelter Association of Washtenaw County provides temporary shelter and supportive services to homeless adults. Services offered on a walk-in or appointment basis include: employment assistance, substance abuse evaluations, mental health assessments, meals, health care, referrals for clothing, transportation assistance, and networking to other community resources. Clients have to be 18+, drug-free, and sober. Washtenaw County residents serviced first, and all others will be on a 30-day wait list pending availability.
Hours: Open 24 hours, 7 days a week.
Fees: No fee.

St. Thomas Catholic Church
Address: 530 Elizabeth St, Ann Arbor, MI 48104
Phone: (734) 761-8606
Fax: (734) 997-8432
Website: www.sainttc.com
Services: St. Thomas Catholic Church provides bus tickets, clothing, Kroger food cards, and prescription assistance. Must be a resident of Washtenaw County with a valid ID. Services provided are based on need. Clients are required to come in person. Individual services are provided on 6 month intervals.
Hours: Tuesday and Friday 9 a.m. -11 a.m.
Fees: No fee.
**St. Vincent De Paul Society - Thrift Store**  
**Address:** 1001 Broadway, Ann Arbor, MI 48105  
**Phone:** (734) 761-1400  
**Website:** [www.svdpaa.org](http://www.svdpaa.org)  
**Services:** Used clothing, dishes, and appliances are sold. Accepts vouchers from agencies for clothing.  
**Hours:** Monday 10 a.m. - 3 p.m., Tuesday- Friday 10 a.m. - 5 p.m., Saturday 10 a.m. - 3 p.m.  
**Fees:** Varies according to service.

**State of Michigan Department of Health and Human Services**  
**Address:** 22 Center Street, Ypsilanti, MI 48198  
**Phone:** (734) 481-2000; (855) 275-6424  
**Fax:** (734) 481-8386  
**Website:** [http://www.michigan.gov/mdhhs](http://www.michigan.gov/mdhhs)  
**Services:** State Emergency Relief (SER) Program provides immediate help to individuals and families facing conditions of extreme hardship or for emergencies that threaten health and safety. Through direct financial assistance and contracts with a network of non-profit organizations, SER helps low-income households meet emergency needs such as: heat & utilities, home repairs, relocation assistance, home ownership services and burial. SER is primarily designed to maintain low-income households who are normally able to meet their needs but occasionally need help when unexpected emergency situations arise, not for chronic difficulties.  
**Hours:** Monday - Friday 8 a.m. - 5 p.m.  
**Fees:** No fee.

**Washtenaw County Community Mental Health Adult & Children Services**  
**Address:** 2140 E. Ellsworth, Ann Arbor, MI 48108  
**Phone:** (734) 971-2282 or (734) 544-3050 (Washtenaw County Access)  
**Fax:** (734) 971-2487  
**Website:** [www.ewashtenaw.org](http://www.ewashtenaw.org)  
**Services:** Dual Diagnosis: substance abuse and mental health; Project Outreach (PORT) Services for the Homeless; OBRA Services for Older Adults- Nursing Home Screening and Treatment Services.  
**Hours:** Monday - Friday 8:30 a.m. - 5 p.m.  
**Fees:** Based on ability to pay.

**Washtenaw County Community Mental Health and University of Michigan Health System Psychiatric Emergency Services**  
**Address:** Room-UHB1 B-205; 1500 E. Medical Center Drive, Ann Arbor, Michigan 48109  
**Phone:** (734) 936-5900  
**Emergency Line:** (734) 996-4747 (24 hours a day, 7 days a week)  
**Services:** Offers assistance with psychological emergencies, including suicide prevention. Evening phone calls are forwarded to Psychiatric Emergency Services at University of Michigan Health System.  
**Hours:** 24 Hours a day, 7 days a week.  
**Fees:** Patient’s insurance is billed for services. If uninsured, other billing agencies may be considered.
Ypsilanti Thrift Shop
Address: 14 S. Washington, Ypsilanti, MI 48197
Phone: (734) 483-1226
Services: Provides household items, toys, books, clothing for men, women & children, jewelry, linen and blankets, and other small items. Vouchers are accepted from area agencies and must be signed by the thrift shop social worker.
Hours: Monday - Friday 10 a.m. - 3:45 p.m.
Fees: Cash and vouchers accepted.
Financial Assistance

Ann Arbor Thrift Shop
Address: 3530 Washtenaw Avenue, Ann Arbor, MI 48104
Phone: (734) 662-6771
Website: www.annarborthriftshop.org
Services: Thrift Shop provides emergency aid to local resident for clothing, housing, utility bills, medical or dental care, car repair, or transportation. Must be referred by a social service case worker.
Hours: Monday - Saturday 10 a.m. - 4 p.m.
Fees: No fee.

BenefitsCheckUp
Website: www.benefitscheckup.org
Services: BenefitsCheckUp is a non-profit Web-based service to screen for benefits programs for seniors with limited income and resources. It includes more than 1,650 public and private benefits programs from all 50 states and the District of Columbia, such as: Prescription drugs, Nutrition (including Supplemental Nutrition Assistance (SNAP)/Food Stamps), Energy Assistance, Financial, Legal, Health Care, Social Security, Housing, In-home Services, Tax Relief, Transportation, Educational Assistance, Employment, and Volunteer Services.
Fees: No fee.

Department of Veterans Affairs
Address: 2155 Hogback Rd., P.O. Box 8645, Ann Arbor, MI 48107
Phone: (734) 973-4540
Fax: (734) 973-4560
Website: www.ewashtenaw.org
Services: Help offered to Washtenaw County veterans to apply for all federal veterans’ pensions and benefits, including: Michigan Veterans Trust Fund, which has emergency funds for housing, utilities, medicine; Veterans Relief, an indigent relief program; assistance with employment assistance, health care, and burial expenses.
Hours: Walk In Service (Public): 8:30 am - 12:00 pm; Appointments (Public): 1:00 pm to 5:30 pm; Closed for Lunch: 12:00 pm - 1:00 pm; Closed: Fridays/Holidays
Fees: No fee.

Faith in Action – Chelsea/Dexter
Address: St. Joseph Mercy Chelsea, Faith in Action Bldg., 603 S. Main St. Chelsea, MI 48118
Phone: (734) 475-3305
Website: www.faithinaction1.org
Services: Financial help with heat, electric, water, and rent. Income-qualified families are eligible to receive help when they have received a shut-off notice or notice to quit/eviction. Social work staff will negotiate with utility companies and landlords to clarify expectations. Available only to residents of Chelsea and Dexter School Districts.
Hours: Call for hours
Fees: No fee.
Friends in Deed  
**Address:** 1196 Ecorse Rd., Ypsilanti, MI 48198  
**Phone:** (734) 484-4357  
**Website:** [www.friendsindeed.info](http://www.friendsindeed.info)  
**Services:** Financial help for unmet needs for Washtenaw County residents, such as housing, utility bills, health and employment-related needs, transportation, childcare, clothing, prescriptions, and medical needs. Needs should be those that other human service agencies cannot meet.  
**Hours:** Call for hours  
**Fees:** No fee.

GreenPath Debt Solutions  
**Address:** 315 E. Eisenhower Parkway, Suite 206, Ann Arbor, MI 48108  
**Phone:** (800) 550-1961; For appointment: (888) 776-6735  
**Website:** [www.greenpath.com](http://www.greenpath.com)  
**Services:** Non-profit company provides confidential credit reports, money management assistance, debt consolidation, pre-purchase foreclosure prevention, mortgage and reverse mortgage counseling.  
**Hours:** Call for hours.  
**Fees:** Varies according to service.

Health Well Foundation  
**Address:** P.O. Box 4133, Gaithersburg, MD 20878  
**Phone:** 1-800-675-8416  
**Fax:** 1-800-282-7692  
**Website:** [www.healthwellfoundation.org](http://www.healthwellfoundation.org)  
**Services:** The Health Well Foundation is a non-profit, charitable organization that assists patients living with chronic and life-altering illnesses in paying their share of prescription drug copayments, deductibles, and health insurance premiums. Eligibility is determined by financial, medical, and insurance information.  
**Hours:** Call for hours.  
**Fees:** No fee.

Hope Clinic  
**Address:** 518 Harriet St., Ypsilanti, MI 48198  
**Phone:** (734) 484-2989  
**Fax:** (734) 484-6825  
**Website:** [www.thehopeclinic.org](http://www.thehopeclinic.org)  
**Services:** Hope Clinic has access to limited funds to help with prescription co-pays, transportation to medical appointments, and other essential emergency needs.  
**Hours:** Monday - Friday 9 a.m. – 5 p.m.  
**Fees:** N/A.
Housing Bureau for Seniors
Address: 2401 Plymouth Rd., Suite C  
Phone: (734) 998-9339  
Fax: (734) 998-9340  
Website: [www.med.umich.edu/seniors](http://www.med.umich.edu/seniors)

Services: Offers assistance through the following programs:
- **Housing Counseling**: Housing options, including independent, assisted living, and nursing homes.
- **Eviction Prevention**: Assistance to keep renters in their apartment or to help with relocation.
- **Foreclosure Prevention**: Assistance to prevent homeowners from foreclosure due to unpaid property tax or mortgage payments. AARP volunteer tax assistance program during tax season. Do not need to be an AARP member.
- **HomeShare**: Matching of senior homeowners with home seekers interested in renting space.

Hours: Monday-Friday, 8 a.m.-5 p.m.
Fees: No fee.

Jewish Family Services
Address: 2245 S. State St., Suite 200, Ann Arbor, MI 48104  
Phone: (734) 769-0209  
Fax: (734) 769-0224  
Website: [www.jfsannarbor.org/](http://www.jfsannarbor.org/)

Services: Helps Washtenaw County residents of any age access a variety of emergency community funds, based on those programs’ income and asset guidelines.

Hours: Monday - Thursday 9 a.m. – 5 p.m., Friday 9 a.m. – 3 p.m.
Fees: No fee.

Manchester Family Services
Address: 17000 Bethel Church Rd., P.O. Box 471 - Manchester, MI 48158  
Phone: (734) 428-7183  

Services: Emergency aid for residents of Manchester School District. Can provide food or help with rent, utility payments, and medical bills.

Hours: Monday – Friday 9 a.m. - 4 p.m.
Fees: No fee.

Michigan Medicare/Medicaid Assistance Program, Inc.
Phone: (800) 803-7174  
Website: [www.mmapinc.org](http://www.mmapinc.org)

Services: Medicare/ Medicaid Assistance Program assists all Medicare beneficiaries in choosing a Medigap plan, Part D plan for prescription coverage, applying for Extra Help through Social Security, applying for Medicaid, and understanding medical bills.
Fees: No fee.
Michigan Parkinson Foundation  
Address: 30400 Telegraph Rd., Suite 150, Bingham Farms, MI 48025  
Phone: (248) 433-1011 or (800) 852-9781  
Website: [www.parkinsonsmi.org](http://www.parkinsonsmi.org)  
Services: Michigan Parkinson Foundation can assist Michigan residents with Parkinson’s disease who meet financial criteria obtain some relief for Parkinson’s medication costs.  
Hours: Monday - Friday 8:30 a.m. - 5 p.m.  
Fees: No fee.

Michigan Prescription Drug Discount Card  
Address: P.O. Box 30412, Lansing, MI 48909  
Phone: 1-866-755-6479 or 1-800-259-8016  
Website: [www.mihealth.org](http://www.mihealth.org)  
Services: MiRx card is a prescription drug discount program for Michigan residents who do not have any prescription drug coverage.  
Hours: Monday - Friday 9 a.m. - 5 p.m.  
Fees: No fee.

National Kidney Foundation of Michigan  
Address: 1169 Oak Valley Dr., Ann Arbor, MI 48108  
Phone: (734) 222-9800 or 800-482-1455  
Fax: (734) 222-9801  
Website: [www.kidney.org](http://www.kidney.org)  
Services: The agency can provide some financial assistance options for kidney medications. Patient must have kidney disease, be a Michigan resident, and be underinsured or uninsured.  
Hours: Monday - Friday 9 a.m. - 5 p.m.  
Fees: No fee.

NeedyMeds. org  
Website: [www.needymeds.org](http://www.needymeds.org)  
Services: NeedyMeds is 501(c)(3) non-profit with the mission of helping people who cannot afford medicine or healthcare costs. The information is available anonymously and free of charge.

- **Patient Assistance Programs:** Patient assistance programs are usually sponsored by pharmaceutical companies and provide free or discounted medicines to low-income, uninsured and under-insured people who meet the guidelines. Eligibility criteria are different for every program.
- **Disease- Based Assistance:** There is a list of assistance programs provided for specific diseases.
- **Discount Drug Cards:** These are programs that allow qualified patients to get medicine at a discounted price.

Hours: N/A.  
Fees: No fee.
S.O.S. Community Services
Address: 114 North River, Ypsilanti, MI 48197
Phone: Administrative Office: (734) 485-8730
Fax: (734) 485-8739
Website: www.soscs.org
Services: Assistance with finding housing for homeless families; food pantry.
Hours: Call for walk-in service hours.
Fees: No fee.

Saline Area Social Service
Address: 131 E. Michigan, Saline, MI 48176
Phone: (734) 429-4570
Website: www.salinesocialservice.com
Services: Short-term help with prescriptions, family counseling, food, and utility bills. Must live in the Saline School District and meet financial criteria.
Hours: Monday, 10:00 a.m. - 5:30 p.m. Tuesday, Wednesday, Thursday 10 a.m. - 3 p.m.
Fees: No fee.

Salvation Army
Address: Ann Arbor: 100 Arbana Drive, Ann Arbor, MI 48103; Ypsilanti: 9 South Park, Ypsilanti, MI 48198
Phone: Ann Arbor: (734) 668-8353; Ypsilanti: (734) 482-4700
Fax: Call for fax number
Website: www.sawashtenaw.org
Services: Emergency financial assistance, utility assistance and other social services
Hours: Monday - Friday 8 a.m. - 4 p.m.
Fees: No fee.

Social Security Administration
Address: 3971 Research Park Dr., Ann Arbor, MI 48108
Phone: 1-800-772-1213
TTY: 1-800-325-0778
Website: www.ssa.gov
Services: Enrolls financially-eligible Medicare beneficiaries in Part D Extra Help to assist with prescription costs; enrolls financially-eligible seniors and younger disabled people in Supplemental Security Income
Hours: Phone hours: Monday - Friday 7 a.m. - 7 p.m.
Fees: N/A.
State of Michigan Department of Health and Human Services
Address: 22 Center St., Ypsilanti, MI 48198
Phone: (734) 481-2000
Fax: (734) 481-8362
TTY: (734) 481-2119
Website: http://www.michigan.gov/mdhhs
Services: Handles applications for Medicaid, State Emergency Relief, and other state financial programs.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.

University of Michigan Credit Union
Address: Administrative office: 340 E. Huron, Suite 100, Ann Arbor MI 48104 (+ multiple branches)
Phone: (734) 662-8200, or 800-968-8628
Fax: (734) 996-4522
Website: www.umcu.org
Services: Licensed professional will analyze income and debts in an initial 2-hour consultation. Must be a University of Michigan Credit Union member.
Hours: Call for hours
Fees: No fee.

Washtenaw County Healthy Michigan Plan
Address: 555 Towner Street, Ypsilanti, MI 48197
Phone: (734) 544-3030
Fax: N/A
Website: www.ewashtenaw.org
Services: Assist in applying for expanded Medicaid. Must be Michigan resident and not in or qualified for Medicare.
Hours: Monday – Friday, 8 a.m. – 5 p.m.

Washtenaw County Prescription Plan
Address: 555 Towner Street, Ypsilanti, MI 48197
Phone: (734) 544-6886
Fax: (734) 544-6704
Website: www.ewashtenaw.org
Services: The Washtenaw County Prescription Plan (WCPP) is a discount prescription drug program for County residents of all ages who have limited, exhausted, or no prescription drug coverage.
Hours: Monday – Friday 8 a.m. - 5 p.m.
Fees: No fee.
World Medical Relief
Address: 11745 Rosa Parks Blvd., Detroit, MI 48206
Phone: (313) 866-5333
Fax: (313) 866-5588
Website: www.worldmedicalrelief.org
Services: Affordable prescription program available for financially-qualified individuals 18+. Financial guidelines as of 12/12 are as follows: $21,780 or less per year ($29,420 per couple). Add $300 for each additional dependent. Cannot have other prescription coverage or full Medicaid. May qualify with a discount prescription card or if you have Medicare Part D. Call 2-1-1 for application and more information.
Hours: Monday - Friday 9 a.m. - 5 p.m.
Fees: $ 8.30 per prescription.

Ypsilanti Thrift Shop
Address: 14 S. Washington Street, Ypsilanti, MI 48197
Phone: (734) 483-1226
Services: Can give vouchers for clothing and household items from the store. Agency social workers must first contact the shop’s Director of Social Services at (734) 483-3932 for approval. One voucher per client every six months.
Hours: Monday – Friday 10 a.m. – 3:30 p.m.
Fees: No fee.
Health Services - Alzheimer's Disease/Memory Loss

Alzheimer’s Association Michigan Great Lakes Chapter
Address: 564 South Main Street, Ste. 200, Ann Arbor, MI 48104
Phone: Toll-free 24-hour hotline (800) 272-3900
Website: www.alz.org/mglc
Services: The Alzheimer’s Association provides a 24 hour helpline, care consultation and resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer’s disease, educational programs, professional training, a speakers’ bureau, a resource library with free lending opportunities, SafeReturn® (A nationwide identification, support and enrollment program that provides assistance when someone with Alzheimer’s or a related dementia wanders and becomes lost.), and opportunities for clinical trials. The Alzheimer’s Association provides multi-lingual services.
Hours: Monday - Friday 9 a.m. - 5 p.m. Hotline available 24 hours a day/7 days a week.
Fees: No fees for most services.

St. Joseph Mercy Hospital Senior Health Services
Address: 5361 McAuley Drive, P.O. Box 995, Ann Arbor, MI 48106
Phone: (734) 712-1300
Website: www.sjmercyhealth.org/
Services: Geriatric health services include memory loss screening. A physician, social worker, and registered nurse coordinate the geriatric assessment.
Hours: Monday - Friday 8:30 a.m. - 5 p.m.
Fees: Varies according to insurance.

University of Michigan Health System - Cognitive Disorders Clinic
Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Road, Reception 1008, Ann Arbor, MI 48109
Phone: (734) 764-6831
Fax: (734) 647-8535; physician’s referrals (734) 615-4991
Website: www.med.umich.edu/healthcenters
Services: The Cognitive Disorders Clinic provides comprehensive testing and assessments of problems associated with memory loss. Physician’s referral required.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: Varies according to insurance.

University of Michigan Health System - Michigan Alzheimer’s Disease Center (MADC)
Address: 2101 Commonwealth Blvd. Suite D, Ann Arbor, MI 48105
Phone: (734) 936-8764
Website: www.med.umich.edu/alzheimers
Services: The MADC provides information on Alzheimer’s disease and related disorders to people experiencing memory changes, 50+. Opportunities for participation in research studies are also available. Memory assessments for brain imaging, clinical drug trials, and observational studies provided.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fees. Stipend may be offered for participation.
University of Michigan Health System - Turner Geriatric Clinic
Address: 4260 Plymouth Rd., Ann Arbor, MI 48109
Phone: (734) 764-6831, Toll free: (877) 865-2167
Fax: (734) 763-2064
Website: www.med.umich.edu/geriatrics
Services: Turner Geriatric Clinic provides comprehensive medical evaluations, neuropsychological testing, and consultations with a nurse and social worker. Counseling and ongoing care to monitor changes available.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: Varies according to insurance.

VA Ann Arbor Healthcare System
Address: 2215 Fuller Road, Ann Arbor, MI 48105
Phone: (734) 769-7100 Ext. 53119 Toll free: (800) 361-8387
Website: www.annarbor.va.gov
Services: Veterans requiring evaluation of cognitive deficits are seen in the Neurology Clinic. A consult is required from the patient’s primary care provider.
Hours: The clinic is open Wednesdays 8:30 a.m. - 10:30 a.m.
Fees: Varies according to income and/or military service-connected disability.
Health Services – Dental

Community Dental Care
Address: 406 N. Ashley, Ann Arbor, MI 48013
Phone: (734) 998-9640; Toll free: (888) 707-2500
Fax: (734) 998-9647
Website: www.communitydental.dent.umich.edu
Services: A non-profit program jointly sponsored by the city of Ann Arbor and The University of Michigan School of Dentistry, offering comprehensive dental care to the community.
Hours: Monday and Wednesday 8:00 - 5 p.m., Tuesday 8 a.m. - 6:00 p.m., Thursday 8 a.m. - 5:00 p.m., Friday 8 a.m. - 1 p.m.
Fees: Most dental insurance is accepted. Grants may be available to qualified residents of Washtenaw County.

Hope Dental Clinic
Address: 518 Harriet Street, Ypsilanti, MI 48197
Phone: (734) 480-9575
Fax: (734) 484-6825
Website: www.thehopeclinic.org
Services: Provides preventative and restorative dental care to low income children and adults without dental insurance. You must enroll as a new patient if you have not been seen at the clinic before. Call the clinic or visit the website to find out when the next new patient sign-up day will be. Eligibility guidelines are based on family size and income. Proof of income and a photo ID are required during new patient sign-up.
Hours: Monday - Friday 9 a.m. - 12 p.m. and 1 - 5 p.m.
Fees: A $5 contribution per visit is requested for services, but not required.

University of Michigan Dental School
Address: 1011 N. University, Ann Arbor, MI 48109
Phone: (734) 763-6933, 1-(888) 707-2500
Website: www.dent.umich.edu
Services: The clinic provides comprehensive dental care provided by pre-doctoral students, residents and faculty.
Hours: Monday – Friday 8 a.m. - 5 p.m. Please note that the clinic is on an academic schedule observing holidays and semester breaks.
Fees: In addition to cash, check and credit card payments; the clinic accepts various insurances including Medicaid.

Washtenaw County Dental Clinic
Address: Haab Health Building, 111 N. Huron St., Ypsilanti, MI 48197
Phone: 1-877-313-6232 to schedule appointments
Website: www.midental.org
Services: Dental services for adults and children who are uninsured and low income, or who are enrolled in Medicaid, MIChild, or Healthy Kids
Hours: Call or check website for Information.
Fees: Call for information.
Health Services – Geriatric Health Assessment

St. Joseph Mercy Hospital Senior Health Services
Address: 5361 McAuley Drive, P.O. Box 995, Ann Arbor, MI 48106
Phone #: (734) 712-5189
Fax #: (734) 712-5189
Website: www.sjmercyhealth.org/
Services: Geriatric health services provided including memory loss screening. A physician, social worker, and registered nurse coordinate the geriatric assessment.
Hours: Monday - Friday 8:30 a.m. - 5 p.m.
Fees: Varies according to insurance.

University of Michigan Health System - Michigan Alzheimer’s Disease Center (MADC)
Address: 2101 Commonwealth Blvd. Suite D, Ann Arbor, MI 48105
Phone: (734) 936-8764
Website: www.med.umich.edu/alzheimers/
Services: The MADC provides information on Alzheimer’s disease and related disorders to people experiencing memory changes, 50+. Opportunities for participation in research studies are also available. Memory assessments for brain imaging, clinical drug trials, and observational studies provided.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fees. Stipend may be offered for participation.

University of Michigan Turner Geriatric Clinic and Geriatrics Center Clinics
Address: East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Rd., Ann Arbor, MI 48109
Phone: (734) 764-6831, Toll free (877) 865-2167
Fax: (734) 647-8535
Website: www.med.umich.edu/geriatrics
Services: The Geriatrics Center Clinics provide comprehensive medical evaluations, primary care, specialty care, neuropsychological testing, and consultations with a nurse and social worker. Ongoing care to monitor changes and counseling are also provided.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: Varies according to insurance.
Health Services – Health Care Organizations

Alzheimer’s Association – Michigan Great Lakes Chapter
Address: 564 South Main Street, Ste. 200, Ann Arbor, MI 48104
Phone: 24 Hour Helpline: (800) 272-3900
24 Hour TTY Helpline: (866) 403-3073
Website: www.alz.org/mglc
Services: The Alzheimer’s Association’s provides include a 24 hour helpline, care consultation & resource referral, support groups, message boards, publications and newsletters pertaining to Alzheimer’s disease, educational programs, professional training, a speakers bureau, a resource library with free lending opportunities, SafeReturn® (A nationwide identification, support and enrollment program that provides assistance when someone with Alzheimer’s or a related dementia wanders and becomes lost.), and opportunities for clinical trials. The Alzheimer’s Association provides multi-lingual services.
Hours: 24 Hour Helpline. Monday - Friday 9 a.m. – 5 p.m. at the local office.
Fees: Varies according to service – most are offered at no cost.

American Cancer Society
Address: 20450 Civic Center Drive, Southfield, MI 48076
Phone: Local: (248) 663-3400, National; (800) 227-2345
Website: www.cancer.org
Services: The American Cancer Society is dedicated to eliminating cancer as a major health problem through prevention, research, education, advocacy, programming, and fundraising. The American Cancer Society offers access to clinical trials, extensive information regarding cancer prevention, cancer treatments, cancer facts and figures.
Hours: Monday - Friday 8:30 a.m. – 5:00 p.m.
Fees: Fees vary according to service – most are offered at no cost.

American Diabetes Association
Address: 300 Galleria Officentre, Suite 111, Southfield, MI 48034
Phone: Local: (248) 433-3830, National: 1-800-342-2383
Fax: (248) 352-0261
Website: www.diabetes.org
Services: The American Diabetes Association funds research, publishes scientific findings, provides information and other services to people with diabetes, their families, health professionals and the public. The Association advocates for scientific research and for the rights of people with diabetes.
Hours: Monday - Friday, 8:30 a.m. – 5:00 p.m.; National Helpline: 24 hour/7 days a week.
Fees: Fees vary according to service–most are offered at no cost.
American Heart Association of Michigan
Address: 40 Oak Hollow St, Suite 220, Southfield, MI 48033
Phone: Local: (248) 936-5800, National: (800) 242-8721
Fax: (248) 936-5784
Website: www.americanheart.org
Services: The American Heart Association offers information and resources pertaining to heart disease and stroke, CPR and ECC certification, classes on healthy lifestyle management, as well as advocacy and fundraising efforts.
Hours: Monday - Friday, 8:30 a.m. – 4:30 p.m.
Fees: Varies on program/service.

American Lung Association of America
Address: 1475 E. 12 Mile Road, Madison Heights, Michigan, 48071
Phone: Local: (248) 784-2000; National: 800-586-4872
Fax: (248) 784-2008
Website: www.alam.org
Services: The American Lung Association’s mission is to prevent lung disease and promote lung health through research, advocacy and community outreach. They offer information and resources pertaining to lung cancer disease, lung disease, COPD, tuberculosis, asthma, tobacco use, and clean air.
Hours: Monday - Friday 9:00 a.m. – 5:00 p.m.
Fees: Varies according to program.

American Red Cross Washtenaw County Chapter
Address: 4624 Packard Rd., Ann Arbor, MI 48108
Phone: (734) 971-5300, Toll Free: (866) 971-5300
Fax: (734) 971-5303
Website: www.wc-redcross.org
Services: The Red Cross works to meet people’s immediate needs after an emergency or disaster; provides shelter, food, health, and mental services. In addition, serves as Congressionally-mandated communication liaison between the military and soldier's family in event of an emergency. Emergency response services provided 24 hours a day, 7 days a week. The Chapter also trains the community in First Aid, CPR, Babysitting, Pet First Aid, and Aquatics. To donate blood, call (800) GIVELIFE or contact www.givelife.org.
Hours: Monday - Friday 8:30 a.m. - 5:00 p.m.
Fees: Varies according to program.
Arthritis Foundation
Address: 1050 Wilshire Drive, Suite 302, Troy, MI 48084
Phone: Local: (248) 649-2891, Toll-Free: (855) 529-2728
Fax: (248) 649-2895
Website: www.arthritis.org
Services: The Arthritis Foundation offers support for more than 100 types of arthritis and related conditions. The Foundation provides public health education; does advocacy, public policy, and legislation; conducts evidence-based programs to improve the quality of life for those living with arthritis.
Hours: Monday - Friday 10 a.m. – 3 p.m.
Fees: Varies according to program.

Greater Detroit Agency for the Blind and Visually Impaired
(formerly Upshaw Institute for the Blind)
Address: 16625 Grand River Avenue, Detroit, MI 48227
Phone: (313) 272-3900
Fax: (313) 272-6893
Website: www.gdabvi.org
Services: The Greater Detroit Agency for the Blind and Visually Impaired provides quality, innovative services that increase self-reliance, productivity and dignity for persons with severe vision loss. The agency offers in-home rehabilitation services to adults and seniors, community education programs on eye health and safety, summer programming for children and youth, and Accessible Computer Training at regional libraries for the blind. Eligibility: Adults, age 60 (age limit is flexible) and over who are blind or visually impaired. Children, birth - 25 years who are blind or visually impaired.
Hours: Monday - Friday 8:30 a.m. to 4:30 p.m.
Fees: No fee.

Huntington's Disease Society of America - Michigan Chapter
Address: 2711 Parsons Ct., Midland, MI 48642
Phone: 1-800-345-HDSA, Chapter Office: (989) 832-4170, Help Line: 1-800-909-0073
Fax: (517) 827-4950
Websites: www.hdsa.org/ and www.hdsa-mi.com
Services: The Huntington Society of America is a national, voluntary health organization dedicated to improving the lives of people with Huntington's Disease and their families. They work to promote and support research and medical efforts, to assist people and families affected by Huntington's Disease, and to educate the public and health professionals about Huntington's disease.
Hours: None. The HDSA-MI social worker will return all phone calls left on their office voicemail.
Fees: No fee for support groups that operate throughout Michigan.

Mesothelioma Prognosis Network
Phone: (855) 981-0649
Website: www.mesotheliomaprognosis.com
Services: Mesothelioma Prognosis Network helps those with this disease find treatment, support groups, and information.
Hours: Call for information
Fees: No fees
Michigan Parkinson’s Foundation
Address: 30400 Telegraph Road, Suite 150, Bingham Farms, MI 48025
Phone: (248) 433-1011, (800) 852-9781
Fax: (248) 433-1150
Website: [www.parkinsonsmi.org](http://www.parkinsonsmi.org)
Services: The Michigan Parkinson’s Foundation works to educate and support people with Parkinson’s and related disorders, their loved ones and physicians/allied health professionals. They support research into the mechanisms underlying the disease and therapeutic strategies aimed at reducing the burden of illness. For support groups, clients must be a Parkinson’s sufferer or a family member.
Hours: Monday - Friday 8:00 a.m. – 5:00 p.m.
Fees: Varies according to program.

National Kidney Foundation of Michigan, Inc.
Address: 1169 Oak Valley Dr., Ann Arbor, MI 48108-9674
Phone: (734) 222-9800, (800) 482-1455
Fax: (734) 222-9801
Website: [www.nkfm.org](http://www.nkfm.org)
Services: The National Kidney Foundation of Michigan works to prevent chronic kidney disease and its leading causes, diabetes, and high blood pressure. They pursue funding in support of their organizational mission; advocate for people living with and at risk of chronic kidney disease, promote quality of care for people with chronic kidney disease, diabetes, and hypertension; educate the public about chronic kidney disease, diabetes, hypertension, and obesity; to promote organ and tissue donation; to support research efforts.
Hours: 8:30 a.m. - 5:00 p.m.
Fees: No fee.

Washtenaw County Medical Society
Address: 123 N. Ashley, Suite# 121, Ann Arbor, MI 48104
Phone: (734) 668-6241
Fax: (734) 668-8928
Website: [http://washtenawcms.wordpress.com/](http://washtenawcms.wordpress.com/)
Services: The Washtenaw County Medical Society offers physician referrals and answers inquiries regarding medical and public health programs in community.
Hours: Monday - Friday 9 a.m. - 5 p.m.
Fees: No fee.
Health Services – Hearing and Speech Impairment

AT&T Hearing Solutions
Phone: 1-800-246-8464, TTY: 1-800-397-3172
Website: www.att.com
Services: Customers using a TTY will receive a discount for local and toll calls, based on financial need.
Fees: Varies, discounted service.

Audient Alliance for Accessible Hearing Care
Address: 221 Yale Ave N, Ste. 450, Seattle, WA 98109
Phone: (877) AUDIENT [283-4368]
Fax: (206) 838-7195
Website: www.audientalliance.org
Services: Affordable access to hearing care for individuals with limited financial resources.
Hours: Monday - Friday 8 a.m. - 5 p.m. Pacific Standard Time.
Fees: Based on ability to pay.

Deaf and Hearing Impaired Services, Inc.
Address: 25882 Orchard Lake Road Suite # 100 Civic Center Office Plaza, Farmington Hills, MI 48336
Phone: (248) 473-1888, TTY: (248) 473-1875
Fax: (248) 474-7938
Website: www.dhisonline.org
Services: Provides assistance obtaining assistive devices, advocacy, support groups and counseling, information and referral, and individual client assistance. Serves deaf individuals in southeastern Michigan or older adults with hearing loss.
Hours: Monday - Friday 9 a.m. – 5 p.m.
Fees: Fee varies according to service, also based on ability to pay.

Division on Deaf and Hard of Hearing
Address: 201 N. Washington Square Suite 150, Lansing MI 48913
Phone: (517) 335-6004
Fax: (517) 335-7773
Video Phone: (866) 939-3853
Website: http://www.michigan.gov/mdcr/0,1607,7-138-58275_28545--,00.html
Services: Part of the State of Michigan Commission on Disability Concerns. The office will assist deaf and hard of hearing persons with referrals to public or private agencies dealing with specific problems or concerns.
Hours: Monday - Friday 8 a.m. – 5 p.m.
Fees: No fee.
Eastern Michigan University Speech and Hearing Clinic
Address: 135 Porter Building Ypsilanti MI 48197
Phone: (734) 487-4410
Website: http://www.emich.edu/coe/speech/index.html
Services: Speech and hearing services, including audiology testing, are provided by graduate students.
Hours: Monday - Thursday 8:30 a.m. - 5 p.m., Friday 8:30 a.m. - 4 p.m.
Fees: EMU students, faculty, and staff, no fee. Non-EMU clients, fee based on type of service.

Hearing Loss Association of Ann Arbor
Services: Monthly meetings offer socialization and education at Turner Senior Resource Center, 2401 Plymouth Rd., Ste. C, Ann Arbor, MI 48105
Hours: 1st Thursday of the month at 7:00 p.m.
Fees: $15 annual membership fee.

Lions Hearing Center of Michigan
Address: 4201 St. Antoine 5E-UHC, Detroit, MI 48201
Clinic Locations: Dearborn, Rochester and Southfield
Phone: (313) 745-4664 (Ask for the Lions Hearing Center)
Fax: (313) 577-8555
Website: www.lhcmi.org
Services: Provides hearing screening and testing services plus hearing aids to all individuals, regardless of age or income.
Hours: Varies, call for appointment.
Fees: Billed to insurance. Free for people with limited financial resources.

Michigan Assistive Technology Loan Fund
Address: 4970 Northwind Drive, Suite 102, East Lansing, MI 48823
Phone: (800) 828-2714
Fax: (517) 203-1203
Website: www.michiganloanfunds.org
Services: Fund provides low interest loans for the purchase of assistive technology. Must be a resident of Michigan, and have a disability or be 65+. Also must be able to enter into a contract with no adverse credit history unless it is related to disability.
Hours: Monday - Friday 8:30 a.m. – 5 p.m.
Fees: Varies, low-interest loans available.

University of Michigan Audiology
Address: Locations at East Ann Arbor Medical Center, Brianwood, Main Hospital, Brighton and Livonia
Phone: (734) 936-8051
Website: www.med.umich.edu/oto
Services: Audiology testing and hearing aids.
Hours: Varies by location.
Fees: Varies based on services and insurance coverage.
University of Michigan Geriatrics Center Social Work and Community Programs
Address: 4260 Plymouth Rd., Ann Arbor, MI 48109
Phone: (734) 998-9353
Fax: (734) 998-9340
Website: www.med.umich.edu/geriatrics
Services: A trained peer volunteer available by e-mail to discuss resources, equipment, and coping strategies. Call to request assistance.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.
Health Services – Hospice

Arbor Hospice
Address: 2366 Oak Valley Drive, Ann Arbor, MI 48103
Phone: (734) 662-5999, 1-800-992-2273
Fax: (734) 332-7827
Website: www.arborhospice.org
Services: Provides hospice care to seriously ill patients and their families throughout southeastern Michigan. Care is provided by a team of trained caregivers in patient homes, hospitals, nursing homes, assisted living facilities, and the Arbor Hospice Residence in Ann Arbor. A variety of grief support groups are offered to patient families and the community.
Fees: Medicare, Medicaid, and other insurances.

Heartland Hospice
Address: 3840 Packard Road, Suite 260, Ann Arbor MI 48108
Phone: (734) 973-1145
Fax: (734) 973-1241
Website: www.hcr-manorcare.com/
Services: Heartland Hospice is a component of Heartland Home Care and provides nursing care, certified home health aides, social workers, volunteers, and pastoral care as needed.
Fees: Medicare, Medicaid, and other insurances.

Hospice of Michigan
Address: 26957 Northwestern #120, Southfield MI 48033
Phone: (248) 353-2070, (888) 247-5181
Fax: (248) 353-2096
Website: www.hom.org
Services: Hospice care is provided in the home, at the hospital, in the assisted living, or at the nursing home.
Fees: Medicare, Medicaid, and other insurances.

Gentiva Hospice
Address: Riverside Center, 25925 Telegraph Rd. Suite. 102, Southfield, MI 48033
Phone: (248) 356-5070
Fax: (248) 356-6292
Website: www.gentiva.com
Services: Hospice services: skilled and non-skilled nursing care, pain management, inpatient care, respite care, medical equipment, and grief support for families.
Hours: 24 hours a day, 7 days a week.
Fees: Covered by Medicare, Medicaid and other private insurance.
St. Joseph Mercy Home Care and Hospice
Address: 806 Airport Blvd., Ann Arbor, MI 48104
Phone: (734) 327-3400 or (888) 418-5572
Website: www.sjmercyhealth.org/

Services: St. Joseph Mercy Hospice is a subsidiary of the St. Joseph Mercy Health Care System. They provide direct services and coordinate community resources for the terminally ill patients and their families. Services include: nursing, physicians, certified home health aides, social work, spiritual care, bereavement services, volunteers, and therapies as needed. Services are offered in the home, care facilities, and hospitals. Patients must be diagnosed with a life-limiting illness by a physician and desire no further treatment.

Fees: Medicare, Medicaid, and other insurances.
Health Services – Hospitals

St. Joseph Mercy Chelsea
Address: 775 S. Main, Chelsea, MI 48118
Phone: (734) 593-6000
Website: www.stjoeschelsea.org

St. Joseph Mercy Health System
Address: 5301 McAuley Drive, Ypsilanti, MI 48197
Phone: (734) 712-3456
Website: www.stjoesannarbor.org

University of Michigan Health System
Address: 1500 E. Medical Center Drive, Ann Arbor, MI 48109
Phone: (734) 936-4000
Website: www.med.umich.edu

VA Ann Arbor Healthcare System
Address: 2215 Fuller, Ann Arbor, MI 48105
Phone: (734) 769-7100; Toll free: (800) 361-8387
Website: www.annarbor.va.gov
Health Services – Low Vision and Blindness

AT&T Vision Solutions
Phone: 1-800-464-7928
Website: www.att.com/
Services: Free directory assistance for individuals with certain disabilities (must have doctor complete an application). For customers who have difficulty reading a standard telephone bill, bills are available in large print or Braille.
Fees: No fee.

Greater Detroit Agency for the Blind and Visually Impaired
Address: 16625 Grand River Avenue, Detroit, MI 48227
Phone: (313) 272-3900
Fax: (313) 272-6893
Website: www.gdabv.org
Services: Services include vision rehabilitation therapy, accessible computer training, community programs and education, and information and referral. Serves ages 60+ for rehabilitation services. Covers Livingston, Macomb, Monroe, Oakland, Washtenaw, and Wayne Counties.
Hours: Monday - Friday 8:30 a.m. - 4:30 p.m.
Fees: No fee.

Lions International
Address: 5730 Executive Drive, Lansing MI 48911
Phone: (517) 887-6640; enter extension 13 or 15
Fax: (517) 887-6642
Website: www.lionsofmi.com
Services: The local clubs provide white canes and low vision aids, and collect used eyeglasses to be distributed internationally. Lions International can refer individuals to clubs in their community based on need.
Hours: Monday - Friday 8 a.m. - 4:30 p.m.
Fees: Varies based on club in local area; usually low vision aids and canes are free for individuals who have financial need.

Michigan Commission for the Blind
Address: 201 N. Washington Square; PO Box 30652, Lansing MI 48909
Phone: (800) 292-4200
Website: www.michigan.gov
Services: Senior Blind Program is an independent living program which helps adults 55+ who are legally blind. Services include: information and referral, rehabilitation, orientation and mobility, adapted aids and appliances, counseling, and peer support groups.
Hours: Monday – Friday 8 a.m. - 5:30 p.m.
Fees: No fee.
Michigan Secretary of State
Address: 353 North Maple Road, Ann Arbor MI 48103; 2720 Washtenaw Road, Ypsilanti MI 48197
Phone: (888) 767-6424
Website: www.michigan.gov/sos
Services: Personal identification cards are free for Michigan residents who are legally blind or 65+.
Hours: Tuesday, Thursday, and Friday 9 a.m. - 5 p.m.; Monday and Wednesday 11 a.m. - 7 p.m.
Some offices are closed for lunch.
Fees: Varies, free for legally blind or those 65+.

The Visually Impaired Information Center
Address: PO Box 51207, Livonia MI 48151
Phone: (734) 421-6599
Website: www.vi-info-center.org
Services: A comprehensive directory of low vision services including: low vision aids, low vision providers, support groups, education, recreation, computer consultation, and rehabilitation.
Hours: Directory of Visually Impaired Services is a volunteer based organization, and they do not have regular office hours; however, they try to be available during regular business hours as much as possible.
Fees: Website directory is free, $5-$10 for copies in alternative formats.

University of Michigan Geriatrics Center Social Work and Community Programs
Address: 4260 Plymouth Road, Ann Arbor MI 48109
Phone: (734) 764-2556
Fax: (734) 936-4120
Website: www.med.umich.edu/geriatrics
Services: Offers low vision resources, and a Low Vision Support Group which meets the fourth Wednesday of each month from 1-3 p.m., at Turner Senior Resource Center, 2401 Plymouth Rd., Ann Arbor, MI 48105.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.

University of Michigan Kellogg Eye Center
Address: 1000 Wall Street Ann Arbor, MI 48105
Phone: (734) 764-5106
Website: www.kellogg.umich.edu
Services: Kellogg Eye Center provides diagnostic evaluation and treatment. The center also offers recommendations for optical aids and appliances as well as occupational therapy services for visually impaired patients. Support group available.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: Varies based on insurance coverage and service.
VA Ann Arbor Health Care System
Address: 2215 Fuller Road, Ann Arbor MI 48105
Phone: (734) 769-7100; Toll free: (800) 361-8387
Website: www.annarbor.va.gov
Services: Veterans with low vision or blindness may consult the visual impairment services team for adaptive equipment and training. Referral needed from primary care physician.
Hours: By appointment; contact primary care physician at the VA for more information.
Fees: Varies based on eligibility for benefits.

Washtenaw Library for the Blind and Disabled at the Ann Arbor District Library
Address: 343 South Fifth Avenue, Ann Arbor MI
Phone: (734) 327-4224; Toll free: (888) 460-0680
Website: www.aadl.org/wlbpd
Services: Loans books, magazines, and videos in alternative formats to individuals of all ages who are certified as unable to read or use standard print materials. These materials are shipped free to the home. In addition, a collection of assistive technologies is available at the library.
Hours: Monday 10 a.m. - 9 p.m., Tuesday - Friday 9 a.m. - 9 p.m., Saturday 9 a.m. - 6 p.m., Sunday 12 p.m. - 6 p.m.
Fees: No fee.
Health Services – Outpatient Services

Neighborhood Family Health Center
Address: 111 N. Huron Street, Suite 200, Ypsilanti, MI 48197
Phone: (734) 544-6900
Fax: (734) 544-6950
Website: [http://www.stjoesannarbor.org/neighborhood-family-health-center](http://www.stjoesannarbor.org/neighborhood-family-health-center)

Services: The Neighborhood Health Clinic of St. Joseph Mercy Medical Group offers a variety of services for low-income individuals such as primary health care services, patient financial counseling, and specialty clinics such as diabetes and foot care. Clients must call to make an appointment. All insurances accepted, including Medicare, Medicaid, and Washtenaw Health Plan.

Hours: Monday - Friday 8:00 a.m. - 5:00 p.m.
Fees: Varies per service.

Packard Health
Address: 3174 Packard Road, Ann Arbor, MI 48108; 501 N. Maple Rd., Ann Arbor, MI 48103
(Packard Health West)
Phone: (734) 971-1073 (Packard Office) (734) 926-4900 (N. Maple Rd. Office)
Fax: (734) 971-8545 (Packard Office) (734) 926-4901 (N. Maple Rd. Office)
Website: [www.packardhealth.org](http://www.packardhealth.org)

Services: Offers a full range of services such as primary and mental health care services, health promotion, and chronic disease management. Assistance with obtaining medication is available when a financial need is demonstrated. The practice is open to all individuals. Clients must call to make an appointment.

Hours: Call for hours.
Fees: Most major insurances are accepted, and private fees are established on a sliding fee basis.

St. Joseph Mercy Hospital Senior Health Services
Address: Senior Health Building, 5361 McAuley Drive, Ypsilanti, MI 48198
Phone: (734) 712-5189
Fax: (734) 712-5302
Website: [http://www.stjoesannarbor.org/SeniorHealthServicesOutPatientClinic](http://www.stjoesannarbor.org/SeniorHealthServicesOutPatientClinic)

Services: Senior Health Services provides a continuum of services for individuals age 65+ including both outpatient clinics and inpatient care. Services include geriatric assessment, specialty consultations, and evaluation for memory loss and depression.

Hours: Monday - Friday 8:30 a.m. - 4 p.m. Closed 12-1 for lunch.
Fees: Varies by service. Medicare and most major insurance plans accepted.
University of Michigan Turner Geriatric Clinic and Geriatrics Center Clinics

Address: 4260 Plymouth Road, Ann Arbor, MI 48109
Phone: Appointments: (734) 764-6831 / (877) 865-2167, Social Work: (734) 764-2556
Fax: (734) 647-8535
Website: [www.med.umich.edu/geriatrics](http://www.med.umich.edu/geriatrics)

Services: Comprehensive primary care and geriatric assessments for 70+ staffed by multidisciplinary team of physicians, nurses, social workers, pharmacists, and medical assistants. Specialty clinics with varying age eligibility also available in the following areas: cognitive disorders, endocrinology and diabetes care, foot care, gastroenterology, incontinence, mobility enhancement, movement disorders, neurogenetic disorders, palliative care, physical therapy, psychiatry, rheumatology, and transitional care. Laboratory and pharmacy on-site. Social work and community programs also available. 24 hour call line answered after hours and during weekends.

Hours: Monday - Friday: 8 a.m. - 5 p.m.
Fees: Varies according to service, Medicare and most insurances accepted.
**Home Care**

**Explanation:**

**Skilled Home Health Care - Medicare Certified:** Medicare will pay for some home care if the agency is Medicare-certified, the patient meets "homebound" criteria, and requires care by a skilled professional (R.N., physical therapist, speech therapist). If the patient meets these guidelines, Medicare will also pay for a home health aide who can assist on a limited basis with meal preparation, bathing, and other non-skilled home care needs, for as long as skilled care is required.

Many skilled care agencies also have a non-skilled home care division, sometimes called "private duty," offered for private pay.

**Skilled Home Health Care - Medicare Certified:** These agencies have nurses or other skilled professionals who can provide care paid by Medicare.

**Non-Skilled Home Care:** These agencies provide caregivers who can offer a wide range of services for private pay: for example, bathing, personal hygiene, meal preparation, companionship, light housekeeping, transportation. Call the agency for a specific list of services.

**AK Homehealth Care Services, LCC**  
**Address:** 3771 E. Ellsworth Rd., Ann Arbor, MI 48108  
**Phone:** (734) 677-9840  
**Fax:** (734) 677-9841  
**Website:** www.akhomecareservices.com/  
**Classification:** Skilled Home Health Care - Medicare Certified.

**Acclaimed Home Care**  
**Address:** 24901 Northwestern Hwy, Suite 605, Southfield, MI 48075  
**Phone:** 1-800-961-6050 or (248) 352-0400  
**Fax:** (248) 352-0408  
**Website:** www.acclaimedhc.com/  
**Classification:** Skilled Home Health Care - Not Medicare Certified.

**Accredited Home Care**  
**Address:** 27733 Schoenherr Road, Warren, MI 48088  
**Phone:** (586) 427-6640 or (888) 813-6244  
**Fax:** (586) 427-6642  
**Website:** www.accreditedhomecare.com  
**Services:** Accredited Home Care offers skill nursing, physical, occupational, and speech therapy as well as a medical social worker and home health aid.  
**Hours:** Monday - Friday 8 a.m. - 5 p.m. On call nurse 24/7.
Affordable Home Care
Address: 30640 W. 12 Mile Rd., Farmington Hills, MI 48334
Phone: (248) 419-5010 or 1-877-424-3578
Fax: (248) 419-5016
Website: www.affordablehomecare.org/
Note: No minimum hours required.
Classification: Non-Skilled Home Care.

Amag Superior Home Care
Address: 3109 Spring Hollow Court, Ann Arbor, MI 48105
Phone: (734) 663-8319
Fax: (734) 663-5704
Classification: Non-Skilled Home Care.

Arcadia Home Care
Address: 2600 Airport Road, Jackson, MI 49203
Phone: (517) 796-0971
Fax: (517) 796-0974
Website: www.arcadiahealthcare.com/
Classification: Non-Skilled & Skilled Home Health Care - Not Medicare Certified.

BrightStar Lifecare
Address: 2300 Genoa Business Park Drive, Suite 160 Brighton, MI 48114
Phone: (810) 225-4000
Classification: Skilled Home Health Care - not Medicare Certified and Non-Skilled Home Care.
Note: Joint Commission Accredited.

Care One Inc., Ypsilanti
Address: 301 W. Michigan Suite 320, Ypsilanti, MI 48197
Phone: (734) 480-0011
Fax: (734) 480-9060
Classification: Non-Skilled Home Care.

Care Response
Address: 3025 Boardwalk, Suite 165, Ann Arbor MI 48108
Phone: (734) 662-2207
Fax: (734) 205-5885
Website: www.careresponse.com/
Note: Nursing services include fall risk assessments, memory screenings, and heart failure monitoring. Also provides personal care, homemaker services, companion care.
Classification: Skilled Home Health Care - Not Medicare Certified.

Caring Partners Home Health
Address: 3909 Research Park Dr. Suite 600, Ann Arbor, MI 48108
Phone: 1-877-971-4200 or (734) 769-5758
Fax: (734) 994-3376
Website: www.cphomehealth.org/
Classification: Skilled Home Health Care - Medicare Certified.
Chelsea Care Home Health  
Address: 775 South Main St., Chelsea, MI 48118  
Phone: (734) 593-5780  
Fax: (734) 475-4191  
Website: www.sjmercyhealth.org/  
Classification: Skilled Home Health Care - Medicare Certified.

Dementia Specialists Home Care  
Address: 4488 Jackson Rd., Suite #9, Ann Arbor MI 48103  
Phone: (734)707-4039  
Fax: (734) 628-0909  
Website: dementiaspecialistshc.com  
Classification: Non-Skilled Home Care specializing in dementia

Friends Who Care  
Address: 2770 Carpenter Rd Suite 220, Ann Arbor, MI 48108  
Phone: (734) 971-6300  
Fax: (734) 971-1026  
Website: www.friendswhocare.com/  
Classification: Skilled Home Care specializing in dementia - Not Medicare Certified.

Heartland Home Care, Inc.  
Address: 3840 Packard Rd. Suite 240, Ann Arbor, MI 48108  
Phone: (734) 677-0336  
Fax: (734) 677-8144  
Website: www.hcr-manorcare.com/  
Classification: Skilled Home Health Care - Medicare Certified.

Home Helpers  
Address: 2934 Sunnywood Dr., Ann Arbor, MI 48103  
Phone: (734) 648-5843  
Fax: (734) 274-5335  
Website: www.homecareannarbormi.com/  
Classification: Non-Skilled Home Care.

Home Instead Senior Care  
Address: 2160 S. Huron Parkway, Suite #4, Ann Arbor, MI 48104  
Phone: (734) 971-9023  
Fax: (734) 971-9024  
Website: www.homeinstead.com/  
Classification: Non-Skilled Home Care.
Homewatch CareGivers
Address: 315 E. Eisenhower Parkway, Suite 9B
Phone: (734) 622-8190 or 1-800-777-9770
Fax: (734) 864-7390
Website: www.homewatchcaregivers.com/
Note: No minimum hours required.
Classification: Non-Skilled Home Care. Specialization in Dementia care.

Huron Valley LifeLink
Address: 1200 State Circle, Ann Arbor, MI 48108
Phone: (734) 477-6453
Website: www.hva.org/
Services: User presses a pendant button, and the system automatically calls programmed phone numbers of chosen responders. If no one is available, the system calls Huron Valley Ambulance's emergency call center which can send paramedics.
Fee: Varies.
Classification: Other - Medical Alert System.

IndeQuest Nurse Care Management
Address: 42237 E. Ann Arbor Rd., Plymouth, MI 48170
Phone: (734) 468-1760
Fax: (734) 468-1765
Website: www.indequest.com/
Note: Medical case management by nurses for medical, psychological and financial aspects of disability and chronic health conditions. Private pay.
Classification: Skilled Home Health Care - Medicare Certified.

Kennedy Care
Address: 220 E. Huron St. Suite 220, Ann Arbor, MI 48104
Phone: (734) 657-3528 or (248) 767-2187
Fax: (877) 533-6177
Website: www.kennedycare.com/
Classification: Skilled Home Health Care – Medicare Certified

MI Choice-Home and Community Based Medicaid Waiver Program
Address: 3941 Research Dr. Suite B, Ann Arbor, MI 48108
Phone: (734) 213-6704 or 1-800-852-7795
Fax: (734) 213-6806
Website: www.aaalb.com/
Note: Government funded long term care program to help Washtenaw County residents remain in their homes. Provides personal care, homemaking, respite care, legal services, care management with nursing and social work services. Eligibility: Age 60+ and medically eligible for nursing home admission, or age 18 or older with disability and medically eligible for nursing home admission. Income limits (change yearly), individual assets limited to $2,000 (not including house); different rules apply for couples (nursing home financial eligibility rules apply).
Classification: Non-Skilled Home Care.
Michigan Visiting Nurses
Address: 2850 S. Industrial Hwy, Suite 75, Ann Arbor, MI 48104
Phone: (734) 677-1515 or 1-800-842-5504
Fax: (734) 975-3088
Website: www.umvn.org/
Classification: Non-skilled & Skilled Home Health Care - Medicare Certified.

Partners in Personal Assistance
Address: 2810 Packard, Ann Arbor, MI 48108
Phone: (734) 214-3890
Fax: (734) 214-0644
Website: www.annarborppa.org/
Classification: Non-Skilled Home Care.

Personal Touch Home Healthcare Services, Inc.
Address: 300 N. Huron St., Ypsilanti, MI 48197
Phone: (734) 480-0125
Fax: (734) 480-0015
Website: www.pthhc.com/
Classification: Non-Skilled Home Care.

Philips Lifeline Medical Alert Service
Phone: (800) 543-3546
Website: www.lifelinesys.com/
Services: Emergency Response System allows caller to push a button connected to a national 24/7 Response Center. The Center talks to caller to determine need and can call chosen responders or 911 if responders are not available.
Hours: Office hours vary by local provider
Fees: Varies by services provided
Classification: Other - Medical Alert System.

Preferred Providers, Inc.
Address: 3340A West Liberty St., Ann Arbor, MI 48103
Phone: (734) 213-7072
Fax: (734) 213-7790
Website: www.preprohomehealth.com/
Classification: Skilled Home Health Care - Medicare Certified.

Primary Home Health Care, Inc.
Address: 5820 N. Canton Center Rd. Suite 110, Canton, MI 48187
Phone: (734) 416-8989
Fax: (734) 416-9489
Note: Arabic bilingual personnel
Classification: Skilled Home Health Care - Medicare Certified.
Reliable Home Care for Seniors  
Address: 343 S. Main Street, Ann Arbor, MI 48103  
Phone: (734) 395-7887  
Fax: (734) 369-6594  
Website: [www.reliablehomecare2.com/](http://www.reliablehomecare2.com/)  
Classification: Non-Skilled Home Care.

Right at Home  
Address: 2355 East Stadium Blvd. Suite #9, Ann Arbor, MI 48104  
Phone: (734) 971-5000  
Fax: (734) 971-5105  
Website: [www.washtenaw.rightathome.net/](http://www.washtenaw.rightathome.net/)  
Classification: Non-Skilled Home Care.

Saint Joseph Mercy Home Health Care  
Address: 806 Airport Blvd., Ann Arbor, MI 48108  
Phone: (734) 327-3200 or 1-888-418-5572  
Fax: (734) 327-3273  
TTY: (734) 327-3333  
Website: [www.stjoeshealth.org](http://www.stjoeshealth.org)  
Classification: Skilled Home Health Care - Medicare Certified.

Serenity Home Health  
Address: 3460 E. Ellsworth Rd. Suite 201, Ann Arbor, MI 48108  
Phone: (734) 677-0766  
Fax: (734) 677-3151  
Website: [www.serenityhh.com/](http://www.serenityhh.com/)  
Classification: Skilled Home Health Care - Medicare Certified.

Shared Care Services  
Address: 1601 Briarwood Circle, Suite 475, Ann Arbor MI 48108  
Phone: (734) 222-4000  
Fax: (734) 222-4004  
Website: [www.ehmchoices.org/](http://www.ehmchoices.org/)  
Classification: Non-Skilled Home Care & Skilled Home Health Care - Medicare certified.

Synergy Home Care  
Address: 140 W. Middle St., Suite A, Chelsea, MI 48118  
Phone: (734) 433-9007 or 1-877-433-9007  
Fax: (734) 433-9744  
Website: [www.synergyhomecare.com/](http://www.synergyhomecare.com/)  
Classification: Non-Skilled Home Care. Also provides live in care.
Trusted Loving Care
Address: 2217 Packard Rd. Suite 18A, Ann Arbor, MI 48104
Phone: (734) 302-1234
Website: www.trustedlovingcare.com/
Classification: Non-Skilled Home Care.

United Home Health Services
Address: 2200 Canton Center Rd., Suite 250, Canton, MI 48187
Phone: (734) 981-8820
Fax: (734) 484-981-8828
Website: www.uhhs.org/
Classification: Non-Skilled & Skilled Home Health Care - Medicare Certified.

VA Home and Community-Based Care
Address: 2215 Fuller Rd, Ann Arbor, MI 48105
Phone: (734) 845-3417
Fax: (734) 845-3234
Website: www.annarbor.va.gov/
Note: Provides skilled and non-skilled nursing care. Home and community based care services are available to all veterans who receive VA care as a standard benefit. Services include: adult health care, community nursing home care, home-based primary care, home hospice care, home IV therapy, home telehealth care, and respite care.
Classification: Skilled Home Health Care - Medicare Certified.

Visiting Angels
Address: 2860 Carpenter Rd., Suite 300, Ann Arbor, MI 48108
Phone: (734) 929-9201 or 1-800-365-4189, After Hours: (734) 355-8942
Fax: (734) 929-9202
Website: www.visitingangels.com/
Classification: Non-Skilled Home Care.
Home Maintenance

Catholic Social Services of Washtenaw
Address: Towsley Health Building, 5361 McAuley Drive, P.O. Box 995, Ann Arbor, MI 48106
Phone: (734) 712-7775
Fax: (734) 712-7833
Website: www.csswashtenaw.org

Services:
- **Home Safety Services and Home Injury Prevention Program**: Provides seniors, regardless of income, with simple home adaptations. A certified technician identifies risks and can install a variety of safety devices, including: grab bars, step and stair railings, bathroom devices, smoke alarms, carbon monoxide detectors, porch railings, light fixtures.
- **Home Maintenance and Repair Services**: An affordable option for repairs, such as: minor plumbing and carpentry, exterior maintenance, weatherization, slip and fall prevention, interior maintenance, security enhancement, clutter removal. Limited snow removal and lawn care services, accessibility enhancement available.

Hours: Monday - Friday 8:30 a.m. - 5 p.m.
Fees: Based on ability to pay.

Friends in Deed
Address: 30 N. Washington, Ypsilanti, MI 48197
Phone: (734) 484-4357
Fax: (734) 484-5335
Website: www.friendsindeed.info/

Services: Offers direct financial assistance to low-income individuals with housing-related needs. Also occasionally can offer volunteer home repair services.

Hours: Monday - Friday 9:30 a.m. - 12 p.m.
Fees: No fee.

Michigan Department of Health and Human Services, State Emergency Relief Program
Address: 22 Center St., Ypsilanti MI 48198
Phone: (734) 481-2000
Website: http://www.michigan.gov/mdhhs

Services: The State Emergency Relief (SER) Program provides immediate help to individuals and families facing conditions of extreme hardship or for emergencies that threaten health and safety. Services are provided through direct financial assistance and contracts with a network of non-profit organizations to help with heat and utilities, home repairs, relocation assistance, and home ownership services. There are both asset and income guidelines.

Hours: Monday - Friday 8:30 a.m. - 5 p.m.
Fees: No fee.
Office of Community Development, Accessibility Ramp Program
Address: 110 N. Fourth Ave, Suite 300, Ann Arbor, MI 48104
Phone: (734) 662-9036 or (734) 662-9013
Fax: (734) 662-9022
Website: www.ewashtenaw.org
Services: Provides financial support and construction management for the installation of systems such as wheelchair ramps, battery powered stairway lifts, and long tread low riser steps in the homes of residents who are unable to pay for them, based on federal guidelines.
Hours: Monday - Friday 8:30 a.m. - 5 p.m.
Fees: No fee.

Office of Community Development, Housing Rehabilitation Program
Address: 110 N. Fourth Ave, Suite 300, Ann Arbor, MI 48104
Phone: (734) 662-9025
Fax: (734) 662-9022
Website: www.ewashtenaw.org
Services: The Office of Community Development has programs to assist income-eligible Washtenaw County homeowners with improving their homes by lowering energy bills, correcting health and safety concerns, correcting code violations, and making other repairs.
Hours: Monday - Friday 8:30 a.m. - 5 p.m.
Fees: No fee.

Washtenaw County Employment Training and Community Services: Home Weatherization Program
Address: 336 Harriet St., Ypsilanti, MI 48198
Phone: (734) 484-7247
Website: www.ewashtenaw.org/
Services: Adding insulation to attics, walls, crawlspace, and basements or, in mobile homes, belly insulation. Air sealing work (caulking, weather stripping, fixing holes in the floor, ceiling, walls, etc.). Repairing drafty windows and doors, and on occasion replacing some windows. Inspecting, repairing and replacing furnaces and hot water heaters as necessary. Replacing inefficient refrigerators.
Eligibility: An applicant must own or rent a home in Washtenaw County that has not been previously weatherized and earned less than 150% of the federal poverty level for the previous 12 months.
Hours: Monday, Wednesday, Thursday, Friday 8:00 a.m. - 5 p.m., Tuesday 8:00 a.m. - 7:00 p.m.
Fees: No fee.

Waste Management and Recycling
Address: Larcom City Hall, 1st Floor 301 E. Huron St., Ann Arbor, MI 48104
Phone: 734-794-6331
Service: City of Ann Arbor will take out garbage and recycling bins to curb and return them on days of pickup when “A Special Pick-up” is requested.
Eligibility: Requires a visit and signature to begin this service.
Fees: No fee.
Housing – Independent/Assisted Living/Alzheimer's

The Housing Bureau for Seniors (734-998-9339) offers information on housing options, helps prevent eviction and foreclosure, and provides a HomeShare program which can match older adults in their own homes with others seeking housing.

**Alterra Clare Bridge of Ann Arbor - Brookdale Senior Living**
**Address:** 750 West Eisenhower Parkway, Ann Arbor, MI 48103  
**Telephone:** (734) 213-1708  
**Fax:** (734) 213-1709  
**Levels of Care:** Memory Care

**American House Senior Living Residence**
**Address:** 3470 Carpenter Road, Ypsilanti, MI 48197  
**Telephone:** (734) 677-0071  
**Fax:** (734) 677-0113  
**Website:** www.americanhouse.com  
**Eligibility:** 55 and older  
**Respite:** Based on availability  
**Levels of Care:** Independent

**Atria Ann Arbor**
**Address:** 1901 Plymouth Road, Ann Arbor, MI 48105  
**Telephone:** (734) 741-9500  
**Website:** www.atria-annarbor.com  
**Eligibility:** 60 and older (some exceptions)  
**Respite:** Based on availability  
**Levels of Care:** Assisted, Memory Care

**Baker Commons**
**Address:** 106 Packard, Ann Arbor, MI 48104  
**Telephone:** (734) 994-2926  
**Levels of Care:** Subsidized, Independent

**Brecon Village Retirement Community**
**Address:** 200 Brecon Drive, Saline, MI 48176  
**Telephone:** (734) 429-1155  
**Fax:** (734) 994-2235  
**Website:** www.evangicalhomes.org/brecon_village.html  
**Eligibility:** 55 and older for condominiums, 60 and older for apartments  
**Respite Care:** Based on availability  
**Levels of Care:** Independent, Assisted, Memory Care

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Contact Information:  
Barbara Zaret  
E-mail: barbaraz@umich.edu  
Phone: (734) 998-9354
Brookdale Place of Ann Arbor
Address: 2190 Ann Arbor-Saline Road, Ann Arbor, MI 48103
Telephone: (734) 327-1350
Fax: (734) 327-1351
Website: www.brookdaleliving.com
Eligibility: 62 and older
Levels of Care: Assisted, Memory Care

Brookhaven Manor Retirement Community
Address: 401 West Oakbrook Drive, Ann Arbor, MI 48103
Telephone: (734) 747-8800
Fax: (734) 747-9288
Levels of Care: Independent with Services

Carpenter Place
Address: 3400 Carpenter Road, Ypsilanti, MI 48197
Telephone: (734) 973-8377
Website: www.carpenterplaceapts.com
Levels of Care: Subsidized, Independent

Chelsea Retirement Community
Address: 805 West Middle Street, Chelsea, MI 48118
Telephone: (734) 475-8633, ext. 429
Fax: (734) 475-8707
Website: www.chelsearetirementcommunity.com
Eligibility: 62 and older
Levels of Care: Independent, Assisted, Memory Care, Nursing

Chidester Place
Address: 330 Chidester Place, Ypsilanti, MI 48197
Telephone: (734) 487-9400
Fax: (734) 482-3097
Levels of Care: Subsidized, Independent

Clark East Towers
Address: 1550 Clark Road, Ypsilanti, MI 48198
Telephone: (734) 482-5511
Levels of Care: Subsidized, Independent

Courthouse Square Senior Apartments
Address: 100 South Fourth Ave., Ann Arbor, MI 48104
Telephone: (734) 995-5511
Fax: (734) 995-5533
Levels of Care: Affordable, Independent
Cranbrook Tower
Address: 2901 Northbrook Place, Ann Arbor, MI 48103
Telephone: (734) 668-8914
Levels of Care: Subsidized, Independent

Cross Street Village
Address: 210 W. Cross Street, Ypsilanti, MI 48197
Telephone: (734) 483-8300
Levels of Care: Affordable, Independent

Fairfax Manor
Address: 1900 Prospect Road, Ypsilanti, MI 48198
Telephone: (734) 483-6662
Fax: (734) 483-8494
Website: www.fairfaxassistedliving.com
Levels of Care: Memory Care

Gilbert Residence
Address: 203 South Huron, Ypsilanti, MI 48197
Telephone: (734) 482-9498
Fax: (734) 482-1848
Website: www.gilbertresidence.com
Eligibility: 60 and older
Levels of Care: Assisted, Memory Care, Nursing

Glacier Hills Retirement Community
Address: 1200 Earhart Road, Ann Arbor, MI 48105
Telephone: (734) 913-0730
Fax: (734) 769-3092
Email: jenbar@glacierhills.org
Website: www.glacierhills.org
Eligibility: 62 and older
Levels of Care: Independent, Assisted, Memory Care, Nursing

Hillside Terrace Retirement Community
Address: 1939 Jackson Avenue, Ann Arbor, MI 48103
Telephone: (734) 761-4451
Fax: (734) 761-7047
Website: www.hillsideterrace.net
Eligibility: 62 and older
Levels of Care: Independent, Assisted, Memory Care

Contact Information:
Barbara Zaret
E-mail: barbaraz@umich.edu
Phone: (734) 998-9354
Huron Woods
Address: 5361 McAuley Drive, Ann Arbor, MI 48106
Telephone: (734) 712-4295
Fax: (734) 715-4295
Website: www.huronwoods.org
Levels of Care: Memory Care

Lexington Club
Address: 2224 Golfside Road, Ypsilanti, MI 48197
Telephone: (734) 572-9000
Fax: (734) 572-9979
Levels of Care: Independent

Linden Square
Address: 650 Woodland Drive E, Saline, MI 48176
Telephone: (734) 429-7600; TTY Relay: (800) 649-3777
Website: www.lindensquarealc.com
Levels of Care: Assisted, memory care, adult day care, respite

Lurie Terrace
Address: 600 W. Huron Street, Ann Arbor, MI 48103
Telephone: (734) 665-0695
Fax: (734) 665-1580
Website: www.lurieterrace.org
Levels of Care: Affordable, Independent

Melvin T. Walls Manor
Address: 2189 Glory Lane, Ypsilanti, MI 48197
Telephone: (734) 484-3820
Levels of Care: Subsidized, Independent

Milan Village Apartments
Address: 71 Hurd Street, Milan, MI 48160
Telephone: (734) 439-8179
Levels of Care: Subsidized, Independent

Mill Pond Manor
Address: 460 W. Russell Street, Saline, MI 48176
Telephone: (734) 429-3838
Fax: (734) 429-3390
Levels of Care: Subsidized, Independent

Parkway Meadows
Address: 2575 Sandalwood Circle, Ann Arbor, MI 48105
Telephone: (734) 662-7872
Levels of Care: Subsidized, Independent
Sequoia Place
Address: 1131 Maple Road, Office Number 1025, Ann Arbor, MI 48103
Telephone: (734) 669-8840
Fax: (734) 669-8903
Levels of Care: Subsidized, Independent

Silver Maples of Chelsea Senior Retirement Community
Address: 100 Silver Maples Drive, Chelsea, MI 18118
Telephone: (734) 475-4111
Fax: (734) 475-4112
Eligibility: 60 and older
Respite Care: Available
Levels of Care: Independent, Assisted, Memory Care

StoryPoint
Address: 6230 S. State St., Saline, MI 48176
Telephone: (734) 470-4083
Eligibility: Call for information
Levels of Care: Independent, Enhanced, Assisted Living, Memory Care

Superior Woods Health Care - Assisted Living & Adult Day Program
Address: 8380 Geddes Road, Ypsilanti, MI 48198
Telephone: (734) 547-7605
Fax: (734) 879-4950
Eligibility: 60 years or older
Respite Care: Available
Levels of Care: Assisted, Nursing, Adult Day

The Sanctuary at St. Joseph’s Village
Address: 5341 McAuley Drive, Ann Arbor, MI 48107
Telephone: (734) 712-1600
Fax: (734) 712-1601
Eligibility: 55 and older
Respite Care: Available
Levels of Care: Independent, Assisted

Towne Centre Place
Address: 401 W. Michigan Avenue, Ypsilanti, MI 48197
Telephone: (734) 482-5500
Fax: (734) 482-0581
Levels of Care: Subsidized, Independent

University Commons – A Condo Community
Address: 817 Asa Gray Drive, Ann Arbor, MI 48105
Telephone: (734) 332-1221
Fax: (734) 332-1222
Website: www.universitycommons.org
Levels of Care: Independent
University Living
Address: 2865 South Main Street, Ann Arbor, MI 48104
Telephone: (734) 669-3030
Fax: (734) 665-2819
Website: www.univliving.com
Eligibility: 60 and older (university affiliation not required)
Respite Care: Available
Levels of Care: Assisted, Memory Care
Housing – Nursing Homes

Explanation: Nursing Homes are medical facilities, which are highly regulated by the State and Federal government, and provide two levels of care:

- Long-term care is for patients who are unable to recover from an illness or injury. Their conditions are chronic. Payment is private or may be covered by Medicaid, if eligibility requirements are met.
- Short-term that provides rehabilitation by skilled therapists and licensed nurses following an illness or injury. Medicare or Medicaid or Medicaid typically covers payment when eligibility requirements are met.

The Housing Bureau for Seniors (734-998-9339) offers information on nursing homes, housing and care options, helps prevent eviction and foreclosure, and provides a HomeShare program which can match older adults in their own homes with others seeking housing.

Housing Bureau for Seniors
Address: 2401 Plymouth Rd., Suite C
Phone: 734-998-9339
Fax: 734-998-9340
Website: www.med.umich.edu/seniors
Hours: Monday-Friday, 8 a.m-5 p.m.
Fees: No fees

Chelsea Retirement Community
Address: 805 West Middle Street, Chelsea, MI 48118
Telephone: (734) 433-1000
Website: www.umrc.com
Certification: Medicare/Medicaid (Medicare needs to be primary)

Gilbert Residence
Address: 203 South Huron Street, Ypsilanti, MI 48197
Telephone: (734) 482-9498
Fax: (734) 482-1848
Website: www.gilbertresidence.com
Certification: Medicaid

Glacier Hills Care and Rehabilitation Center
Address: 1200 Earhart Road, Ann Arbor, MI 48105
Telephone: (734) 769-0177
Fax: (734) 994-5919
Website: www.glacierhills.org
Certification: Medicare/Medicaid

Heartland Health Care Center of Ann Arbor
Address: 4701 E. Huron River Drive, Ann Arbor, MI 48105
Telephone: (734) 975-2600
Fax: (734) 975-2088
Website: www.hcr-manorcare.com
Certification: Medicare

Contact Information:
Barbara Zaret
E-mail: barbaraz@umich.edu
Phone: (734) 998-9354
Northfield Place
Address: 8633 Main Street, Whitmore Lake, MI 48189
Telephone: (734) 449-4431
Fax: (734) 449-4644
Website: www.cienafacilities.com/communities/northfield-place
Certification: Medicare/Medicaid

Regency at Bluffs Park
Address: 355 Huron View Blvd., Ann Arbor, MI 48103
Telephone: (734) 887-8700
Fax: (734) 887-8601
Website: www.cienafacilities.com
Certification: Medicare/Medicaid

Superior Woods Health Care Center
Address: 8380 Geddes Road, Ypsilanti, MI 48198
Telephone: (734) 547-7600
Fax: (734) 547-7604
Certification: Medicare/Medicaid

The Evangelical Home – Saline
Address: 440 West Russell Street, Saline, MI 48176
Telephone: (734) 429-9401
Fax: (734) 944-3482
Website: www.evangelicalhomes.org
Certification: Medicare/Medicaid

Veterans Administration
Address: 2215 Fuller Road, Ann Arbor, MI 48105
Telephone: (734) 971-2195
No nursing home in Washtenaw County.

Villa at Parkridge
Address: 28 South Prospect Street, Ypsilanti, MI 48198
Telephone: (734) 483-2220
Website: www.villaatparkridge.com
Certification: Medicare/Medicaid

Whitehall Healthcare Center
Address: 3370 Morgan Road, Ann Arbor, MI 48108
Telephone: (734) 971-3230
Fax: (734) 971-2115
Website: www.consulatehealthcare.com
Certification: Medicare/Medicaid
Information/Referral/Advocacy

Alzheimer’s Association - Michigan Great Lakes Chapter
Address: 564 South Main Street, Ste. 200, Ann Arbor, MI 48104
Phone: 24-Hour Helpline: (800) 272-3900
Fax: (734) 475-7089
TTY#: 1-866- 403-3073 (24-hr Helpline)
Website: www.alz.org/mglc
Services: Provide updated information on Alzheimer’s services available in the community. Staff and trained professionals can also help assess whether a specific care provider meets the needs of an individual with Alzheimer’s. They also advocate for the needs and of people with Alzheimer’s disease and their families.
Hours: Monday – Friday 9 a.m. – 5 p.m.
Fees: No fee.

American Association of Retired Persons (AARP)
Address: AARP Michigan State Office, 309 N. Washington Square, Suite 110, Lansing, MI 48933
Phone: 1-866-227-7448 (toll free)
Fax: (517) 482-2794
TTY#: 1-877-434-7598
Website: www.aarp.org/states/mi
Services: AARP is a nonprofit, nonpartisan membership organization that advocates for legislation and monitors public policy issues relating to seniors 50 +.
Hours: Monday – Friday 9 a.m. – 5 p.m.
Fees: Membership is $12.50 per year with discounted rates for multi-year memberships.

Ann Arbor Center for Independent Living
Address: 3941 Research Park Drive, Ann Arbor, MI 48108
Phone: (734) 971-0277
FAX: (734) 971-0826
Website: www.aacil.org
Services: Information and referral services are provided by phone, email, or in person to people with disabilities, and other members of the community seeking disability-related information.
Hours: Monday - Friday 9 a.m. - 5 p.m.
Fees: No fee.
Area Agency on Aging 1-B  
Address: 29100 Northwestern Highway, Suite 400, Southfield, MI 48034  
Phone: 1-800-852-7795  
TTY: 1-800-649-3777  
Fax: 248-262-9971  
Website: www.aaa1b.org (online request form available on website)  
Services: Certified resource specialists are available to provide information on services and resources for adults 60+, persons with disabilities and family caregivers. Areas of assistance include housing, long-term care, transportation, personal care, respite care, and legal services. Counties covered include: Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw. They can also provide referral numbers for other counties in Michigan and for all states.  
Hours: Monday - Friday 8 a.m. - 5 p.m.  
Fees: No fee.

Catholic Social Services of Washtenaw County- Senior Service Department  
Address: Towsley Health Building, 5361 McAuley Drive, P.O. Box 995, Ann Arbor, MI 48106  
Phone: (734) 712-7775  
FAX: (734) 712-7765  
Website: www.csswashtenaw.org  
Services: Resource Advocates provide information and referral by telephone or in-home assessment. Client must be a resident of Washtenaw County, age 60 or older. Catholic Social Services publishes a free annual Senior Resource Directory for Washtenaw County, listing agencies and phone numbers. The directory can be obtained by phoning the agency or online at www.csswashtenaw.org.  
Hours: Monday - Friday, 8:30 a.m. - 5 p.m.  
Fees: No fee.

Eldercare Locator  
Phone: 1-800-677-1116  
Website: www.eldercare.gov  
Services: Nationwide service that connects older Americans and their caregivers with information on both state and local senior services in their community.  
Hours: 24 hours a day, 7 days a week.  
Fees: No fee.

Michigan Office of Services to the Aging - State Long Term Care Ombudsman Program  
Address: 4750 Woodward Ave., Detroit, MI 48201  
Phone: 1-866-485-9393 (toll free), (313) 832-6387 (local), 1-800-833-9548 (toll free)  
Fax: (313) 832-7407  
Website: www.michigan.gov/miseniors  
Services: The Long Term Care Ombudsman program is available for concerned relatives to investigate complaints, suggest remedies, and assist with resident rights, payment issues, guardianship, and nursing home placement.  
Hours: Monday – Friday 9 a.m. – 5 p.m.  
Fees: No fee.
Michigan Office of Services to the Aging - Vulnerable Adult Helpline  
Phone: 1-855-444-3911 (statewide line)  
Website: www.michigan.gov/miseniors  
Services: Responds to phone calls reporting concerns of abuse, neglect or exploitation against older adults, cognitively diminished or physically-challenged individuals. Makes referrals for assistance to local agencies.  
Hours: 24 hours a day, 7 days a week.  
Fees: No fee.  

Public Citizens of Washtenaw (formerly Gray Panthers of Washtenaw)  
Address: P.O. Box 7213  
Phone: (734) 484-1628  
Services: Intergenerational group which actively promotes changes in policy which will benefit people of all ages.  
Hours: Group meets the 1st Saturday of each month from 10 a.m. - 12 p.m. (Please call to confirm).  
Fees: $35 individual membership or sliding scale.  

St. Joseph Mercy Health Center Referral Line  
Address: 5301 McAuley Drive, Ypsilanti, MI 48197  
Phone: (734) 712-5400, (800) 231-2211 (Toll free)  
TTY#: Through AT&T: they call the operator  
Website: www.sjmercyhealth.org  
Services: Provides information on physician referrals and hospital services.  
Hours: Monday - Friday 9 a.m. - 5 p.m.  
Fees: No fee.  

United Way of Washtenaw County: 2-1-1  
Phone: 2-1-1  
Website: http://www.uwwashtenaw.org/ourwork/211.asp  
Services: Provides callers with information and referrals to local human service agencies and volunteer opportunities. Can also help with connecting to information for other Michigan locations and other states.  
Hours: 24 hours a day, 7 days a week.  
Fees: No fee.  

University of Michigan Geriatrics Center Social Work and Community Programs  
Address: 4260 Plymouth Road, Ann Arbor, MI 48109  
Phone: (734) 764-2556  
Fax: (734) 936-4120  
Website: www.med.umich.edu/geriatrics  
Services: Geriatric social workers offer individuals and caregivers a wide range of information services, through individual and group counseling, support groups, educational programs, and various other wellness programs.  
Hours: Monday - Friday 8 a.m. – 5 p.m.  
Fees: No fee for support groups. There may be fees associated with other programs.
University of Michigan Turner Senior Wellness Program
Address: 2401 Plymouth Rd., Ann Arbor, MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Website: [www.med.umich.edu/geriatrics](http://www.med.umich.edu/geriatrics)
Services: Staff and volunteers provide information on older adult services and agencies in the Washtenaw County area, including caregiver information, hearing and vision impairments, memory loss, and home care. Turner Senior Wellness Program publishes and updates Resources for Older Adults in Washtenaw County on the UMHS Geriatrics website (Local Resources).
Hours: Monday - Friday 9 a.m. - 5 p.m.
Fees: No fee.

University of Michigan Work-Life Resource Center
Address: 2072 Administrative Services, 1009 Greene Street, Ann Arbor, MI 48109-1432
Phone: (734) 936-8677
Fax: (734) 936-8894
TTY#: (734) 647-1388
Website: [http://www.hr.umich.edu/worklife](http://www.hr.umich.edu/worklife)
Services: Assists staff, retirees and students at the University of Michigan with information, resources and services for eldercare in Michigan and nationwide. Information provided on assisted living, nursing homes, medical & legal resources, counseling services, support groups for caregivers, and a variety of other resources. Also has list of current students at UM who can be employed for elder care, chores, etc.
Hours: Monday - Friday 8 a.m. – 5 p.m.
Fees: No fee.
Insurance Assistance (page 1 of 1)

Medicare/Medicaid Assistance Program: Area Agency on Aging 1-B
**Address:** Services offered at various locations  
**Phone:** (800) 803-7174  
**Website:** [www.mmapinc.org](http://www.mmapinc.org)  
**Services:** Help and information on Medicare and Medicaid, health insurance, prescription insurance, doctor and hospitals bills, and long term care insurance. All Medicare recipients are eligible, regardless of age.  
**Hours:** Monday - Friday 8:30 a.m. - 5 p.m.  
**Fees:** No fee

Social Security Administration  
**Address:** 3971 Research Park Dr., Ann Arbor, MI 48108  
**Phone:** (800) 772-1213  
**TTY:** (800) 325-0778  
**Website:** [www.ssa.gov](http://www.ssa.gov)  
**Services:** Handles applications for Social Security, Medicare, Disability, SSI, Extra Help for prescriptions (Part D), and other federal financial programs.  
**Hours:** Monday – Friday 9 a.m. - 4 p.m., Phone Hours: Monday – Friday 7 a.m. – 7 p.m.  
**Fees:** No fee.

State of Michigan Department of Health and Human Services  
**Address:** 22 Center St., Ypsilanti, MI 48198  
**Phone:** (734) 481-2000  
**Fax:** (734) 481-8386  
**TTY:** (734) 481-2119  
**Website:** [http://www.michigan.gov/mdhhs](http://www.michigan.gov/mdhhs)  
**Services:** Various programs and assistance for health insurance. Call for more information.  
**Hours:** Monday - Friday 8 a.m. - 5 p.m.  
**Fees:** No fee.

Veterans Services Division  
**Address:** 2155 Hogback Rd., P.O. Box 8645, Ann Arbor, MI 48107  
**Phone:** (734) 971-2195, VA’s Health Benefits Services Center: 1-877-222-8387  
**Fax:** (734) 973-4560  
**Website:** [www.michigan.gov/dmva](http://www.michigan.gov/dmva)  
**Services:** The U.S. Veterans Administration Health Care System provides a standard health plan for most enrolled veterans. Call VA’s Health Benefits Services Center at 1-877-222-8387 for information about eligibility.  
**Hours:** Monday – Thursday 8:30 a.m. – 5:30 p.m.  
**Fees:** The program includes fee and no-fee based services, depending on the veteran’s condition, income, and status.
Legal Assistance

Adult Protective Services: State of Michigan Department of Health and Human Services
Address: 22 Center St., Ypsilanti, MI 48198
Phone: (734) 481-2000, MI central intake for abuse and neglect: (855) 444-3911
Fax: (734) 481-8386
Website: http://www.michigan.gov/mdhhs
Services: The Department of Health and Human Services (DHHS) investigates to determine whether the person suspected of being abused, neglected, exploited or endangered is in need of protective services. Based on the investigation, DHHS will “make available to the adult the appropriate and least restrictive protective services and take necessary action to safeguard and enhance the welfare of the adult if possible.” Services include financial management, conservatorship, guardianship, civil commitment, case management, home help, housing information, and referrals to other needed services.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.

Catholic Social Services of Washtenaw- Senior Services
Address: Towsley Health Building, 5361 McAuley Drive, P.O. Box 995, Ann Arbor, MI 48106
Phone: (734) 712-7775
Fax: (734) 712-7833
Website: www.csswashtenaw.org
Services: Provides support for Washtenaw County residents at risk of abuse and for current Adult Protective Services clients who need additional support. Provides resource information on elder abuse including financial exploitation and other types of abuse.
Hours: Monday - Friday 8:30 a.m. – 5 p.m.
Fees: Based on ability to pay; no one denied service because unable to pay.

Dispute Resolution Center
Address: 4133 Washtenaw Ave, Ann Arbor, MI 48108
Phone: (734) 794-2125
Fax: (734) 794-2126
Website: www.thedisputeresolutioncenter.org/
Services: The Center provides confidential dispute resolution using trained volunteer mediators. They do not handle disputes involving serious violence and drugs.
Hours: Monday - Friday 9 a.m. – 5 p.m.
Fees: Depends on service. Some services based on ability to pay.

Eastern Michigan University Legal Resource Center
Address: 101 E. Huron, First Floor, Washtenaw County Courthouse, Ann Arbor, MI 48107
Phone: (734) 994-0160
Services: Staff helps people in Washtenaw County locate and fill out forms for civil issues such as divorce, personal protection orders, small claims, landlord-tenant disputes, probate, guardianship, conservatorship, etc. Staff gives information on legal procedures. No legal advice or representation.
Hours: Monday-Friday, 9 a.m.-5 p.m.
Fees: No fee.
Elder Law of Michigan
Address: 3815 West St. Joseph, Suite C200. Lansing, MI 48917
Phone: 1-866-400-9164
Fax: (517) 372-0792
Website: www.elderlawofmi.org/
Services:

- **The Legal Hotline for Michigan Seniors 1-800-347-5297**: provides free legal advice and information over the telephone to Michigan residents 60+.
- **The Mid-America Pension Rights Project**: assists retirees of any age in finding, securing, and recovering pension benefits. The project answers questions regarding pension plans and other retirement benefits.
- **The Michigan Coordinated Access to Food for the Elderly**: (MiCAFE) Project is designed to increase the participation of older adults in the Food Assistance Program, Medicaid and other services by making senior and community centers points of access for the program.
- **The Consumer Fraud Project**: designed to coach older adults on how to protect them from telemarketing scams and other forms of fraud.

**Hours**: Monday - Friday 9 a.m. – 5 p.m.

**Fees**: No fee.

Legal Hotline for Older Michiganders
Address: 115 W. Allegan St. #720, Lansing, MI 48933
Phone: 1-800-347-5297
Fax: (517) 372-0792
Services: Free legal advice over the telephone for Michigan residents 60+ or people with Power of Attorney for people 60+.

**Hours**: Monday - Thursday 9 a.m. – 3 p.m.

**Fees**: No fee.

Legal Services of South Central Michigan
Address: 420 N. Fourth Ave., Ann Arbor, MI 48104
Phone: (734) 665-6181
Fax: (734) 665-2974
Website: www.lsscm.org/
Services: Free legal assistance to older adults 60+, (targeted to “low-income and most vulnerable”). Offers services from information to formal legal representation in the following areas: housing, family law, public benefits (Social Security, Medicare, Medicaid, SSI, etc.), power of attorney, guardianship, simple wills, nursing home issues, consumer issues. Cannot accept w-generating or criminal cases. Home visits can be arranged for nursing home patients or homebound people.

**Hours**: Monday - Friday 9 a.m. – 5 p.m.

**Fees**: No fee.
Michigan Peer Review Organization
Address: 22670 Haggerty Rd., Suite 100, Farmington Hills, MI 48335
Phone: 1-855-408-8557 (Medicare Beneficiary Hotline)
Fax: (248) 465-7428
Website: www.keprogio.com
Services: Toll-free hotline for Michigan Medicare beneficiaries to make inquiries about patient rights under Medicare, premature discharges from hospitals, ending of Medicare-covered care, the Medicare appeals process and other quality of care issues. Facilities covered include hospitals, outpatient rehab facilities, skilled nursing homes, home health agencies, and hospice.
Hours: Every day including holidays 8 a.m. – 4 p.m.
Fees: No fee.

SafeHouse Center
Address: 4100 Clark Rd., Ann Arbor, MI 48105
Phone: (734) 973-0242 (Administration)
24-Hour Crisis Line: (734) 995-5444
Fax: (734) 973-7817
Website: www.safehousecenter.org/
Services: Secure temporary housing and counseling is provided for victims of domestic violence and sexual assault. The staff works with law enforcement and social agencies for long term planning. For personal protection, call Washtenaw County Clerk's Court Services and felony information at (734) 222-3001.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.

University of Michigan Geriatrics Center Social Work and Community Programs—Advance Directives
Address: Turner Senior Resource Center, 2401 Plymouth Rd., Ann Arbor, MI 48105
Phone: (734) 764-2556 for appointments
Fax: (734) 936-4120
Website: www.umich.edu/geriatrics/
Services: Trained peer volunteers are available by appointment to discuss Durable Power of Attorney for Health Care, Living Will, and end of life decisions. Volunteers will assist in completing legal documents. Appointments required for Monday afternoon appointments at Turner Senior Resource Center.
Hours: Monday - Friday 8 a.m. - 5 pm to make appointments.
Fees: No fee.

Washtenaw Bar Association Lawyer Referral
Address: 101 E. Huron, Ann Arbor, MI 48104
Phone: (734) 996-3229
Fax: (734) 663-2430
Website: www.washbar.org/
Services: For a $30 fee, client will receive one attorney’s name and phone number based on area of law needed, and up to 30 minutes of consultation with that attorney.
Hours: Monday – Friday 9 a.m. – 5 p.m.
Fees: $30.
Meals

Aid in Milan
Address: 89 W. Main Street, Milan, MI 48160
Phone: (734) 439-8420
Website: www.aidinmilan.org
Services: Provides Meals on Wheels to residents of Milan/Augusta/York Townships
Other services: Food Pantry. Must show proof of residency in Milan School District.
Hours: Monday – Friday 9 a.m. - 3 p.m.
Fees: 60+ - $3.00 suggested donation.

Ann Arbor Meals on Wheels
Address: 2025 Traverwood Dr, Ste. F, Ann Arbor, MI 48105
Phone: (734) 998-6686
Fax: (734) 998-6277
Website: www.med.umich.edu/chs/services/meal.htm
Services: Provides meals to older adults or individuals with disabilities who are homebound or unable to prepare complete nutritious meals for themselves. Clients are served regardless of age or financial status and must be a resident of Ann Arbor.
Hours: Monday - Friday 8:30 a.m. - 4 p.m. Saturday 9 a.m. - 2 p.m.
Fees: Voluntary donation.

Area Agency on Aging: Senior Nutrition Program Livingston/Washtenaw County Access Location
Address: 3941 Research Park Drive, Suite B, Ann Arbor, MI 48108
Phone: (734) 213-6704
TTY: 1-800-649-3777
Fax: 248-262-9971
Website: www.aaa1b.com
Services: Provides a listing of home-delivered meal providers in six counties by the Area Agency on Aging 1-B. Home delivered meals are available to individuals who are age 60+ and meet program eligibility requirements.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: Fees are determined by the home delivered provider in each county in which participants live.

Baker Commons
Address: 106 Packard Road, Ann Arbor, MI 48104
Phone: (734) 994-2902, or Ann Arbor Housing Commission (734) 794-6720
Services: Lunch served Monday, Wednesday, and Friday for residents only. The Food Pantry is available on the 4th Thursday of the month for residents only.
Hours: Call for information
Fees: 60+: $3.00 suggested donation.
Chelsea Senior Center  
**Address:** 512 E Washington St, Chelsea, MI 48118  
**Phone:** (734) 475-9242  
**Fax:** (734) 475-6189  
**Website:** [www.chelseaseniors.org](http://www.chelseaseniors.org)  
**Services:** Lunch available M-F at noon. 24 hour reservation required. Lunch provided by Chelsea High School. Check Chelsea school webpage for lunch menu. Also provides Meals on Wheels.  
**Hours:** Monday - Friday 9:00 a.m. - 4:00 p.m.  
**Fees:** 60+: $3.00 suggested donation

Dexter Senior Nutrition Program  
**Address:** 7720 Ann Arbor Street, Dexter, MI 48130  
**Phone:** (734) 426-7737  
**Website:** [www.dexterseniors.org](http://www.dexterseniors.org)  
**Services:** Lunch served to people 60+ Monday - Friday. A 24 hour advance registration required. Also provides Meals on Wheels for Dexter School District only. Must be 60+ and unable to make own meals.  
**Hours:** Monday - Friday 9:00 a.m. – 3:00 p.m.  
**Fees:** 60+: $3.00 suggested donation

Faith in Action  
**Address:** 603 S Main, Chelsea, MI 48118  
**Phone:** (734) 475-3305  
**Fax:** (734) 475-3136  
**Website:** [www.faithinaction1.org](http://www.faithinaction1.org)  
**Services:** Food pantry for residents of Chelsea and Dexter school district only.  
**Hours:** Call for hours.

Jewish Community Center  
**Address:** 2935 Birch Hollow Drive, Ann Arbor, MI 48108  
**Phone:** (734) 971-0990  
**Fax:** (734) 677-0109  
**Website:** [www.jccannarbor.org](http://www.jccannarbor.org)  
**Services:** Lunch open to all.  
**Hours:** Tuesday and Thursday lunch served from 12 - 12:30 p.m.  
**Fees:** $3.00 for lunch. Cost may be lower if qualified for food assistance or live in subsidized housing.

Lincoln Senior Center  
**Address:** 8970 Whittaker Road, Ypsilanti, MI 48197  
**Phone:** (734) 483-8366  
**Website:** [www.lincolnk12.org/lincoln-golden-ages](http://www.lincolnk12.org/lincoln-golden-ages)  
**Services:** Lunch is served at 12 p.m. Tuesday-Friday.  
**Hours:** Tuesday through Friday 8 a.m. - 4 p.m.  
**Fees:** 60+ - $3.00 suggested donation.
Manchester Meals on Wheels
Address: 512 E. Washington St., Chelsea, MI 48118
Phone: (734) 475-9242
Services: Meals are provided through the Chelsea Senior Center for seniors 60+ that are unable to prepare their own meals.
Hours: Meals delivered on Mondays.
Fees: 60+: $3.00 suggested donation.

Manchester Senior Center
Address: Emanuel United Church of Christ, 324 W Main Street, Manchester, MI 48158
Phone: (734) 428-7630
Website: www.emanuelucc.org
Services: Lunch provided at noon, Tuesday and Thursday, September to mid-June, and Tuesday, mid-June to August. Serves Manchester, Sharon, Bridgewater, and Freedom Townships. Carry-out and dine-in available without reservations. Call to make reservations for delivery.
Hours: Tuesday and Thursday at 12 noon September to mid-June; Tuesday only mid-June to August.
Fees: 55+ $4.00 suggested donation, under 55 $4.50 suggested donation.

Milan Senior Center
Address: 45 Nickel Court, Milan, MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Services: Lunch served Monday, Wednesday, and Thursday at noon. Must be 50+.
Hours: Monday - Friday 8 a.m. - 3 p.m.
Fees: 60+: $3.00 suggested donation.

Pittsfield Senior Center
Address: 701 W. Ellsworth, Ann Arbor, MI
Phone: (734) 822-2117 Fax: (734) 996-3015
Website: www.pittsfieldtwp.org
Services: Lunch served to 60+ and must sign up 2 days prior.
Hours: Monday, Tuesday and Thursday 12 p.m.
Fees: 60+: $3.00 suggested donation.

Saline Meals on Wheels
Address: 7190 N. Maple, Saline, MI 48176
Phone: (734) 429-9274 Fax: (734) 429-1079
Website: www.salineseniors.org
Services: Provides Meals on Wheels services to homebound individuals. There are no age requirements. A physician’s form, available at the Saline Senior Center, must be completed.
Hours: Monday - Friday 8 a.m. - 4 p.m. Meals delivered between 11:15 am - 1:30 pm. No meals served on holidays.
Fees: Ages 60+ suggested donation $2.50 for a hot lunch and $.50 cent additional for a sack dinner; under 60 suggested donation of $5.00. Fees are billed on a monthly basis.
Washtenaw County Office of Community and Economic Development  
Address: 415 W. Michigan Ave., P.O. Box 915, Ypsilanti MI 48197  
Phone: (734) 544-2977  
Fax: (734) 272-4183  
Website: [www.ewashtenaw.org](http://www.ewashtenaw.org)  
Services: OCED group provides hot noon day meals, activities and an opportunity to socialize in locations throughout the county.  
Hours: Monday – Friday, 8:30 a.m. – 5 p.m.  
Fees: 60+: $3.00 suggested donation.

Ypsilanti Meals on Wheels  
Address: 1110 W Cross Street, Ypsilanti, MI 48197  
Phone: (734) 487-9669  
Fax: (734) 482-3868  
Website: [www.ymow.org](http://www.ymow.org)  
Services: Meals are offered to homebound individuals regardless of age or financial status. Service areas: The City of Ypsilanti, Township of Ypsilanti, Augusta Township, Superior Township, Eastern and Central Pittsfield Township, Eastern Area/York Township.  
Hours: Monday - Friday 9 a.m. - 1 p.m.  
Fees: Based on ability to pay.

Ypsilanti Senior Recreation Center  
Address: 1015 N. Congress, Ypsilanti, MI 48197  
Phone: (734) 483-5014  
Fax: (734) 480-0380  
Website: [www.ypsiseniorcenter.org](http://www.ypsiseniorcenter.org)  
Services: Lunch is served Monday through Friday at 11:45 a.m.  
Hours: Monday - Friday 10:00 a.m. - 3:00 p.m.  
Fees: 60+: $3.00 suggested donation.

Ypsilanti Township Community Center  
Address: 2025 E Clark Rd., Ypsilanti, MI 48198  
Phone: (734) 544-3838  
Fax: (734) 544-3888  
Website: [www.ytown.org](http://www.ytown.org)  
Services: Lunch is served Monday through Friday at noon to persons 60 and over at 12 p.m. Call 2 days in advance for a reservation.  
Hours: Monday - Friday 8 a.m. – 4 p.m. Office hours 9 a.m. - 2 p.m.  
Fees: 60+: $3.00 suggested donation.
Physical Fitness

Ann Arbor Senior Center - Ann Arbor Parks & Recreation
Address: 1320 Baldwin, Ann Arbor, MI 48104
Phone: (734) 769-5911
Fax: (734) 997-1308
Website: www.A2gov.org/senior
Activities: Yoga, Tai Chi, strength training, dance
Hours: Monday, Wednesday, Thursday 9 a.m. - 4 p.m. Tuesday 9 a.m. - 1 p.m.
Fees: $25 membership fee.

Ann Arbor YMCA
Address: 400 W. Washington, Ann Arbor, MI 48103
Phone: (734) 996-9622
Fax: (734) 661-8060
Website: www.annarborymca.org
Activities:
  • Exercise equipment
  • Conditioning classes
  • Stretch & toning classes
  • Yoga
  • Aerobics
  • Arthritis warm water exercise
  • Swimming classes
  • Zumba Gold
Hours: Monday - Friday 5:30 a.m. - 10 p.m., Saturday & Sunday 7:00 a.m. - 7 p.m.
Fees: Depends on activity. Membership dues. Scholarships available

Chelsea Wellness Center
Address: 14800 E. Old U.S. 12, Chelsea, MI 48118
Phone: (734) 214-0220
Fax: (734) 214-0249
Website: www.chelseawellness.org
Activities:
  • Aerobics and water aerobics
  • Pilates
  • Toning
  • Yoga
  • Arthritis classes
Hours: Monday - Thursday 5 a.m. - 9:30 p.m., Friday 5 a.m.- 8 p.m., Saturday and Sunday, 7 a.m. to 5 p.m., During the months of April 1 - September 30 and October 1 - March 31 open on Sunday 7 a.m. to 7 p.m.
Fees: Call for fees.
Chelsea Senior Center  
Address: 512 E. Washington Street, Chelsea, MI 48118  
Phone: (734) 475-9242  
Website: www.chelseaseniors.org  
Activities:  
- Exercise classes with weights  
- Chair exercises with gentle stretching  
- Walking  
- Pickleball  
Hours: Monday - Friday 9 a.m. - 3 p.m.  
Fees: Depends on activity, membership dues.

Jewish Community Center  
Address: 2935 Birch Hollow Drive, Ann Arbor, MI 48108  
Phone: 734-971-0990 Ext. 140  
Fax: (734) 677-0109  
Website: www.jccannarbor.org  
Activities: Fitness class with music.  
Hours: Monday - Friday 9 a.m. - 5 p.m.  
Fees: Membership dues.

MFit Fitness Center - University of Michigan  
Address: Ann Arbor Ice Cube, 2121 Oak Valley Drive, Ann Arbor, MI 48103  
Phone: (734)998-8700  
Fax: (734) 998-8615  
Website: www.mfitfitnesscenter@med.umich.edu  
Activities:  
- Yoga  
- Pilates  
- Tai Chi  
- Aerobic exercise.  
Hours: Monday - Friday 5:30 a.m. - 9 p.m., Saturday and Sunday 7 a.m. - 6 p.m.  
Fees: Depends on activity. Membership dues.

Milan Senior Center  
Address: 45 Neckel Court, Milan, MI 48160  
Phone: (734) 508-6229  
Fax: (734) 439-4315  
Website: www.milanseniors.org  
Activities:  
- Beginning and intermediate line dancing  
- Chair exercises  
- Walk aerobics  
- Tai Chi  
- Various Dance Classes  
- Enhanced Fitness  
Hours: Monday - Thursday 8 a.m. - 3 p.m.  
Fees: Depends on activity. Membership dues.
NiaFit: Seniors in Action  
**Address:** 1945 Pauline, Suite C, Ann Arbor, MI 48103  
**Phone:** (734) 883-7513  
**Activities:**  
- Strength training  
- Yoga  
- Pilates  
- Tai Chi  
- Cardiotone.  
Classes offered in various locations.  
**Hours:** Vary.  
**Fees:** Yes. No membership dues.

Northfield Township Senior Center  
**Address:** 9101 Main Street, Whitmore Lake, MI 48189  
**Phone:** (734) 449-2295  
**Fax:** (734) 449-8410  
**Website:** [http://twp-northfield.org/](http://twp-northfield.org/)  
**Activities:**  
- Aerobics  
- Chair Yoga  
- Drumming Classes  
**Hours:** Monday - Friday 9 a.m. - 4 p.m.  
**Fees:** Yes. Membership dues.

Pittsfield Township Senior Center  
**Address:** 701 W. Ellsworth, Pittsfield Township, MI 48108  
**Phone:** (734) 822-2117  
**Fax:** (734) 996-3015  
**Website:** [www.pittsfield/mi.gov](http://www.pittsfield/mi.gov)  
**Activities:**  
- NiaFit  
- Fitness with Ball  
- Tai Chi  
- Line dancing  
- Yoga  
- Fitness & wellness  
- Exercise equipment  
**Hours:** Monday - Friday 9 a.m. - 5 p.m.  
**Fees:** Depends on activity. $5.00 annual membership dues.
Saline Area Senior Center  
**Address:** 7190 N. Maple Road, Saline, MI 48176  
**Phone:** (734) 429-9274  
**Fax:** (734) 429-1075  
**Website:** [www.salineseniors.org](http://www.salineseniors.org)  
**Activities:**  
- Tai Chi  
- Line Dancing  
- Niafit  
- Yoga  
- Posture and balance  
- Ball exercise  
- Hula Hooping  
- Golf  
- Tennis  
- Pickleball  
- Wii bowling  
- Zumba Gold  
**Hours:** Monday & Wednesday 8 a.m. - 8:30 p.m. Tuesday, Thursday & Friday 8 a.m. - 4 p.m.  
**Fees:** Membership dues.

St. Joseph Mercy Hospital - Ellen Thompson Women’s Center  
**Address:** 5320 McAuley Drive, Ypsilanti, MI 48197  
**Phone:** (734) 712-5800  
**Fax:** (734) 712-5499  
**Website:** [www.sjmercyhealth.org](http://www.sjmercyhealth.org)  
**Activities:**  
- Strength training  
- Cardio strengthening  
- Yoga  
- Pilates  
- Walking  
- Ballroom dancing  
**Hours:** Monday - Friday 7:30 a.m. - 4 p.m.  
**Fees:** Yes. No membership dues.

University of Michigan FUNctional Fitness  
**Address:** 325 E. Eisenhower Parkway, Garden Level, Suite 12, Ann Arbor, MI 48108  
**Phone:** 734-232-1262  
**Website:** pmr-transitions@med.umich.edu  
**Activities:** Regular supervised exercise for people 65+.  
**Hours:** 8 a.m. – 5 p.m.  
**Fees:** Call for current fees.
University of Michigan Turner Senior Wellness Program
Address: 2401 Plymouth Road, Ann Arbor, MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Website: [www.med.umich.edu/geriatrics](http://www.med.umich.edu/geriatrics)
Activities:
- Posture-Balance-Strength
- Tai Chi
- Yoga
- In-place walking
- Enhance Fitness
Hours: Monday - Friday 9 a.m. - 5 p.m.
Fees: Depends on activity. No membership dues.

University Of Michigan - U Move Fitness – Lifetime Fitness
Address: Division of Kinesiology, 401 Washtenaw Avenue, Ann Arbor, MI 48109
Phone: (734) 764-1342
Fax: (734) 647-6375
Website: [www.umich.edu/~umove](http://www.umich.edu/~umove)
Activities:
- Sitting and standing aerobics
- Strength and stretching exercises at Briarwood Mall in Von Maur court: Mon., Wed., Fri., 9 - 10 a.m.
Hours: Monday - Thursday 8:30 a.m. - 5 p.m., Friday 8:30 a.m. - 4:30 p.m.
Fees: No fee. No membership dues.

Washtenaw Community College Fitness Center
Address: 4833 E. Huron River Drive, Ann Arbor, MI 48108
Phone: (734) 975-9950
Fax: (734) 975-9958
Website: [www.wccfitness.org](http://www.wccfitness.org)
Activities:
- Aerobics
- Yoga
- Swimming
- Arthritis classes
- Exercise equipment
Hours: Monday - Thursday 5 a.m. - 10:00 p.m., Friday 5 a.m. - 9 p.m., Saturday and Sunday 7 a.m. - 6 p.m.
Fees: No fee. Membership dues.
Washtenaw County Parks & Recreation - Meri Lou Murray Recreation Center
Address: 2960 Washtenaw Avenue, Ann Arbor, MI 48104
Phone: (734) 971-6355
Fax: (734) 971-2094
Website: www.parks.ewashtenaw.org
Activities:
- Strength training equipment
- Cardio training equipment
- Exercise equipment
- Indoor track
- Swimming pool
- Badminton
- Basketball
- Volleyball
- Pickleball
- Group fitness classes
Hours: Monday - Friday 6 a.m. - 10 p.m., Saturday 8 a.m. - 6 p.m., Sunday 12 p.m. - 10 p.m.
Fees: Depends on activity. Day passes available. Membership dues.

Ypsilanti Senior Center
Address: 1015 N. Congress Street, Ypsilanti, MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Website: www.ypsiseniorscenter.org
Activities:
- Exercise classes
- Weight training
- Line dance
- Tai Chi
- Yoga
- Gentle Fitness
Hours: Monday, Wednesday, Friday 9 a.m. - 2:00 p.m. Tuesday, Thursday 10 a.m.- 2 p.m.
Fees: No fee. No membership dues.

Ypsilanti Township 50 & Beyond
Address: 2025 E. Clark , Ypsilanti, MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Website: www.ytown.org
Activities:
- Exercise classes
- Yoga
- Pilates
- Variety of dancing styles
- Tai Chi
- Cardiotone with weights
Hours: Monday - Friday 8 a.m. - 4 p.m.,
Fees: Depends on activity. Membership dues.

Contact Information:
Barbara Zaret
E-mail: barbaraz@umich.edu
Phone: (734) 998-9354
Senior Centers

Ann Arbor Community Center
Address: 625 N. Main St., Ann Arbor, MI 48104
Phone: (734) 662-3128
Fax: (734) 662-1099
Website: www.annarbor-communitycenter.org
Hours: Monday - Friday 9 a.m. - 3 p.m.

Ann Arbor Senior Center
Address: 1320 Baldwin, Ann Arbor, MI 48104
Phone: (734) 794-6250
Fax: (734) 997-1308
Website: www.a2gov.org/senior
Hours: Monday, Wednesday, Thursday 9 a.m. - 4 p.m. Tuesday 9 a.m. - 1 p.m.

Chelsea Senior Center
Address: 512 E. Washington, Chelsea, MI 48118
Phone: (734) 475-9242
Fax: (734) 475-6189
Website: www.chelseaseniors.org
Hours: Monday - Friday 9 a.m. - 3 p.m.

Dexter Seniors
Address: 7720 Ann Arbor, Dexter, MI 48130
Phone: (734) 426-7737
Website: www.hvcn.org/info/dexterseniors
Hours: Monday - Friday 9 a.m. - 3 p.m.

Jewish Community Center of Washtenaw County
Address: 2935 Birch Hollow Dr., Ann Arbor, MI 48108
Phone: (734) 971-0990
Fax: (734) 677-0109
Website: www.jccannarbor.org
Hours: Monday - Friday 7:30 a.m. - 6 p.m. Sunday 9 a.m. - noon. Call for summer hours.

Lincoln Senior Center
Address: 8970 Whittaker Rd., Ypsilanti, MI 48197
Phone: (734) 484-7000, Ext. 7557
Fax: (734) 484-1212
Website: www.lincoln.k12.mi.us
Hours: Tuesday - Friday 9:30 a.m. - 3:30 p.m.
Milan Seniors
Address: 45 Neckel Ct., Milan, MI 48160
Phone: (734) 508-6229
Fax: (734) 439-4315
Website: www.milanmich.org/mshl.html
Hours: Monday - Friday 8 a.m. - 3 p.m.

Northfield Township Senior Center
Address: 9101 Main Street, Whitmore Lake, MI 48189
Phone: (734) 449-2295
Fax: (734) 449-8410
Website: www.twp.northfield.mi.us/services/sr_center/sr_center_home
Hours: Monday - Friday, 9 a.m. - 4 p.m.

Pittsfield Seniors
Address: 701 W. Ellsworth Rd., Ann Arbor MI 48108
Phone: (734) 822-2117
Fax: (734) 996-3015
Website: www.pittsfieldtwp.org/seniors_center.html
Hours: Monday - Friday 9 a.m. - 5 p.m.

Saline Seniors
Address: 7190 N. Maple, Saline, MI 48176
Phone: (734) 429-9274
Fax: (734) 429-1079
Website: www.salineseniors.org
Hours: Monday 8 a.m. - 9:30 p.m., Wednesday 8 a.m. - 8:30 p.m., Tuesday, Thursday, Friday 8 a.m. - 4 p.m.

Salvation Army - Monday Club
Address: 100 Arbana, Ann Arbor MI 48103
Phone: (734) 668-8353
Fax: (734) 668-0908
Hours: Monday 10:00 a.m. - 12 p.m.

South Lyon Senior Center
Address: 1000 N. Lafayette, South Lyon, MI 48178
Phone: (248) 573-8175
Fax: (248) 437-1543
Website: http://www.slc.us/center_for_active_adults.html
Hours: Monday - Friday 9 a.m. - 3:30 p.m.
University of Michigan Geriatrics Center-Turner Senior Wellness Program
Address: 2401 Plymouth Rd., Ann Arbor, MI 48105
Phone: (734) 998-9353
Fax: (734) 998-9340
Website: www.med.umich.edu/geriatrics
Hours: Monday - Friday 9 a.m. - 5 p.m.

Ypsilanti Senior Center
Address: 1015 N. Congress, Ypsilanti, MI 48197
Phone: (734) 483-5014
Fax: (734) 480-0380
Website: www.ypsiseniorcenter.org
Hours: Monday - Friday 10 a.m. - 2 p.m.

Ypsilanti Township Senior Center
Address: 2025 E. Clark Rd., Ypsilanti, MI 48198
Phone: (734) 544-3838
Fax: (734) 544-3888
Website: www.ytown.org
Hours: Monday - Friday 8 a.m. - 4 p.m.
Support Groups

Al-Anon
Address: 1475 Westfield, Ann Arbor, MI 48107
Phone: (734) 995-4949
Website: [www.afgdistrict5.org](http://www.afgdistrict5.org)
Services: Program of recovery for family and friends of alcoholics, at various locations, whether or not the alcoholic recognizes the existence of a drinking problem or seeks help.
Hours: Monday – Thursday 8 a.m. – 6 p.m.
Fees: Based on ability to pay.

Alcoholics Anonymous
Address: 31 South Huron St, Ypsilanti, MI 48197
Phone: (734) 482-0707 - Literature line
Helpline: 734-482-5700 - For support groups
Website: [www.hvai.org](http://www.hvai.org)
Services: Support group to help recovery from alcoholism. There are a variety of locations and times for meetings. Open to anyone who wants to stop drinking.
Hours: Tuesday through Friday 1 p.m. - 6 p.m.
Fees: Based on ability to pay.

Alzheimer’s Association - Michigan Great Lakes Chapter
Address: 564 South Main Street, Ste. 200, Ann Arbor, MI 48104
Phone: 800-272-3900
Website: [www.alz.org](http://www.alz.org)
Services: Support groups for people with Alzheimer’s disease, their family members and care partners at various locations. Check website for current locations and times.
Hours: Monday through Friday 9 a.m. – 5 p.m., Helpline available 24 hours a day, 7 days a week
Fees: Based on ability to pay.

Arbor Hospice
Address: 2366 Oak Valley Drive, Ann Arbor, MI 48103
Phone: (734) 662-5999
Fax: (734) 332-7827
Website: [www.arborhospice.org](http://www.arborhospice.org)
Services: Support for those are who coping with the death of someone close. Please call for dates and times of meetings.
Adult Loss of a Child Support Group
Adult Loss of a Parent Support Group
Loss of a Spouse or Partner Support Group
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.
Cancer Support Community of Greater Ann Arbor  
**Address:** 2010 Hogback Rd, Suite 03, Ann Arbor, MI 48105  
**Phone:** (734) 975-2500  
**Website:** [www.cancersupport AnnArbor.org](http://www.cancersupport AnnArbor.org)  
**Services:** A variety of programs, education, and groups for people affected by cancer. Registration is required for weekly support groups. Call for times and dates of specific cancer support groups which are listed on line. Some of these include:  
- Patient Groups  
- Breast Cancer Group  
- Look Good…Feel Good (a cosmetic group for women undergoing cancer treatment)  
- Friends and Family Group  
- FOCUS Facing Cancer Together (for patients and their partners)  
- Grief Group  
- Colorectal Cancer Group  
- Caregiver Support Group  
**Hours:** Monday - Friday 8 a.m. - 5 p.m.  
**Fees:** No fee.

Catholic Social Services - Senior Services Department  
**Address:** Senior Health Building, 5361 McAuley Drive, P.O. Box 995, Ann Arbor, MI 48106  
**Phone:** (734) 712-3774  
**Fax:** (734) 712-7765  
**Website:** [www.cssWashtenaw.org](http://www.cssWashtenaw.org)  
**Services:** Grandparents As Parents (GAP) offers caregiving grandparents/relatives the opportunity to share their experiences, to understand the children’s special needs and to learn how and where to seek community resources. The support group meets at various times and locations.  
**Hours:** Monday - Wednesday 8:00 a.m. – 4:30 p.m.  
**Fees:** No fee.

Hearing Loss Association  
**Address:** Ann Arbor Center for Independent Living 3941 Research Park Drive Ann Arbor, MI 48108  
**Website:** [www.hearingloss.org/content/ann-arbor-chapter](http://www.hearingloss.org/content/ann-arbor-chapter)  
**Services:** Monthly meetings, check website for information, meetings and events.  
**Hours:** N/A.

Hospice of Michigan  
**Address:** 555 Briarwood Circle, Suite 140, Ann Arbor, MI 48108  
**Home:** (734) 769-5821  
**Website:** [www.hom.org](http://www.hom.org)  
**Services:** Support for friends and family of terminally ill patients. Call to register and for information on times and locations.  
**Hours:** Monday - Friday 9 a.m. - 5 p.m.  
**Fees:** No fee.
Jewish Family Services of Washtenaw County  
**Address:** 2245 S. State St., Ann Arbor, MI 48104  
**Phone:** (734) 769-0209  
**Fax:** (734) 769-0224  
**Website:** [www.jfsannarbor.org](http://www.jfsannarbor.org)  
**Services:** Caregiver Conversations. A monthly support group for adult caregivers that provides information and peer support. Call for times and location.  
**Hours:** Monday - Thursday 9 a.m. - 5 p.m., Friday 9 a.m. - 3 p.m.  
**Fees:** No fee.

**Jim Toy Community Center** - GLBT  
**Address:** 319 Braun Court, Ann Arbor, MI 48104  
**Phone:** (734) 995-9867  
**Website:** [www.wrap-up.org](http://www.wrap-up.org)  
**Services:** Offers activities and a monthly support group for older gays/transgender/bisexual/lesbians. Call to confirm times and for more information.  
**Hours:** Vary.  
**Fees:** No fee.

**Michigan Parkinson Foundation**  
**Address:** 30400 Telegraph Rd, Suite 150, Bingham Farms, MI 48025  
**Phone:** (248) 433-1011  
**Toll Free:** (800) 852-9781  
**Fax:** (248) 433-1150  
**Website:** [www.parkinsonsmi.org](http://www.parkinsonsmi.org)  
**Services:** Support groups for people with PD and their families. See website for information about who to call  
**Hours:** Monday - Friday 8 a.m. - 5 p.m.  
**Fees:** No fee.

**St. Joseph Mercy Chelsea**  
**Address:** 775 South Main St., Chelsea, MI 48118  
**Phone:** (734) 593-5280  
**Website:** [www.sjmercyhealth.org](http://www.sjmercyhealth.org)  
**Services:** The Diabetes Sharing Group is a free support group offered to area residents and their families who have diabetes.  
**Hours:** Call for hours and location.  
**Fees:** No fee.
St. Joseph Mercy Health System – Stroke Survivor & Caregiver Support Group  
Address: 5301 McAuley Drive, PO Box 995, Ann Arbor, MI 48106  
Phone: (734) 712-2830  
Website: www.sjmercyhealth.org (search for specific group using KEYWORD at top of web page)  
Services: Check website for times and location  
Hours: Monday - Friday 8 a.m. - 5 p.m.  
Fees: No fee.

St. Joseph Mercy Health System - McAuley Cancer Care Center  
Address: 5301 McAuley Drive, Ann Arbor, MI 48106  
Phone: (888) 474-HOPE (4673)  
Fax: (734) 712-4353  
Website: www.sjmercyhealth.org (search for specific groups using KEYWORD at top of web page)  
Support Groups: A variety of programs, education, and groups for people affected by cancer. Call for specific dates and times.  
- Brain Tumor Support Group for patient, family, and friends.  
- Breast Cancer Support Group: exchange ideas, coping strategies, and other information for women with breast cancer.  
- Prostate Cancer Support Group for patients and/or significant others.  
- Share and Care Support Group: self-help group where cancer patients and significant others can exchange information, discuss concerns, and enhance their ability to cope effectively.  
Hours: Monday - Friday 8 a.m. - 5 p.m.  
Fees: No fee.

St. Joseph Mercy Hospice - Grief  
Address: Washtenaw Medical Arts Bldg., 3075 Clark Rd., Suite 200, Ypsilanti, MI 48197  
Phone: (734) 327-3400  
Toll Free: 888-884-6569  
Website: www.sjmercyhealth.org (search for specific group using KEYWORD at top of web page)  
Services: Support for family members coping with the death of someone close. Call for information.  
Hours: Monday - Friday 8 a.m. - 5 p.m.  
Fees: No fee.

St. Joseph Mercy Hospital - Heart  
Address: 5301 McAuley Drive, Ypsilanti, MI 48197  
Phone: (734) 712-5204  
Fax: (734) 712-5333  
Website: www.sjmercyhealth.org  
Services:  
Atrial Fibrillation Support Group: Support group for people with cardiac rhythm disorders.  
Heart to Heart: Support group for people with cardiovascular disease.  
Heart Failure Support Group: Support group for those who have heart failure.  
Partners at Heart: Support group for spouses, significant others of people with cardiovascular disease.  
Hours: Monday - Friday 8 a.m. - 5 p.m.  
Fees: No fee.
St. Joseph Mercy Hospital - Amputee
Address: 5301 E. Huron Drive, Ann Arbor, MI 48106
Phone: (734) 712-5204
Website: www.sjmercyhealth.org (search for specific groups using KEYWORD at top of web page)
Services: Support group for amputees.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.

University of Michigan Cancer Center - Comprehensive Cancer Center
Address: 1500 East Medical Center Drive, Ann Arbor, MI 48109
Phone: Cancer Answer Line: 1-800-865-1125
Website: mcancer.org/
Services: A variety of programs, education, and support groups for people affected by cancer. Call 1-800-865-1125 for specific cancer support groups, dates, and times or visit website.
  - Blood, Marrow and Stem Cell Transplants for patients and family.
  - Brain Tumor for patients and those affected by brain cancer.
  - Esophagectomy (not just cancer patients) for patients and families
  - Head and Neck for patients, families, and friends
  - Living with Advanced Cancer for women only
  - Lymphoma for patients only.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.

University of Michigan Geriatrics Center Social Work and Community Programs – Low Vision
Address: 4260 Plymouth Rd, Ann Arbor, MI 48109
Phone: (734) 764-2556
Website: www.med.umich.edu/geriatrics
Services: Low vision support group for seniors with vision concerns. 4th Wednesday, 1-3 p.m. at Turner Senior Resource Center, 2401 Plymouth Rd, Ann Arbor, MI 48105.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.

University of Michigan Geriatrics Center Social Work and Community Programs - Caregiving
Address: 4260 Plymouth Rd, Ann Arbor, MI 48109
Phone: (734) 764-2556
Fax: (734) 936-4120
Website: www.med.umich.edu/geriatrics
Services:
  - Caring For Your Mate: Information and support for people who are caring for their significant others. 4th Tuesday 1:30 - 3:30 p.m., East Ann Arbor Health and Geriatrics Center, 4260 Plymouth Rd., Ann Arbor, MI 48109. No fee.
  - Caring for Aging Relatives support group at Turner Senior Resource Center, 2401 Plymouth Rd., Ann Arbor, MI 48105. 2nd Wednesday, 6 – 8 p.m. No fee.
Hours: Monday - Friday 8 a.m. - 5 p.m.
University of Michigan Orthotics and Prosthetics Center
Address: 2850 S. Industrial Hwy, Suite 400, Ann Arbor, MI 48106
Phone: (734) 975-7449
Website: www.med.umich.edu
Services: Support group for amputees. First Tuesday of each month 5:30 p.m. - 7:30 p.m.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fees. Donations accepted.

University of Michigan Tobacco Consultation Service and Geriatrics Center Social Work and Community Programs – Staying Smoke Free
Address: 2401 Plymouth Rd, Ann Arbor, MI 48105
Phone: (734) 998-6222
Website: www.med.umich.edu/geriatrics
Services: Staying Smoke-Free support group to help seniors who have quit smoking remain smoke-free. Meetings every 2nd and 4th Tuesday, 3 - 4:30 p.m.
Hours: Monday - Friday 8 a.m. - 5 p.m.
Fees: No fee.
Transportation

Ann Arbor Transportation Authority (AATA)
Address: 2700 S Industrial, Ann Arbor, MI 48104
Phone:  
(734) 973-6500 (General)
(734) 996-0400 (Route/Schedule Information)
(734) 973-1611 (A-Ride/Senior Program Ride - need an AATA ID “Good as Gold” card)
(734) 528-5432 (Night and Holiday Ride)
Fax: (734) 973-6338
TTY: (734) 973-6997
Website: www.theride.org

Services: The AATA provides bus service seven days a week on 26 routes serving Ann Arbor, Pittsfield Township, Ypsilanti, Ypsilanti Township, limited areas of Superior Township (SJMH and WCC), Chelsea, and Dexter.

- Fare deal fixed route: 60-64. Reduced fare with fare deal card.
- Fixed-Route Bus Service: 65+ free
- Good as Gold: Seniors citizens 65+ with an ID card issued by AATA can take shared-ride taxi trips within Ann Arbor city limits and selected other locations for a low fare.
- A-Ride: Wheelchair accessible transportation for disabled people unable to ride fixed-route buses. Serves Ann Arbor and selected other locations for a low fare.
- Night Ride and Holiday Ride: late-night, shared ride, door-to-door services contracted with local cab company. Call for fares.
- Senior Ride: Can arrange trips with senior housing management for shopping. There is a 5 person minimum and a fee of 75 cents each way per person.

Fees: Based on services used.

Care Transport
Address: 4180 Packard, Ann Arbor, MI 48108
Phone: (734) 434-6786. Calls after 5:00 p.m. (734) 216-4231
Fax: (734) 434-6782
Website: www.caretransport.us

Services: Provides transportation services for persons with disabilities for medical appointments or other outings. Vans are equipped with wheelchair lifts.

Hours: 24 hours a day, 7 days a week.
Fees: Charge per mile or flat rate. Call for destination fee. Accepts cash, checks, major credit cards, Medicaid, and some insurances.

Health Plus Transportation
Website: www.healthplustransport.com
Address: 124 Pearl, Ste 403, Ypsilanti, MI 48197
Phone: (734) 547-7813
Fax: (734) 547-8293

Services: Provides non-emergency 24- hour wheelchair and van service transportation for medical needs or recreation.

Hours: Monday – Friday 8 am – 5 pm. Services provided 24 hours a day, 7 days a week.
Fees: Call for current fees
Huron Valley Ambulance  
**Address:** 1200 State Circle, Ann Arbor, MI 48108  
**Phone:**  
(734) 971-4420 - General Information  
1-800-872-1111 - Non-Emergency Transportation  
(734) 477-6404 - Washtenaw County Ride Schedule  
**Fax:** (734) 971-4385  
**Website:** [www.hva.org](http://www.hva.org)  
**Services:** HVA Mobility Transportation service provides fully-equipped wheelchair vans for senior citizens and people with physical disabilities to medical appointments throughout Michigan.  
**Fees:** Call for rates.

JFS Care Van Transportation Program  
**Address:** 2245 S. State St., Ann Arbor, MI 48104  
**Phone:** (734) 769-0209  
**Fax:** (734) 769-0224  
**Website:** [www.jfsannarbor.org](http://www.jfsannarbor.org)  
**Services:** JFS Care Van provides rides to locations within the Ann Arbor and Ypsilanti area. It can be used for transportation to medical appointments, shopping, grocery stores, work, errands, and special events. Clients must be over the age of 62, disabled or a Work First client.  
**Fees:** Fee may be adjusted by JFS social workers to accommodate those who are unable to pay the full fee sliding scale based on income.

Manchester Area Senior Citizens  
**Website:** [www.facebook.com/groups/manchesterseniors](http://www.facebook.com/groups/manchesterseniors)  
**Address:** 410 City Rd, Manchester, MI 48158  
**Phone:** (734) 385-6308  
**Services:** Transportation is available to medical appointments and for meals for adults age 55+.  
**Fees:** Call for rates

Michigan Transportation Services, Inc.  
**Address:** P.O. Box 1032, Brighton, MI 48116  
**Phone:** (877) 777-7900  
**Fax:** (517) 552-1194  
**Website:** [www.michigantransportation.com](http://www.michigantransportation.com)  
**Services:** Provides state-wide non-emergency transportation for ambulatory and non-ambulatory individuals. Local and long distance door-to-door services available.  
**Hours:** Monday – Friday 8 a.m. – 5 p.m. (business hours). Transportation services available 24 hours a day/7 days a week throughout Michigan.  
**Fees:** Accepts most major insurances and worker's compensation as well as private pay. Call for fares.

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**Contact Information:**  
Barbara Zaret  
E-mail: barbaraz@umich.edu  
Phone: (734) 998-9354
Milan Seniors for Healthy Living  
**Address:** 45 Neckel Court, Milan, MI 48160  
**Phone:** (734) 508-6229  
**Fax:** (734) 439-4315  
**Website:** [http://www.milanseniors.org/transportation.html](http://www.milanseniors.org/transportation.html)  
**Services:** Transportation services for seniors age 50+.  
**Hours:** Monday, Wednesday, and Thursday, 8 a.m. - 3 p.m.  
**Fees:** Visit the website for current fees.

MyRide  
**Phone:** 866-977-9423  
**Website:** TheRide.org  
**Services:** Provides a mobility management service that coordinates transportation for people who cannot access or use fixed route public transportation. For 65 and older, or those who have a disability or are low-income.  
**Hours:** Monday - Friday, 8 am. – 3:30 p.m. and 4 p.m. – 7 p.m.  
**Fees:** Call for fare for standard rates and financial ability to pay.

People’s Express  
**Address:** 9101 S Main Street, Northfield Township, MI 48189  
**Phone:** (877) 214-6073 Reservation Line  
**Fax:** (734) 449-0840  
**Website:** [www.peoplesexpressmi.com](http://www.peoplesexpressmi.com)  
**Services:** The People’s Express will transport seniors or those with special needs door-to-door to locations within Washtenaw County that are not part of Ann Arbor Transit Authority (AATA) fixed routes. Provides residents of greater Ann Arbor and Northern Washtenaw County with medical, work, educational, and personal rides. Grants are sometimes available for low income residents. Wheelchair accessible, aides ride free with the client. Must make reservations 3 days ahead. No weekend service. Call between the hours of 10 a.m. - 2 p.m. for scheduling.  
**Hours:** Monday – Friday 8 a.m. - 5 p.m.  
**Fees:** Call for fares.

Trusted Loving Care Homecare  
**Address:** 2217 Packard Road, Ann Arbor, MI 48104  
**Phone:** (734) 302-1234  
**Website:** [www.trustedlovingcare.com/](http://www.trustedlovingcare.com/)  
**Services:** Home care agency provides transportation to seniors and disabled individuals, plus companion if needed. Advanced reservations required as early as possible.  
**Hours:** 24 hours a day, 7 days a week.  
**Fees:** Call for current fees. Two hour minimum required.
Western-Washtenaw Area Value Express (WAVE) Community Connector

Phone: (734) 475-9494
Fax: (734) 475-9494
Website: [www.ridethewavebus.org](http://www.ridethewavebus.org)

**Services:**
- Provides affordable transportation to everyone in need.
- Provides door-to-door services in the Chelsea area and the Dexter school district. Must call in advance for this service.
- Community Connector connects with AATA at Jackson/Wagner Road in Ann Arbor.
- Lifeline Services is available to residents of Chelsea to medical appointments and many other locations in Washtenaw county.

**Hours:** Door to door services: Monday – Friday 8 a.m. – 4:30 p.m., Community Connector Bus Service: Monday - Friday 6 a.m. – 6 p.m.

**Fees:** Dependent upon distance and service.
Volunteer and Employment Opportunities

Employment Training and Community Services Group (E.T.C.S.) -Michigan Works-
Address: 304 Harriet St., Ypsilanti, MI 48197
Phone: (734) 714-9814
Fax: (734) 481-2516
Website: [www.ewashtenaw.org/](http://www.ewashtenaw.org/)
Services: Provides job search assistance, access to computers, copier, telephone and fax services.
Hours: Monday, Wednesday, Thursday, and Friday: 8 a.m.- 5 p.m. Tuesday 8 a.m.- 7 p.m.
Fees: No fee.

Jewish Family Services of Washtenaw County
Address: 2245 S. State St., Suite 200, Ann Arbor, MI 48104
Phone: (734) 769-0209
Fax: (734) 769-0224
Website: [www.jfsannarbor.org/](http://www.jfsannarbor.org/)
Services: JFS assists individuals in Washtenaw County, both English and non-English speakers, in employment searches, and help with job readiness and resume preparation.
Hours: Monday - Thursday, 9 a.m. - 5 p.m. Friday, 9 a.m. - 3 p.m.
Fees: Many services free, others based on ability to pay.

RSVP: Catholic Social Services of Washtenaw County
Address: 5361 McAuley Drive, P.O. Box 995, Ann Arbor, MI 48106
Phone: (734) 712-7775
Fax: (734) 712-7765
Website: [www.csswashtenaw.org/](http://www.csswashtenaw.org/)
Services: Matches people 55+ with Washtenaw County non-profit agencies who need volunteers.
Hours: Monday - Friday 8 a.m. - 4:30 p.m.
Fees: No fee.

Senior Community Service Employment Program - AARP
Address: 15100 Northline, Suite #157, Southgate, MI 48195
Phone: (734) 281-2470
Fax: (734) 281-2471
Services: Program employs people 55+ who meet certain income guidelines to work at non-profit agencies. The jobs are part-time, paying minimum wage, with the goal of improving work skills and returning participants to the job market.
Hours: Monday - Friday, 8 a.m. – 3:30 p.m.

Senior Environmental Employment Program Environmental Protection Agency
Address: 2000 Traverwood Dr., Ann Arbor, MI 48105
Phone: N/A
Fax: N/A
Website: [www.epa.gov/ohr/see/brochure/](http://www.epa.gov/ohr/see/brochure/)
Services: Senior Environmental Employment Program provides paid clerical, technical and professional positions, with benefits, for seniors 55+. Jobs are accessed through the website.
Hours: N/A
211 United Way - Washtenaw County - Volunteer Center  
**Address:** 2305 Platt Rd., Ann Arbor, MI 48104  
**Phone:** (734) 971-8200  
**Fax:** (734) 971-6230  
**Website:** [www.uwwashtenaw.org/](http://www.uwwashtenaw.org/)  
**Services:** Provides list of agencies that use volunteers  
**Hours:** 24 hours a day, 7 days a week.  
**Fees:** No fee.

Washtenaw County Foster Grandparent Program  
**Address:** 415 W. Michigan Ave, P.O. Box 915, Ypsilanti, MI 48197  
**Phone:** (734) 544-6748  
**Fax:** (734) 544-6749  
**Website:** [www.ewashtenaw.org/](http://www.ewashtenaw.org/)  
**Services:** This program sponsored by Washtenaw County matches low-income older adults 60+ with children in various settings for 20 hours/week. Volunteers receive a stipend, transportation assistance, daily meals and annual medical checkup.  
**Hours:** Monday - Friday 8:30 a.m. - 5 p.m.  
**Fees:** No fee.