

# friends

Supporting the University of Michigan Health System

SPRING  
2010

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University of Michigan  
Health System

UH-2C 201  
1500 East Medical Center Drive  
Ann Arbor, MI 48109-0061

[www.med.umich.edu/friends](http://www.med.umich.edu/friends)

# Funding Update

In the past year, Friends received 38 funding requests and was able to grant 24 of them.

## FUNDING REQUESTS

Department ..... Trail's Edge Camp  
 Requestor ..... Ray Haggerty  
 Items ..... Funding for camp 2010  
 Amount ..... \$35,000

Department ..... Social Work/Guest Assistance Program  
 Requestor ..... Anita Clos  
 Items ..... The SW Dept provides financial assistance to patients and families on a continuous basis.  
 Amount ..... \$30,000

November 7, 2009

Friends of the University of Michigan Health System  
 1500 E Medical Center Drive, UH-2C201  
 Ann Arbor, Michigan 48109-5061

Dear Friends:

On behalf of occupational therapy and physical therapy at MedRehab I would like to thank you for funding our request for ergonomic computer equipment to use with our patients with musculo-skeletal impairments. Until the funding of this request we had no ergonomic computer resources to use with these patients. Your funding will allow us to provide a valued additional service.

We are currently seeking the cheapest source for purchase of the equipment and hope to have it ordered shortly. At which point we will complete your Funding Request Follow Up form. Thank you again for your support.

Sincerely,



Naomi Gilbert, MPH, OTR/L  
 University of Michigan Health System  
 Department of Physical Medicine and Rehabilitation  
 Occupational Therapy and Physical Therapy Divisions



This past February, Friends sponsored a three-day jewelry sale that raised \$9,895 to benefit and support Trails Edge Camp.

# \$6

In addition to the jewelry sale, Friends also held an "everything is \$6" sale that netted an additional \$6,550 in proceeds for Trails Edge.

**These two events raised \$16, 445, all of which was donated to Trails Edge Camp.....**  
**THANK-YOU Employees and others for your support!**



**Friends Gift Cards Now Available for Purchase**

**Making A Difference One Purchase At A Time**



# President's Letter

*Dear Friends,*

*I am honored to be the current president of the Friends of the University of Michigan Health System.*

*I was elected to the Board of Directors a few years ago. Serving in this capacity has brought a different perspective to my "Friends" experience. Having worked for the University of Michigan Health System for thirty years, I had the privilege of working with this volunteer organization. They supported many of my projects at that time. I found these volunteers and staff to be dedicated people then and as now.*

*I have been a volunteer cashier in the Carousel gift shop for a few years. It has been a fun and rewarding experience. Often a new dad comes in to purchase a gift for his newborn, a plush animal, a toy, and often the newborn's first "Block M" tee shirt. Grandparents also are good customers and it is fun to see kids get a "I'm a big brother" or "big sister" tee shirt or button. Always some experience happens each shift that brings a smile on my trip home.*

*My time as a "friend" is not unlike that of many volunteers working in the shops or serving on the board—it's been a truly a life-enriching experience.*

*Recently, we celebrated our 50th anniversary. This event gave us the opportunity to increase awareness about our three shops and, equally important, about how Friends provides financial grants in support of patient and family programs and departments throughout the Health System. Yearly, thousands of dollars are funneled to staff to enhance patient education and care.*

*So who can be a "Friend?" You can! Join our "be a friend campaign." Volunteer in one of our shops. Shop! You will be making a difference with each purchase you make! Once you become involved, you will be glad you did!*

*Sincerely,*



*Dean E. Lidgard  
Friends President*



Dean Lidgard and Dr. Ora Hirsch Pescovitz, executive vice president for medical affairs, University of Michigan, and CEO, University of Michigan Health System, attending the Friends board of directors meeting, in February 2010.

# Meet Our Volunteers... who help make

**F**riends is a board-governed, volunteer-staffed, non-profit community organization that administers and manages three Health System gift shops. The revenue generated from these shops provide funds for patient care programs, amenities, and education projects. Friends always welcomes new volunteers. For more information, call 734-936-5975.



## Malcom Cox (Mac)

has been a volunteer for the Friends gift shops since 1997. He was enticed to volunteer upon his retirement by a fellow volunteer and friend. For the past 13 years, Mac has worked as cashier in the Mott Hospital Carousel gift shop and the Main Hospital gift shop. He previously served as

vice-president/chair to the gift shop committee. In addition to Friends, Mac volunteers for the Turner Senior Resource Center within the University of Michigan Geriatric Center. Mac has a BA from Houghton College in New York and an MBA from the University of Michigan Ross School of Business. He spent his career at the University of Michigan, serving in various positions within the financial organizations. He finished his career as associate director of financial operations. Mac is lucky enough to leave the yearly Michigan winters for Cedar Key, Florida, a small fishing village near Gainesville. While in Florida he continues to volunteer at the nearby library. Mac enjoys singing and reading. One of his most memorable travels includes cheering Michigan to victory two years ago in Orlando against the University of Florida Gators. Mac enjoys volunteering with Friends because it allows him to meet and help other people. He is the 2005 recipient of the Distinguished Service Award for Volunteer Services.

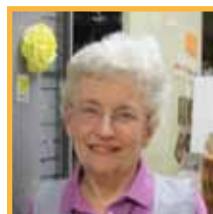


## Beth Freitas

has been a Friends volunteer for over 20 years. She came to volunteer at the suggestion of a fellow volunteer and friend. She currently works as a cashier and restocks the merchandise shelves in the main gift shop. Previously, she served as vice-president and president of the Friends Board of

Directors. Her earlier volunteering included tutoring at her sons' school. Beth graduated from Nazareth College in Kalamazoo, Michigan with a degree in education. She married a University of Michigan medical student and ended up staying in Ann Arbor. She taught school for several years and then sold real estate for 15 years. She is the mother of two grown sons and the proud grandmother of four grandchildren—all boys! Outside of volunteering, Beth enjoys running. She has completed more than

50 marathons, including the 2009 Boston marathon. She spends her Michigan winters in Naples, Florida. Her hobbies include traveling and visiting her grandchildren—some of whom live in Japan. She also enjoys mystery novels and needlepoint. Believe it or not... there have been numerous sightings of Beth and many stories of “mistaken identity,” as she has an identical twin that also lives in Michigan.



## Arlett Gibbons

has been a volunteer with Friends since 2002. However, she had been a volunteer with the University of Michigan Hospitals for almost two years prior, starting with the “old” cardiology department, after her husband died. She came to the Friends organization upon the suggestion of a

friend and her daughter, who works for the University of Michigan Medical School Information Services. Arlett can be found “in the back room” of the main gift shop unpacking, pricing, and displaying clothing merchandise. In addition to Friends, she also volunteers with her church. Arlett is originally from Illinois but came to Ann Arbor in 1969 with her husband, who taught Economics at Eastern Michigan University. Arlett completed her associates degree from Washtenaw Community College and worked for 16 years as an assistant to the chairman of the mathematics department at the University of Michigan. She is the mother of three grown children and four grandchildren. Arlett is an “exercise gal” enjoying all types of dance including square and line dancing, yoga, and walking. She has traveled extensively throughout the world including Russia and Morocco, with her favorite being train tours throughout Europe and Norway.



## Joanne Heald

has been a volunteer with Friends since 2000. She was recruited by a fellow volunteer. Joanne attended the University of Michigan, graduating with a BA in the history of fine arts. Upon graduation, she left Ann Arbor for several years and then returned in 1963 with her husband and children. Prior to starting her family, Joanne worked for General Motors in the manufacturing division. She then chose to stay

## our gifts possible!

home with her three children, volunteering regularly in their schools. Once her children were grown she began working at the University of Michigan's Center for Japanese Studies as an administrative assistant. As a long-term caregiver to family, she has a special appreciation for the University of Michigan Hospital. Joanne lost her daughter Julie in September of 2009, who died in comfort care at the University of Michigan. She is very grateful to the many wonderful professionals, from critical care to comfort care, that helped make her sweet daughter's last days as peaceful as possible. Outside of volunteering, Joanne enjoys reading and playing bridge—having played with the same group for over 40 years! Joanne also is involved with PEO, an educational philanthropy group for women.

### Diane Argyle



Diane Argyle has been a Friends volunteer since 2008. She is responsible for inventory and displaying merchandise within the main gift shop. She also sits on the Friends Board of Directors, serving as a member-at-large. Diane was born in North Dakota, graduating from North Dakota State University with a degree in

zoology and botany. She relocated to Ann Arbor with her husband in 1972. If you have a child that ice skates...good chance that Diane was the teacher! From 1972–1983, Diane was an instructor of figure skating in Ann Arbor, teaching pre-school through adult. She then served as director for the city of Ann Arbor Parks and Recreation/figure skating from 1983-1999. She has been married for 44 years, has one grown child, and two grandchildren. Diane, her daughter, granddaughter, and grandson perform every year in the Ann Arbor figure skating club “Melody on Ice,” featuring three generations of skaters. Diane enjoys gardening, cultivating plants in her own greenhouse. An avid scuba diver, her favorite trip was diving with sharks in the open waters of the South Pacific. Diane has been to Alaska several times where she and her husband enjoyed fishing and caribou hunting. Diane is proud to announce that she is a six-year breast cancer survivor under the professional care of Dr. Max Wicha of the University of Michigan Hospital. Her most recent major accomplishment includes “buying the house next door,” which she combined into a single residence. She now has a bigger house and a bigger backyard to landscape and garden. Diane continues to support the Ann Arbor Figure Skating Club in addition to her regular contribution to the Friends gift shops.

### Nancy White



has been a volunteer with Friends since 1985. In addition to Friends, she has also volunteered with the Ronald McDonald House since its opening 24 years ago. She is the former chairperson of the local Republican Party and has been a deacon in her church. Nancy attended Wheaton College in Norton,

Massachusetts for three years prior to her marriage in 1956. She

came to Ann Arbor when her husband accepted employment with the University of Michigan Law School, where he still teaches. She has been married to the same man for 53 years and has lived in the same Ann Arbor home for the past 45 years. Dedication and loyalty are clearly Nancy's greatest gifts. She is the mother of three grown children and eight “grands.” Outside of volunteering, Nancy enjoys tennis, golf, biking, swimming, and reading. Her Michigan winters are spent in LaQuinta, California. However, true to her spirit, she always returns to Friends in the spring.

### Harriet Wells



has been a volunteer her whole adult life. She initially volunteered with the American Red Cross at Balboa Naval Hospital in San Diego, California. When she relocated to Ann Arbor 42 years ago she began her volunteer career at the University of Michigan, providing a service cart to patients and their families. In

1995 she came to the Friends organization, where she is currently an assistant to the head buyer of the gift shops. Harriet graduated from the National College of Education, Evanston, Illinois and has a master's degree in education from Eastern Michigan University. She taught kindergarten and first grade for 24 years. One of her most memorable teaching experiences includes a one-year teaching stint in a bilingual preschool in Fontainebleau, France. Harriet is the proud grandmother of two grandchildren, both of whom live in Oregon. Harriet was born in Dayton, Ohio and currently resides in Franklin, Ohio (she went back to her Ohio roots). Her hobbies include swimming, golfing, and attending University of Michigan basketball games. She claims to be both an Ohio State and Wolverine fan! The Friends gift shops are lucky that Harriet returns to Ann Arbor on a regular basis and continues to volunteer.



University of Michigan  
Health System

**friends**

Supporting the University of Michigan Health System



**VOLUNTEERS NEEDED  
FOR THE U-M  
HOSPITAL  
GIFT SHOPS!**

The University of Michigan Health System gift shops, run by the non-profit group “Friends,” is currently seeking to fill several volunteer positions.

4-hour shifts available, Monday–Friday.  
Choose your own schedule.

We welcome your involvement in helping to further our mission of supporting patient education and treatment.

To learn more, contact: Sandy Del Favero  
at:  
favero@umich.edu or (734) 936-5975, or  
visit us online at [www.med.umich.edu/friends/](http://www.med.umich.edu/friends/).

# Grape Salad Recipe

submitted by volunteer Audrey Becker; preparation and photos, courtesy of Tiffany Pryor

1 lb. green grapes

1 lb. red grapes

**DRESSING:**

8 oz. cream cheese

8 oz. sour cream

1/2 cup sugar

2 T Spoon brown sugar

1 tsp vanilla

**TOPPING:**

1/2 cup brown sugar

2 cups of graham crackers  
(crushed)

1/2 cup butter melted

(\* Pecans if you like as well)



– *Cut grapes in half*

– *Beat sour cream, cream cheese, sugars and vanilla together. Layer grapes and dressing in a bowl, and cover with graham cracker topping. BON APPETIT!*

## Save The Date

### FRIENDS GIFT SHOPS

Cordially invite our volunteers and members to attend the  
Annual Meeting and Luncheon

Monday May 17, 2010

Noon–2:00 p.m.

Towsley Center Dining Room

Guest Speaker: Dr. Arno K Kumagai; Director, Family Centered Experience; Associate Professor of Internal Medicine

In “Family Centered Experience,” a required course for U-M medical students, volunteer families serve as mentors to help students see the patient as a whole person and learn how illness affects daily living.

Please R.S.V.P. by May 12, 2010

Phone: 734.615.6147 or email: waitzyb@med.umich.edu

(please select one method of response)

Vegetarian meal by request.

Parking validated

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