Greetings from Silver Club!

With the change of the weather, Silver Club members and staff are fully engaged in the fall season. You might notice the smell of apple crisp being prepared in the Silver Club kitchen. With the help from our newest staff member, Kaity Sinke, our members were able to create an apple crisp treat that was enjoyed by Silver Club members and staff as a delicious Fall dessert!

On July 30th, Silver Club was given the opportunity to hold the 7th annual fundraiser, hosted by Holiday’s Restaurant in Ann Arbor. With the gracious help from Holiday’s owner, Rob, a portion of all of the receipts for that day were donated to Silver Club. Thank you Rob!

A special thanks to Ruth Slavin, Director of Education, as well as the docents at the University of Michigan Museum of Art (UMMA), for their help with “The Senses are Alive and Well: Art, Music, and Connecting in the Moment”. Joining with Silver Club staff and volunteers, Ruth and the UMMA delivered an amazing training to care partners providing care to people with dementia. Thank you for all your help!

Sincerely,

Douglas Dault, LMSW
Director, Silver Club Memory Programs

Silver Club Volunteer, Randy Thackston

Written by: Jeanne Kero, Silver Club Staff Member

Randy has been an employee at the Turner Senior Resource Center AND a volunteer at the Silver Club for 13 years. She is one of the most dependable volunteers we have at the Silver Club. We count on her so much we forget she’s a volunteer and not a staff member. Randy was born in Indiana, but has lived in many places including Iowa, Kansas, Argentina, Delaware, and Virginia (where she graduated from High School). She has a degree from Michigan State University in Special Education (now called Mentally Challenged Children). She has many interests including music (which she shares during fitness), concerts, plays, travel and dancing. Her favorite activities at Silver Club are leading fitness, having individual conversations, and performing one-on-one assistance and art, where she has been volunteering to help out with the members who can’t follow directions by themselves.

Randy has been very helpful to Silver Club members and staff. She is not only a volunteer, but a dear friend to the Silver Club. There’s nothing like a Randy hug to make your day!
A NOTE FROM OUR NURSES

JUST A REMINDER THAT ALONG WITH THE CHANGE OF SEASONS, IT IS TIME TO CONSIDER GETTING YOUR SILVER CLUB MEMBER, AND YOUR FAMILY AS WELL, UP-TO-DATE ON IMMUNIZATIONS. ESPECIALLY THE “FLU” VACCINE. THESE VACCINES CAN HELP FROM GETTING DANGEROUS DISEASES AND FROM SPREADING THEM TO OTHERS. THE SEASONAL FLU VACCINE PROTECTS AGAINST THE INFLUENZA VIRUSES THAT ARE MOST COMMON DURING THIS UPCOMING SEASON. WE SUGGEST THAT YOU CONSULT WITH YOUR PHYSICIAN REGARDING THIS VACCINE. THERE ARE SEVERAL CLINICS AVAILABLE THROUGH NOVEMBER. SOME ARE SPONSORED BY THE U OF M VISITING NURSES, WITH MOST INSURANCE PLANS ACCEPTED AND USUALLY, NO APPOINTMENT NECESSARY. VISIT WWW.UMVN.ORG/IMMUNIZATIONS OR CALL 734-477-7299.

New Staff Member!

We would like to introduce our newest staff member, Kaitlyn Sinke!

Kaity graduated with honors from Michigan State University with a Bachelor of Arts in Psychology and a minor in Dance. She then acquired her master’s degree with a fellowship from Columbia College Chicago in Dance/Movement Therapy and Counseling. Kaity has previous experience providing dance/movement therapy and yoga for adult day programs specific to Dementia, Alzheimer’s, and Parkinson’s in the retirement community, as well as in a private studio setting. We are excited to have Kaity join our team. Her background, interests, and talent will be a great asset to Silver Club.
The Senses are Alive and Well: 
Art, Music, and Connecting in the Moment.

On Thursday, October 6th, the Silver Club Memory Programs hosted a 90-minute, interactive program, titled “The Senses are Alive and Well: Art, Music, and Connecting in the Moment” in which the University of Michigan Museum of Art docents and staff demonstrated their use of art, music, storytellings, and touch to create successful and rewarding experiences for visitors and families with memory loss. The evening included ideas from UMMA and Silver Club, showing different ways to connect with loved ones with memory loss. The evening was well attended, and family members were given the opportunity to learn about the “Meet UMMA” programs and what a strong connection Silver Club has with the UMMA.

We all know that Silver Club is pretty special, but did you know that it also has a Facebook page? Every week photos and announcements about SC activities are posted online. We also include memory loss research updates and advice. We do this with the hope that we will help our members and their families and reach potential members. By liking and sharing our pages, you can help us spread the word. You can check out our Facebook page, by visiting www.facebook.com/SilverClubMemory.

Meet Our Staff and Volunteers

Staff: Lisa Chasse, Doug Dault (Director), Patricia Hall, Jeanne Kero, Kristine Monhollon, Elaine Reed, Laura Rice-Oeschger, Dana Roe, Kaitlyn Sinke, Kathi Tobey, Marianna Voica, Cara Yonovitz

Volunteers: Jasmine Chang, Polly Connor, Aurelie Muller Dirry, Maria Dollar, Dorothy Doss, Maia Fattahi, Alice Fishman, Lori Fithian, Emily Hogan, Sara Holmes, Maddie Houlouse, Sherri Kantor, Eni Mihilli, Myrna Miller, Ryan Pinti, Rose Redman, Jacqui Roe, Mary Sexton, Jennifer Steiner, Cathy Strachan, Randy Thackston, Mary Wisgerhof, Heidi Yeager

Advisory Board: Beverly Bagozzi, Julie DeLoria, Alice Fishman, Sara Holmes (Board Chair), Leslie Kamil, Sherri Kantor, Jean Kelsey, Clare Kolevar, Myrna Miller, Amy Petrucci, Cathy Strachan, Julie Young
An Opportunity to Support Silver Club

The goal at Silver Club is to always accept families in need, even if they are experiencing financial difficulties. We use a sliding-fee scale so that each family pays what it can afford. The balance comes from grants and assistance from a wide array of supporters. We are so grateful to Silver Club families and friends for their generous support of our programs in whatever way they feel comfortable.

How You Can Help:
Be an ambassador – promote the Silver Club by referring families who are caring for a person with memory loss to our programs.
Volunteer – if you have time, there are many ways to help, including spending time with members during program hours, participating on Silver Club committees, or helping with special, time-focused projects.
Make a gift – the Silver Club is a non-profit organization which relies significantly on public funding and contributions. “Gifts in kind” such as artwork, books and equipment make an immediate impact. The easiest way to make a monetary gift is through our online link: https://leadersandbest.umich.edu/find/#/give/basket/fund/367384.

For more information about giving, contact us at (734) 998-9352.