Greetings from Silver Club!

We have had an amazing summer at Silver Club.

Our raised outside garden, donated by the U of M Friends Gift Shop and our landlord, First Martin, is fully functional and has provided our members with an opportunity to participate in all of the rewarding activities associated with growing and nurturing their own plants.

Speaking of growing, Amber Williams, our administrative assistant has returned from her maternity leave. Her son Max is growing by leaps and bounds. We expect the Michigan Football recruiters will be contacting Amber and her husband, Matt, very soon.

We would like to thank Rob, the owner of Holidays Restaurant for hosting a fund raiser benefiting Silver Club. Rob generously donated a percentage of his receipts from his restaurant on July 17, 2015.

The Area Agency on Aging 1B donated money for Silver Club to buy 23 new chairs. The new chairs add great support and comfort to our members.

Sincerely,

Douglas Dault, LMSW
Director, Silver Club Memory Programs

Silver Club’s New Patio
By: Lisa Chasse

Silver Club members got their hands dirty this summer! The newest addition to the program’s array of activities and features is the new outdoor patio with many raised gardens. Over the past few months, members grew vegetables, herbs and flowers outside in the raised garden beds. The raised gardens are surrounded by brick pavers so all levels of mobility can enjoy the new patio. The new patio is also home to Silver Club’s new scarecrow, who is currently on duty protecting our plants. One of the best features of the new patio is that it receives plenty of sunlight, as well as some spots of shade. The sunshine helps our plants to grow big, while the shade provides a great spot for members to do arts and crafts or play fun outdoor games. Gardening on our new patio is certainly one of our new favorite activities for members to indulge in, but for the days we can’t make it outside, we enjoy our new indoor garden cart as well. The cart features a grow light so the Michigan weather won’t slow us down. We can’t wait to utilize our patio some more in these months to come.

Silver Club’s new scarecrow on duty in the patio garden.

Fall 2015
Beautiful weather made it possible to do our papermaking activity outside on our new and lovely patio. Holding two classes, many of members got to try this craft.

We started with an indoor activity, tearing up colored papers (recycled mostly) and mixing the paper pieces in a bucket of water. We used borrowed materials (thank you, Sally Silvenoinen) to create sifters that would strain the excess water out of the paper pieces. Pictured to the top-right is the paper mold and deckle used to dip in the bins holding the scrap paper and water (blended to a rough pulp). We added dried floral materials to the top of the pulp mixture, used rags to get excess water out, and flipped it onto a board to be flattened. Members were able to stand on the board over their paper and press the water out of it. The members joked about who could dance on the board the best.

You can see the finished product in these pictures. We let the paper dry and members were able to take their paper home the following week.

Thanks to the many volunteers who made it possible for so many club members to participate in this project.
**Alzheimers Association Holiday Cards**

**By: Elaine Reed**

The Silver Club Programs’ artists have created another unique art image for the 2015 Alzheimer’s Association Michigan Great Lakes Chapter holiday card. This year’s original design is reminiscent of winter memories and will be available for donation in mid-November.

If you are interested in sending out holiday cards this year, please contact the chapter’s office at 734-369-2716.

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**Christmas Wishlist**

Gift cards to: Meijer, Kroger, Blick Art Materials, Jo-Ann Fabric, Michaels, Home Depot or Lowe’s
iTunes music card
Ann Arbor Area Transportation Authority SCRIP booklets
Scissors
Clorox/Lysol cleaning wipes
Kleenex
Portable projector screen
Dishwasher
Quilter’s sewing machine

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**Discover, Connect, Create**

An exhibition of artwork created by University of Michigan (U-M) Geriatrics Mild Memory Loss program Silver Club members and U-M students as part of Memory, Aging & Expressive Arts. A Community engagement course offered through the U-M Stamps School of Art & Design.

**October 23- November 22, 2015**
1800 N. Dixboro Road, Ann Arbor MI 48105
mbgna.umich.edu (734) 647-7600

To read more about the class please visit: www.retainingidentity.com
An Opportunity to Support Silver Club

The goal at Silver Club is never to turn away families in need due to financial circumstances. We use a sliding-fee scale so that each family pays what it can afford. The balance comes from grants and assistance from a wide array of supporters. We are so grateful to Silver Club families and friends for their generous support of our programs in whatever way they feel comfortable.

How You Can Help:
Be an ambassador – promote the Silver Club by referring families who are caring for a person with memory loss to our programs.
Volunteer – if you have time, there are many ways to help, including spending time with members during program hours, participating on Silver Club committees, or helping with special, time-focused projects.
Make a gift – the Silver Club is a non-profit organization which relies significantly on public funding and contributions. “Gifts in kind” such as artwork, books and equipment make an immediate impact. The easiest way to make a monetary gift is through our online link: https://leadersandbest.umich.edu/find/#/give/basket/fund/367384.

For more information about giving, contact us at (734) 998-9352.

Contact Information
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Www.facebook.com/SilverClubMemory
9:00 AM - 5:00 PM, Mon-Fri

Sponsors & Community Partners
Silver Club is a non-profit organization primarily funded by donations and member fees. We are also supported by:
• U-M Geriatrics Center
• Ann Arbor Area Community Foundation
• Area Agency on Aging 1-B
• Brookdale National Group Respite Program
• Friends of the U-M Hospital
• Medicaid Waiver Program
• Veterans Affairs