

| BRIARWOOD MEDICAL GROUP | BRIGHTON HEALTH CENTER | CANTON HEALTH CENTER | EAST ANN ARBOR HEALTH CENTER | WEST ANN ARBOR HEALTH CENTER | YPSILANTI HEALTH CENTER |
|------------------------------------|---|--|--|---------------------------------------|---|
| 375 Briarwood Cir Bldg 3 | 8001 Challis Rd Lower Level Conference Room | 1051 N Canton Ctr | 4260 Plymouth Rd Lower Level Conference Room | 4900-A Jackson Rd | 200 Arnet, Suite 200 |
| 734-998-7207 | 810-227-9510 | 734-844-5400 | 734-647-5650 | 734-998-7380 | 734-482-6221 |
| APPOINTMENTS | WALK-INS | WALK-INS | WALK-INS | APPOINTMENTS | APPOINTMENTS |
| THURSDAY 10/6/2011 1 - 5 PM | FRIDAY 9/30/2011 1 - 5 PM | MONDAY 10/3/2011 12 - 4 PM | FRIDAY 9/30/2011 1 - 5 PM | SATURDAY 9/24/2011 9 AM - 1 PM | WEDNESDAY 10/26/2011 10 AM - 2 PM |
| THURSDAY 10/13/2011 1 - 5 PM | MONDAY 10/3/2011 3 - 7 PM | SATURDAY 10/15/2011 9 AM - 12 PM | THURSDAY 10/13/2011 8 AM - 12 PM | SATURDAY 10/1/2011 9 AM - 1 PM | |
| THURSDAY 10/20/2011 1 - 5 PM | SATURDAY 10/8/2011 8 AM - 12 PM | MONDAY 10/24/2011 12 - 4 PM | FRIDAY 10/21/2011 1 - 5 PM | SATURDAY 10/22/2011 9 AM - 1 PM | |
| THURSDAY 10/27/2011 1 - 5 PM | SATURDAY 10/15/2011 8 AM - 12 PM | MONDAY 11/7/2011 12 - 4 PM | THURSDAY 10/27/2011 8 AM - 12 PM | SATURDAY 11/5/2011 9 AM - 1 PM | |
| THURSDAY 11/10/2011 1 - 5 PM | SATURDAY 10/22/2011 8 AM - 12 PM | MONDAY 11/14/2011 12 - 4 PM | WEDNESDAY 11/2/2011 8 AM - 11 AM | SATURDAY 11/12/2011 9 AM - 1 PM | |
| | FRIDAY 11/11/2011 1 - 5 PM | SATURDAY 11/19/2011 9 AM - 12 PM | TUESDAY 11/15/2011 3 - 8 PM | | |
| | | | WEDNESDAY 11/23/2011 8 - 11 AM | | |
| | | | TUESDAY 12/13/2011 3 - 8 PM | | |

A flu shot is recommended if you

- are 6 months of age or older (2 doses may be required for 6 mo-8 yrs of age)
- work or live in a long-term care facility
- are a woman who will be pregnant during flu season
- are a healthcare professional
- have a chronic health problem such as asthma, heart disease, emphysema or diabetes
- live in a household with or provide care to a child less than 6 months old or an adult 50 or older
- live in a household with someone who has a medical condition that puts them at high risk for severe complications from the flu (such as someone with a chronic health problem, HIV or cancer)
- are American Indian/Alaska Native
- are morbidly obese (body-mass index > 40)
- want to reduce the risk of becoming ill with flu or transmitting flu to others

You cannot receive a flu shot if you

- are under 6 months old
- have a fever of 101.5 or more
- have an allergy to eggs/egg products
- had a reaction to a prior flu vaccine
- have a Thimerosal allergy
- have been diagnosed with Guillain-Barre Syndrome in the past
- are allergic to Benadryl™ or Epinephrine (you should only receive the shot in a medical office with a licensed provider present who is capable of ordering emergency treatments)

Talk to your doctor if one of the conditions above applies to you.

Get Vaccinated By Michigan Visiting Care



www.med.umich.edu/flu