Greetings from Silver Club!

I hope this message finds all of our friends and families well in 2016.

We have been working with a great deal of energy and enthusiasm over the last twelve months to provide quality, cutting edge programming for our members, and support to our members’ families. We have held a number of presentations to educate our community about memory loss issues and supportive resources available. Our team also provided creative and fun activities tailored to a wide range of member needs.

Silver Club recently hosted an art exhibition at the Mallet’s Creek Library in Ann Arbor. The exhibit featured 22 original pieces of artwork celebrating the colors of the winter season. All of the art was created by Silver Club members. The exhibit started on December 15 and runs through January 28. There was a well-attended artist reception which allowed guests to meet and get to know the artists.

On a side note, we are sad to report that Amber Williams, Silver Club administrative assistant, is leaving her position. Amber has been instrumental in performing the many administrative tasks that are critical in keeping Silver Club running efficiently. On Monday January 18, Amber began her new position as the Senior Administrative Assistant in the University of Michigan’s Capital Auxiliary Projects department. This new position will allow Amber to use her design degree. Best of luck Amber!

We are definitely excited to see what the rest of this winter has in store for us at Silver Club!

Sincerely,

Douglas Dault, LMSW
Director, Silver Club Memory Programs

Winter Scenes Art Exhibition
Elaine Reed

On December 15, 2015, Silver Club members, staff, and guests attended the art opening of the Winter Scenes Art Exhibition at the Malletts Creek Ann Arbor District Library. On display were 22 original art pieces in a variety of art mediums and subject inspirations, all created by our very own Silver Club members. It was a wonderful display of creativity to celebrate all the colors of the holiday season with members and their families. The art exhibition runs through January 28, 2016 and is free and open to the public.

For more information about the art exhibition or to host a future art exhibition please contact Jeanne Kero or Elaine Reed at Silver Club Memory Programs, (734) 998-9352.
Financial Stress for Family Care Partners
Sara Holmes, MPH
Chair, Silver Club Advisory Board

Family care partners often find themselves under financial stress as they work to provide the best possible care for a family member with dementia. A recent article in the New York Times dated 10/26/15 by Gina Kolata describes a study that shows why dementia care costs are the most expensive when compared to heart disease and cancer.

She writes that Medicare pays close to the same amount for people with heart disease, cancer, or dementia—close to $100,000—but people with dementia had more expenses that were not covered. She reports that on average, the out-of-pocket cost for a person with dementia was $61,522—more than 80 percent higher than the cost for someone with heart disease or cancer. The reason is that people with dementia often need someone to watch them, and at times to help them with basic activities over a long period of time.

The reason that expenses for people with dementia are so much higher is because Medicare typically does not cover the costs associated with providing supervision and help with basic activities. What all this means for families is that they’re often unprepared for the financial challenge of caring for a family member with dementia. As Dr. Diane E. Meier, a professor of geriatrics and palliative care at Mount Sinai Hospital said, “What families don’t realize is that they are on their own.”

Understanding the financial challenges faced by families, the Silver Club’s goal is never to turn away someone in need due to his/her financial circumstances. We use a sliding-fee scale so that each family pays what they can afford. The balance comes from grants, and Silver Club fund-raising efforts such as the Big Hearts for Seniors event on May 26th and our Spring annual appeal.

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News and Updates!

Memory, Aging and Expressive Arts wins national award!

Memory, Aging and Expressive Arts, a collaborative program between, Professor Anne Mondro, a faculty member in the Penny W. Stamps School of Art and Design and the Silver Club Memory Programs won a national competition that recognizes outstanding programs helping Alzheimer’s families and caregivers. Each winning program was awarded $20,000 from Family Caregiver Alliance and The Rosalinde and Arthur Gilbert Foundation. The program won in the category of Creative Expression and will receive their award at a celebratory reception during the annual “Aging in America” Conference to be held on March 22 in Washington, DC. Please visit www.retainingidentity.com for more information

Save the date!

BIG HEARTS FOR SENIORS fundraiser, Letter to Anita, at the Michigan Theatre - MAY 26, 2016
Letter to Anita is the story of Dr. Ronni Sanlo whose personal, political, and professional struggles shaped her life of community-building and activism.
**Musical Collage**

*Jeanne Kero*

Music and art go hand-in-hand, so for this fun new project, Silver Club members decided to incorporate both! Each member was given an 8-1/2” x 11” piece of white paper, a paint brush and black paint. They were asked to make creative marks on the page, inspired by the music that they were hearing.

The members painted a page of marks for every CD they listened to. The club members twirled, dabbed, did the wave, shot arrows, and made whatever simple marks they could think of on the paper. The result was a musical whirlwind of artwork.

Then, they decided to choose a few of their favorite pages and cut them into thirds by taking one section of each artist’s page and pasting it into a vertical row to make a collaborative collage.

The members also made individual collages, by using the left over scrap paper. (See Silver Club member, Ben’s artwork below). This new project inspired artistic, musical talent, and the members had fun creating something new and different.

*Music used: The Lion King, Under the Stars; All Star Dixie Landers, 12th Street Rag; Dr. John, Accentuate the Positive, Sentimental Mood; Rodrigo Y Gabriela, Stairway to Heaven; Mozart, Benedictus; Rachmaninov, Piano Concerto No. 3 in E Minor*

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**Meet Our Staff and Volunteers**

**Staff:** Lisa Chasse, Doug Dault (Director), Patricia Hall, Jeanne Kero, Soonhyung Kwon, Kristine Monhollon, Jen Morak, Elaine Reed, Laura Rice-Oeschger, Kathi Tobey, Marianna Voica, Cara Yonovitz

**Volunteers:** Jasmine Chang, Polly Connor, Dorothy Doss, Maia Fattahi, Alice Fishman, Lori Fithian, Sara Holmes, Maddie Houlse, Sherri Kantor, Eni Mihilli, Myrna Miller, Rose Redman, Jacqui Roe, Sarah Ross, Jenifer Schwank, Mary Sexton, Cathy Strachan, Randy Thackston, Kathy West, Mary Wisgerhof, Heidi Yeager

**Advisory Board:** Julie DeLoria, Alice Fishman, Sara Holmes (Board Chair), Sherri Kantor, Jean Kelsey, Clare Kolevar, Myrna Miller, Robert Newman, Deb Shtulman, Cathy Strachan, Julie Young
An Opportunity to Support Silver Club

The goal at Silver Club is never to turn away families in need due to financial circumstances. We use a sliding-fee scale so that each family pays what it can afford. The balance comes from grants and assistance from a wide array of supporters. We are so grateful to Silver Club families and friends for their generous support of our programs in whatever way they feel comfortable.

How You Can Help:
Be an ambassador – promote the Silver Club by referring families who are caring for a person with memory loss to our programs.
Volunteer – if you have time, there are many ways to help, including spending time with members during program hours, participating on Silver Club committees, or helping with special, time-focused projects.
Make a gift – the Silver Club is a non-profit organization which relies significantly on public funding and contributions. “Gifts in kind” such as artwork, books and equipment make an immediate impact. The easiest way to make a monetary gift is through our online link: https://leadersandbest.umich.edu/find/#/give/basket/fund/367384.

For more information about giving, contact us at (734) 998-9352.

Contact Information
Silver Club Memory Programs
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Ann Arbor, MI 48105

Phone: (734) 998-9352
GerMedSilverClub@umich.edu
Www.facebook.com/SilverClubMemory
9:00 AM - 5:00 PM, Mon-Fri

Sponsors & Community Partners
Silver Club is a non-profit organization primarily funded by donations and member fees. We are also supported by:
• U-M Geriatrics Center
• Ann Arbor Area Community Foundation
• Area Agency on Aging 1-B
• Brookdale National Group Respite Program
• Friends of the U-M Hospital
• Medicaid Waiver Program
• Veterans Affairs