

Laxatives (to increase bowel function)

Agent	Examples of Brand Names
Methylcellulose	Citrucel
Psyllium	Metamucil, Konsyl
Polycarbophil	Fiberall, FiberCon, Equalactin
Magnesium hydroxide	Uromag, Milk of Magnesia
Magnesium citrate	Citroma
Sodium phosphate	Fleet Phospho Soda, K Phos Neutral Tablets
Lactulose	Enulose, Cephulac, Kristalose, Duphalac
Polyethylene glycol	MiraLax
Sorbitol solution (70%)	Cystosol, Minilax, Resulax, Sorbilax
Cascara sagrada	Nature's Remedy Tablets
Senna	Perdiem, Senokot
Ricinoleic acid	Castor oil
Bisacodyl	Dulcolax, Correctol
Docusates	Colace
Mineral oil	Fleet Mineral Oil

Antispasmodics (to help with muscle spasms/cramping)

Agents	Examples of Brand Names
Dicyclomine	Bentyl, Bemote
Hyoscyamine	Levsin, NuLev, Levbid
Propanthiline bromide	Pro-Banthine
Clinidium + chlordiazepoxide hydrochloride (Librium)	Librax, Clindex
Hyoscyamine + scopolamine, atropine, phenobarbital	Donnatal
Peppermint Oil	Elanco (Enteric coated), Peppermint Spirits

Antidiarrheals (to prevent or stop diarrhea)

Agents	Examples of Brand Names
Diphenoxylate	Lomotil, Lomocot
Loperamide	Immodium, PeptoDiarrhea
Bile Acid Binder (Cholestyramine)	Questran, Cholybar

Antidepressants (used to help with pain)	
Agents	Examples of Brand Names
Desipramine	Norpramin
Amitriptyline	Elavil
Nortriptyline	Pamelor
Fluoxetine	Prozac
Citalopram	Celexa
Paroxetine	Paxil
Sertraline	Zoloft
Specific Serotonin Receptors	
Agents	Examples of Brand Names
Alosetron (Blocks a hormone involved in sensation and movement of the intestines)	Lotronex
Probiotics (contain good bacteria for the intestines)	
	Found in:
<i>Bifidobacterium</i>	Align, Bifantis, Dannon's Activia, other yogurts/supplements
<i>Lactobacillus</i>	Dannon's DanActive, other yogourts or supplements
Combination of 8 healthy bacteria	VSL #3
Other Medications	
Agents	Examples of Brand Names
<u>Activated charcoal</u> (Absorbs gases/toxins, may relieve stomach pain/cramping)	Charco Caps, Charcoal Plus
<u>Lubiprostone</u> (Chloride channel activator; helps with chronic idiopathic constipation)	Amitiza